CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name The Sophie Clarke Foundation		
On accounts for the year ended	31st December 2025	**Charity no (if any)**	1195972
Set out on pages	CC16a Receipts and Payments account (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2025**.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	23/10/2026
Name:	Amy Sole FCA		
Relevant professional qualification(s) or body (if any):	Fellow member of the Institute of Chartered Accountants in England & Wales		
Address:	Phillips Frith LLP 9 Tregarne Terrace, St Austell, Cornwall, PL25 4DD		

Section B	Disclosure
	Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	N/A

CHARITY COMMISSION FOR ENGLAND AND WALES

The Sophie Clarke Foundation	1195972

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2025	To	Period end date 31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & fundraising	38,888	-	-	38,888	30,387
Other income		-	-	-	-
Bank interest	-	-	-	-	-
Compensation	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	38,888	-	-	38,888	30,387
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	38,888	-	-	38,888	30,387
A3 Payments					
Payments to charities	50,663	-	-	50,663	75,026
Just Giving fees	216	-	-	216	446
Accountancy fees	1,392	-	-	1,392	1,320
Consultancy fees		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	52,271	-	-	52,271	76,792
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	52,271	-	-	52,271	76,792
Net of receipts/(payments)	- 13,383	-	-	- 13,383	- 46,405
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	103,479	-	-	103,479	149,884
Cash funds this year end	90,096	-	-	90,096	103,479

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Bank balance	90,096	-	-
		-	-	-
		-	-	-
	Total cash funds	90,096	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Rupert Clarke Rupert Clarke (Oct 26, 2026 17:44:39 GMT)	Rupert Clarke	26/10/2026

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01.01.25 Period start date
To 31.12.25 Period end date

Charity name: The Sophie Clarke Foundation

Charity registration number: 1195972

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the charity are the promotion of good mental health and relief of need of those who are at risk of suicide principally through providing funding support for charities promoting a positive mental health environment and working to prevent suicide, in particular for young people, children and their immediate families.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity did not undertake any major events this year. We received funds from various activities run in memory of Sophie Clarke, with individual and collective donations being made from Christmas fairs where TSCF was the main beneficiary charity. Our main funds came from Woking Golf Club where we were the beneficiaries of all their charity contributions for the year.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regards to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	On receipt of an application that broadly fits the TSCF criteria, it is reviewed by the recipient and if appropriate then circulated to all trustees to confirm if they believe it would be a good fit for the charities objectives.
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Friends and family have volunteered their time and efforts all in return for zero compensation. For the avoidance of doubt the trust has NOT paid out any compensation to any volunteers. This is also the case in the sister charity, The Mental Health and Resilience Foundation, which was Co-founded by the TSCF trustees, and was the major beneficiary of support and grants during the period.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	**The Mental Health and Resilience Foundation ("*and*Resilience")** received some £24,905 of financial support and donations in the period. The charity is 100% focused on supporting mental health prevention activities, particularly for children and young adults and was Co-founded in 2023 by TSCF trustees with that sole objective. **East to West Trust:** Received some £25,758 to support their work in schools, doctors' surgeries helping young people and their families navigate emotional and mental health challenges. Working across Berkshire, Hampshire, Surrey and Greater London East to West provide one to one and group support, helping to build confidence and allow young people and their families to flourish through meaningful relationships, resilience and communication.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The charities and related donations listed above all match our objectives of providing funds to charities that promote good mental health and suicide prevention particularly in young people, children and their immediate families.
Performance of fundraising activities against objectives set	Para 1.41	The fundraising money that The Sophie Clarke Foundation have provided to these charities have created major opportunities to talk about mental health and suicide prevention particularly in Schools.
Investment performance against objectives	Para 1.41	The money received by the chosen charities have all had a positive and impactful return and have been used in a way that match The Foundation's criteria.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We continually identify and assign funds for specific projects with individual charities, current and upcoming. For the current period and in future, the Trustees believe that a material percentage of annual allocations will be made directly or indirectly to The Mental Health and Resilience Foundation.
Amount of reserves held	Para 1.22	£90,093
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Fundraising and donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	Lack of resources. The charity does not employ anyone to maintain the function and development - the charity is run solely through the trustees and volunteers.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Rupert Clarke - Lead trustee

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A - no new trustees
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	The charity is the major financial sponsor of The Mental Health and Resilience Foundation, which it Co-founded working with Wilfrid's House. None of the Trustees have any financial or other interests in or benefits from either TSCF or TMHandRF, other than being direct or indirect personal financial donors to those charities, as may be required.
Other		

Reference and Administrative details

Charity name	The Sophie Clarke Foundation
Other name the charity uses	
Registered charity number	1195972
Charity's principal address	23 Killieser Avenue, London, SW2 4NX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rupert Clarke	-	-	-
2	Sara Clarke	-	-	-
3	Georgia Clarke	-	-	-
4	Tara Clarke	-	-	-
5	Jonathan Feroze	-	-	-

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a		

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Rupert Clarke Rupert Clarke (Oct 26, 2026 17:44:39 GMT)
Full name(s)	Rupert Clarke
Position (eg Secretary, Chair, etc)	Trustee
Date	26/10/2026