Charity registration number: 1199616

IF YOU CAN
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2026

If You Can
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If You Can
Reference and Administrative Details
For The Year Ended 30 June 2026

Trustees	Mr Andrew Mark Hall Ms Alison Margaret Ryder Ms Ioana Oancea Ms Sal Worringham
Charity Number	1199616
Principal Address	Gears Farm House Gears Lane Goldsithney Penzance TR20 9LB

If You Can
Trustees' Report For The Year Ended 30 June 2026

The trustees present their report and the financial statements for the year ended 30 June 2026.

Objectives and Activities

Aims and Objectives

The trustees present their report with the financial statements of the charity for the year ended 30 June 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Significant Activities

The charity continued its activities by providing financial assistance through the purchase of medical, educational, animal welfare, and other charitable goods and services.

Public Benefit

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

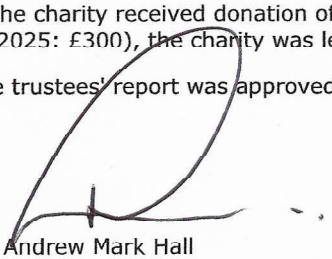
The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Financial Review

Financial Position

The charity received donation of £00 (2025: £255) for the period to 30th June 2026. After outgoing expenses of £300 (2025: £300), the charity was left with a deficit of £300 (2025: £45) for the period to 30th June 2026.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr Andrew Mark Hall

Trustee
03/08/2026

If You Can
Statement of Financial Activities
For The Year Ended 30 June 2026

	Notes	2026 Unrestricted funds £	2025 Unrestricted funds £
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	-	255
EXPENDITURE ON:			
Raising funds	4	(300)	(300)
NET EXPENDITURE		(300)	(45)
NET MOVEMENT IN FUNDS		(300)	(45)
RECONCILIATION OF FUNDS:			
Total funds brought forward		655	-
TOTAL FUNDS CARRIED FORWARD	8	355	655

The notes on pages 5 to 6 form part of these financial statements.

If You Can
Statement of Financial Position
As At 30 June 2026

	Notes	2026 Unrestricted funds £	2025 Total funds £
CURRENT ASSETS			
Cash at bank and in hand		655	955
		655	955
Creditors: Amounts Falling Due Within One Year	7	(300)	(300)
NET CURRENT ASSETS (LIABILITIES)		355	655
TOTAL ASSETS LESS CURRENT LIABILITIES		355	655
NET ASSETS		355	655
FUNDS OF THE CHARITY			
Unrestricted Funds		355	655
TOTAL FUNDS	8	355	655

On behalf of the board

Mr Andrew Mark Hall

Trustee
03/08/2026

The notes on pages 5 to 6 form part of these financial statements.

1. General Information

If You Can is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1199616. The principal address is Gears Farm House , Gears Lane, Goldsithney, Penzance, TR20 9LB.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

2.3. Resources Expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2026 Unrestricted funds £	2025 Unrestricted funds £
Donations and gifts	-	255

4. Analysis of Expenditure

	2026 Support costs (see note 5) £
Raising funds	300

	2025 Support costs (see note 5) £
Raising funds	300

5. **Support Costs**

	2026 Raising funds £
General administration	300

	2025 Raising funds £
General administration	300

6. **Average Number of Employees**

Average number of employees during the year was: NIL (2025: NIL)

7. **Creditors: Amounts Falling Due Within One Year**

	2026 £	2025 £
Accruals and deferred income	300	300

8. **Movement in Funds**

	As at 1 July 2025 £	Expenditure £	As at 30 June 2026 £
Unrestricted funds			
General:			
General unrestricted fund	655	(300)	355
Total funds	655	(300)	355

	As at 1 July 2024 £	Prior year adjustment £	Income £	Expenditure £	As at 30 June 2025 £
Unrestricted funds					
General:					
General unrestricted fund	-	700	255	(300)	655
Total funds	-	700	255	(300)	655

9. **Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

10. **Related Party Disclosures**

If You Can
Detailed Statement of Financial Activities
For The Year Ended 30 June 2026

	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	-	255
	-	255
	-	255
EXPENDITURE ON:		
Raising funds		
Accountancy fees	(300)	(300)
	(300)	(300)
	(300)	(300)
NET EXPENDITURE	(300)	(45)