Nottinghamshire Down's Syndrome Support Group

(Registered charity, number 1198404)

Financial statements
for the year ended 31 December 2025

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COMMUNITY ACCOUNTING

Nottinghamshire Down's Syndrome Support Group
Trustees' annual report
for the year ended 31 December 2025

Full name Nottinghamshire Down's Syndrome Support Group

Other names by which the charity is known NDSSG

Organisation type Charitable incorporated organisation

Registered charity number 1198404

Principal address 32 Woolmer Road, Meadows, Nottingham NG2 2FB

Trustees
Diane Pastore, Chair
Miriam Rutherford
Philippa Dunham
Elizabeth Marder
Aimee Prior
Amanda Ackroyd, from 23/01/2025
Rachel Howard
Bernadette Stanko
Ann-Marie Limer
Aisling McKay
Andrew Coppins, until 07/07/2025

Independent examiner
Eva Stevens, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management
The charity is operated under the rules of its constitution adopted 28 March 2022. The methods adopted for the recruitment and appointment of new trustees is set out in the constitution of NDSSG, Section 13.

Objectives and activities
The relief of the needs of people with Down's Syndrome, their families and carers, for the public benefit, in particular, but not exclusively, by providing such people with information, advice, support, and educational, vocational, social, cultural and sporting opportunities and by raising awareness of Down's Syndrome within the local community, in order to maximise the opportunities for, and participation and inclusion of, such people into society within Nottinghamshire.

Nottinghamshire Down's Syndrome Support Group

Summary of the main activities undertaken for the public benefit
With the Charity Commission's guidance on 'public benefit' in mind, and with all the Trustees being aware of this, all of our charitable activities focus on enabling children, young people and adults to live full and rewarding lives within their communities. We also want their families and the people surrounding and supporting them to be given good support themselves. We also aim to raise awareness about Down's Syndrome in the wider community to add to the benefits that our beneficiaries bring to our communities. This is all done to bring public benefit.

Public benefit statement
The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period
It is my pleasure, as Chair of the Nottinghamshire Down Syndrome Support Group (NDSSG), to present my report for the year ending December 2025.
Once again, it has been an outstanding year for our charity. Thanks to the commitment of our volunteers, staff, trustees, members, families and supporters, we have continued to provide opportunities that promote inclusion, confidence, health, independence and friendship for people with Down syndrome across Nottinghamshire. The year has been filled with memorable events, exciting partnerships and opportunities for our members to shine.

January began with our Mansfield Dance Warriors being featured on BBC East Midlands News. The interview showcased the fantastic work of NDSSG and celebrated the achievements of our members, helping to raise awareness of the positive impact our charity has within the local community.

In **February**, one of our young people and our Coordinator appeared on the Talking Reds podcast "The One with Warriors United." They shared their experiences of the Warriors United programme with Nottingham Forest, highlighting the confidence, friendships and opportunities it has created for our members.

March was a particularly busy month as we celebrated World Down Syndrome Day with hub events across Nottingham, Newark, Retford and Mansfield. We also produced a moving Makaton-signed video to 'You Are the Reason' by Calum Scott, celebrating our community and promoting inclusion. 3 adult members with DS visited a nursery in Hucknall to lead dancing and football with the children, and we held another successful Dance and Choir Showcase at The Squire Performing Arts Centre, where our performers once again amazed family and friends with their confidence and talent.

In **April**, we were delighted to receive a generous £1,500 donation from Barratt Homes after one of their employees nominated NDSSG following our BBC appearance. We also held our annual Easter celebration at Southglade Access Centre, with crafts, bonnet decorating and the ever-popular Easter egg hunt. Our 16+ Legends group also enjoyed a wrestling workshop with House of Pain Wrestling.

Nottinghamshire Down's Syndrome Support Group

May saw the launch of Dance Warriors Minis, creating opportunities for our youngest members to become involved in our activities, while our 16+ Legends enjoyed a memorable narrowboat trip.

A major highlight of **June** was our 'Don't Stop Believing' Dance and Choir production at Nottingham Playhouse. Returning to this prestigious venue for a second time, this year's performance was our biggest yet, with the inclusion of Mansfield Dance Warriors making the show even more special. We also held our annual Summer Fair, and our 16+ Legends enjoyed their much-anticipated trip to Butlins.

In **July**, we hosted our first charity football match at Ilkeston Town FC, where parents and carers took on our volunteers in a competitive but enjoyable fundraising match, and our Warriors footballers all took part in matches too. The event raised money for both NDSSG and Birmingham Children's Hospital while bringing everyone together in true community spirit.

Although **August** was our summer break, planning continued behind the scenes to prepare for another exciting season.

In **September**, our Nottingham Forest Warriors United season tickets were renewed, allowing our members to continue enjoying this unique partnership. During the month, Nottingham Forest announced that Nuno Espírito Santo had been relieved of his duties. Later in the year, our Warriors United players sent him a personalised football shirt and a heartfelt thank you message in recognition of the support he had shown our team. Our younger members and their families also enjoyed a wonderful visit to White Post Farm.

October brought our popular Fancy Dress Disco in Mansfield and our first Makaton training session for volunteers, helping us continue to improve communication and accessibility across the charity.

During **November**, we were gifted a painting of Nuno Espírito Santo and the Nottingham Forest team by local artist Martin Ward, to be raffled to raise valuable funds for NDSSG.

We rounded off the year in **December** with a number of festive events. Our 16+ Legends enjoyed the Wollaton Park Light Trail, our 'Sing and Sign Together' Choir entertained shoppers with Christmas carols at Tesco in Beeston, and we produced our annual Christmas Mash-Up video which saw 135 different members each using Makaton to sign a part of a Christmas song. Halfway through the month, we had our annual NDSSG family Christmas party with over 100 families attending. And we finished the year with a surprise party at Nottingham Forest where all our Warriors United players were invited to a special Christmas party. They had the opportunity to interview Santa and some Nottingham Forest players, then partied the night away with them!

Nottinghamshire Down's Syndrome Support Group

Looking back over 2025, I am immensely proud of everything we have achieved together. Every event, performance and activity has only been possible because of the incredible dedication of our volunteers, staff, trustees, families and supporters. Most importantly, I would like to thank our amazing members, who continue to inspire us every day with their enthusiasm, determination and achievements.

On behalf of the Board of Trustees, thank you to everyone who has supported NDSSG throughout the year. We look forward to building on this success and creating even more opportunities for our members in the year ahead.

The charity's policy on reserves
We have now written a policy on reserves and have allocated a reserve of 2 months worth of costs to be put in reserve to cover any ongoing costs to ensure activities could still run if we had no income.

Signed on behalf of the charity's trustees:

Signed D Pastore Date 12th Sept 26
Diane Pastore, Chair & Trustee

Independent examiner's report to the trustees of Nottinghamshire Down's Syndrome Support Group for the year ended 31 December 2025

I report to the trustees on my examination of the accounts of Group (the charity) for the year ended 31 December 2025.

Responsibilities and basis of report
As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed _____ Date 16/09/2026
Eva Stevens BSc, CPFA
Employee of Community Accounting Plus

Nottinghamshire Down's Syndrome Support Group
Receipts & payments account
for the year ended 31 December 2025

2024 Total Funds £		Note	Unrestricted Funds £	Restricted Funds £	*2025* Total Funds £
	Receipts				
165	Bank interest (net/gross)		163	-	163
16493	Grants & donations	2	4074	27975	32049
22911	Fees from members		32510	-	32510
2633	Proceeds from events		3437	-	3437
945	Book sales		126	-	126
43147	**Total receipts**		**40310**	**27975**	**68285**
	Payments				
1567	Admin		2891	-	2891
285	Baby Bag expenses		-	405	405
1110	Baby Group		68	-	68
229	Book costs		-	-	-
16031	Dance Warriors		12109	7679	19788
281	Equipment		1426	-	1426
3331	Events		3494	1590	5084
9015	Football - Warriors Utd		5412	4232	9644
19	Fundraising costs		1740	1730	3470
1682	Makaton		2824	-	2824
1233	Purchases		-	-	-
-	Sundry		87	-	87
6001	Trips (inc 16+ group)		9854	-	9854
154	Volunteer expenses		136	-	136
40939	**Total payments**		**40041**	**15636**	**55677**
2208	**Net receipts/(payments)**		269	12339	12608
23317	Cash funds at start of this period		20902	4623	25525
25525	**Cash funds at end of this period**		**21171**	**16962**	**38133**

Nottinghamshire Down's Syndrome Support Group
Statement of assets and liabilities
at 31 December 2025

2024			*2025*
£	**Cash assets**	**Note**	**£**
25525	Bank accounts		38133
25525			**38133**
	Other monetary assets		
30	Prepayments	**4**	30
30			**30**
	Assets retained for the charity's own use		
	Apple Iphone purchased 01/08/25 £699.00		
	Liabilities		
(564)	Creditors	**5**	(762)
(564)			**(762)**

These financial statements are accepted on behalf of the charity by:

Signed AAck Date 12/9/26
Amanda Ackroyd, Secretary &Trustee

Nottinghamshire Down's Syndrome Support Group
Notes to the accounts
for the year ended 31 December 2025

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	Unrestricted	Restricted	Total
	£	£	£
Postcode Places Lottery	-	12325	12325
Winifred Eileen Kemp Trust	-	4500	4500
Wouldn't change a thing	-	2400	2400
Notts County Council	-	1200	1200
Refresco Drinks UK	-	1000	1000
Total Skills Ltd	-	500	500
Recon Services Ltd	-	1000	1000
Turning Leaf Ltd	-	500	500
Hillards Charitable Trust	-	1000	1000
Techsmart	-	1000	1000
Red Tree PR Ltd	-	1000	1000
Sundry donations	4074	1550	5624
	4074	**27975**	**32049**

3. Funds analysis

	Opening balance	Receipts	(Payments)	Closing balance
	£	£	£	£
Restricted funds				
Football - Warriors Utd	2616	4500	(6232)	884
Baby Bags - (Inc NUH Charity)	1836	50	(235)	1651
Edwalton PCC - baby bags	171	-	(171)	-
Postcode Lottery	-	12325	-	12325
Xmas Party	-	800	(800)	-
Dance Group (Warriors)	-	4400	(4204)	196
Dance Shows	-	1200	(1200)	-
Dance Mini's & North Notts Dance Warriors	-	2275	(2275)	-
North Notts Support Meetings	-	1225	(395)	830
Parent Group	-	1200	(124)	1076
	4623	**27975**	**(15636)**	**16962**
Unrestricted funds				
General	20902	40310	(40041)	21171
	20902	**40310**	**(40041)**	**21171**

The specific purposes for which the funds are to be applied are as follows:

- Football - Warriors United – Shirt Sponsorship of Warriors FC for kit and events.
- Baby Bags (inc NUH Charity)/Edwalton PCC - baby bags – Funding received to support the Baby Bags we put together to be given out through the paediatricians in hospitals in the county to all families who have a child with Down's Syndrome.
- Postcode Lottery – Funding to support core costs including a staff member to sustain and develop the social, sporting and cultural activities of NDSSG.
- Xmas Party – contribution towards Xmas party.
- Dance Group (Warriors) – Practice shirts for all of the Dance Warriors groups across the county to have a spare shirt to practice in so their Dance Warriors shirts can be saved for the shows.
- Dance Shows – contribution to Dance Warrior shows.
- Dance Mini's and North Notts Dance Warriors - to support the establishment of a Nottingham mini Dance Warriors and a North Notts Dance Warriors group.
- North Notts Support Group – to support the establishment of North Notts support Group.
- Parent Group – to run regular meetings for parents to improve wellbeing amongst parents of children, young people and adults with disabilities.

4. Prepayments

	£
Membership (administration)	30
	30

5. Creditors

	£
Independent examination fee	762
	762

6. Trustees' remuneration

During the accounting period, the charity purchased Trustee Indemnity Insurance through the Down's Syndrome Association.

7. Related party transactions

There were no related party transactions in this period.

8. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Prepayments: These are services that the charity has paid for in advance, but not used during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.