The Help and Awareness Foundation

Accounts

31/03/2026

City Accountants

Chartered Certified Accountants
108 Shireland Road
Smethwick Birmingham B66 4QJ
cityaccountants@mail.com / 0121 5333 777
www.city-accountants.co.uk

The Help and Awareness Foundation
Trustees' Report

Legal and administrative status
The Help and awarenss Foundation is registered as a charity under number 1197323. The principal address of The Help and awarenss Foundation is 16 Birch Tree Way Croydon CR0 7JY.

The Objectives of Marham Welfare Forum (MWF)
To advance such other charitable purposes (according to the law of England and Wales) as the trustees see fit from time to time in particular by relieving need and poverty to people in poor areas of Pakistan.We are working with thousands of poor families in Pakistan who are struggling to give education to their kids.We have a private registered College specially for women for free education so they can get good knowledge and stand on their feet and make their own future.

Trustees
The Trustees at the end of the year were :-

The Help and Awareness Foundation
Mrs Shumail Suleman
Mrs Fatima Majid
Mr Muhammad Suleman Ali

Recruitment and Appointment of Trustees
The charity is governed by a board of trustees drawn from the local community. This is to ensure that the board has the skills and experience required to oversee the management of the charity and its operations.
The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

Trustee Induction and Training
All new trustees receive a planned induction programme before taking up their place on the board. This includes an explanation of their roles and responsibilities, an introduction to other trustees, an overview of recent activities and an explanation of board format and process.

The trustees have a risk management strategy which includes an annual review of the risks the charity faces and the establishment of systems and procedures to mitigate those risks and implementation of procedures designed to minimise any potential impact on charity should those risks materialise.

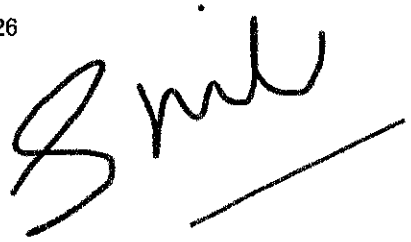
Reserves Policy
The trustees aim to ensure that sufficient funds are maintained to enable the charity to carry out its activities.

Review of activities for the year
The Help and Awareness Foundation achieved a Gain of £1,950/- during the year .

By order of the T rustees

Mrs Shumail Suleman

Chairman
27/10/2026



The Help and Awareness Foundation
Independent Examiner's Report
to the Trustees of The Help and Awareness Foundation

I report on the accounts of The Help and Awareness Foundation for the period ended 31.03.2026, which are set out on pages 3 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

i) which gives me reasonable cause to believe that in any material respect the requirements : to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act, have not been met; or

ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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27-Oct-26

The Help and Awareness Foundation
Statement of Financial Activities
for the year ended 31/03/2026

	Note	(Unrestricted) 31/03/2026	(Unrestricted) 31/03/2025 £
Income from charitable activities and generated funds	1	3021	7,433
Resources Expended			
Cost of generating funds (cost of projects)	1		-
Direct charitable expenditure and administrative expenses	1	(1,071)	(2,693)
Total Resources Expended		(1,071)	(2,693)
The Help and Awareness Foundation		1,950	4,740

The Help and Awareness Foundation
Balance Sheet
as at 31/03/2026

	Notes	2026		2025	
Fixed assets					
Other fixed assets	3				-
Current assets					
Bank/building society balances		8,583		6,633	
Cash in hand		-		-	
The Help and Awareness Foundation		8,583		6,633	
Current liabilities					
Other liabilities and accruals		-		-	
Net current assets			8,583		6,633
31/03/2024			8,583		6,633
Represented by					
Accumulated Funds					
Balance at start of period			6,633		1,893
Net surplus			1,950		4,740
			8,583		6,633

The Help and Awareness Foundation
Notes to the Accounts
for the year ended 31/03/2026

1 Income and Expenditure analysis	2026 £	2025 £
Income		
Donations	3,021	7,433
Activities to generate funds		
Rental income		
Interest receivable		
The Help and Awareness Foundation	3,021	7,433
Direct costs		
Donations (project expenditure)	1,071	2,693
Rent, rates, power and insurance costs		
Property insurance		
	0	0
Repairs and renewals of property and equipment		
Repairs and maintenance	0	0
Telephone, fax, stationery and other office costs		
Telephone and fax		
Cleaning		
	0	0
Advertising and business entertainment costs		
Advertising and PR	0	0
Bank, credit card and other finance charges	0	0
Accountancy, legal and other professional fees		
Other legal and professional	0	0

The Help and Awareness Foundation
Notes to the Accounts
for the year ended 31/03/2026

2 Plant, machinery and motor vehicles	Plant and machinery £
Cost	
At 01/04/2024	0
At 31/03/2025	0
Depreciation	
At 01/04/2024	0
At 31/03/2025	0
Net book value	
At 31/03/2025	-

3 Other fixed assets	2025 £
Premises	