CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2025 **Period start date** **To** 31/012/2025 **Period end date**

Charity name: Track Fitness Boxing

Charity registration number: 1193279

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Track Fitness and Boxing aims to run a sustainable community gym in Beverley and surrounding areas, benefiting people aged 5 and up by promoting physical fitness, mental health, and well-being. The club provides structured fitness and boxing activities, coaching, and competitive opportunities in a safe, fun, and accessible environment, encouraging participation in amateur boxing for all ages.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To offer coaching and competitive opportunities in boxing through England Boxing To offer alternative fitness and health programs to engage the wider community To promote the club within the local community, including schools and education providers, and local specialist services who will refer people to us To ensure a duty of care to all members of the club by ensuring a safe and enjoyable environment is maintained To provide an opportunity for disengaged children, young people and adults to undertake positive activities and assist in the reduction of anti-social behaviour.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that, in exercising their powers and duties, they have had due regard to the guidance issued by the Charity Commission on public benefit. In particular, they have considered how the charity's activities contribute to the physical fitness, mental health, and well-being of the community, and ensure that the services provided are accessible and available to people of all ages from 5 years upwards.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The trustees acknowledge and appreciate the vital contribution of our volunteers, whose time and skills are essential to the running of the club. Volunteers support coaching, mentoring, event organisation, travelling to and attending competitions and external shows and administrative tasks, enabling the club to provide a safe, inclusive, and enjoyable environment for all members. Their commitment not only furthers the charity's objectives of promoting physical fitness, mental well-being, and community engagement, but also represents significant economic value. Based on average volunteer hours and national volunteering rates, their contribution is estimated to be worth approximately £31,266 annually, reflecting the substantial impact the charity's volunteers have on sustaining the club's activities.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	During the year, the charity's community boxing gym has delivered a wide range of activities that have transformed the lives of its members and created measurable benefits for the wider community. Empowering Young People and Building Life Skills - The gym provides structure, routine, and positive role models, particularly for young people who may be struggling at school or work. Through boxing training and competitions, members develop essential life skills such as discipline, communication, problem-solving, resilience, and a growth mindset. Youth Engagement and Crime Prevention - By offering a safe, disciplined environment, the gym keeps young people off the streets and away from negative influences such as gangs, drugs, or crime. It creates a sense of purpose and connection, fostering respect, accountability, and positive

		relationships across age, race, and background. Improving Physical and Mental Health - Regular training supports physical fitness and emotional well-being, helping members manage stress, anxiety, and depression. The program boosts self-confidence and self-worth through continuous personal growth and skill development. Promoting Equality, Diversity and Inclusion - The gym welcomes people from all backgrounds, actively promoting equality regardless of race, gender, religion, sexual orientation, disability, or income. Female-only sessions, women coaches, beginner-friendly programs, and adaptations for neurodiverse or disabled members ensure access for everyone. Wider Benefits to Society - The charity's work extends beyond boxing. By reducing antisocial behaviour, improving health outcomes, fostering inclusion, and strengthening community ties, the gym makes a positive contribution to social cohesion and public well-being. Its inclusive approach helps break down barriers and inspires long-term community development.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	During the year, the charity made strong progress against the objectives set by the trustees. Key targets for youth engagement, community inclusion, and health promotion were met through the delivery of structured boxing programmes, subsidised memberships, and outreach activities. The gym successfully provided a safe and supportive environment for young people, improved access for low-income families, and expanded female participation through dedicated sessions and coaching opportunities.
Performance of fundraising activities against objectives set	Para 1.41	During the year, fundraising activities were carried out to support the gym's operational costs and community programmes.
Investment performance against objectives	Para 1.41	N/A

Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the year, the charity has enough funds to continue its activities and meet its obligations. The trustees have reviewed potential risks and are confident the charity can continue operating as a going concern.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to increase and maintain a prudent level of reserves to ensure the stability and continuity of our work. These reserves help us to cover essential operating costs in case of unexpected shortfalls in income or delays in funding, manage unexpected expenses and emergencies and allow us to take advantage of opportunities to improve or expand our services
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	During 2025, the charity drew on its financial reserves to maintain its activities in the face of increased expenditure and reduced external funding. Costs associated with taking on the second unit, difficulties with gas suppliers and higher overall running costs contributed to this pressure. The trustees recognise the importance of maintaining adequate reserves to support the charity's ongoing work and meet unexpected costs. They are taking steps to manage expenditure, seek additional funding and monitor the charity's financial position, with the aim of rebuilding and maintaining reserves at the level needed to support its future sustainability.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership Fees – Regular income from gym users, including low-cost or subsidised memberships to maintain accessibility. Fundraising Events – Income generated from fundraising activity's such as 'bus

		stops', sponsored runs and hosting club shows which also serve as key fundraisers. Local Sponsorships – Support from local businesses that contribute sponsorships to help cover event and programme costs. Grant Funding / Donations – Occasional or targeted grants and community funding to help sustain programmes and offset rising operational costs (e.g., utilities, equipment replacement).
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	Association Model Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	In accordance with the governing document, there must be at least three charity trustees. The maximum number of charity trustees is 12. At each annual general meeting, around one-third of the charity trustees must retire by rotation. Trustees who have served the longest since their last appointment step down first; if terms are equal, the retiring trustees are chosen by lot. Vacancies created may be filled by members at the meeting or later by either the members or the trustees, provided the maximum number of trustees is not exceeded. Trustees appointed by members follow the normal rotation rules, while those appointed by trustees themselves serve only until the next annual general meeting.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider	Para 1.51	N/A

network with which the charity works		
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Track Fitness and Boxing
Other name the charity uses	
Registered charity number	1193279
Charity's principal address	Units 7 & 8 Kilnbeck Business Park Annie Reed Road Beverley HU17 0LF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	Emma Fairclough	Chair		
1	Jonathan Thorne	Trustee		
2	Rebecca Smedley	Treasurer		
3	Rebecca Gilvie			
4	Matthew Watson			
5	Glen Irvine			
6	Adam Wallis	Child Welfare Officer		
7	Nick Beach			

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets	N/A

from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

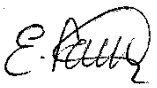
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Emma Fairclough	
Position (eg Secretary, Chair, etc)	Chair	

Date	27th October 2026

Financial Statement
Track Fitness and Boxing
As at 31st December 2025

Turnover	
Subs	£10,799.60
Donations	£5,718.40
Event Income	£6,980.80
Total Turnover	£23,498.80
Gross Profit	
Administrative Costs	
Cleaning	£960.00
Championships and Box Cup Entries	£360.00
Coaches Training	£168.00
Electricity	£921.25
Equipment Costs	£631.00
Event Costs	£5,080.64
Fuel	£954.31
General Expenses	£1,212.33
Gym Insurance	£979.12
Gym Rent	£12,800.00
Love Admin Fee	£64.81
Repairs and Maintenance	£585.22
Rates	£842.80
Total Adminstrative Costs	£25,559.48
Operating Profits	-£2,060.68
Profit on Ordinary Activties Before Taxation	-£2,060.68
Profit after Taxation	-£2,060.68