CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2025 Period start date To 31 Dec 2025 Period end date

Charity name: Association for Psychoanalytic Psychotherapy in the Public Sector
Charity registration number: 1193815

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	**To advance education in the field of psychoanalytic psychotherapy in the NHS, public and voluntary sectors**
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Publish the Journal 'Psychoanalytic Psychotherapy': Four issues per year 2. Hold educational events: One annual lecture, two primary care group seminars 3. Promote higher standards of training through membership of the British Psychoanalytic Council
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We have made no grants this year.
Policy on social investment including program related investment	Para 1.38	We have continued to explore registration and training options for our members with the British Psychoanalytic Council
Contribution made by volunteers	Para 1.38	Apart from Office functions and Journal Editors, all the other activities are performed by volunteers. Most of this work is in planning, organising and holding educational events, plus the Trustee Board.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	1. Journal 'Psychoanalytic Psychotherapy' ISSN 0266-8734: 4 regular issues. 2. Educational events: Primary Care Group seminars: How can the Dynamic Interpersonal Therapy (DIT) Framework support GPs with more complex consultations in Primary Care? Working with Neurodivergent Young People and their families in Primary Care Tread Softly… Adolescent Distress and Neurodiversity. How do we work with young people when we are at a loss? Older Adults Group online debate on Assisted Dying 3. British Psychoanalytic Council (BPC). Having previously developed a pathway for members to Register with the BPC, we have been exploring training options for members, in addition to existing training schemes and a new 'Dynamic Psychiatry' pathway for medical registrants.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We hold substantial cash reserves. We are currently exploring new areas of activity
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Historical – accumulated surpluces
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership subscriptions. Although we charge non members for educational events, these are subsidised by the charity. Royalties from the Journal go towards, but do not cover, Print and Editorial costs.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Deposit account
A description of the principal risks facing the charity	Para 1.46	Increasing work pressures on health and social care professionals, especially in senior roles, makes recruitment to trustee posts and volunteers to run seminars etc. increasingly difficult. To offset this to some extent, we are looking at more paid staff
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	**Constitution**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	**CIO**
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	**Elected at AGM (trustee board may co-opt in between AGMs)** **Named posts: Chair, Secretary, Treasurer**

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	**Under review in 2026**
The charity's organisational structure and any wider network with which the charity works	Para 1.51	**The Journal Editorial Team and Board are a sub committee, but exercise editorial independence. Members may join a Special Interest Group, usually by discipline/profession e.g. Older Adults, Primary Care, which organise educational events**
Relationship with any related parties	Para 1.51	**Member Institution of the British Psychoanalytic Council (BPC)** **Member of European Psychoanalytic Public Sector Federation (EFPP)**
Other		

Reference and Administrative details

Charity name	**Association for Psychoanalytic Psychotherapy in the Public Sector**
Other name the charity uses	APPPS
Registered charity number	1193815
Charity's principal address	8 Vertic Apartments 164 Harlesden Road London NW10 3BA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jeremy Clarke	Chair		
2	Anthony Burch	Treasurer, Secretary		
3	Andrew Soutter			
4	Mary Burd			
5	David O'Driscoll			
6	Lucy Marks		December 2025	
7				
8				
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10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a		

Name of chief executive or names of senior staff members (Optional information)

n/a

Exemptions from disclosure

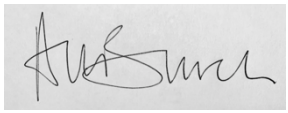
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Anthony Burch	
Position (eg Secretary, Chair, etc)	Secretary	
Date	27 Oct 2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Association for Psychoanalytic Psychotherapy in the Public | 1193815

Receipts and payments accounts

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For the period from 01/01/2025 To 31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Subscriptions	17,392	-	-	17,392	18,468
Journal Royalties	6,898	-	-	6,898	6,780
Journal Editorial	5,300	-	-	5,300	5,300
Events	670	-	-	670	
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	30,260	-	-	30,260	30,548
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,260	-	-	30,260	30,548
A3 Payments					
Journal Publication	5,970	-	-	5,970	5,276
Journal Editorial	16,250	-	-	16,250	8,550
Office	8,094	-	-	8,094	6,133
Web, IT	672	-	-	672	300
Events	335	-	-	335	-
Memberships	1,595	-	-	1,595	1,893
Development	450	-	-	450	3,317
Bank	15	-	-	15	30
	-	-	-	-	-
Sub total	33,381	-	-	33,381	25,499
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	33,381	-	-	33,381	25,499
Net of receipts/(payments)	- 3,121	-	-	- 3,121	5,049
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	97,994	-	-	97,994	93,351
Cash funds this year end	94,873	-	-	94,873	98,400

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	94,873	-	-
CCXX R1 accounts (SS)	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
None	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
None		-	-
		-	-
		-	-
		-	-
		-	-

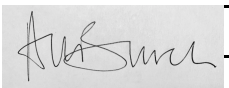
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
None		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
APP Education Trust Loan	16000	-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A M Burch	27-Oct-26

Independent examiner's report to the trustees of the Association for Psychoanalytic Psychotherapy in the Public Sector, a charitable incorporated organisation

I report to the trustees on my examination of the accounts of the Association for Psychoanalytic Psychotherapy in the Public Sector, (the Trust) for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Juliet Pedrazas.

Name: Juliet Pedrazas, ACA

Member of the Institute of Chartered Accountants of England and Wales.

Address: 2 Dragonfly Way, Hawkinge, Kent, CT18 7FY.

Date: 25 October 2026