REGISTERED COMPANY NUMBER: 12336514 (England and Wales)
REGISTERED CHARITY NUMBER: 1195377

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30 NOVEMBER 2025

FOR

JUST TEEN SUPPORT LTD

Melinek Fine LLP
Chartered Accountants
First Floor, Winston House
349 Regents Park Road
London
N3 1DH

JUST TEEN SUPPORT LTD

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FOR THE YEAR ENDED 30 NOVEMBER 2025

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 NOVEMBER 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Just Teen Support (Jteen) is a non-profit, volunteer led organisation committed to helping Jewish teens get the emotional wellbeing support they need. There are often situations when a young person has no one to turn to or just doesn't want anyone to know what they are going through. Our counsellors and professional therapists are ready to provide non-judgemental support and empowerment for Jewish adolescents going through any emotional challenges and if necessary, refer them on to the appropriate organisations.

The objects of the charity are as follows:

1 The relief of emotional distress amongst young people by providing an SMS (text) based monitored service with the object of improving the conditions of life of such persons, so that they can overcome the emotional challenges they face.

2 To advance in life and relieve the needs of young persons whose welfare is at risk or impaired by abuse or neglect or social disadvantage by providing support advice and assistance to enable them to participate in society as independent, mature and responsible individuals.

3 The promotion of good mental health among young people by raising awareness of mental health issues that affect young people.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grantmaking policy.

Volunteers

The charity has 80 volunteers.

FINANCIAL REVIEW

Financial position

During the year Just Teen Support raised £287,146) in donations (2024: £475,761) and spent £362,843 on fundraising and on its charitable activities (2024: £304,434). The charity had a net deficit in the year of £75,697 (2024: £171,327 surplus).

Reserves policy

The charity aims to maintain reserves in order that it is in a position to achieve grant making activities at a consistent level and to cover contingencies of additional calls being made upon the charity for support of organisations, institutions or individuals in times of need.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

12336514 (England and Wales)

Registered Charity number

1195377

Registered office

119/121 Brent Street
London
NW4 2DX

Trustees
Mr A Barr
Ms R Greenberg
Mr E Seliger (resigned 22.7.25)
Mr S S Kelly
Mrs B Netzer (resigned 16.3.26)
Mr P M L J Dowell (appointed 10.8.26)

Company Secretary
Mr A Barr

Independent Examiner
Mr Daniel Fine, FCA
Melinek Fine LLP
Chartered Accountants
First Floor, Winston House
349 Regents Park Road
London
N3 1DH

Approved by order of the board of trustees on 18 September 2026 and signed on its behalf by:

Mr A Barr - Trustee

Independent examiner's report to the trustees of Just Teen Support Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Daniel Fine, FCA

Melinek Fine LLP
Chartered Accountants
First Floor, Winston House
349 Regents Park Road
London
N3 1DH

18 September 2026

JUST TEEN SUPPORT LTD

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 NOVEMBER 2025

	Notes	Unrestricted fund £	Restricted fund £	**2025 Total funds £**	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		**166,569**	**120,077**	**286,646**	475,761
Other trading activities	2	**500**	**-**	**500**	-
Total		**167,069**	**120,077**	**287,146**	475,761
EXPENDITURE ON					
Raising funds		**32,331**	**-**	**32,331**	33,409
Charitable activities					
Charitable activities		**207,011**	**123,501**	**330,512**	271,025
Total		**239,342**	**123,501**	**362,843**	304,434
NET INCOME/(EXPENDITURE)		**(72,273)**	**(3,424)**	**(75,697)**	171,327
RECONCILIATION OF FUNDS					
Total funds brought forward		**97,610**	**40,501**	**138,111**	(33,216)
TOTAL FUNDS CARRIED FORWARD		**25,337**	**37,077**	**62,414**	138,111

The notes form part of these financial statements

BALANCE SHEET
30 NOVEMBER 2025

	Notes	Unrestricted fund £	Restricted fund £	**2025 Total funds £**	2024 Total funds £
FIXED ASSETS					
Tangible assets	6	**3,854**	**-**	**3,854**	1,472
CURRENT ASSETS					
Debtors	7	**600**	**-**	**600**	600
Cash at bank		**57,299**	**37,077**	**94,376**	182,950
		57,899	**37,077**	**94,976**	183,550
CREDITORS					
Amounts falling due within one year	8	**(36,416)**	**-**	**(36,416)**	(46,911)
NET CURRENT ASSETS		**21,483**	**37,077**	**58,560**	136,639
TOTAL ASSETS LESS CURRENT LIABILITIES		**25,337**	**37,077**	**62,414**	138,111
NET ASSETS		**25,337**	**37,077**	**62,414**	138,111
FUNDS	9				
Unrestricted funds				**25,337**	97,610
Restricted funds				**37,077**	40,501
TOTAL FUNDS				**62,414**	138,111

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 September 2026 and were signed on its behalf by:

Mr A Barr - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	25% on cost
Computer equipment	-	25% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Company limited by guarantee
The charity company is limited by guarantee and does not have share capital. The articles of association of the company preclude the distribution of assets to the members of the company and accordingly a reconciliation of shareholders' funds is inappropriate. The liability of each member in the event of a winding up is limited to £10.

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2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Services	500	-

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	1,593	600

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2025 nor for the year ended 30 November 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2025 nor for the year ended 30 November 2024.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Employees	4	3

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Totals
	£	£	£
COST			
At 1 December 2024	-	2,398	2,398
Additions	3,624	351	3,975
At 30 November 2025	3,624	2,749	6,373
DEPRECIATION			
At 1 December 2024	-	926	926
Charge for year	906	687	1,593
At 30 November 2025	906	1,613	2,519
NET BOOK VALUE			
At 30 November 2025	2,718	1,136	3,854
At 30 November 2024	-	1,472	1,472

continued...

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other debtors	**600**	600

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	**15,703**	16,260
Social security and other taxes	**3,333**	6,052
Pensions	**(12)**	236
Other creditors	**16,252**	18,199
Net wages	**-**	5,024
Accruals and deferred income	**1,140**	1,140
	36,416	46,911

9. MOVEMENT IN FUNDS

	At 1.12.24 £	Net movement in funds £	At 30.11.25 £
Unrestricted funds			
General fund	**97,610**	**(72,273)**	**25,337**
Restricted funds			
Restricted funds	**40,501**	**(3,424)**	**37,077**
TOTAL FUNDS	**138,111**	**(75,697)**	**62,414**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**167,069**	**(239,342)**	**(72,273)**
Restricted funds			
Restricted funds	**120,077**	**(123,501)**	**(3,424)**
TOTAL FUNDS	**287,146**	**(362,843)**	**(75,697)**

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9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.12.23 £	Net movement in funds £	At 30.11.24 £
Unrestricted fund	(46,616)	144,226	97,610
Restricted fund			
Restricted funds	13,400	27,101	40,501
TOTAL FUNDS	(33,216)	171,327	138,111

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	435,260	(291,034)	144,226
Restricted fund			
Restricted funds	40,501	(13,400)	27,101
TOTAL FUNDS	475,761	(304,434)	171,327

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.23 £	Net movement in funds £	At 30.11.25 £
Unrestricted fund	(46,616)	71,953	25,337
Restricted fund			
Restricted funds	13,400	23,677	37,077
TOTAL FUNDS	(33,216)	95,630	62,414

Net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	602,329	(530,376)	71,953
Restricted fund			
Restricted funds	160,578	(136,901)	23,677
TOTAL FUNDS	762,907	(667,277)	95,630

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10. RELATED PARTY DISCLOSURES

Included in other creditors is £16,252 (2024: £18,199) from companies under the control of one of the trustees of the charity.