Open Minds Nottingham 1200587

Annual Report 2025-26

This was the last year of our charity delivering services. During this time we received Restricted Grants from the Jones Trust of £10,000 and £2,000 from Bailey Thomas for a heritage architecture and history project. A full report was filed to the Bailey Thomas for this work and was met with satisfaction.

Our service closed on 25th July and our organisation on 30th September 2026. All debts, liabilities and assets were settled.

Open Minds Nottingham

(Registered charity, number 1200587)

Financial statements

for the period 1 April 2025 to 30 September 2026

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COMMUNITY ACCOUNTING

Open Minds Nottingham
Trustees' annual report
for the period 1 April 2025 to 30 September 2026

Full name Open Minds Nottingham

Other names by which the charity is known Open Minds

Organisation type Charitable incorporated organisation

Registered charity number 1200587

Principal address
Apartment 2, Hawthorn Lodge, Julian Road, West Bridgford, Nottingham NG2 5AJ

Trustees
Gary Thomas, Chairperson
David Austin, Treasurer
Bobby Lee
John LeFeuvre, until 24.4.25
Pip Griesbach, until 1.7.25

Independent examiner
Eva Stevens, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management
The charity is operated under the rules of its CIO Association constitution registered 5 October 2022.

We advertise on Nottingham CVS digital volunteer bureau and if appropriate the Chairperson and Co-ordinator will interview them.

Objectives and activities
The Objects of the CIO are;
The relief of persons in the Est Midlands area who are in need by reason of disability, by;

a) Providing activities and opportunities to meet like-minded people in a comfortable environment and the opportunity to go on outings and events;
b) Advancing education by providing workshops and other educational activities;
c) Providing the opportunity to gain self-confidence, independence and social skills and make new friends;
d) Providing access to subsidised health and wellbeing related workshops and activities.

Open Minds Nottingham

Public benefit statement
Our members have low level mental health conditions and some prone to panic attacks and high anxiety therefore our charity provides activities that reduce the likelihood of using medical or social services. Our activities are heavily subsidised meaning that our members, who are on benefits, do not need to rely on further support to meet like-minded people.

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main activities undertaken for the public benefit
Mid and end of month meetings which differ as one is about days out in Nottingham and the other workshops; our members only WhatsApp forum which is used, daily 1:1 meetings with our facilitator; a zoom meditation and relaxation group; our Book club and arts group.

Summary of the main achievements during the period
From April 2025 to August 2026 we started by running a pilot project led by a volunteer this focused on walking in Nottingham and looking at architecture and its history, especially the Old Lace Market. We supported our less able members to move around and ask a variety of questions.

The this led us to apply to Bailey Thomas Foundation for a small grant to prime this work. Together with other funding we had enough to begin in 2026.

This culminated in a report being written with evidence collected from various workshops. We submitted this in July/August 2026.

Charity closure
As a result of a long standing funder withdrawing their support in May 2026 and in view of our declining membership we had no option but to wind up the charity on 30th September 2026. We have been running since 1994 and so we know we have made a difference to members lives.

Signed on behalf of the charity's trustees:

Signed _____ Date 5.11.26
Gary Thomas, Trustee

Independent examiner's report to the trustees of Open Minds Nottingham for the period 1 April 2025 to 30 September 2026

I report to the trustees on my examination of the accounts of Open Minds Nottingham (the charity) for the period 1 April 2025 to 30 September 2026.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed E Stevens Date 10/11/26

Eva Stevens BSc, CPFA

Employee of Community Accounting Plus

Open Minds Nottingham
Receipts & payments account
for the period 1 April 2025 to 30 September 2026

2025 Total Funds £		Note	Unrestricted Funds £	Restricted Funds £	*1.4.25 to 30.9.26* Total Funds £
	Receipts				
17650	Grants & donations	2	13282	12000	25282
1608	Membership		2542	-	2542
1242	Bank interest		1074	-	1074
490	Sundry receipts		134	-	134
20990	**Total receipts**		**17032**	**12000**	**29032**
	Payments				
2671	Activities, trips & refreshments		422	2500	2922
163	Equipment		109	-	109
506	Insurance		351	150	501
7396	Meetings, facilitator & expenses		1511	7994	9505
399	Mobile phone		418	179	597
396	Payroll services		470	-	470
52	Printing & stationery		154	-	154
468	Publications & subscriptions		1074	-	1074
1157	Rent & services		2118	1177	3295
73	Telephone, internet & postage		86	-	86
15	Travel & transport		-	-	-
15331	Wages, NI and pensions		40799	-	40799
696	Legal & professional fees		1428	-	1428
-	Donations paid out	4	801	-	801
29323	**Total payments**		**49741**	**12000**	**61741**
(8333)	**Net receipts/(payments)**		(32709)	-	(32709)
41042	Cash funds at start of this period		32709	-	32709
32709	**Cash funds at end of this period**		**-**	**-**	**-**

Open Minds Nottingham
Statement of assets and liabilities
at 30 September 2026

2025		30.09.26
£	**Cash assets**	£
32709	Bank accounts	-
32709		-
	Other monetary assets	
450	Debtors - Wages, NI and pensions	300
399	Prepayment - Insurance	-
849		**300**
	Assets retained for the charity's own use	
	General equipment.	
	Liabilities	
(714)	Creditors	-
(714)		-

These financial statements are accepted on behalf of the charity by:

Signed _____ Date 5 November 2026.
David Austin, Trustee

Open Minds Nottingham
Notes to the accounts
for the period 1 April 2025 to 30 September 2026

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted	Restricted	Total
	£	£	£
The Jones 1986 Charitable Trust	-	10000	10000
Sir John Eastwood Foundation	4000	-	4000
The Lady Hind Trust	3500	-	3500
Bailey Thomas Charitable Fund	-	2000	2000
The Thomas Farr Charity	2500	-	2500
The Hanley Trust	1000	-	1000
J.N. Derbyshire Trust	1000	-	1000
Nottingham General Dispensary	500	-	500
Douglas Arter Foundation	500	-	500
Fibro-active	280	-	280
Sundry grants & donations	2	-	2
	13282	**12000**	**25282**

3. Funds analysis

	Opening balance	Receipts	(Payments)	Closing balance
	£	£	£	£
Restricted funds				
The Jones 1986 Charitable Trust	-	10000	(10000)	-
Bailey Thomas Charitable Fund	-	2000	(2000)	-
	-	**12000**	**(12000)**	**-**
Unrestricted funds				
General	32709	17032	(49741)	-
	32709	**17032**	**(49741)**	**-**

The specific purposes for which the funds are to be applied are as follows:

The Jones 1986 Charitable Trust – Was used to fund member activities, meetings and help with some core running costs.
Bailey Thomas Charitable Fund – To set up a walking group for our members.

4. **Donations paid out**
   As the charity has closed it was agreed by the trustees that remaining money would be dispersed to the following charities who are all registered with the Charity Commission;
   - East Midlands Air Ambulance £292
   - Pulp Friction £255
   - Beeston Resource Centre £254

5. **Trustees' remuneration**
   Trustees received no expenses, remuneration or benefits in this period.

6. **Related party transactions**
   There were no related party transactions in this period.

7. **Previous period comparison**
   The previous period's figures cover 12 months from 01/04/2025 to 31/03/2026. These accounts cover an 18-month period from 01/04/2026 to 30/09/2026 as these are closing accounts.

8. **Glossary of terms**

   Creditors: These are amounts owed by the charity, but not paid during the accounting period.

   Debtors: These are amounts owed to the charity, but not received in the accounting period.

   Prepayments: These are services that the charity has paid for in advance, but not used during the accounting period.

   Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.