Buddhamahametta UK

Report of the Trustees

for the Year Ended 31 December 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the receipts and payment accounts for the year ended 31 December 2025.

OBJECTIVES AND ACTIVITIES

The Objects of the cio are for the benefit of public, to advance buddhism in England and Wales mainly, but not exclusively, by providing temples and other buddhist places of worship, running education programs in buddhism, and teaching the buddhist practices of mindfulness and meditation with their positive effects on metal health and well being to relieve poverty hardship, distress and the impact of disasters throughout the world by providing grants items and services to charities or other organizations or directly to children and adults in need, to promote the conversation protection and improvement of the physical and natural environment and to promote humane behaviour towards animals by providing grants, items and services for the appropriate care, protection treatment and security for all loving creatures which are in need of care and attention by reason of sickness maltreatment, injury, poor circumstances or ill usage. .

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

ACHIEVEMENTS AND PERFORMANCE Achievements and performance

In 2025 BUDDHAMAHAMETTA UK kept up regular meditation practice and Buddhist teaching for the public, while running entirely on volunteer time and £857 of essential costs. The charity's purpose is to advance Buddhism in England and Wales, mainly through places of worship, Buddhist education, and teaching mindfulness and meditation

Difference made to beneficiaries

- Regular practice. The charity held 3 meditation sessions at its premises, open to anyone who wished to attend, with around 15-20 people taking part.
- Reaching people online. Saturday practice sessions and events were broadcast on Zoom for regular practitioner, so people who could not attend in person could still practise.
- Free to attend. No fees were charged; the work was funded entirely by voluntary donations.

Wider benefit to society

- Meditation and mindfulness support people's mental wellbeing and resilience, which benefits families and the wider community.
- The charity offers a welcoming space for the Buddhist community and anyone of any background to learn about Buddhist teaching and practice.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE024646 (England and Wales)

Registered Charity number

1193164

Registered office

68 High Street

Brentford

TW8 0AH

Trustees

P N Teranupattana Chairman

Z Birdsall Trustee

P Rodjanachaowopads Trustee

S Pompdsarun Trustee

E Rattanapanya Trustee

R Yap Kah Wai Trustee

U Wongwatanasin Trustee

S Murphy Trustee

Y Ninpai Trustee

J Changpung Trustee

J Narongkun Trustee

V Choomduang Trustee

Approved by order of the board of trustees on 29 October 2026 and signed on its behalf by:

P N Teranupattana Chairman

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
BUDDHAMAHAMETTA UK	1193164

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01-Jan-25		31-Dec-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	2,078	-	-	2,078	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	2,078	-	-	2,078	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,078	-	-	2,078	-
A3 Payments					
Accountancy fees	810	-	-	810	-
Information Commissioner's Office (data protection fee)	47	-	-	47	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	857	-	-	857	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	857	-	-	857	-
Net of receipts/(payments)	1,221	-	-	1,221	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,221	-	-	1,221	-

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	cash at bank	1,221	-	-
		-	-	-
		-	-	-
	Total cash funds	1,221	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
JIDAPA CHANGPUNG	Jidapa Changpung	29/10/2026