SOUTH OF ENGLAND NEUROSCIENCES ASSOCIATION
("SENA")

TRUSTEE'S ANNUAL REPORT and FINANICAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025

Charity registration number: 1198001

SOUTH OF ENGLAND NEUROSCIENCES ASSOCIATION ("SENA")

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date: 1st JAN 2025 To Period end date: 31st DEC 2025

Charity name: South of England Neurosciences Association (SENA)

Charity registration number: 1198001

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education in the field of Neuroscience and promote the improvement of the care and treatment of patients for the public benefit.
	Para 1.17 and 1.19	Through neuroscience education, the South of England Neurosciences Association (SENA) worked to improve health, treatment and well-being of people with neurological conditions throughout southeast England. It held two neuroscience educational events this year and raised funds of £38,093 to support this.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirmed that they have complied with the duty in Section 17 of the Charities Act 2011 and have referred to the guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives, and in planning future activities.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not currently receive grants. A small grant to the value of £500 was awarded to a trainee to advance education in the field of Neuroscience and promote the improvement of the care and treatment of patients for the public benefit.
Policy on social investment including program related investment	Para 1.38	None (not applicable). Any significant amounts of cash at bank, which are likely to be used in the short term, are placed on deposit. Trustees would consider a low-risk medium term investment option, should its capital

		position change but this is not anticipated at this time or in the short term.
Contribution made by volunteers	Para 1.38	None.
Other		SENA's annual Risk Register assessment was carried out and approved by Trustees.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The South of England Neurosciences Association (SENA) held two educational events in neuroscience health this year. SENA is exceptionally proud to report a satisfaction rating of 98.5% reported by beneficieries this year, which was shared and endorsed at the AGM. SENA celebrated its 40th year and continues to respond to the changing needs in terms of education and following feedback. The 'host neuroscience centre' continued on a rotational basis, with the Spring event hosted by Royal Sussex County Hospital (RSCH) in Brighton and the Autumn event hosted by St George's Hospital, London in Wimbledon. 2025 marked the inaugural year of new Treasurer, Dr Matthew Harris. Highlights included ongoing high number of attendees reflecting high demand for the charity's educational events. Sponsorship continued to be strong and broadly covered the event costs, which SENA are grateful to our sponsors for. The events received exceptionally strong feedback with an overall 98.5% rating, and the Trustees extend their sincere thanks to the dedicated volunteer team and pro bono guest speakers for their contributions to these successes. In response to the growing demand for SENA events, the Trustees held an annual strategic review and are pleased to report progress against all priorities of the 3-year strategy plan. In response to beneficiecy feedback, SENA is pleased to have made arrangements for larger venues for the next two years and at significantly reduced venue hire rates. We

		are grafetul to our Secratary and new educational partners that have agreed preferential event costs that have allowed SENA expand, in a highly sustainable way. In turn, the larger venues will enable the charity access inceased sponsorship revenue by allowing more sponsor involvement at the events to ensure further financial sustainability for the charity, while keeping the events free and accessible for all participants. Trustees proudly awarded the 2025 'Registrar Prize' at the Autumn SENA conference, awarded to an up and coming professional in recognition of their contributions to neuroscience education. In additional grant of £500 was awarded. Feedback confirmed that through these two educational events, neurological excellence was delivered through training of neurologist / neuroscience professionals and trainees, in clinical practice and research findings. SENA is committed to all aspects of education and training in neuroscience and its continuing professional development (CPD) is recognised by the Royal College of Physicians (RCP) who awarded CPD points to attendees for attending SENA educational events this year – a continuing endorsement that the SENA trustees were proud to deliver, in partnership with the RCP. This will continue into 2026 and beyond. The next SENA education events will be hosted by Royal London Hospital in May and Oxford University Hospital in October 2026, with further events planned at University College London Hospital and the Imperial College London Hospital in the following year. SENA's online offering was also enhanced this year to include even more educational information and webinars by global leaders of neuroscience on its website, along with the addition of polices & practices demonstrating SENA's commitment to access, inclusion and diversity. Trustees are very grateful to team of SENA Volunteer Representatives for their service and commitment to the association, which enables the charity to continue to deliver with outstanding results.

		SENA remainx committed to continue delivering high quality and impact neuroscience education that fully aligns to the SENA's strategy for sustainable growth. Its success is reflected in the charity receiving record levels of individuals registered with SENA since the association was established 40 years ago and sponsorship, amounting to £36,624 in 2025. This enabled the CIO to broadly meet its operational costs of running the two educational events and maintain its online offering / website with a nominal deficit in the period of just £836. Operations will return to breakeven or surplus in 2026 due to increased sponsorship and significantly reduced cost venues already secured.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	No formal targets were set with regards to donations. Trustees are pleased to report that SENA continues to have sufficient funds to meet committed expenditure.
Performance of fundraising activities against objectives set	Para 1.41	N/A. No formal targets were set with regards to fundraising. Trustees are pleased to report that funds from sponsorship continued to cover event costs in the period.
Investment performance against objectives	Para 1.41	N/A. The charity does not have any investments.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period, the CIO had funds amounting to £39,607 at the bank.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	While no reserves policy is necessary, given the CIO has no ongoing financial commitments, SENA operates a policy of holding adequate reserves to cover the cost of the next educational event plus contingency.
Amount of reserves held	Para 1.22	£10,000

Reasons for holding zero reserves	Para 1.22	CIO's reserve and unrestricted funds are readily realisable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None. There are no uncertainties about the charity continuing as a going concern.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The principal source of funds is fundraising from commercial sponsors. SENA remains free to join with no membership fees. SENA Gift Aid this year was £1102.
Investment policy and objectives including any social investment policy adopted	Para 1.46	None (not applicable). Any significant amounts of cash at bank, is used for charity operations and reserves management.
A description of the principal risks facing the charity	Para 1.46	A Risk Assessment was completed this year and following evaluation, the principal risk facing SENA was under governance and the risk of 'Loss of trustees'. Trustees have mitigating actions in place to manage this risk (succession plan underway to replace secretary coming to end of tenure; documented systems, plans and projects; implemented training programmes; agreeing shadow period for incumbent as part of handover transition & existing secretary has agreed to stay involved a SENA rep after his tenure).
Other		The charity its three-year strategic plan with it's 10 priorities well on track under the heading of: a. Education b. Succession c. Growth & sustainability d. Equality, Diversity & Inclusion e. Communications f. Safeguarding g. Partnerships h. Fundraising i. Volunteers j. Grant making The detailed three-year strategy plan to 2027 to support these outcomes was reviewed and a business plan for 2026 is in place. This will enable the charity to continue delivering neuroscience education and fully aligns to the SENA's strategy for sustainable growth.

		As part of SENA succession planning, a shadow Secretary will start in 2026 to allow a 12-month transition period before the existing founding member and current secretary completes his tenure.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO) SENA was incorporated as a CIO in February 2022 and is a registered charity. It is governed by its constitution, which has not been materially amended since incorporation – the only changes made were to reflect changes in board members.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The management of SENA is the responsibility of the trustees who are appointed under the terms of the constitution and are elected by decision of members at annual general meeting.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	SENA trustee training on its constitution, risk register and policies to be used in induction, along with a bespoke trustee shadowing programme for the period of trustee elect until becoming fully voted in as a trustee.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	None
Relationship with any related parties	Para 1.51	SENA had one connected party fees for charitable services in the period (governance, totalling £1370) - this was in full accordance with the charity's constitution and deemed appropriate by (non-connected) trustees and Independent Examiner. Trustees have controls in place to declare & manage potential conflicts of interest, along with robust procurement processes (for tendering, obtaining quotations and monitoring service provision).

Other		The following policies were subject to annual reviewed by SENA: • Safeguarding (NHS safeguarding policy was adopted by SENA trustees). • Equal Opportunities (renamed EDI or 'inclusion' policy) • Risk Management • Conflict of interest • Complaints • Volunteering • Financial Control • Code of Conduct

Reference and Administrative details

Charity name	South of England Neurosciences Association
Other name the charity uses	SENA
Registered charity number	1198001
Charity's principal address	Department of Neurology Chelsea and Westminster Hospital 369 Fulham Road London SW10 9NH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lina Nashef	Chair		CIO Trustee
2	Christopher Carswell			CIO Trustee
3	Matthew Harris			CIO Trustee
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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Charity / Governance	Deirdre Carswell	21 Ruskin Avenue, Kew, Richmond, TW9 4DR.

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Christopher Carswell	
Position (eg Secretary, Chair, etc)	Secretary	

Date	27 Augst 2025

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees

Charity Name
South of England Neurosciences Association

On accounts for the year ended	31st December 2025	**Charity no (if any)**	1198001

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	D. C. Popely	**Date:**	19th August 2026

Name: David Popely

Relevant professional qualification(s) or body (if any): MAAT

Address:	DP Associates (Accountancy) Limited
	Long Barn, Ashwell Park
	Ilminster TA19 9DX

Section B	**Disclosure**
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

CHARITY COMMISSION FOR ENGLAND AND WALES

South of England Neurosciences Assocaition "SENA"	1198001

Receipts and payments accounts

For the period from	01-Jan-25	To	31-Dec-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
Sponsorship / donations	38,093.28	-	-	36624	40,500
Gift Aid donations	1,102.87	-	-	1103	2,316
Sub total *(Gross income for AR)*	39196	-	-	39196	42,816
A2 Asset and investment sales	0				
N/A	0	-	-	0	-
Sub total	0	-	-	0	-
Total receipts	39196	-	-	39196	31,131
A3 Payments					
Events expenditure	24939	-	-	24939	20,597
SENA Prizes	500	-	-	500	850
Governance costs	1370	-	-	1370	1,803
Costs of charitable activities	13098	-	-	13098	16,257
Sundry Expenses	125			125	0
Sub total	40032	-	-	40032	39,507
A4 Asset and investment purchases					
	0	-	-	0	-
	0	-	-	0	-
Sub total	0	-	-	0	-
Total payments	40032	-	-	40032	39,507
Net of receipts/(payments)	-836	-	-	-836	3,309
A5 Transfers between funds	0	-	-	0	-
A6 Cash funds last year end	40295	-	-	40295	36,622
Cash funds this year end	39459	-	-	39459	39,507

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Last Year to nearest £
B1 Cash funds	Cash balance at bank	29,640	-	29,859
	Cash on deposit at bank	9,967		10,436
	Total cash funds (agree balances with receipts and payments account(s))	39607	-	40,295

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Last Year to nearest £
B2 Other monetary assets	Gift Aid donations	1,103	-	3,216
	Bank Interest	147		365

	Details	Fund to which asset belongs	Cost (optional)	Cost (optional)
B3 Investment assets	None		-	-

	Details	Fund to which asset belongs	Cost (optional)	Cost (optional)
B4 Assets retained for the charity's own use	None		-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	Amount due (optional)
B5 Liabilities	None		-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
	Dr Matthew Harris