CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/25 **Period start date** **To**
Period end date 31/12/25

Charity name: GLUT1 DEFICIENCY UK

Charity registration number: 1192599

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Glut1 Deficiency UK aims to support carers and patients impacted by Glut1DS in the UK and Ireland. Increasing awareness of Glut1 Deficiency Syndrome (Glut1DS) Improved education for families and health professionals in relation to Glut1DS. Advocacy for families and patients impacted by Glut1DS. Support and funding for Glut1DS research
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing Advocacy/advice/information **The main activities include raising awareness of the condition amongst professionals, caregivers via event attendance, social media and building networks and partnerships.**
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	**The trustees have had regard to the guidance issues by the Commission on public benefit**

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We are steadily building our networks and partnerships with UKRET (Rare Epilepsies Together), Neurological Alliance, Rare Disease UK, Genetic Alliance, Gene People, Eurodis, and Beacon while raising awareness of Glut1DS throughout the wider community and medical field We have also been building on our connections with the Cross Party parliamentary Group members across the UK by highlighting our specific needs as a Rare Disease, through the UK Rare Diseases Framework and its commitment from all four health ministers across the UK to improve the lives of people affected by rare diseases; we hope to raise the profile of Glut1 Deficiency and the needs of our community. We have worked alongside many organisations throughout 2025 to raise the profile of the charity and of the condition. Beacon For Rare Diseases Rare Revolution Magazine Epilepsy Research UK Matthew's Friends Epilepsy Sparks/ Torie Robinson RDNN Rare Disease Nurse Network Genetic Alliance Eurodis Metabolic Support UK The Journal of Inherited Metabolic Disease M4RD Medics for Rare Diseases Wales Gene Park Genomics Partnership Wales

		During the year we have: Attended the BPNA Annual Conference Exhibited at Mathew's Friends Ketogenic Dietary Therapies event

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income surplus for the year of £2,663
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are intended to be held at an appropriate level to cover operational expenditure and commitments.
Amount of reserves held	Para 1.22	£20,194
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO - Association Registered 01 Dec 2020
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Minimum of 3 trustees appointed on a rotational basis

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	GLUT1 DEFICIENCY UK
Other name the charity uses	
Registered charity number	1192599
Charity's principal address	2 East Grimsby, Arbroath, DD11 1PA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Trudy Jane Morgan			
2	Stefanie Plomer			
3	Sheena Cunniffe			
4				
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17				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sheena Cunniffe	
Position (eg Secretary, Chair, etc)	Chair	
Date	30/10/2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

GLUT 1 DEFICIENCY UK

Receipts and payments accounts

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For the period from 1/1/25 To 31/12/25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,679	-	-	7,679	4,825
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	7,679	-	-	7,679	4,825
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,679	-	-	7,679	4,825
A3 Payments					
Sundry	448	-	-	448	208
Postage, stationery & advertising	930	-	-	930	550
Travel expenses	3,638	-	-	3,638	2,234
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,016	-	-	5,016	2,992
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	5,016	-	-	5,016	2,992
Net of receipts/(payments)	2,663	-	-	2,663	1,833
A6 Cash funds last year end	17,532	-	-	17,532	15,698
Cash funds this year end	20,194	-	-	20,194	17,531

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	20,194	-	
		-	-	-
		-	-	-
	Total cash funds	20,194	-	-

(agree balances with receipts and payments account(s))

OK OK OK

Unrestricted funds | Restricted funds | Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

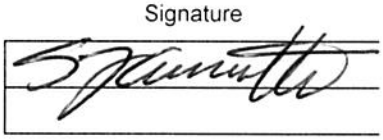
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sheena Cunniffe	22/09/2026