SING
HEALTHY
CHOIRS

Sing Healthy Choirs
Charity Number: 1194226

Report and Financial Statements
Year ending 31st December 2025

1 INTRODUCTION 3

2 REFERENCE AND ADMINISTRATION DETAILS 3

2.1 Trustees **3**

3 STRUCTURE, GOVERNANCE AND MANAGEMENT 3

4 OBJECTIVE AND ACTIVITIES 4

5 ACHIEVEMENTS AND PERFORMANCE 4

5.1 General Situation **4**

5.2 Performances **5**

5.3 Charitable Giving **5**

6 FINANCIAL REVIEW 6

6.1 2025 Commentary **6**

6.1.1 Income **6**

6.1.2 Expenditure **6**

7 RECEIPTS AND PAYMENTS ACCOUNTS FOR CHARITY COMMISSION 7

1 Introduction

The trustees present their annual report for the year ending 31st December 2025. The financial statements have been prepared on the "Receipts and Payments" basis as defined by the Charity Commission to apply to a charity of our size.

2 Reference and Administration Details

CIO name: Sing Healthy Choirs
Charity Number: 1194226
Charity Address: Wilton House, Basingstoke Road, Spencers Wood, Reading RG7 1PH

2.1 Trustees

The trustees as voted at the Annual General Meeting held on 3rd April 2025

Secretary	Lynn Marshall
Treasurer	Clare Waters
Acting Chair	Sian Morris
Trustee	Gloria Groves
Trustee	Will Woodley
Trustee	Margaret Bunker
Trustee	Colette Ashby
Trustee	Nicola Nicholson
Trustee	Ann Stainton

In compliance with our constitution, 4 trustees stood down: Alison Roberts, Mike Gale and Stephanie Dunn (formally known as Paul Dunn) stood down prior to the AGM, and Mike Hardman and Lynn Marshall stood down at the AGM.
Mike Hardman did not stand for re-election.
During the year, Colette Ashby, Stephanie Dunn, Nicola Nicholson and Ann Stainton resigned.

3 Structure, Governance and Management

Sing Healthy Choirs CIO is governed by its constitution document of 26th April 2021. The constitution defines the objects of the charity and the associated controls and governance around it.

We have a number of policies and procedures supporting the execution of our charitable objects, and these are delivered by the board of trustees and a number of volunteers from the choir membership.

We also engage a number of self-employed contractors to support the delivery of our objects. For the first half of the year, this consisted of a Musical Director, an Artistic Director, an IT support consultant and a bookkeeper. The second half of the year saw a move to a new

model of Musical Director, Accompanist, IT consultant and a bookkeeper. The bookkeeper role is currently vacant, and recruitment is ongoing.

4 Objective and Activities

Sing Healthy Choirs CIO has two objects for the benefit of the public:

1. To promote, improve, develop and maintain public education in, and appreciation of, the art and science of music in all its aspects by any means the CIO trustees see fit, including through the presentation of public concerts and recitals.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

The CIO seeks to fulfil its objects through the running of choirs that benefit both the members, in their enjoyment of music, and also the general public, who benefit from choir performances.

Charitable objects are made, primarily, to local organisations when the funding of the CIO permits.

The trustees have complied with their duty with regard to public benefit requirement of the charities act 2011. As an open access choir, any member of the public can join and benefit from music making at rehearsal and concerts, the broader public can benefit from performance at concerts, and the chosen charities and other organisations can benefit from our charitable acts and donations.
The following responses are taken from the charities and organisations what benefited from Sing Healthy Choirs during 2025:

"I just wanted to say a big thank you for coming together last minute to help us mark Armed Forces Day… Many thanks again for all your energy and support for helping me in pulling this event together.", ***Bracknell Forest Council, July 2025***

"Thank you for your support, you are amazing. Your donation is really important to us and will help us fulfil our campaign. By donating you have made a difference to families in need." ***Parenting Special Children, December 2025***

5 Achievements and Performance

5.1 General Situation

2025 was the fourth full year of Sing Healthy Choirs being a CIO. The trustees have continued to operate two choirs, one more orientated towards classical choral repertoire, and the other more towards popular contemporary music. This mix offers members a choice, and some do attend both choirs to benefit from a broad range of musical styles.

For first half of this year, our Musical Director and Artistic Director developed enjoyable repertoires for a Musicals based concert, a classical concert, and two additional performances. After which, both directors left the choir at the end of the summer term.

During August there was a period of instability in the membership numbers and a petition requesting an EGM; following protocol, we reported this as a Serious Incident to the Charity Commission. The EGM was held in September and resolved with a vote of confidence in the trustees. We subsequently received and responded to a Request for Rectification (none required) and a Subject Access Request. We provided dozens of GDPR compliant documents as per the requirements of the IOC. No further action has been requested.

In the first half of the autumn term, the trustees, with the active participation of the membership, auditioned to recruit a new musical team. The Musical Director and Accompanist were appointed in October, and worked with the trustees and the choir membership to put on a highly successful Christmas concert.

Other notable governance matters that were addressed during the year included the introduction of a new email system, improved informal communication channels using WhatsApp groups for the membership, the start of a project to update our website, and a financial review and revision of the charity donations policy.

5.2 Performances

We held five successful public performances this year.

In early June, we staged a Bracknell Choir concert of '*Showtunes'*, supported by local clarinet ensemble *Liquorice Allsorts*.

In late June, we supported Bracknell Forest Council in their commemoration event for Armed Forces Day with a reprise of a selection of our Showtunes repertoire.

In July we staged the Wokingham Choir classical concert, '*Gloria'* with excerpts from the works of Purcell, Beethoven and Vivaldi.

We finished the summer term with a picnic and concert for friends and supporters. This provided an opportunity for both choirs to come together and perform some of their favourites from the year and some new material together.

In December we finished the year with our popular joint choirs Christmas Concert, this year entitled *Festive Favourites*, where we revisited some beloved songs from previous Christmas events, and incorporated popular audience participation songs and carols.

5.3 Charitable Giving

The Trustees reviewed and updated the charity policy in the spring of this year. The changes enable us to protect cash flow, and allocate profits fairly between our chosen charities and our own charitable objects and future plans. Profits from all concerts are now retained

through to the end of the year and surplus is divided appropriately between the charities. This also allowed Trustees to work with the charities to accommodate other charitable opportunities, for example, we made a donation to Parenting Special Children via the 'Big Give' matched funding model, enabling our contribution to be doubled.
The charities we supported this year were:

Parenting Special Children – a charity that offers a wide range of specialist services, resources and advice to families of children with special educational needs or disabilities. This charity requested that we donate to them during their Big Give weeks, enabling our £350 donation to be doubled to £700. Additionally, we performed a live-streamed event singing our Christmas repertoire enabling further donations from their supporters.

WADE: Wokingham and District Association for Elderly - provides support and a welcoming day care centre offering lunches, activities and company to anyone over 60, to help combat loneliness and isolation.

Camp Mohawk – a day centre with facilities in the beautiful countryside, for secure and supported play both indoors and outdoors for children with special needs and their families.

CLASP: Caring Listening and Supporting Partnership – a self-advocacy group for people with learning disabilities in the Wokingham borough.

6 Financial Review

The CIO made an overall profit of £4785; including c. £2000 in concert profits.
Our cash reserve is currently c.£15.5k, although we have been advised that we can reduce this to £14,500, in line with our target of 50% of our annual costs, should we require it.

Our approach to charitable donations is to use the profits from our concerts and divide them fairly between our own charitable objects and our chosen charities.
The trustees concluded some of the profits would be required to support ongoing costs for the choir into 2026, and £1250 of that profit was reserved for the charities we selected: £200 for CLASP and £350 to each of the other three charities.

6.1 2025 Commentary

Comments are made on an exception basis

6.1.1 Income

Income from membership remained the same as 2024, as increased monthly subs was entirely offset by reduced membership numbers in the latter half of the year.

We also saw a fall in concert profits relative to 2024, due to reduced audience sizes and increased costs. This was mitigated to an extent, by an income of £1000 from the Rotary Raffle.

6.1.2 Expenditure

Expenditure has been reduced compared to 2024, with small increases to some costs offset by significant reductions in other areas, e.g. rehearsal venue hire, storage and bookkeeping costs were all reduced.

7 Receipts and Payments Accounts for Charity Commission

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
Sing Healthy Choirs	1194226

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2025	To	Period end date 31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership Fees	25919	-	-	25,919	25930
Concert Income	5502	-	-	5,502	8299
HMRC Gift Aid on Membership Fees	3843	-	-	3,843	3243
Music Score Sales	933	-	-	933	1506
HMRC Gift Aid on Concert/Event donations	223	-	-	223	555
Other Income	1500	-	-	1,500	456
Clothing Sales	136	-	-	136	418
Tea/Coffee donations	52	-	-	52	148
		-	-	-	
		-	-	-	
Sub total *(Gross income for AR)*	38,108	-	-	38,108	40,557
A2 Asset and investment sales, (see table).					
		-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	38,108	-	-	38,108	40,557
A3 Payments					
Musical Directors Fees	12899	-	-	12,899	18478
Donations from concerts	250	-	-	250	4850
Concert Costs	3460	-	-	3,460	4371
Musical Directors Expenses	2366	-	-	2,366	3259
Rehearsal Venues Hall Hire	2838	-	-	2,838	3410
Music Scores	1947	-	-	1,947	2369
Book Keeping	1650	-	-	1,650	1800
Self Storage Hire	483	-	-	483	921
Making Music Membership & Insurance	582	-	-	582	566
Website/Telephone/Storage/IT	210	-	-	210	435
Choir clothing	0	-	-	-	395
Other Donations	0	-	-	-	
Miscellaneous Purchases	203	-	-	203	394
Zoom Video Conferencing	0	-	-	-	
HSBC Bank Charges	51	-	-	51	85
Increase in cash float	- 23	-	-	- 23	
Auditions & newMD and Accompanist fees	6,276	-	-	6,276	
PRS fees	131	-	-	131	-
		-	-	-	-
	-	-	-	-	
Sub total	33,323	-	-	33,323	41,333
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	33,323	-	-	33,323	41,333
Net of receipts/(payments)	4,785	-	-	4,785	- 776
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,454	-	-	15,454	16,229
Cash funds this year end	20,239	-	-	20,239	15,453

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current account	20,239	-	-
		-	-	-
		-	-	-
	Total cash funds	**20,239**	**-**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	C. Waters	C. Waters	25/02/2026

CHARITY COMMISSION
FOR ENGLAND AND WALES

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	Bank current account	20,239	-	-
		-	-	-
		-	-	-
	Total cash funds	20,239	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
C. Waters	C. Waters	25/02/2026

C. D. Waters.

EXAMINED

F.C.A.