TRUSTEES ANNUAL REPORT (TAR)

AND ACCOUNTS

FOR THE PERIOD

01 JANUARY 2025 TO 31 DECEMBER 2025

LANCASTER MEN'S HUB

CHARITY REGISTRATION NUMBER: 1196670

REGISTERED OFFICE:
C/O THE CORNERSTONE
SULYARD STREET
LANCASTER
LA11PX

PREPARED AND PUBLISHED BY
THE TRUSTEES OF LMH, SEPTEMBER 2026

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Independent examiner's report to the trustees of Lancaster Men's Hub ('the CIO')

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Joel Williams FCIE
1 Montrose Avenue
Stretford
Manchester
M32 9LN

21/10/2026

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01 January 2025 To 31 December 2025

Charity name: Lancaster Men's Hub (LMH)

Charity registration number:1196670

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The object of Lancaster Men's Hub is to promote social inclusion for the public benefit of men living in Lancaster and the surrounding district by preventing them becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. This is through the provision of opportunities and premises in which men can meet jointly or individually undertake and share creative, physical, social and recreational activities of their choice. We provide social and practical activities in a safe space for clients to meet, converse and share interests, as well as providing signposting to other more specialist organisations. Our foundations are the NHS Five Ways to Wellbeing: Connect, Be Active, Take Notice, Keep Learning, Give to Others. We try to provide all of these as much as we possibly can. For example, we find that new relationships that we engender lead to men helping each other, at least in small ways.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our lead activity and the usual gateway to the other activities we offer is our Friday morning "Elevenses". We provide tea, coffee and a light lunch at no charge. We hold a smaller "Quiet Elevenses" for those who need a calmer environment and Role Playing Games on a Monday, a Nautical Group and Subbuteo on Tuesdays, a general session on Wednesdays and a Games Night on Thursdays. We also offer Walking Football on a Sunday afternoon. Our wood workshop is open Monday to Thursday.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission and are aware of the need to apply the test of public benefit to all relevant LMH activities. Our membership is open to any adult over 18, male or female.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including programme related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	Lancaster Men's Hub is entirely run by volunteers, whether this is leading the activities described above, cooking for "elevenses" or running the organisation. The contribution made by all members who actively volunteer is vital and amounts to a saving in costs without which the charity could not provide activities. For example, (in "person hours per week") Kitchen - 13; Workshop 176 ; Treasurer – 12; Secretary - 12; Webmaster - 1; Walking football - 3 Trustees – 36; plus travel time. This totals more than 250 volunteer hours per week. We have roughly 25 regular volunteers.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In 2025, LMH continued to grow its membership to 156 official members, though several people benefit from our activities without official membership. Anyone over 18 can apply for membership, which is free of charge. All of our activities are free of charge, and we ran at least a minimum of 4 weekly activities, and these include: *Our main focal meeting of the week, our Friday Elevenses where members can chat, have a tea/coffee followed by a free lunch. *Our Quiet Elevenses on a Monday offers a peaceful space for meeting and talking whilst having 'a brew'. *Our Workshop, opening 4 days per week for 6 hrs per day, with around 15 people attending regularly, has made a large number of bespoke products together with repairing and refurbishing of items brought to us by members and the public. This has brought in significant funds. *We run a Walking Football session on a Sunday, have started Walking Cricket and Crown Green Bowling together with Pickle Ball. *We run a weekly Thursday Games Evening together with a Role Playing Games group that meet on Mondays and a Nautical Group that has received talks on boat and shipbuilding, as well as nautical themed visits.

		*As a Hub we have supported fairs and Fairtrade days, as well as events like Morecambe Bay Health Festival. *We have extended and deepened contacts with other charities and continued our relationship with Lancaster Integrated Care Community (ICC) and have received several social-prescriber referrals. *We provided art classes for members over a 10-week period, culminating in an exhibition at Lancaster Library in collaboration with a local art CIC.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	**Position year end 31/12/2025** **Receipts** (inc. sales, donations and grants): £19239 (£36,197 inc restricted funds**)** **Payments**: £25,573 (£29,123 inc restricted funds spent) **Net deficit**: **£6,334** (**Net Surplus : £7,075** when restricted funds included)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our Strategic Review 2026 requires us to maintain financial reserves.
Amount of reserves held	Para 1.22	General Reserve assets held: £3,302 held in Current and various savings accounts with Virgin Money. This is equivalent to roughly 2 months operations.
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Generating income is a continual challenge and we are clear that lack of income is a bigger risk than a lack of enthusiasm from leaders.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Workshop Sales £7,300 Donations & Fund Raising £10,440 Restricted Grants £ 16,958 Other including interest £1,499 A total of £36,197
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Like most charities, the biggest risk we face is lack of income rather than enthusiasm.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Lancaster Men's Hub Constitution 03 June 2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Association Model
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(First Trustees were appointed by the Charity Commission, 19/11/2021 and have since retired or been reappointed.) Appointment through election by members at our AGM. Appointment by trustees at any time and appointment by members at any time

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are required to provide a CV, 2 referees and a DBS certificate. Although it is not mandatory, trustees and others undertook training in mental health issues, including suicide prevention.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	LMH is an entirely volunteer organisation, supervised by the Board of Trustees with the assistance of delegated committees. LMH is a member of Lancaster Integrated Care Community (ICC) and Lancaster District CVS. These organisations supply information, enable contacts and, in the case of LDCVS, mediate between grant providers and grant applicants, but neither organisation has any influence on LMH management.
Relationship with any related parties	Para 1.51	LMH is a member of the UK Men's Shed Association.
Other		

Reference and Administrative details

Charity name	Lancaster Men's Hub
Other name the charity uses	LMH
Registered charity number	1196670
Charity's principal address	The Cornerstone Sulyard Street Lancaster LA11PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Mace	Acting Chair until	Until 31-07-25	
2	Nigel Appleton		Until 31-07-25	
3	Mark Reynolds	Chair from	From 01-08-26	
4	David Smith		From 01/10/2025	
5	Ian Lyon			
6	Simon Stuart	Safeguarding Officer		
7	Jim Needham	Studio Manager		
8	Chris Englefield	Secretary from	From 01-10-25	
9				
10				

Corporate trustees – names of the directors at the date the report was approved

Director name		
Nil		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Nil		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Interim Finance Officer until end FY 2025	Richard Kenworthy	c/o LMH, The Cornerstone, Sulyard Street, Lancaster, LA11PX

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

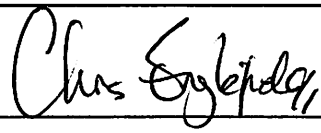
N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mark Reynolds	Chris Englefield
Position	Chair of Trustees	Secretary to the Board
Date	15/09/26	

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CHARITY COMMISSION FOR ENGLAND AND WALES

LANCASTER MENS HUB	1196670

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2025	To	Period end date 31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Woodwork Projects	7,300	-	-	7,300	3,584
Card Sales	136	-	-	136	-
Cake Sales	485	-	-	485	-
Sale of Assets	130	-	-	130	-
Restricted Grants	-	16,958	-	16,958	12,296
Interest/Cashback	179			179	319
Other Income	432	-	-	432	424
Donations	10,170	-	-	10,170	8,604
Gift Aid Refund from HMRC	-	-	-	-	865
Fundraising etc	407	-	-	407	472
***Sub total** (Gross income for AR)*	19,239	16,958	-	36,197	26,564
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,239	16,958	-	36,197	26,564
A3 Payments					
Materials	1,616	-	-	1,616	1,655
Rent	10,500	-	-	10,500	10,050
Water, Gas/Oil and Electricity	2,358	-	-	2,358	2,417
Insurance	2,401	-	-	2,401	1,783
Food Costs	1,913	-	-	1,913	1,844
Room Hire	3,011	-	-	3,011	3,213
Printing and Office Stationery		126	-	126	225
Consultancy, Accountancy & Professional Fees		1,174	-	1,174	273
Publicity		1,188	-	1,188	
Furniture, Equipment & Maintenance		443	-	443	2,234
Training & Governance	355		-	355	142
Subscriptions	60		-	60	
Computers, Software & Website	226	618	-	844	
Workshop Equipment etc	675		-	675	2,204
Member Activities	829		-	829	1,409
Other	409		-	409	354
Studio Maintence & Yardening	1,220	-	-	1,220	-
Sub total	25,573	3,549	-	29,123	27,803
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	25,573	3,549	-	29,123	27,803
Net of receipts/(payments)	- 6,334	13,409	-	7,075	- 1,239
A5 Transfers between funds	2,254	- 2,254	-	-	-
A6 Cash funds last year end	7,382	1,639	-	9,021	10,260
Cash funds this year end	3,302	12,794	-	16,096	9,021

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Cash in hand	-	-	-
	Virgin Money Current Account	287	-	-
	Virgin Money Notice Accounts	1,968	12,794	
	Buckinghamshire B'Soc	1,046		
			-	-
	Total cash funds (agree balances with receipts and payments account(s))	3,302	12,794	-
		OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Deposits on Studio and Workshop		1,950	-
HMRC Gift Aid Claim (Estimated)	3,072	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Interest Free Loan from ex Trustee	Restricted	1,500	
Interest Free Loan from member	Unrestricted	500	
Trade Creditors	Unrestricted	- 213	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID N SMITH	8/9/2026
	Mark Reynolds	8 Sept'26

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