FLOURISH MENTORS

2025-2026

REPORT OF THE TRUSTEES

AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2026

Registered charity number: 1197095

Watson Associates
30 - 34 North Street
Hailsham
East Sussex
BN27 1DW

FLOURISH MENTORS

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OF THE FINANCIAL STATEMENTS

For the year ended 31 March 2026

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FLOURISH MENTORS

Registered charity number: 1197095

FLOURISH MENTORS



2025-2026

IMPACT REPORT

Believe • Belong • Become



Making sure no young woman is invisible

Brighton and Hove
www.flourishmentors.com

More than

1 in 3

young women aged 16–24 in England suffer from mental health conditions

(Adult psychiatric morbidity survey, NHS England, 2024)

Our mission is to make sure no young woman is invisible.

We support any young woman aged 16-25, are proudly LGBTQIA+ inclusive and are particularly committed to supporting the most marginalised and vulnerable.

OUR PROGRAMMES

workshops

Free mental health worshops co-created with young people and offered to local schools, hubs and community groups

mentoring

Free 1-1 mentoring in person: fortnightly wellbeing mentoring for up to two years

well-being hub

Free digital well-being resources co-created with young people and available on our website

Our story



"We're long-time friends with decades of expertise between us in the worlds of child and adolescent therapy and creative design. 5 years ago, we found ourselves talking about our concerns for young women grappling with growing mental health challenges and yet seemingly invisible to the wider world. Flourish Mentors was born from our shared passion to support these young women as they transition into adulthood. Grounded in both emotional depth and visual storytelling, we offer free 1-1 wellbeing mentoring and have created opportunities for young women to be seen, heard, and supported to grow and thrive. We are so proud of all that Flourish Mentors has achieved and are delighted to share our first ever impact report with you."

Frederique
Therapist & Co-Founder

Cathy
Creative & Co-Founder

"No young woman should be invisible. Not in the classroom, not in the system, not in their own story. That's why we created Flourish Mentors."

OUR APPROACH

Community building

We believe in the power of community. At the heart of our network are volunteer women supporting young women, helping them to find a sense of belonging as they step into adulthood. We are connected to a wide web of schools, colleges, universities, charity partners and supporters across our wonderful home city of Brighton and Hove.

Co-creation

We don't just help young women to build their confidence and find their voices, we also listen to them and learn from them. Our workshops and the resources on our wellbeing hub are all co-created with mentees. We offer a genuine, equal, intergenerational exchange, the voices we hear are real voices from real women.

Believe

700+
young women supported through workshops delivered

100%
participants think they are well designed and run

97%
feel they learned a valuable technique to improve their future wellbeing



Mentee's story - Summer

Summer first discovered Flourish in October 2024 when she was invited to an anxiety workshop for young carers. She was 16, had just left home and started college, "I was in a dark place, social services had dropped away and I felt very isolated."

Summer was guarded at first but knew she needed support so agreed to be matched with a mentor. very soon afterwards she met Kate. "Kate is like my best friend, my mother and everything all rolled into one. She has helped me through so many different aspects of life but most of all she has helped me regain trust in adults, she has become a stable and constant part of my life – she has been my rock."

Six months later, Summer was invited to become a Flourish ambassador, helping to spread the word about Flourish Mentors, "Flourish has given me lots of opportunities, especially growing my public speaking skills – I've discovered it's something I really enjoy and I have a natural ability for."

Summer has also become part of the co-creation team helping to develop content for workshops, events and the podcasts. "I give advice based on my lived experience. I attended a workshop myself and now to be part of the team coming up with ideas for what will be delivered to other women has been really empowering."

"My favourite part was the chance to put forward my ideas and know that they'll be listened to."

Mentee

"It was so lovely to learn new techniques, to become more confident and to feel comforted by the fact that we are not alone with what we are feeling"

Mentee

Belong

70+ local young women were mentored

68%	have mental health needs or are neurodivergent
54%	are LGBTQIA+
34%	are young carers
15%	have foster-care experience

100% of 1-1 mentees believe that mentoring has made a positive difference to their life and wellbeing.



Mentor's story - Karen

Karen is a busy woman, she is the founder of a learning and developing consultancy, she hosts a show on local radio dedicated to food and drink for the last 2 years she has been a Flourish mentor. "At the heart of all I do – it's about building relationships, storytelling and sparking possibility". She joined Flourish in the hope that she could inspire young women as they build their confidence and self-belief, so they have the courage to embrace life's opportunities.

"What I love about mentoring is how you get mentored right back; each conversation is a joy, sharing perspectives on life, music, food and learning how to navigate tough decisions."

Ayah, is Karen's mentee, when they first met it was a time of change for Ayah, "I struggled a lot starting college and A levels. Karen helped me with strategies and finding ways to cope." The two have also spoken a lot about Ayah's plans for the future, "I have been trying to decide what I want to do at uni and she has helped me with my thought processes. It is really helpful having someone who is unbiased and separate from everything else in my life."

> *"My mentor has been a huge rock in my life and life is more positive now than before because of her support."*
>
> Mentee

> *"I feel I am listened to and I have someone to contact when I'm going through a difficult time. She gives me advice or helps me see it in a different perspective ... I didn't have that before."*
>
> Mentee

Between 150 and 200 hours per month donated by volunteer mentors

Become

1 former mentee is a paid Flourish youth lead

100+ young women helped co-create and run our workshops

30+ young women acting as mentee ambassadors

1 current mentee is a Lived experience lead



Youth lead - Hannah

Hannah was studying journalism in Brighton when she came across Flourish at a university fair. She approached the women at the Flourish stand to ask if she could film an interview with them for her course and, before she knew it, had signed up for the mentoring scheme herself.

Her mentor, Sarah, helped Hannah navigate the transition from graduation to the world of work. "It was all new territory and very daunting. I couldn't make sense of my time or my money, and she helped me get my head around it all. With ADHD that stuff can be overwhelming."

Fast forward three years and Hannah is now part of the Flourish team. As the Youth Lead she has embraced the task of developing a whole new wellbeing hub for Flourish – "Our voices matter: real and raw". She is recording a series of podcasts with Flourish mentees, talking about their experiences and the tools they use to support their mental wellbeing. "Confidence is a word that is coming up loads. It is great to hear how people have grown in confidence. I love storytelling and I love Flourish. I feel blessed to have the opportunity to work with other young women and share their stories."

"I have found that I have a much more grounded sense of where I'd like to go with my life, how to get there and the support I have around me … I have a much more positive outlook on life after college."

Mentee

Through this experience, I've learned how to value myself more and focus on improving both my mental and physical well-being. The growth I've seen in myself has been remarkable, and I'm proud of how far I've come."

Leona,
Flourish mentee
and Lived
experience lead

How we are funded

We are privileged to have benefited from grants from a range of trusts and foundations. Our thanks go to many foundations, including:

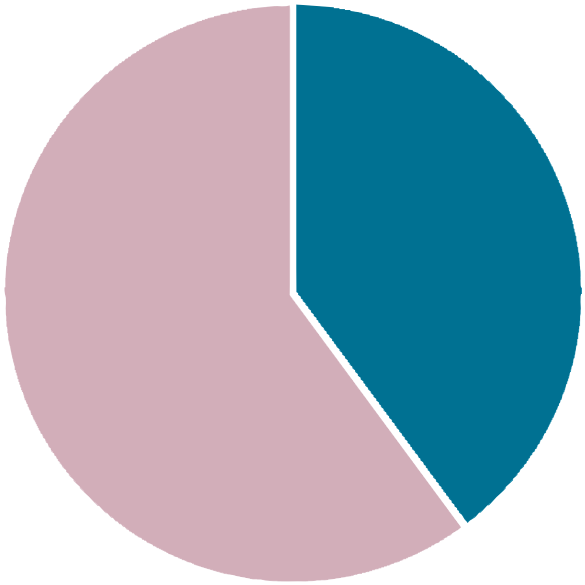
Albert Hunt • Chalk Cliff • EKCT • Focus Foundation • Homity • National Lottery • Pearce Foundation • Red Hill Trust • Sussex Community Foundation.

"As a regular and long-term funder of Flourish Mentors, the Red Hill Trust has been impressed by the profound impact of their pioneering work. Flourish Mentors is essential in filling a critical systemic gap in youth support by providing a safe and consistent space for young women and gender-diverse youth to transition from survival to thriving.

We strongly encourage other trusts, businesses and grant-makers to invest in Flourish Mentors regardless of the size of their contribution. Every pound invested is a direct investment in the resilience of our youth."

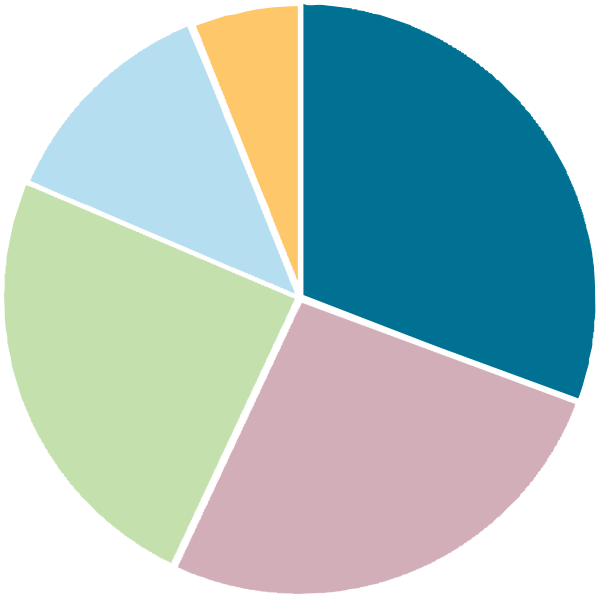
Bob Law, Chair

WHERE OUR MONEY COMES FROM



- Grants £43,209 (60.1%)
- Donations £28,650 (39.9%)

HOW WE SPEND OUR MONEY



- Activity costs £22,006 (30.6%)
- Fundraising/outreach costs £18,934 (26.3%)
- Reserves £17,549 (24.4%)
- Support costs £9,024 (12.6%)
- Governance costs £4346 (6%)

If you would like to know more about our work, make a donation, or find out how you can support us, please visit **www.flourishmentors.com** or email **info@flourishmentors.com**



The next chapter

It has been an exciting year for Flourish Mentors. We have grown in so many ways. Welcoming a permanent staff member to our team, co-creating more workshops, developing our new wellbeing hub, holding our first fundraising event, and mentoring more young women than ever before.

We are so grateful to everybody who has supported Flourish Mentors, from our fantastic trustees to the schools, universities and colleges that partner with us and all those who have donated money or time to help us throughout the year.

We cannot possibly name you all, but "it takes a village" and we are so grateful that you are part of ours. We would like to say a particular "thank you" to our wonderful mentors, who give their time so generously, and are the backbone of all that we do.

Join us

Could you be part of our next chapter?
There are so many ways in which you can support our work.

- Living in the Brighton area?
  How about becoming a mentor?
- Listen to (and participate) in our podcasts, share our resources – visit our website or follow our social media.
- Know a young woman who might benefit from a mentor?
  Point them our way.
- Have a skill that might be useful to us?
- Make a donation via our website.

Get in touch, we'd love to talk.



REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

The trustees present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To act as a resource for young women aged 16-25, living in the Brighton and Hove area, by providing advice and assistance and organising programmes of physical, educational and other activities, to help them advance in life and develop their skills, capacities and capabilities, enabling them to participate in society as independent, mature and responsible individuals.

Flourish Mentors offers free wellbeing and mentoring support to young women (aged 16-25 years) in Brighton and Hove, East Sussex. Flourish is proudly LGBTQIA+ inclusive, and aims to empower young women and improve their sense of wellbeing. The charity provides individualised and therapeutically matched one-to-one mentoring, wellbeing events, and fun, experiential workshops, giving its mentees sustainable life-enhancing skills.

Flourish aims to help young women increase their confidence, increase their self-awareness and self-regulation, decrease their anxiety, feel empowered, and focus on fulfilling their dreams. The charity targets any young woman who feels invisible because they have fallen through the cracks, by not receiving appropriate wellbeing support at school or in their community.

Flourish aims to continue to grow and reach as many young women as possible. The charity's pledge to its mentees and mentors is to genuinely commit to values of co-creation, playfulness, inclusivity, kindness and empowerment.

OBJECTIVES AND ACTIVITIES

Significant activities

During the year, Flourish Mentors continued to support young women aged 16-25 in Brighton and Hove, helping them build confidence, improve their wellbeing and navigate the transition into adulthood. The charity is proudly LGBTQIA+ inclusive, with a particular commitment to reaching young women who are marginalised or vulnerable.

Our work centres on three complementary areas: wellbeing workshops, free one-to-one mentoring and the development of accessible wellbeing resources. Through these activities, we aim to ensure that young women feel seen, heard and supported, developing a sense of belonging and the confidence to pursue their aspirations.

One-to-one mentoring remained at the heart of our work, with more than 70 local young women supported by volunteer mentors. These relationships provide a consistent source of encouragement and practical support, helping mentees manage challenges relating to education, relationships, mental health and future plans. Our volunteer mentors contributed between 150 and 200 hours each month.

The young women supported included those with mental health needs, neurodivergent young women, young carers and those with experience of foster care. Of the mentees represented in our impact data:

- 68% had mental health needs or were neurodivergent;
- 54% identified as LGBTQIA+;
- 34% were young carers; and
- 15% had experience of foster care.

Workshops delivered over the last five years have provided opportunities to over 700 young woman to explore shared experiences, develop practical coping techniques and contribute their ideas in a supportive environment. More than 100 young women helped to co-create or deliver workshops during the year, ensuring that their experiences and priorities shaped the support offered.

During the year, we also welcomed a permanent staff member, held our first fundraising event and progressed the development of our wellbeing hub, 'Our voices matter: real and raw'. Led by a former mentee who is now our paid Youth Lead, the hub includes the development of podcasts sharing young women’s experiences and the tools they use to support their wellbeing.

OBJECTIVES AND ACTIVITIES

Volunteers

Flourish Mentors has created a community made up of volunteer women who volunteer as mentors. Their investment is huge as they engage in reparative, long-term (up to 2 years) relationships with their therapeutically matched mentee. At present, we have 70+ mentor/mentee pairings in the community of Brighton and Hove, East Sussex.

One such testimonial which beautifully summarises their experience:

"Being a mentor is a hugely rewarding experience for me. I'm lucky enough to have had two mentees through Flourish Mentors so far, both young women in their late teens. I became a mentor because I wanted to engage with my local community at a time where people in society seem to be locked behind computer screens and increasingly isolated from one another. I felt that I had time to offer and it felt like a worthwhile opportunity. Being a mentor has given me the chance to listen to the issues that the younger generation face as they leave education and head into the workplace. It's also been fantastic for taking advantage of Brighton's outdoor spaces - engaging with nature in the parks and on the beach.

Being a mother of teenagers myself, I find it useful to be able to understand from someone else's perspective (both from mentees and from fellow mentors at training sessions) the norms for teenagers today, which in turn helps with my own parenting - I hope! It's given me better empathy and tolerance for the different challenges that the younger generation face that were simply not issues that I was aware of when I was growing up.

Recently, I was talking to a friend about Flourish Mentors. He is a GP in a local practice. He hadn't heard of Flourish and the work that we do, but felt that it had huge value. He told me that many of the health issues he sees in young people would be preventable if these patients had had someone trusted to talk to before their issues had developed and become unmanageable. That was a pretty encouraging endorsement to me!"
Volunteer Mentor

A testimonial from a young woman mentee:

"Flourish has truly helped me over the past six months by building my confidence and strengthening my self-esteem. Through this experience, I've learned how to value myself more and focus on improving both my mental and physical well-being. The growth I've seen in myself has been remarkable, and I'm proud of how far I've come."
Mentee

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

ACHIEVEMENTS AND PERFORMANCE
Achievements against Objectives
Feedback gathered for our impact report demonstrated positive outcomes across our mentoring and workshop programmes:

- 100% of one-to-one mentees responding reported that mentoring had made a positive difference to their life and wellbeing;
- 100% of workshop respondents considered the workshops well designed and delivered; and
- 97% of workshop respondents felt they had learned a valuable technique to support their future wellbeing.

The feedback from mentees illustrates the value of having a trusted and consistent source of support:

"I feel I am listened to and I have someone to contact when I'm going through a difficult time. She gives me advice or helps me see it in a different perspective ... I didn't have that before."
- Flourish mentee

Mentees also reported increased confidence and a more positive outlook on their futures:

"I have found that I have a much more grounded sense of where I'd like to go with my life, how to get there and the support I have around me... I have a much more positive outlook on life after college."
- Flourish mentee

Young women progressed into roles through which they could influence and support the charity's work. More than 30 young women acted as mentee ambassadors, one former mentee became our paid Youth Lead, and a current mentee took on the role of Lived Experience Lead.

Individual experiences further demonstrate the difference this support can make. One young woman who initially attended an anxiety workshop while feeling isolated subsequently developed a trusted mentoring relationship and became an ambassador and member of our co-creation team. Through these opportunities, she developed her confidence in public speaking and began using her lived experience to help shape support for others.

These outcomes reflect our approach of helping young women to believe in themselves, develop a sense of belonging and become more confident in shaping their futures.

FINANCIAL REVIEW
Financial position
Total income was £71,859, comprising £43,209 in grants and £28,649 in donations. Total expenditure was £54,309.

Our work was supported by a range of trusts and foundations, including The Albert Hunt Trust, The Chalk Cliff Trust, Ernest Kleinwort Charitable Trust, Homity, the National Lottery, Red Hill Trust, The Pearce Foundation, Focus Foundation and Sussex Community Foundation.

The trustees are grateful to our funders, donors, volunteers and partner schools, colleges and universities. In particular, the commitment of our volunteer mentors remains central to the charity's ability to provide consistent, personal support to young women.

Reserves policy
Flourish keeps financial reserves for six months of operating costs for its 1:1 wellbeing mentoring, as this is considered the core of its operation.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Governing document
The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees
Appointment of new trustees in this period followed an open advertisement and interview process.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1197095

Principal address
28 Chatsworth Road
Brighton
East Sussex
BN1 5DB

Trustees
Ms A Odedun (appointed 13.12.25)
Ms A Daniel (appointed 13.12.25)
A Sharma
Ms A Brolly
Ms N Gamble
Ms S Win

Independent Examiner
Watson Associates
30 - 34 North Street
Hailsham
East Sussex
BN27 1DW

Approved by order of the board of trustees on 21 Oct 2026 and signed on its behalf by:

.....
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FLOURISH MENTORS

Independent examiner's report to the trustees of Flourish Mentors
I report to the charity trustees on my examination of the accounts of Flourish Mentors (the Trust) for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen James Moore

Watson Associates
30 - 34 North Street
Hailsham
East Sussex
BN27 1DW

Date: 21 Oct 2026

FLOURISH MENTORS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted fund £	Restricted funds £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		37,150	34,709	71,859	23,240
Other trading activities		710	(710)	-	-
Total		37,860	33,999	71,859	23,240
EXPENDITURE ON					
Raising funds		16,039	2,895	18,934	2,352
Charitable activities					
Governance and support costs		9,067	4,303	13,370	2,614
Mentoring and workshops		3,514	18,492	22,006	7,816
Total		28,620	25,690	54,310	12,782
NET INCOME		9,240	8,309	17,549	10,458
RECONCILIATION OF FUNDS					
Total funds brought forward		4,664	10,655	15,319	4,861
TOTAL FUNDS CARRIED FORWARD		13,904	18,964	32,868	15,319

The notes form part of these financial statements

FLOURISH MENTORS

BALANCE SHEET
31 MARCH 2026

	Notes	Unrestricted fund £	Restricted funds £	2026 Total funds £	2025 Total funds £
CURRENT ASSETS					
Cash at bank		15,154	18,964	34,118	15,941
CREDITORS					
Amounts falling due within one year	4	(1,250)	-	(1,250)	(622)
NET CURRENT ASSETS		13,904	18,964	32,868	15,319
TOTAL ASSETS LESS CURRENT LIABILITIES		13,904	18,964	32,868	15,319
NET ASSETS		13,904	18,964	32,868	15,319
FUNDS	5				
Unrestricted funds				13,904	4,664
Restricted funds				18,964	10,655
TOTAL FUNDS				32,868	15,319

The financial statements were approved by the Board of Trustees and authorised for issue on 21 Oct 2026 ..... and were signed on its behalf by:

.....
Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2026

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2026

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,477	12,763	23,240
EXPENDITURE ON			
Raising funds	682	1,670	2,352
Charitable activities			
Governance and support costs	2,456	158	2,614
Mentoring and workshops	2,315	5,501	7,816
Total	5,453	7,329	12,782
NET INCOME	5,024	5,434	10,458
RECONCILIATION OF FUNDS			
Total funds brought forward	(360)	5,221	4,861
TOTAL FUNDS CARRIED FORWARD	4,664	10,655	15,319

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade creditors	-	622
Other creditors	1,250	-
	1,250	622

continued...

5. MOVEMENT IN FUNDS

	At 1.4.25 £	Net movement in funds £	At 31.3.26 £
Unrestricted funds			
General fund	4,664	9,240	13,904
Restricted funds			
Chalk Cliff	3,733	(3,733)	-
Albert Hunt	3,000	(3,000)	-
Sussex Community Foundation	2,767	(122)	2,645
National Lottery	-	13,665	13,665
EKCT	1,000	500	1,500
Homity	155	999	1,154
	10,655	8,309	18,964
TOTAL FUNDS	15,319	17,549	32,868

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	37,860	(28,620)	9,240
Restricted funds			
Chalk Cliff	-	(3,733)	(3,733)
Albert Hunt	-	(3,000)	(3,000)
Sussex Community Foundation	4,168	(4,290)	(122)
National Lottery	19,872	(6,207)	13,665
EKCT	2,000	(1,500)	500
Homity	999	-	999
Red Hill Trust	6,960	(6,960)	-
	33,999	(25,690)	8,309
TOTAL FUNDS	71,859	(54,310)	17,549

continued...

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted fund	(360)	5,024	4,664
Restricted funds			
Chalk Cliff	2,221	1,512	3,733
Albert Hunt	3,000	-	3,000
Sussex Community Foundation	-	2,767	2,767
EKCT	-	1,000	1,000
Homity	-	155	155
	5,221	5,434	10,655
TOTAL FUNDS	4,861	10,458	15,319

Comparative net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	10,477	(5,453)	5,024
Restricted funds			
Chalk Cliff	5,000	(3,488)	1,512
Albert Hunt	3,000	(3,000)	-
Sussex Community Foundation	2,767	-	2,767
EKCT	1,000	-	1,000
Homity	996	(841)	155
	12,763	(7,329)	5,434
TOTAL FUNDS	23,240	(12,782)	10,458

continued...

5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.24	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted fund	(360)	14,264	13,904
Restricted funds			
Chalk Cliff	2,221	(2,221)	-
Albert Hunt	3,000	(3,000)	-
Sussex Community Foundation	-	2,645	2,645
National Lottery	-	13,665	13,665
EKCT	-	1,500	1,500
Homity	-	1,154	1,154
	5,221	13,743	18,964
TOTAL FUNDS	4,861	28,007	32,868

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	48,337	(34,073)	14,264
Restricted funds			
Chalk Cliff	5,000	(7,221)	(2,221)
Albert Hunt	3,000	(6,000)	(3,000)
Sussex Community Foundation	6,935	(4,290)	2,645
National Lottery	19,872	(6,207)	13,665
EKCT	3,000	(1,500)	1,500
Homity	1,995	(841)	1,154
Red Hill Trust	6,960	(6,960)	-
	46,762	(33,019)	13,743
TOTAL FUNDS	95,099	(67,092)	28,007

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

FLOURISH MENTORS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	28,650	4,408
Grants	43,209	18,832
	71,859	23,240
Total incoming resources	71,859	23,240
EXPENDITURE		
Raising donations and legacies		
Wages - fundraising	10,615	-
Fundraising costs	4,750	682
Outreach costs	3,569	1,670
	18,934	2,352
Charitable activities		
Wages - mentoring	15,071	-
Mentoring costs	1,231	1,154
Workshops & activities	3,769	3,660
Telephone	-	841
Volunteer events	1,935	2,161
	22,006	7,816
Support costs		
Management		
Wages - governance & support	7,980	-
DBS fees	161	-
Travel & subsistence	494	-
Postage and stationery	146	-
Sundries	243	761
	9,024	761
Governance costs		
Insurance	350	1,460
Staff training	249	235
IT and systems costs	2,847	158
Accountancy fees	900	-
	4,346	1,853
Total resources expended	54,310	12,782
Net income	17,549	10,458

Signable

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Parties involved with this document

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Audit history log

Date	Action
Wed, 21st Oct 2026 14:06:54 BST	Envelope generated with fingerprint 4c8080c37d2f29c2677206ee3b00b846 by rachael.tate@watsons.co.uk (51.155.44.241)
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Wed, 21st Oct 2026 14:15:42 BST	Sent the envelope to Andrea Brolly (andrea.brolly@ntlworld.com) for signing (51.155.44.241)
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Wed, 21st Oct 2026 14:34:55 BST	Andrea Brolly viewed the envelope (81.96.116.235)
Wed, 21st Oct 2026 14:35:41 BST	Andrea Brolly signed the envelope (81.96.116.235)
Wed, 21st Oct 2026 14:35:41 BST	Sent the envelope to Steve Moore (steve.moore@watsons.co.uk) for signing (81.96.116.235)
Wed, 21st Oct 2026 14:35:41 BST	Document emailed to steve.moore@watsons.co.uk
Wed, 21st Oct 2026 15:26:07 BST	Steve Moore viewed the envelope (51.155.44.241)
Wed, 21st Oct 2026 15:26:16 BST	Steve Moore signed the envelope (51.155.44.241)
Wed, 21st Oct 2026 15:26:17 BST	This envelope has been signed by all parties (51.155.44.241)
Wed, 21st Oct 2026 15:26:17 BST	Signed document confirmation emailed to andrea.brolly@ntlworld.com (51.155.44.241)
Wed, 21st Oct 2026 15:26:17 BST	Signed document confirmation emailed to steve.moore@watsons.co.uk (51.155.44.241)

Wed, 21st Oct 2026 15:26:17 BST	Signed document confirmation emails have been sent to all parties (51.155.44.241)