CHARITY COMMISSION FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2025 Period start date to 31 Dec 2025 Period end date

Charity name: Plymouth Mayflower Specials

Charity registration number: 1196439

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by working with people in the City of Plymouth and surrounding areas who are socially excluded on the grounds of their intellectual disability, to relieve the needs of such people and assist them to integrate into society, in particular by: 1. Providing or assisting in providing sports and recreational facilities for people with intellectual disabilities and to organise, support and promote Olympic style games events and competitions for such people and to encourage them to participate in sporting activities at all levels to assist in their integration into society and to improve their quality of life, their self-esteem. Health, and mental wellbeing, and 2. Raising public awareness of the issues affecting people with intellectual disabilities (and their families) both generally and in relation to their social exclusion.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	People with Intellectual Disabilities are at risk of exclusion from mainstream society and from opportunities of employment, ill health, lack of friendship and not achieving their potential or developing confidence in themselves. Plymouth Mayflower Specials uses activity and sport as the platform to give young people and adults with an Intellectual Disability the opportunity to achieve their personal best in an inclusive, supportive and safe environment which encourages every individual to become more self-confident, while improving their fitness, health & wellbeing, and promoting inclusion in wider society at the same time. Plymouth Mayflower Specials is committed to increasing the availability of our programmes and competitions, with the ultimate aim of ensuring anyone in the Plymouth area with an Intellectual Disability has the opportunity to take part in activities or sport and all the benefits this brings, both for themselves and for the public benefit.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees, to the best of their ability, have had regard to the Charity Commission guidance on public benefit in all the various activities carried out by the charity.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not make grants, but consideration may be given by the trustees to assisting beneficiaries who are experiencing financial hardship at any given time.
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	The charity was founded by volunteers, is run by volunteers and could not exist without the dedication and hard work of its volunteers, both regular and occasional. It is indicative of the value placed on the contribution made by volunteers that the charity has had two trustees who began their journey with the charity as members of the University of Plymouth student led volunteering scheme.

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We had a constitutional change to a Foundation Charity in January which will enable greater efficiency in the strategic running of the charity. The charity has further increased participation in sport and activity for people with Intellectual Disabilities (ID) by widening the range of competitions available to them, and through partnerships with several other organisations that support people with ID. In June we had a stall at our local SEND Conference, in July we had a stall at Babcock International Dockyard Open Days and a stall at the Neuro Diversity Fair in September, which unfortunately was cancelled due to severe weather. it is hoped that the PR from these events will help the charity to increase the diversity of our membership and ensure every person with ID in the Plymouth area has access to our programme. We have also engaged with local higher education providers who will use our activities as practical training for their students and provide opportunities for the charity to increase the impact of its social media output. The charity continues to empower every associate member to fulfil their potential, both sporting and personal, by listening to them and in setting sports and activity goals that are right for them. Associate members are also now involved directly in the running of the charity by having an associate member on the board of trustees and forming a fundraising committee, chaired by a Trustee and linked with the operational group tasked with overseeing the charity's weekly sports club activities. This all results in improving their health, wellbeing and employability skills which benefits both our associate members and society in general. We provide clear pathways for all sports and all ability levels and provide better access to coach training and

		qualifications. We continue to place associate members at the heart of what we do by involving our associate members in our decision making processes.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our objectives during 2025 have not changed since 2024. The constitution change to a Foundation Charity has been done to consolidate the work done in previous years and strengthen the foundations on which the charity can grow in future years, and to add new pathways towards integration into society both for the benefit of our associate members and for the public benefit. The trustees consider that these objectives have been met and are determined to continue improving the charity and its governance mechanisms. Plymouth Sound is now a National Marine Park and the charity has partnered with local organisations to provide the opportunity to learn sailing and kayak for any of our associate members who wish to partake. This project has been achieved with a grant from Sport England.
Performance of fundraising activities against objectives set	Para 1.41	We have received a grant from Sport England in 2024 for sailing and have continued with increased numbers. We have had a very successful Mayflower Games and partnered with Special Olympics Plymouth to host the SO National Summer Games 2026 Indoor Bowls event. This was a first for Plymouth and has shown what can be achieved though partnership with national charities. The fundraising events we have held have been successful which bodes well for the coming year and points to growing interest in our aims for the growth of the charity and its work with Plymouth's intellectual disability community.
Investment performance against objectives	Para 1.41	Not applicable as the charity currently has no investments, although some of the restricted funds held by the charity is held in business savings accounts to earn some interest rather than lying dormant for most of the year as it may only be used to finance the charity's annual Mayflower Games, held each summer.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	An objective of the trustees over the past two years has been to achieve financial stability. Despite the ongoing economic uncertainty brought by the wars in Ukraine and the middle east, which is still affecting the ability of individuals to donate as freely to charities, this has largely been achieved.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy, which is reviewed annually, requires that reserves are held equal to the known and predicted expenditure on the operations of the charity for one year. This gives the certainty that basic operations can and will continue to help our beneficiaries regardless of the current financial climate, while the charity continues to build relationships with the commercial enterprises that have supported and continue to support our work.
Amount of reserves held	Para 1.22	As of 31 December 2025, the charity held an unrestricted funds balance of £31,330 which, based on the budget for 2026, should support operations of the charity for one year with minimal or zero income, in accordance with the reserves policy, most recently reviewed in December 2025 and which remains unchanged.
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees continue to have no uncertainties about the charity continuing as a going concern.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity is funded by associate member subscriptions, various fundraising events through the year, sport and activity-related grant funding and commercial sponsorship
Investment policy and objectives including any social investment policy adopted	Para 1.46	It was planned to develop and introduce an investment policy during 2024 but due to several changes in the make-up of the board of trustees, this was postponed until later in 2025. Unfortunately, personal issues among the Trustees and subsequent resignations have further delayed this matter.
A description of the principal risks facing the charity	Para 1.46	Changes in bank charges have further affect our income and make it even more difficult to realise our plans to expand our reach and offer regular competitions and social events for our associate members. As a result the treasurer was tasked with finding alternative bankers who may offer better terms for the charity and a change will be made in the new year.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The board of YMCA Plymouth is empowered to appoint one trustee to the charity for a 3-year term. All other trustees are appointed by the current board of trustees for a three year term and may only serve for three consecutive terms, at which time they must stand down, but may be re-appointed after an interval of at least 3 years.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Plymouth Mayflower Specials
Other name the charity uses	PMS
Registered charity number	1196439
Charity's principal address	YMCA, Honicknowle Lane, Plymouth PL5 3NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	A R Stockdale			
2	M J Stockdale			
3	T Lavis			YMCA Plymouth
4	I K Bamforth	Safeguarding Officer		
5	C Baer			
6	Z Sayers			
7	J L Mercer			
8	K Busfield		1 Jan – 19 May 2025	
9	J A Lee--Hansen		1 Jan – 01 Oct 2025	
10	S E Dann		1 Jan – 14 Oct 2025	
11	J Hale	Assoc Memb rep	19 May – 31 Dec 2025	
12	G Jones		03 Nov – 31 Dec 2025	
13				
14				
15				
16				
17				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

None

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Johnny Mercer	
Full name(s)	John Mercer	A R Stockdale
Position (eg Secretary, Chair, etc)	Chairman	Trustee
Date	5/10/2026	5/10/2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
Plymouth Mayflower Specials	1196439

Receipts and payments accounts

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For the period from	Period start date	To	Period end date
	01/01/2025		31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and gifts	2,018	72	-	2,090	3,575
Grants	-	-	-	-	15,000
Competition entry fees	314	480	-	794	863
Non-sport event entry fees	165		-	165	230
Fundraising events	2,657		-	2,657	4,141
Member subscriptions	6,079		-	6,079	6,612
Merchandise sales	416		-	416	145
Refunds received	61		-	61	361
Error corrections		30	-	30	158
Cardnet receipts later passed on	-	-	-	-	25
Training fees received	640		-	640	662
Bank interest	-	2,246	-	2,246	1,233
Gift Aid	20		-	20	105
Sub total *(Gross income for AR)*	12,370	2,828	-	15,198	33,110
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,370	2,828	-	15,198	33,110
A3 Payments					
Bank charges	11	-		11	8
Costs of fundraising events	629	-		629	1,415
Costs of Mayflower Games	-	4,100		4,100	3,179
Costs of non-sports events	135			135	738
Costs of other PMS sports events	-	-		-	441
Devon FA Costs	223			223	216
Equipment	132			132	212
Error corrections	35			35	158
Fair entry fees	-	-		-	45
Goods for resale	487	-		487	280
Governance costs	50	-		50	50
Insurance	718	-		718	657
Mayflower on the Water project	-	2,819		2,819	2,700
Medals & trophies	91	-		91	134
Postage	3	-		3	30
Refunds given	-	-		-	25
Stationery (incl printer consumables)	38	-		38	256
Sundries	68	30		98	32
Training Expenses	-			-	5
Travel costs	486	-		486	227
Volunteer training	30			30	120
Volunteer/Member uniforms	456	-		456	-
Website costs	420	-		420	750
Welfare payments	235	13		248	-
Sub total	4,245	6,961	-	11,207	11,677

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	4,245	6,961	-	11,207	11,677
Net of receipts/(payments)	8,125	- 4,133	-	3,991	21,433
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	23,206	57,874	-	81,079	-
Cash funds this year end	31,330	53,741	-	85,071	21,433

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	31,180	53,741	-
	Cash	150	-	-
		-	-	-
85,071	*Total cash funds*	31,330	53,741	-
	(agree balances with receipts and payments account(s))	OK	OK	

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		G JONES	5·10·26
		ALAN R STOCKDALE	5·10·26