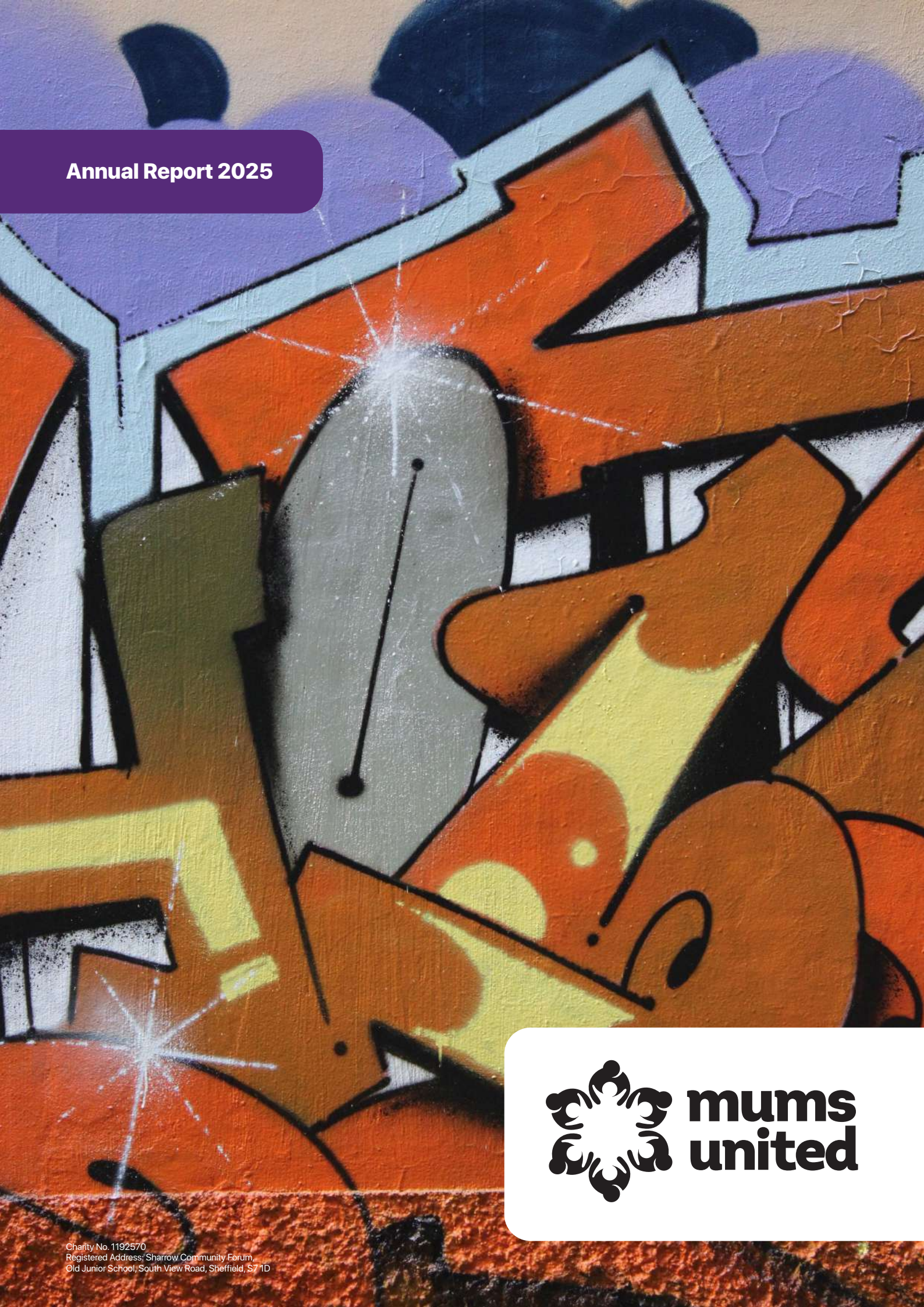
Annual Report 2025



mums united

Charity No. 1192570
Registered Address: Sharrow Community Forum,
Old Junior School, South View Road, Sheffield, S7 1D

Contents

Chair Report	4
MUSYC	6
Meals &More	6
Renaissance Project	8
Breaking The Cycle Of Violence	14
Project Serenity	26
Youth Forum	27
Empower U	39
Steel Champs Academy	26
Community Centre	28
Events	40
Media	44
Accounts	50



Chairs Report

We are facing a devastating knife crime epidemic. The safety of our young people is paramount, and the community must mobilise to protect them, especially inside our schools and colleges. We need swift, decisive action including mandatory student safety checks and a major overhaul of how we educate our youth about the lethal risks of carrying a knife. This crisis will not resolve itself. Real change demands a revolutionary shift from statutory organisations and law enforcement at both local and national levels.

August 2025 Sheffield Star reported:
The rising number of children permanently excluded from Sheffield primary schools is placing "unsustainable demand" on the city's service.

"Radical change" is being recommended to address the rising number of children being expelled from both primary and secondary schools.

The shootings that are taking place are not just an isolated incident of violence; it was a profound failure of the systems meant to protect our children. The shockwaves do more than just rock the neighbourhood; they tear at the very fabric of our safety. This tragedy has brought to the surface the deep, underlying nature of the beast that many in our community and in positions of power have ignored for far too long.

Through our Project Serenity boxing and mentoring program, we have created a Youth Forum that has revealed the grim reality of how youth violence is evolving. Our young people have used this space to speak their truth, highlighting a terrifying "spider web" of exploitation. We are no longer just dealing with older men who are protected within our communities, but we are also seeing a peer-to-peer grooming cycle. Older teenagers, already entrenched in gang culture, are being used as an "army" by elders who keep their own hands clean. These 16-to-19-year-olds are the ones doing the "running around," and in turn, they are grooming 12- and 13-year-olds to handle local drug drop-offs. This is not just crime; it is intergenerational drug dealing embedded within our streets. Hierarchies are being formed where the most vulnerable children are the most exposed, while those at the top remain untouchable.

The Youth Forum was born from the voices of the young people themselves, who told us clearly how unsafe they feel. They see the predators ruining their peers every day. The forum serves as a platform for them to reclaim their agency, but they cannot do it alone. They are identifying the systemic nature of this beast a beast that statutory authorities continue to misunderstand or overlook.

South Yorkshire has the third-highest rate of knife-related offences in the country, recording 10.72 offences per 10,000 residents.

Data from the Office for National Statistics shows that South Yorkshire was surpassed only by London and Cleveland, North Yorkshire.

Of 103 incidents South Yorkshire Police (SYP) recorded involving knives brought into schools between 2022 and 2024, 37 cases were in Sheffield
.
The problem we face is systemic. Until statutory authorities and local councillors acknowledge the true nature of this recruitment cycle, we will never resolve the issue of youth violence. It is an open secret that many in power know exactly who the culprits and predators are, yet there is a stinging silence where there should be action.

To our local leaders: We see the predators ruining our vulnerable children. We know the inaction. Do better.

It is time for statutory authorities to admit that we do have a problem with youth violence: gun and knife crimes are all symptoms of deep underlying issues that we are facing.
The gangs are terrorising communities, and yet statutory authorities still maintain that we don't have a knife crime /gun crime problem.

How many people will become victims before we admit there is a problem?

Prevention is not just a goal; it is the only solution, and the sooner we commit to this the sooner lives will be saved: social media-phones are a tool of destruction for our youth, as parents we face an everyday battle with our children as they lose themselves in the virtual world of chaos-the tragedy of our society is unfolding and whilst our endeavours and campaigns may seem futile we must always hold on the hope that our message will be heard and a life will be saved.

#nevergiveuphope #mothersmakingadifferance

MUSYC Mums United Sheffield Youth Club

Meals and More

In 2025, Mums United significantly expanded its holiday provision through the Meals & More initiative, which is vital for children in Sheffield's most deprived areas. This year, the program supported over 202 children and served 1,684 free nutritious meals, providing essential food security during school breaks.
The initiative creates a safe and supportive environment where young people can explore different interests and hobbies while remaining shielded from external risks.

The clubs offer a diverse blend of multi-sport activities and enrichment workshops designed to promote creativity and physical health. Children participated in clay art, painting, drawing, and sculpting, and even designed their own t-shirts to learn about the design and development process. Other engaging activities included puppet shows, gardening, and creating community murals. treasure hunts, and canal walks to help children connect with their surroundings.

By mastering new skills like clay art or painting, young people gain a sense of accomplishment and pride in their unique creations. The combination of physical activity and creative expression helps regulate emotions and build resilience. Furthermore, the inclusive environment creates a sense of belonging and unity, enabling children to build positive relationships with peers and mentors.



"

I loved playing treasure hunt and the books we got. It's better than just staying at home; I get to see my friends and do things I've never tried before

"

I love our clubs! We get to paint and create fun characters, and it makes me feel like I'm really good at something

"

The clubs' success is reflected in the heartfelt testimonials from the youth.



Project Renaissance

Our Vision

What is The Renaissance Project?
This initiative promotes upcycling and sustainable fashion; the work was showcased with a fashion show for young talent. The project emphasises creativity, community, and confidence beyond style.

Mission & Purpose of the project

- Empowering Young People to Create
- Responding directly to young people who have expressed interest in fashion and design,
- Providing a positive and productive activity that creates engagement.
- Building crucial life skills: confidence, resilience, and optimism.
- Promoting sustainable practices and creative reuse.

Why this project matters?

Transforming Lives Through Creativity

Personal Growth Fostering self-esteem, problem-solving, and perseverance.

- Skill Development which includes Practical design, teamwork, and presentation skills.
- Community Engagement & Safety: Providing a safe, inclusive space for positive activity, offering a constructive alternative to negative influences, and actively contributing to tackling youth Violence and diverting young people from knife crime by creating engagement and a sense of purpose and belonging.
- Environmental Awareness: Promoting sustainable choices and reducing waste through upcycling.
- Future Pathways: Inspiring potential interests in creative industries or further education.

The Workshops

Each week, our young people demonstrated incredible dedication as they embarked on a transformative journey, turning discarded materials into unique, high-fashion statements. Guided by experienced mentors, they mastered the complete design cycle beginning with concept and sketching to explore personal themes, then moving through deconstruction and material selection to breathe new life into old fabrics.

Participants gained vital technical skills in pattern making and cutting, with a focus on sustainability, before bringing their visions to life through sewing and intricate embellishments such as embroidery and hand-painting. This creative exploration even extended to a specialised trainer design segment, allowing them to fuse art and footwear into a highly personal expression of their identity and craft.

Our Impact

We are so proud of the incredible journey our youth have taken through the Renaissance Project! By seeing our young people through a lens of positivity, we've helped them unlock their creative power. It wasn't just about the art—it was about giving them a space to be their authentic selves. We've watched them transform, building a sense of self-worth and belonging that extends well beyond our workshops. Together, we are empowering the next generation of creators and leaders."





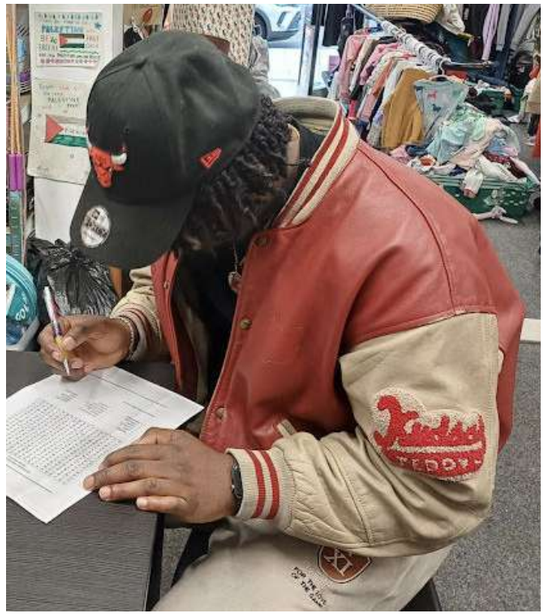
Project Renaissance

Voices of change
Here's what some of our young creators and their families have to say about the Renaissance Project:

"

Before this project, I felt like I didn't have a voice. Now, when I design something, it feels like I'm telling my own story. It's given me so much confidence

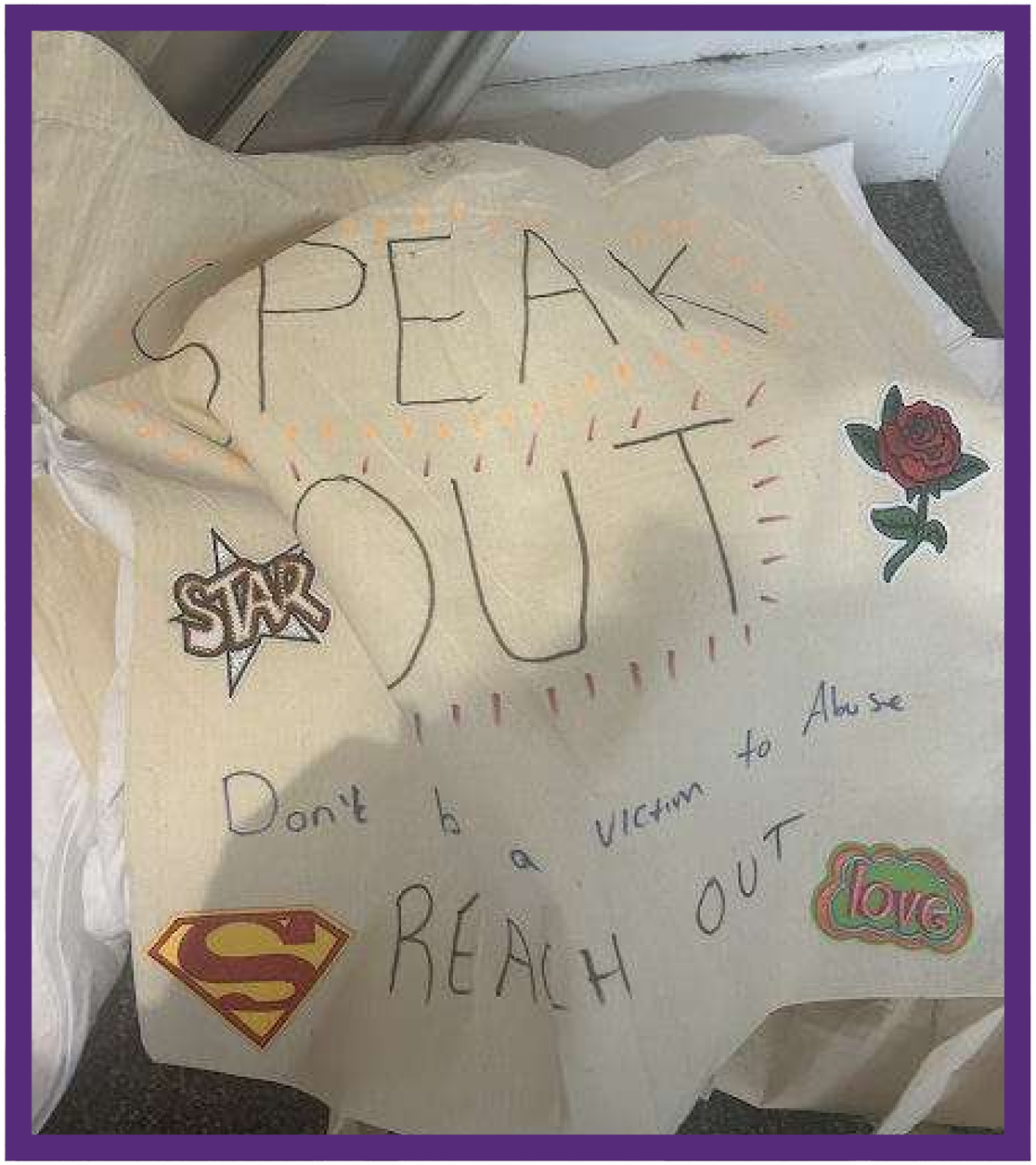
Young Person, 16



"

I never thought I could make something beautiful out of old clothes. This project showed me that creativity is everywhere and I can make a difference, even with my clothes

Young Person, 14



"

It's more than just fashion; it's a community. We've all supported each other, learned new things, made new friends and built something incredible together. It feels like a family

Young Person, 17

Project Renaissance

Fashion Show

Once the workshops and designs were completed, the Project Renaissance fashion show took place at Kelham Island Museum. This was a momentous occasion that perfectly captured the spirit of "Youth Taking Over!" Moving from the weekly workshops to such a prestigious, historic venue provided a powerful platform for our young people to showcase their incredible hard work. The museum offered an inspiring setting where "creativity meets sustainability," allowing the youth to light up the stage with their unique styles and designs.

The event was more than just a show; it was a celebration of the heart and soul these young people poured into their work. The atmosphere was electrified by live music from performers like MC Nige and Paul the Saxman, creating an unforgettable backdrop for their success.

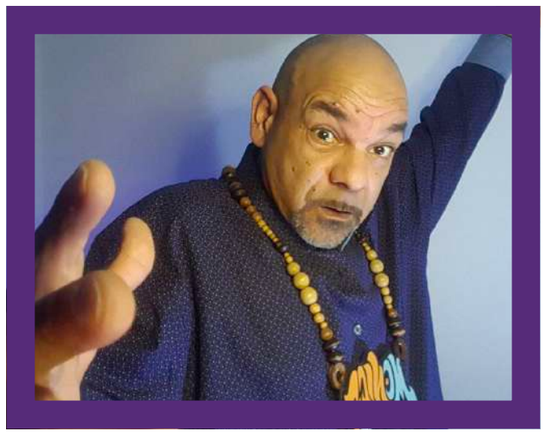
By presenting their "authentic selves" in such a public and respected space, the participants gained a profound sense of belonging and self-worth, validating their journey as the next generation of innovators and creators.

This fashion show proved that when young people are given the right platform and seen through a lens of positivity, their potential is limitless.











Breaking The Cycle

This report provides an in-depth analysis of the "Breaking the Cycle" project outcomes, specifically focusing on the qualitative shifts in attitude observed during the programme's unique podcasting sessions and the quantitative data comparing immediate post-programme evaluations with three-month follow-up results.

Project Overview and Context

"Breaking the Cycle" is a project designed to address the root causes of youth violence by engaging young adults in Sheffield. The programme operates through twice-weekly workshops using a trauma-informed approach to tackle sensitive issues such as gender identity, consent, masculinity, and mental health.
The community faces significant challenges, including confusion over gender equality, rising domestic abuse, and incidents of hate crime. Mentors identified that many young males struggled to express masculinity without resorting to violence, while many females were conditioned into silence or held dismissive attitudes toward men due to negative media influences.

The Digital Influence: TikTok and Snapchat

A critical finding of the workshops was the profound impact of social media platforms, specifically TikTok and Snapchat, in shaping expectations.

- **Distorting "Healthy" Relationships:**
  Both sexes reported that short-form content often presented possessive behaviours as "romantic".
- **Desensitisation**:
  Constant exposure to hyper-sexualised content led many participants to initially view these as "norms".
- **A Different Lens:**
  The project was vital in providing a counter-narrative, helping participants recognise how their views on consent had been moulded by algorithms.
- **The Necessity of Safe Spaces:**
  Participants emphasised that safe spaces were essential for expressing internalised "digital norms" without judgment.

Quantitative Evaluation Findings

The evaluation findings from the "Breaking the Cycle" Gender Sensitisation workshops reveal a profound shift in participant attitudes, particularly among young men over a three-month period. These findings demonstrate the long-term effectiveness of trauma-informed, safe-space education.

Metric (Scale 1–10)	Male (Immediate)	Male (3 Months)	Female (Immediate)	Female (3 Months)
Quality of Discussions	7/10	9/10	9/10	9/10
Awareness of Gender Issues	6/10	9/10	9/10	9/10
Safe and Open Space	9/10	9/10	9/10	9/10
Challenged Personal Beliefs	9/10	8/10	9/10	9/10
Reflection on Behaviour	9/10	9/10	9/10	9/10



Workshop Evaluation Findings

The most critical finding is the delayed realisation of learning among male participants. Immediately after the project, many males reported an increase in their awareness at a 6/10, claiming they already "knew everything". However, three months later, this score jumped to 9/10. This suggests that the information provided in the workshops required real-world application to be fully understood. Participants noted that they only realised the depth of their learning when they began having better, more respectful conversations with their partners and stopped using offensive terminology.

The initial score of 4/10 from males regarding challenging their own beliefs indicates significant resistance at the start. This rose to 8/10 at the three-month mark.

Upon reflection, these young men admitted they previously had little understanding of gender-based violence or "male toxicity". The workshop effectively broke down these barriers over time, moving them from denial to active understanding.

Both genders consistently rated the "safe and open space" metric at 9/10.

For males, this meant that topics like sex were no longer "taboo" and could be discussed within respectful boundaries. For females, the importance lay in having a space free of judgment where they could speak openly about insecurities. This safety is the foundation that enables high scores in

The effectiveness of guest speakers and resources (such as Jah) was rated a perfect 10/10 by all participants. This demonstrates the importance of engaging, inspiring role models are essential for this demographic. These mentors prompted participants to think critically about their life choices, demonstrating that the messenger is often just as important as the message when addressing sensitive topics like gender and violence.

The consistently high scores suggests the programme moved from awareness to empowerment, creating young people ready to actively prevent violence.

Breaking The Cycle

Empowerment Workshop

The evaluation of the Empowerment workshops reveals a high level of success in achieving project goals, with participants consistently reporting positive outcomes immediately after the project and at the three-month follow-up. The data suggests these workshops effectively provided young people with the necessary internal tools for personal growth and healthier social interactions.

Workshop Evaluation Findings

The following table outlines the consistently high ratings participants gave across various aspects of the empowerment training.

Metric (Scale 1–10)	Male (Immediate)	Male (3 Months)	Female (Immediate)	Female (3 Months)
Overall Experience	9/10	9/10	9/10	9/10
Promoting Confidence	9/10	9/10	9/10	9/10
Effectiveness of Activities	9/10	9/10	9/10	9/10
Practical Tools Provided	9/10	9/10	9/10	9/10
Impact on Daily Life	9/10	9/10	9/10	9/10
Facilitator Expertise	10/10	10/10	10/10	10/10



Analysis of Findings

Where scores shifted over time, participants rated the empowerment metrics at a consistent 9/10 both immediately and after 3 months. This consistency indicates that the self-confidence and assertiveness built during the workshops were not fleeting reactions but deep-seated changes. It shows that the "empowerment" provided was resilient enough to withstand real-world challenges for at least a quarter.

Participants rated the provision of practical tools and strategies at 9/10. The workshops went beyond theory, offering young people actionable methods for building self-confidence. By promoting worth and healthy relationships through role-playing and self-reflection, the programme gave participants the means to recognise their own value, a critical deterrent to engaging in or accepting violence.

100 % of participants stated that the workshop met their expectations, that they felt supported/empowered, and that they would recommend the programme to others.

This project underscores the effectiveness of the youth-centred, trauma-informed approach in making participants feel heard and valued. All young people rated the facilitator's knowledge and expertise at 10/10. This reinforces the finding that the initiative's success is heavily tied to the mentors' skills and rapport. Their ability to foster trust enabled participants to engage deeply with the material, leading to high impact scores in their daily lives (9/10).

Communication and Conflict Resolution Workshop

The workshops' findings demonstrate an exceptional and sustained Impact on participants. Across all metrics, both male and female participants provided a consistent rating of 9/10, both immediately following the programme and at the three-month follow-up. This uniformity in scoring suggests that the skills and insights gained were deeply integrated into the participants' daily lives and social interactions.

Participants rated the effectiveness of the workshops in educating them about non-violent conflict resolution at 9/10. This high score indicates that the programme successfully provided practical alternatives to aggression. It suggests that young people now possess the verbal and cognitive tools to de-escalate situations, which is critical for breaking the cycle of physical violence in the community.

The role-reversal activities, specifically aimed at promoting empathy and understanding the Impact of toxic behaviour on women, were rated at 9/10. This finding is particularly significant for male participants who initially struggled with toxic masculine traits. By "stepping into the shoes" of others, participants developed a genuine emotional understanding of the harm caused by disrespectful or violent behaviour, leading to a long-term shift in their social conduct.

Participants consistently believed (9/10) that these workshops helped reduce violence against marginalised groups and specifically contributed to a reduction in violence against women and girls.

This demonstrates that the programme's Impact extends beyond personal relationships to a broader societal level. It equips young people to be active defenders of equality and respect for all members of society, regardless of their background or identity.

The Impact of the workshops on empowering women and girls to address conflicts and promoting a culture of respect and consent remained at 9/10 over three months.
For female participants, this confirms a lasting increase in assertiveness and the ability to set healthy boundaries. For males, it reinforces the normalisation of consent as a fundamental aspect of all relationships.
The mentors' ability to facilitate role-playing and difficult discussions was rated at 9/10.

The success of complex role-playing and problem-solving exercises depends entirely on the facilitator's ability to create a safe environment. These scores highlight that the mentors were exceptionally skilled at guiding young people through emotionally challenging scenarios without them feeling judged or defensive.
The Communication and Conflict Resolution workshop achieved its goal of shifting the community's "norm" from conflict to conversation. The unanimous recommendation from all participants (100% "Yes") underscores the perceived value of these life skills. The programme has successfully turned abstract concepts of "non-violence" and "equality" into tangible habits that participants continue to practice months after the sessions ended.

Breaking The Cycle

Consent Workshop

The evaluation of the Consent Workshop demonstrates an exceptionally high and sustained impact on participants, with uniform scoring across both genders. Every metric measured was rated a consistent 9/10 both immediately following the project and at the three-month follow-up. These results indicate that the workshops successfully translated complex legal and moral concepts into practical life skills that young people continue to use.

Workshop Evaluation Data Summary

Evaluation Metric (Scale 1–10)	Male (Immediate & 3 Months)	Female (Immediate & 3 Months)
Impact on Understanding/Practice of Consent	9/10	9/10
Feelings of Safety and Comfort in Relationships	9/10	9/10
Improvement in Boundary-Setting Skills	9/10	9/10
Effectiveness of Real-Life Case Studies	9/10	9/10
Ability to Identify Relationship "Red Flags"	9/10	9/10
Levels of Empowerment in Relationships	9/10	9/10
Mentor Leadership and Guidance	9/10	9/10
Comfort Level in Sharing Experiences	9/10	9/10

Participants rated their improvement in boundary-setting and communication skills at 9/10.Consent is often misunderstood as a simple "yes" or "no". By equipping young people with the specific verbal tools to set boundaries, the workshop moves beyond theory and into actionable prevention. This is critical for preventing power imbalances that can lead to violence.
The ability to identify potential red flags in their own or their friends' relationships was rated 9/10.

Early intervention is a primary goal of the "Breaking the Cycle" project. By training young people to recognise the warning signs of control or non-consensual behaviour early, the programme creates a peer-led safety net within the community.
The use of real-life examples and case studies was highly effective, earning a score of 9/10.

For many young people, consent can feel like an abstract legal concept. Relatable, honest storytelling makes the consequences of non-consensual behaviour tangible, fostering genuine empathy and a deeper moral understanding.

The scoring remained a consistent 9/10 over three months regarding feelings of safety, comfort, and empowerment in relationships.

The fact that these scores did not drop after the project ended proves that the learning was not just temporary awareness but a fundamental shift in mindset. Young people are entering their intimate lives with a newfound sense of agency and respect for themselves and others.

The 9/10 rating for mentor leadership and the comfort level in sharing personal experiences highlight the success of the trauma-informed approach.

Discussing sex, intimacy, and consent is often taboo, particularly within some of the community backgrounds involved in the project. The mentors' ability to create a safe, non-judgmental environment was the essential catalyst that allowed for such high levels of engagement and learning.

Masculinity Workshop

Both male and female participants identified the Masculinity Workshop as the most impactful element of the "Breaking the Cycle" project. A central pillar of this success was the use of podcasts, which participants found to be the most enlightening and informative medium for these discussions. The evaluation scores remained consistent at 9/10 across all metrics for both genders, both immediately after the workshop and at the three-month follow-up, indicating a profound and lasting shift in perspective.

Workshop Evaluation Data Summary

Evaluation Metric (Scale 1–10)	Male (Immediate & 3 Months)	Female (Immediate & 3 Months)
Effectiveness in Addressing Toxic Masculinity	9/10	9/10
Helpfulness in Redefining Masculinity	9/10	9/10
Inclusivity and Cultural Sensitivity	9/10	9/10
Shift in Behaviour/Attitude Towards Violence	9/10	9/10
Facilitator's Ability to Create a Safe Space	9/10	9/10
Impact on Community Safety and Equality	9/10	9/10
Relevance to Daily Life and Relationships	9/10	9/10
Level of Engagement and Interactivity	9/10	9/10
Effectiveness in Challenging Harmful Stereotypes	9/10	9/10
Overall Satisfaction with the Workshop	9/10	9/10

Participants highlighted that the information and discussions facilitated through the podcast sessions were uniquely enlightening. Using a modern, professional medium like podcasting allowed young people to verbalise complex emotions that are often suppressed. It broke down traditional communication barriers, making the exploration of sensitive topics like "toxicity" feel relevant and engaging rather than clinical or lecturing.

A significant finding during these sessions was that while over 60% of male participants observed positive relationships at home, their personal toxic attitudes were heavily influenced by social media (specifically TikTok and Snapchat) and peer pressure.

This highlights a critical disconnect where digital norms which often desensitise youth to sex and Violence can override positive domestic role models. The workshop offered an important new perspective, enabling participants to understand how algorithms influenced their perceptions of control and aggression.

Male participants initially struggled to express masculinity without involving Violence, often viewing aggression as a baseline for manhood. By scoring 9/10 in Redefining ideas of masculinity, the workshop successfully decoupled manhood from violence, this shift is essential for long-term community safety, as it replaces toxic traits with healthier emotional expressions and respect for boundaries.

Breaking The Cycle

Female participants used these discussions to dissect their attraction to "bad boy" personas, which they defined through behaviours like school exclusion or vaping, driven by a desire for "thrill and excitement" found in media.

Understanding these root causes allowed young women to recognise dangerous power imbalances. The consistent 9/10 score for "Challenging harmful stereotypes" indicates that female participants are now better equipped to prioritise healthy, respectful relationship dynamics over media-driven tropes.

The workshop maintained a 9/10 rating for inclusivity and cultural sensitivity, particularly vital for participants from backgrounds where discussing intimacy or gender roles is often considered taboo.

The facilitator's ability to create a non-judgmental space allowed young people to express internalised "digital norms" and challenge them safely. This trust was the catalyst for the high-impact scores in daily life and relationships.

Media Literacy Workshop

The evaluation of the Media Literacy workshops highlights a progressive shift in critical thinking skills, particularly among male participants. While many participants initially underestimated the influence of media on their personal attitudes, the three-month follow-up data reveal a deepening understanding of how digital content shapes real-world perceptions of gender and violence.

Workshop Evaluation Findings

The table below summarizes the quantitative data, showcasing the growth in understanding between the immediate post-programme evaluation and the three-month follow-up.

Evaluation Metric (Scale 1–10)	Participants	End of Programme	3-Month Follow-up
Effectiveness of Literacy Skills	Males	60% scored 7/10	80% scored 8/10
Understanding Gender Roles in Media	Males	60% scored 7/10	80% scored 8/10
Resisting Negative Media Influences	Males	60% scored 7/10	80% scored 8/10
Mentor Engagement & Facilitation	All	10/10	10/10
Awareness of Media Impact on Violence	All	80% said "Yes"	99% said "Yes"
Impact on Promoting a Safer Society	All	Scored 7+	Scored 7+

Importance and Detailed Analysis of Findings

A significant finding was the increase in scores for male participants three months after the project concluded. Initially, 60% rated their skills at 7/10; upon reflection, this rose to 80% rating them 8/10. This trend suggests that once the workshops provided the initial "lens" for critical analysis, participants began actively applying these skills to their daily media consumption on platforms like TikTok and Snapchat. The delayed increase indicates that the education created a lasting behavioural habit of questioning digital content rather than just a temporary awareness.

Initial findings showed a gender divide in the perception of media influence. Over half of the male participants originally scored themselves a 5/10, claiming they already understood the dangers of the media and were not personally influenced.
This initial resistance was challenged as the project progressed. By the three-month mark, 99% of all participants, including these males, reported a better understanding of how the media contributes to violence against women and girls. The workshops successfully stripped back the 'it doesn't affect me' defence to reveal the subtle ways media normalises toxic behaviours.

Female participants showed a massive and sustained jump in critical awareness, rising from 80% to 90% at the three-month mark.This growth was specifically linked to a better understanding of healthy relationships and consent. For young women who social media may have conditioned to find 'danger' or toxic behaviours exciting, these workshops provided the tools to identify 'red flags' in media representations and, by extension, their own intimate encounters.

Both groups consistently scored the workshops at or above 60% for successfully challenging societal norms and stereotypes.
This is significant because many participants initially viewed aggressive or possessive behaviours seen online as 'norms'. By providing an interactive, youth-centred space to dissect these messages, the programme successfully diverted young people away from outdated, harmful beliefs toward a more gender-equal and respectful worldview.
Mentors received a perfect 10/10 for facilitation and engagement. The perfect score reflects the mentors' ability to use multimedia resources and professional-grade discussions (such as the Mums United Podcast) to make the content relevant and engaging for a 14–25-year-old demographic. This high level of trust was the primary driver for participants' willingness to re-evaluate their own deeply held digital habits.



Breaking The Cycle

Achievement of Project Outputs & Outcomes

Based on the evaluation data and mentor observations, the following primary objectives were achieved:

Project Outputs Achieved:

Awareness & Understanding:
Participants demonstrated a clear, measurable increase in their understanding of the gender roles and biases that contribute to violence, as indicated by evaluation data and workshop feedback.

Self-Esteem & Confidence:
Evaluation results showed women and girls reported improved assertiveness and self-confidence after participation.

Empathy:
Young men demonstrated greater empathy for women's experiences of inequality and violence.

Communication & Conflict:
Participants described increased ability to resolve relationship conflicts non-violently, citing specific strategies learned in workshops.

Consent:
There was a pronounced improvement in participants' understanding and application of moral and legal consent, supported by post-programme assessments.

Masculinity:
Participants challenged traditional notions and embraced healthier, more positive masculine identities, as reflected in self-reflections and group discussions.

Media Literacy:
Participants are now critically analysing harmful media messages on platforms such as TikTok and Snapchat.

Project Outcomes & Long-Term Impact:

Increased Equality:
Participants actively promoted fair and respectful treatment of women and girls, as recorded in advocacy activities and feedback.

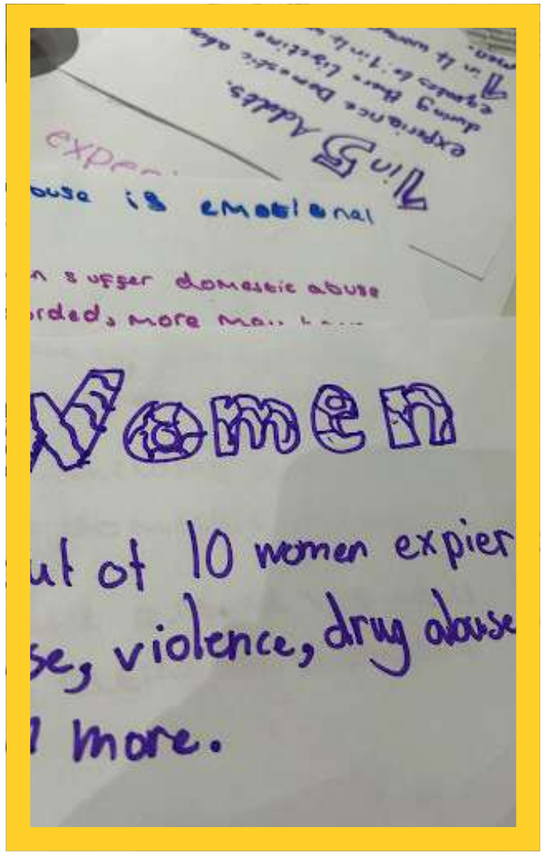
Reduced Violence:
Initial feedback and 3-month follow-ups show a decrease in violent behaviours and arguments relating to gender issues among the cohort.

Community Support:
The project significantly raised awareness and fostered support for ending violence against women across the wider community, as evidenced by the impact observed in the 250 participants' networks.

Project Legacy

The initiative achieved strong results, with all participants recommending the workshops and facilitators receiving unanimous 10/10 inspiration ratings. These findings will support the continued impact of the 'Breaking the Cycle' model in South Yorkshire.







Breaking The Cycle

The most critical finding is the delayed realisation of learning among male participants. Immediately after the project, many males reported an increase in their awareness at a 6/10, claiming they already "knew everything". However, three months later, this score jumped to 9/10. This suggests that the information provided in the workshops required real-world application to be fully understood. Participants noted that they only realised the depth of their learning when they began having better, more respectful conversations with their partners and stopped using offensive terminology.

The initial score of 4/10 from males regarding challenging their own beliefs indicates significant resistance at the start. This rose to 8/10 at the three-month mark.

Upon reflection, these young men admitted they previously had little understanding of gender-based violence or "male toxicity". The workshop effectively broke down these barriers over time, moving them from denial to active understanding.
Both genders consistently rated the "safe and open space" metric at 9/10.

For males, this meant that topics like sex were no longer "taboo" and could be discussed within respectful boundaries. For females, the importance lay in having a space free of judgment where they could speak openly about insecurities. This safety is the foundation that enables high scores in the effectiveness of guest speakers and resources (such as Jah) was rated a perfect 10/10 by all participants. This demonstrates the importance of engaging, inspiring role models are essential for this demographic. These mentors prompted participants to think critically about their life choices, demonstrating that the messenger is often just as important as the message when addressing sensitive topics like gender and violence.

The consistently high scores suggests the programme moved from awareness to empowerment, creating young people ready to actively prevent violence.



Empowerment Workshop

The evaluation of the Empowerment workshops reveals a high level of success in achieving project goals, with participants consistently reporting positive outcomes immediately after the project and at the three-month follow-up. The data suggests these workshops effectively provided young people with the necessary internal tools for personal growth and healthier social interactions.

Workshop Evaluation Findings

The following table outlines the consistently high ratings participants gave across various aspects of the empowerment training.

Vulnerability Category	Count	Percentage		
Low Income	63	58.3%		
Asylum Seeker	19	17.6%		
Single Parent	8	7.4%		
Pensioner	6	5.6%		
Mental Health	5	4.6%		
Young Person	3	2.8%		
Refugee	2	1.9%		
Homeless	2	1.9%		

Analysis of Findings

Where scores shifted over time, participants rated the empowerment metrics at a consistent 9/10 both immediately and after 3 months. This consistency indicates that the self-confidence and assertiveness built during the workshops were not fleeting reactions but deep-seated changes. It shows that the "empowerment" provided was resilient enough to withstand real-world challenges for at least a quarter.
Participants rated the provision of practical tools and strategies at 9/10.

The workshops went beyond theory, offering young people actionable methods for building self-confidence. By promoting worth and healthy relationships through role-playing and self-reflection, the programme gave participants the means to recognise their own value, a critical deterrent to engaging in or accepting violence.

100% of participants stated that the workshop met their expectations, that they felt supported/empowered, and that they would recommend the programme to others.

This project underscores the effectiveness of the youth-centred, trauma-informed approach in making participants feel heard and valued. All young people rated the facilitator's knowledge and expertise at 10/10. This reinforces the finding that the initiative's success is heavily tied to the mentors' skills and rapport. Their ability to foster trust enabled participants to engage deeply with the material, leading to high impact scores in their daily lives (9/10).

Project Serenity

2 Year Project

Project Serenity is a targeted intervention program designed to support young people aged 13–16 in the Burngreave area of Sheffield. The project specifically focuses on those at risk of anti-social behaviour (ASB) and youth violence by providing a safe, consistent alternative to the streets. Project Serenity directly tackles the root causes and symptoms of youth violence through education and preventative measures.

Project Serenity has established itself as a vital "safe space" for local youth, offering a crucial sanctuary during periods of community crisis. In the wake of local tragedies, such as the death of Harvey Willgoose and the subsequent trial, young people have utilised the project to process their grief and fear in an environment where they feel "heard" and "unjudged".

This provision fosters a deep sense of belonging and confidence, allowing participants to use the sessions as an emotional outlet during difficult times. By providing a structured environment during high-risk after-school and weekend hours, the project connects youth with trusted adult role models and mentors. Noticeable behavioural and social improvements within the community further evidence the program's Impact.

Parents have reported significant positive changes in their children's attitudes and behaviours since they joined the project, attributing these shifts to the program's ability to instil a greater sense of responsibility and respect. This consistent support has led to a positive shift in engagement, with many young people choosing productive activities such as boxing, mentoring, and community improvement over potential involvement in street incidents or anti-social behaviour.

Physical and social engagement serve as core components of this success, with boxing and multi-sport sessions proving highly popular. These activities allow participants to channel their energy positively while improving their physical health, mental fitness, and self-esteem. Beyond physical health, these sessions act as a gateway for building essential life skills such as discipline, teamwork, and financial literacy. Mentoring has also evolved into a critical platform for "Youth Voice," where participants feel empowered to discuss serious concerns about school safety and the need for preventive measures against knife crime directly with project leaders.

Preventative Mentoring has included increased one-to-one mentoring to provide intensive support for those most at risk of disengagement or gang affiliation.

Mentors have ensured that young people develop their life skills through conflict management, financial literacy, and healthy vs toxic relationships, equipping them with better decision-making tools.

To ensure the project remains relevant, a youth forum provides continuous feedback, ensuring that activities meet participants' actual needs, such as the ongoing need for a safe place to vent. Furthermore, young people are actively focusing on their future aspirations and long-term mental Wellbeing through goal-setting workshops and community contributions. By participating in activities like community clean-ups, youth are developing a sense of pride in their local area and demonstrating incredible resilience despite the challenges they face.
To date over 4000 young people have attended the project.



Youth Forum

The Youth Forum was created from the Project Serenity, young people have felt safe coming to the gym, discussions have led to meaningful need to bring about change. Discussions are still taking place and a report will be written 2026 Annual Report.

Understanding the "Spider Web": The Reality of Youth Grooming

Understanding the "Spider Web": The Reality of Youth Grooming
This model was identified by young people at the Project Serenity Youth Forum to explain why youth violence is increasing.

Emerging Threats: The "Spider Web" of Exploitation

Through our Project Serenity Youth Forum, young people have identified a terrifying evolution in youth violence: a "spider web" of peer-to-peer grooming. This hierarchy involves:

- **The Elders:** Adults who control supply and finances while remaining at low risk of arrest.
- **The Army:** Teenagers aged 16–19 who act as enforcers and recruiters.
- **The New Recruits:** Vulnerable children as young as 12 and 13 who are used for local drug drop-offs and viewed as "disposable" by those above them.

This recruitment cycle is an open secret, yet a "stinging silence" from statutory authorities continues to allow it to thrive.

Layer	Age Group	Role in the Web	Risk Level
The Elders	Adults	Control the supply and finances. They stay "clean" by never touching the product or the street.	**Low Risk of Arrest**
The Army	16–19 Years	The "runners" and enforcers. They are already entrenched in gang culture and are the primary recruiters of younger children.	**High Risk of Violence**
The New Recruits	12–13 Years	Recruited by their peers (The Army) for local drop-offs. They are seen as "disposable" by those above them.	**High Risk of Exploitation**

Key Findings

- **Peer-to-Peer Grooming:** It is no longer just "older men" in cars; it is the 17-year-old on the corner grooming the 12-year-old neighbor.
- **Systemic Neglect:** Authorities focus on the "symptoms" (the shooting) rather than the "disease" (the recruitment hierarchy).
- **Community Silence:** Looking away allows the hierarchy to strengthen. We must name the predators to protect the children.

Community Centre

Mums United Community Centre has demonstrated significant growth and a deep-rooted commitment to supporting Sheffield's most vulnerable populations over the past year. The number of individuals seeking support surged, reflecting both rising community trust and an intensified need for specialised assistance.

The centre provided advocacy and support employing a holistic approach that addresses the multifaceted nature of poverty and social instability. High-demand services included "financial first-aid" for household bills, high-level technical advocacy for disability benefits (PIP), and critical housing support, which saw a significant spike in October.

The centre's food sustainability initiatives, bolstered by partnerships with CO-OP, KFC, and Tesco FareShare, served as a vital lifeline for many, particularly low-income families, asylum seekers, and homeless individuals. This outreach is heavily localised in the S5 and S9 areas, though its reputation for reliable support has drawn individuals from as far as Rotherham.

These findings align directly with the Mums United mission to tackle youth violence and child drug exploitation by addressing the socio-economic root causes that make children vulnerable to recruitment. By providing "financial first-aid" for household bills and securing disability and universal credit benefits, the centre stabilises the home environment. This economic stabilisation is a primary deterrent against exploitation, as financial desperation within a household is often the lever used by criminal gangs to lure young people into "quick-cash" schemes or drug running.

Furthermore, the centre's focus on housing advocacy and refugee support ensures that families remain in secure, known environments rather than falling into the transient or homeless populations, where children are most at risk. By acting as a social anchor through the Breakfast Club and community meals, Mums United creates a sense of belonging and community surveillance. This holistic wrap-around support, addressing food, finances, and legal rights, builds a protective shield around the family unit, directly undermining the conditions of neglect and poverty that allow youth violence and exploitation to flourish.

The total number of people supported grew significantly over the year, starting at 33 in December and peaking at 114 in October. signaling both growing community trust and an increasing need for specialized support.

Advocacy and Support

The data reveals that Mums United does not just "fix one problem." They use a holistic approach where one client may receive multiple types of support.
888 people have been provided advocacy and support from December 2024- November 2025.

Household Bills:

This was the most consistently high-demand category, this suggest that Mums United acts as a critical "financial first-aid" station for families in Sheffield.

Benefits & Universal Credit:

Support for Universal Credit and general benefits peaked in April .This aligns with the start of the new financial year when many families face benefit reassessments or policy changes

PIP (Personal Independence Payment):

Support for disability benefits saw a major surge in April nearly doubling its usual volume. This requires high-level technical advocacy, indicating the staff's expertise in navigating DWP (Department for Work and Pensions) systems.

Refugee & Asylum Support:

There is a clear upward trend this highlights Mums United's role in supporting Sheffield's newly arrived populations.

Housing:

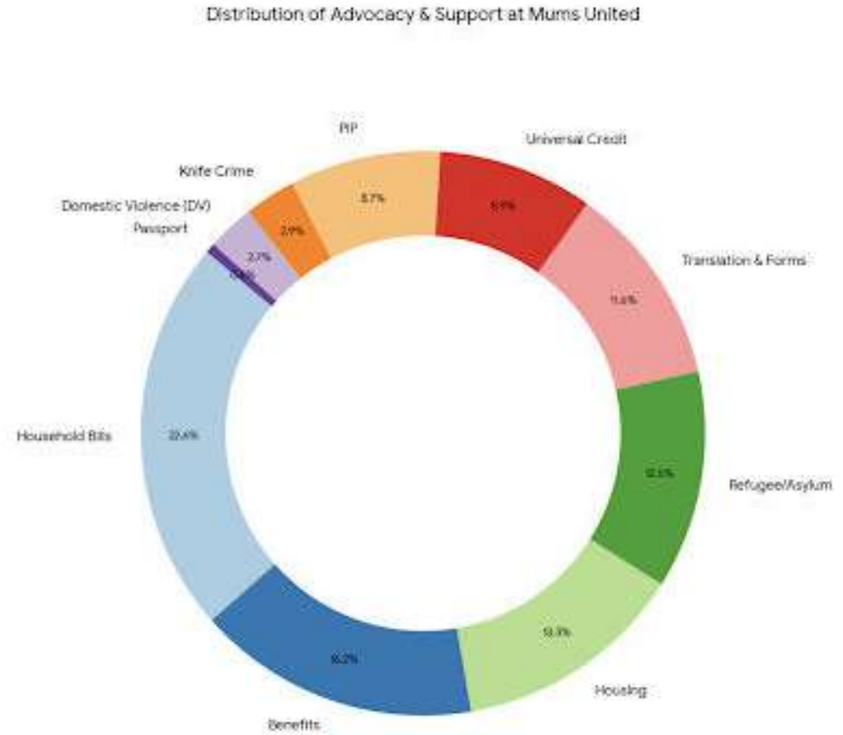
Housing advocacy is a cornerstone of the centre, with a significant spike in October.

Knife Crime:

There has been an increase in advocacy







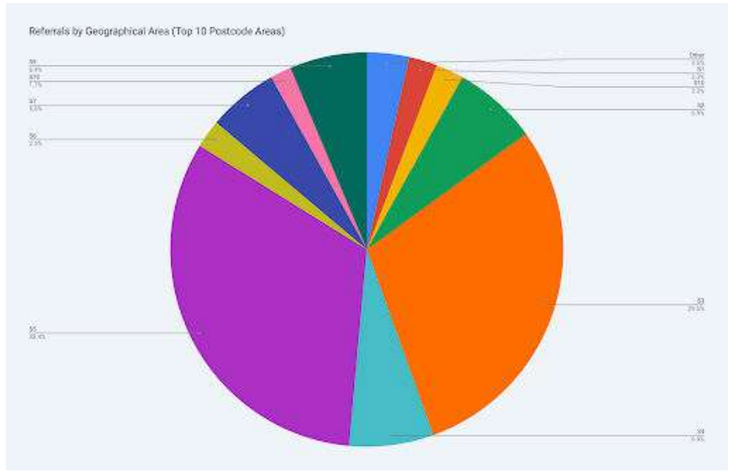
Community Meals

The table below summarizes the referrals based on geographical area, ethnicity, and the count of people and children associated with those groups.

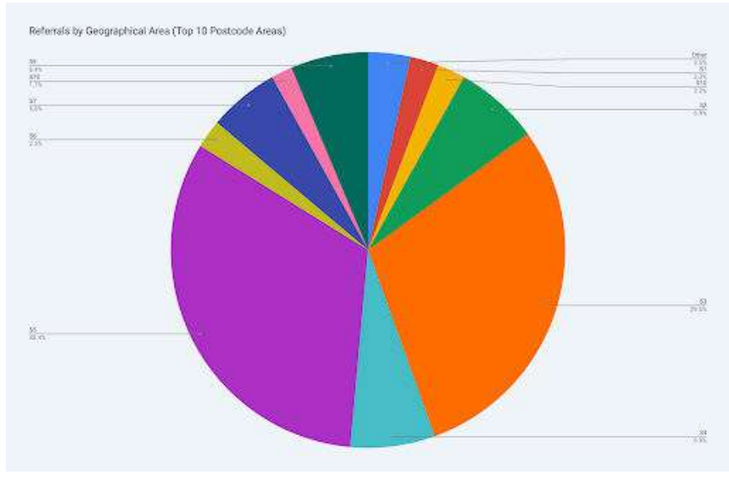
The table is grouped first by the major Geographical Area (Postcode Outcode) and then by Ethnicity. The "Total Number of Families" is equivalent to the "Number of Referrals" (count of records).

Geographical Area	Ethnicity	Number of Referrals (Families)	Total Children
S3	African	10	11
S3	Afghan	7	8
S3	Pakistani	6	6
S3	White	5	5
S3	Sudani	3	5
S3	Arab	3	4
S3	Yemni	3	2
S3	Somalian	2	3
S3	Other Ethnicity	6	7
S5	Yemini	16	29
S5	African	8	10
S5	Pakistani	7	8
S5	White	6	7
S5	Solvakian	3	19
S5	Iraqi	3	8
S5	Sudani	2	4
S5	Eritrea	2	4
S5	Somali	2	12
S5	Other Ethnicity	11	9
S7	Pakistani	7	10
S7	Yemini	1	3
S7	Other Ethnicity	4	11
S4	Solvak	3	5
S4	White	3	4
S4	Other Ethnicity	8	9
S2	Sudani	3	1
S2	White	3	4
S2	Somali	3	10
S2	Other Ethnicity	3	6
S9	Pakistani	3	2
S9	White	2	2
S9	Yemni	1	5
S9	Somali	1	3
S9	Other Ethnicity	3	3
Other/Unspecified Area	White	8	6
Other/Unspecified Area	Pakistani	6	3
Other/Unspecified Area	African	3	3
Other/Unspecified Area	Other Ethnicity	16	13

Referrals by Geographical Area (Top 10 Postcode Areas):
Shows the distribution of referrals based on the Postcode Area (the first part of the postcode). The remaining areas are grouped into 'Other' for better readability.



Distribution of Reasons for Referral:
Shows the percentage distribution of referrals after standardising similar reasons (e.g., 'low income/disabled' and 'low income' are grouped into 'Low Income/Poverty').



Community Meals

Here is the breakdown of the distribution of the donations received

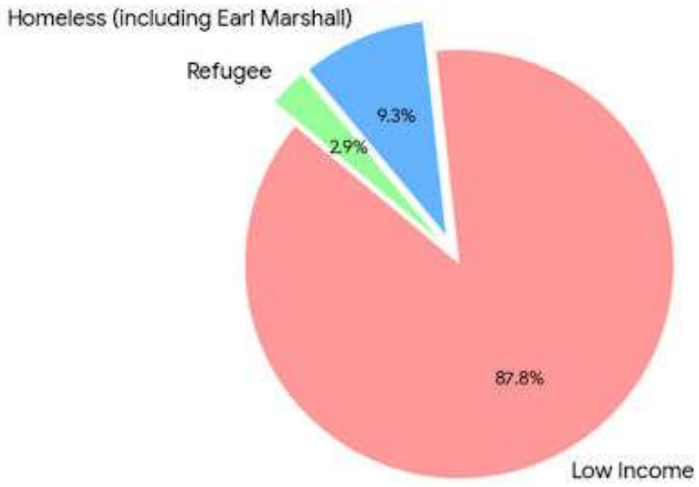
Tesco fair share

Over the 12-month period, Mums United has facilitated significant community support, distributing food to a total of 1,982 people across 905 families. The initiative primarily serves low-income households, but also provides a critical safety net for homeless individuals and refugees.

There is a noticeable upward trend in demand starting from September (76 families) and climbing to 97 families by October and November. This correlates with the onset of rising cost of living.

Low-Income Families: This is the largest beneficiary group. While the number of families fluctuated (dipping to a low of 36 in April), the number of individuals remained high, suggesting that the center is supporting larger households in this category.

The analysis of the food distribution by Mums United Community Centre (supported by Tesco FareShare) from December 2024 to November 2025 shows a clear focus on supporting low-income families and vulnerable groups.



Mums United has partnered with:

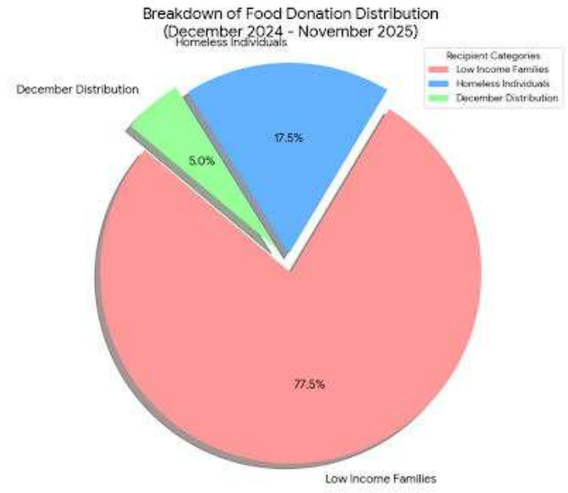
COOP

The centre provides support through Weekly Donations, Over the recorded period, the centre reached a total of 94 families and 440 individuals.

The distribution is primarily split between low-income families and homeless individuals

The following pie chart illustrates this distribution:

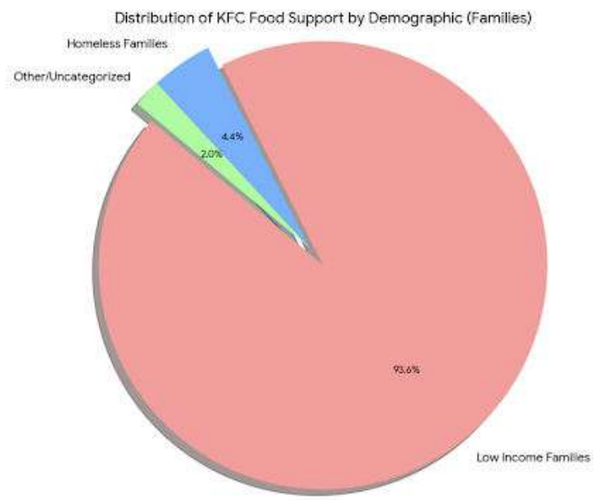
- **Low-Income Based Families:** This is thelargestrecipientgroup,accountingfor **88** families and **341** people in total.
- **Homeless Individuals:** The centre supported a total of **77** homeless people over this period.



KFC

Weekly food from KFC is distributed, the date shows a significant, steady increase in demand throughout the year, peaking in the final quarter (October/November).

The total number of families supported 450, the primary demographic are low-income based families. There is an increasing support for homeless families and those affected by gender-based violence in the latter half of the year.



Community Meals

Hot Meals for Vulnerable Community Members

The analysis reveals that Low Income individuals make up the largest portion of those accessing community meals , followed by Asylum Seekers . The service also supports a significant number of single parents, pensioners, and people with mental health needs.

Vulnerability Category	Count	Percentage
Low Income	63	58.3%
Asylum Seeker	19	17.6%
Single Parent	8	7.4%
Pensioner	6	5.6%
Mental Health	5	4.6%
Young Person	3	2.8%
Refugee	2	1.9%
Homeless	2	1.9%

COMMUNITY FUND

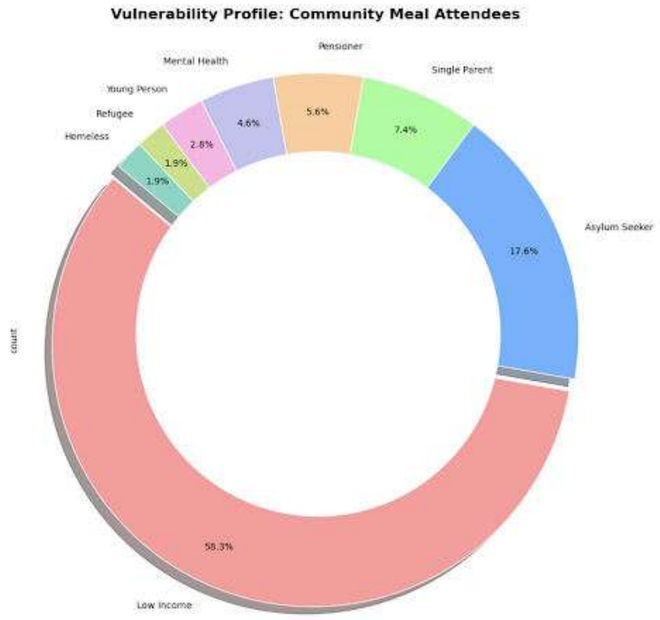
Total number of people attended **109** people



The vast majority of attendees are categorized as Low Income, followed by Single Parents and Pensioners. There are also specific mentions of individuals who are Homeless or Asylum Seekers.

The service is reaching a highly multicultural audience. The most frequent ethnic backgrounds recorded include Pakistani, Sudanese, and Yemeni, White British Somali and Kurdish, Roma. The service is heavily localized. Most users travel from S5 & S9, these areas represent the highest volume of users.

Some individuals are traveling from as far as Rotherham to access the support.



Community Meals

Breakfast Meals

The Breakfast Club seems to act as a vital social anchor for older men living alone (Pensioners/Low Income), Similar to the community meals, the Breakfast Club is primarily accessed by individuals on a Low Income (62.4%). Notably, there is a higher proportion of individuals identifying as Homeless (6.9%) accessing the breakfast service compared to the afternoon community meals.

Breakfast Club Demographic Summary

Vulnerability Category	Count	Percentage
Low Income	63	62.4%
Asylum Seeker	10	9.9%
Homeless	7	6.9%
Single Parent	6	5.6%
Pensioner	6	5.9%
Refugee	4	4.0%
Mental Health	3	3.0%
Young Person	1	1.0%
Single	1	1.0%

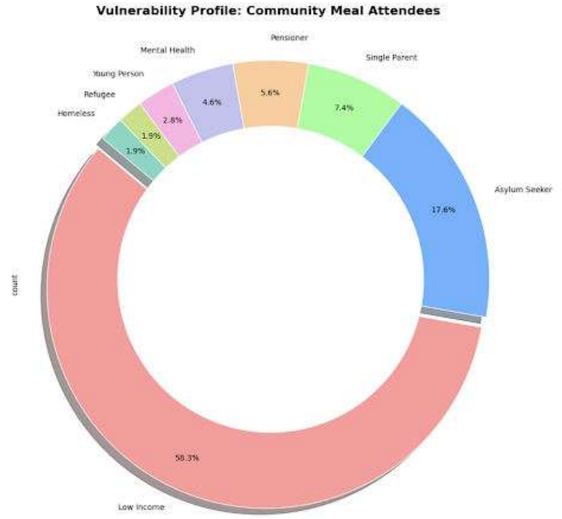
Breakfast Club

102 people attended

The vast majority of attendees are categorized as Low Income, followed by Single Parents and Pensioners. There are also specific mentions of individuals who are Homeless or Asylum Seekers.

The service is reaching a highly multicultural audience. The most frequent ethnic backgrounds recorded include Pakistani, Sudanese, and Yemeni, White British Somali and Kurdish, Roma.The service is heavily localized. Most users travel from S5 & S9, these areas represent the highest volume of users.

Some individuals are traveling from as far as Rotherham to access the support.



Special Thank You and Farewell to David

Since the Mums United Community Centre opened, it has become much more than just a place for young people; it has become a second home where people of all ages truly care for one another.

A perfect example of this was David, an elderly man who travelled two hours every day just to visit us. Even though David could be "particular" and liked to argue, the centre gave him a place where he was accepted exactly as he was whether he was sharing a plate of chips or telling "stories of yesterday" to staff.

This connection worked both ways: while we provided David with a community, he gave us joy and made us smile whenever we felt down. David's passing in December 2025 was a great loss, but his story shows that our real impact isn't just in the services we offer, but in the deep, family-like bonds we build with the people who walk through our doors





Special thank you to all our volunteers, with out you this centre would not enjoy the success it has done











Events

Rise of Far Right hatred

Unity March and Rally "South Yorkshire Unites Against Racism and Hate," took place on Saturday, 22 November 2025, at Devonshire Green in Sheffield.

The event was organised as a powerful community response to a small "mass deportations" march held earlier in November by the far-right group UKIP.

While the far-right group struggled to gather 100 supporters, over 2,000 anti-racist protestors including trade unionists, religious groups, and community organisations including Mums United mobilised to drown out messages of hate with a "flood of solidarity".

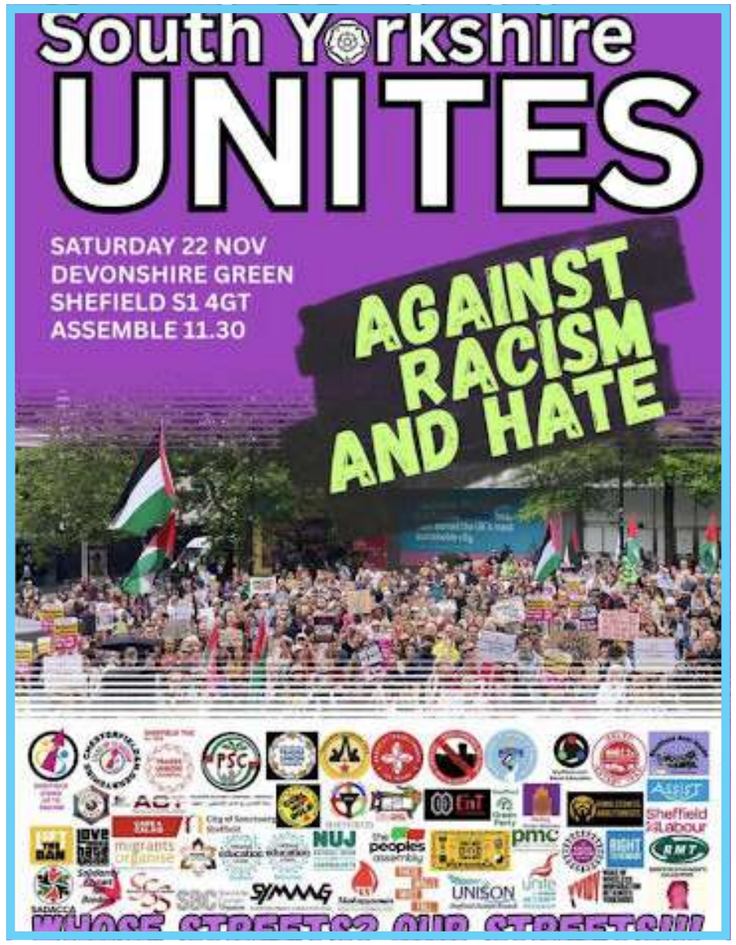
The Unity March showed that the stand against racism is a collective effort across the entire city.

Link

https://www.thestar.co.uk/community/its-a-celebration-of-the-differences-that-enrich-our-lives-stand-up-to-racism-marches-through-sheffield-5413336

Contextual Safefurading Event

October 2025
Thank you **@Aspireboxing** for holding contexual safeguarding conference, much needed insight into safegurding, the speakers were amazing.





Events

Olympia Knife Crime Awareness Event

We were honoured to participate in the recent Anti-Knife Crime Awareness Weekend, a vital initiative organised by Trevor Crouch of Olympia. The event served as a powerful platform for the community to confront the realities of violence while creating a spirit of hope and resilience.

Raw and moving testimonials anchored the weekend. Speakers shared powerful stories detailing the devastating ripple effects of knife crime on families and neighbourhoods.

These narratives didn't just highlight the tragedy; they underscored the urgent importance of unity. By standing together, the event demonstrated that collective action and shared support are our strongest tools in creating a safer environment for our youth.





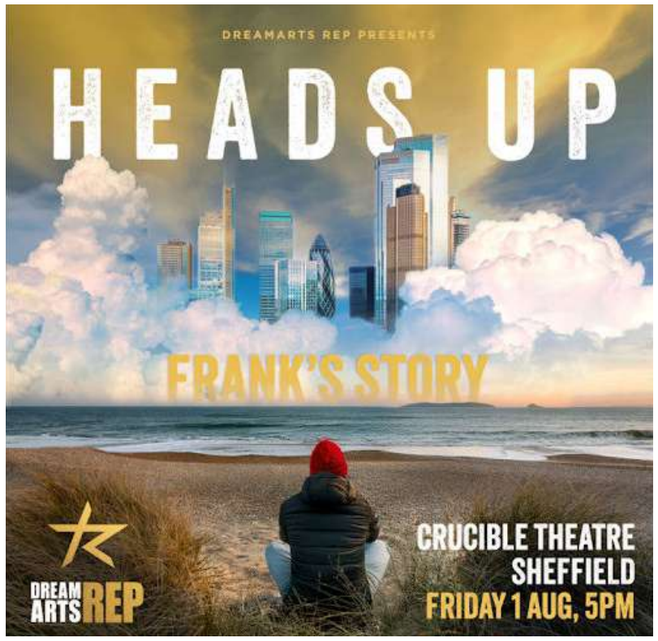
Head's Up: Frank's Story

Mums United was provided with complimentary tickets for young people to attend the production of Head's Up: Frank's Story at the Crucible Theatre (Sheffield Theatres) on Friday, 1 August. This bold coming-of-age adventure, performed by a talented cast of young artists from refugee backgrounds, resonated deeply with our participants.

After the performance, some of our young people reflected on the production and shared how it mirrored their own personal journeys and experiences within the club.

This outing aligns with Project Serenity's commitment to providing diverse cultural experiences that foster emotional well-being and a sense of belonging. By engaging with stories of resilience and identity, our youth are encouraged to explore their own aspirations and navigate their challenges through a positive, creative lens.

DREAM ARTS



Media

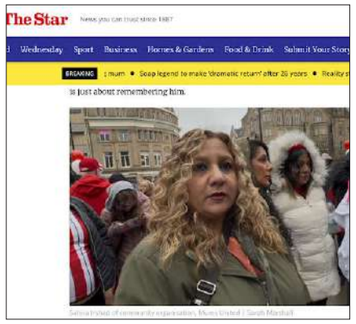
November 2025

Headines of youth violence have plagued 2025

https://www.thestar.co.uk/news/crime/sheffield-shooting-sahira-irshad-call-for-calm-5416991

https://www.examinerlive.co.uk/news/local-news/i-moved-home-yorkshire-because-33007593









Sheffield shooting: Mums United's plea for teens 'not to take matters into their own hands' after shooting

The founder of a Sheffield anti-gang group is "calling for calm" from the city's young people after a 16-year-old boy was shot.

Sahira Irshad, founder of anti-youth violence group Mums United, is asking Sheffield's teenagers not to take matters into their own hands in response to the frightening incident on Monday night (November 24).

She said: "This is an act of appalling, grotesque violence that has shook the community and I am appealing for calm.

"I was out last night speaking with the young people of the community and they do not feel safe.

"I am appealing for calm from Sheffield's young people today and tonight, and not to react to this by taking matters into their own hands.

"Parents, stay in touch with your children and know where they are, and kids, stay in touch with your parents.

"I'm sending my best wishes to this boy's family and I hope he pulls through."

October 2025

Following the verdict of Harvey Willgoose murder Mums United spoke to the media about the impact of the crime:



https://jusmedia.co.uk/360wire/2025/10/22/harvey-willgoose-theres-no-winner-from-this/?brid=3sMlusrz0FcrOXnDSoaYyg

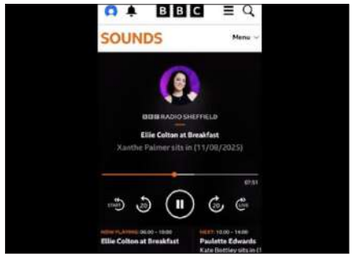
August 2025

Mums United featured on ITV Calender news as they took part in knife crime awareness weekend



https://youtu.be/RP4OQubrc0U

Mums United talk to BBC Radio Sheffield about the impact of knife crime and the importance of preventative work



https://youtu.be/Yc41MF9PzI0

Media

March 2025

https://www.sheffieldtribune.co.uk/sheffields-mums-have-united-against-gangs-now-they-want-to-bring-the-rest-of-the-city-with-them/



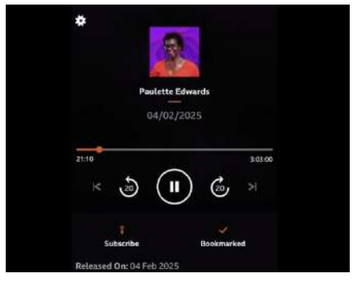
February 2025

Following the tragic death of Harvey Willgoose Mums United took part in a peaceful walk Saturday from the town hall to St Marys Church.



A day of reflection, a day where our community came together to remember the fragility of life -no mother should ever outlive her child, more must be done to tackle youth violence, and more must be done to change the mindset of our youth. When will our government and the police ever understand that this problem will never be resolved until we recognise it as one?

Mums United featured on BBC Radion Sheffield talking about knife crime



https://www.youtube.com/watch?v=I3G_uC6AU0A

February 2025

Mums United feature on Look North following the tragic death of Harvey Willgoose

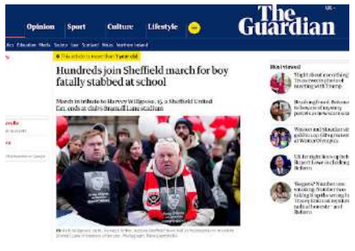
https://youtu.be/yCak8NehiJE

As our heartfelt condolences go to the family and friends of Harvey Willgoose we talk about the impact it has had on the community -the children who have been left traumatised by what they have experienced in school ... more needs to be done



https://www.youtube.com/watch?v=I3G_uC6AU0A

"The walk today is about coming together as a community. We are all grieving that a child's life has been taken so tragically," said Sahira Irshad of Sheffield Mums United, who supported the march.



https://www.theguardian.com/uk-news/2025/feb/08/hundreds-join-sheffield-march-for-boy-fatally-stabbed-at-school

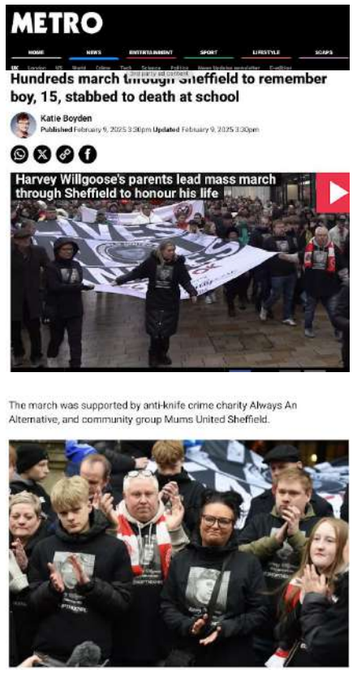


https://youtu.be/mTbxmu9z_d4

Media

February 2025

Mums United featured METRO:



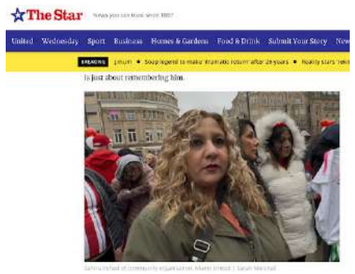
https://metro.co.uk/2025/02/09/hundreds-march-through-sheffield-to-remember-boy-15-stabbed-to-death-at-school-22524643/

Mums United featured BBC news article



https://www.bbc.co.uk/news/articles/czxkq59x4xwo

Mums United featured The Star



Sahira Irshad of community organisation, Mums United, who also turned out to remember Harvey, said: "We're here, standing in solidarity with the family of Harvey. We've come here to show support. "It's about them today, it's about his memory and remembrance. And it's important for us to be united, and come together as a community and I think that's what we're doing today."

When asked what should be done to prevent another similar tragedy, caused by knife crime, from happening again, Sahira added: "I think there's a lot that can be done, and I think there will be a place for that in the coming days. But today is just about remembering him.

"But it's important for us - and we've been saying it for eight years now - that not enough is being done. It's not seen as a problem, youth violence isn't seen as a problem.

"Knife crime isn't seen as a problem. It's time we take ownership of this problem and do something constructive with it."

https://www.thestar.co.uk/news/theres-only-one-harvey-willgoose-sheffield-honours-teen-with-moving-memorial-march-towards-bramall-lane-4981675

February 2025

Thank you to Brian Mosley for coming down and writing a piece of Mums United



Every monday and tuesdays breaksfast is served. Wednesday community lunch is provided. When our community is in survival mode and austerity is so embedded these become a catalyst for youth violence I combating knife crime / youth violence requires a holistic, preventative strategy based on one truth: everything is linked

Empower U Project.
Young people have been taking part in the first part of the 3 part project



Building Mural



Trustees' Report and Accounts
for the year ended 30 Novemeber 2025

Charity no: 1192570

MUMS UNITED

CONTENTS

---

52 Legal and administration information
53-54 Reports of trustees and directors
55 Statements of financial activities
56 Balance Sheet
57 Notes part of the financial Statements

MUMS UNITED

Legal and administrative information

Trustees

1	Sahira Irshad	(Chair)
2	Galandou David Okede Ejegwa	(Trustee)
3	Chloe Blood	(Trustee)

Registered Office

SHARROW COMMUNITY FORUM
SOUTH VIEW ROAD
SHEFFIELD
S7 1DB

MUMS UNITED

Reports of the Trustees for the year ended 30 November 2025

Mums United is a constituted by a registered Charity No: - 1192570

Objectives

Mums United is a registered charity which started 4 years ago as a community group. I am pleased to say that we have grown from a group of 6 to 80, targeting areas in Sheffield for outreach, engagement and intervention work that are characterised as the most deprived LSOAs (lower-layer super output areas) by the Government in its Index of Multiple Deprivation. These areas are Burngreave, Spital Hill, Heeley, Netheredge, Sharrow, and Wicker.

Achievements and performance

Our Mission Statement is to listen, engage, act, raise awareness and never give up hope for our members. We provide grassroots solutions to the rise in youth violence, in knife and gun crime and child drug exploitation.For the past three years, our dedicated membership of volunteers and professionals have been campaigning for greater action on rising crime among some young people in some of the most deprived communities in the city of Sheffield. We believe that the solutions to the problems that afflict our communities must come from the communities themselves. Our work has been recognised nationally as we have been recognised as the 1749th "Point of Light" organisation across the UK.

In order to address this we have been creating positive pathways for young people, mothers whose voice is rarely heard and when is heard no one listens. We need to empower or communities, build strength and resilience from within so that we can ensure our children will grow into healthy ambitious adults

In the past financial year we have continued to raise awareness about the impact of youth violence, we have continued to grow as a charity, we have increased our group membership and have mothers from different cultural diverse backgrounds engaging and participating in our work. It is this diversity that gives us the strength in changing the narratived for our members.

Our impact is illustrated through the projects we have carried out, our process works because we are mothers who have "lived experiences", our trauma informed approach focus on prevention, we look at the outcomes, which is youth violence but also ensure that the other side of the spectrum is focused on, how young people change their trajectory towards gangs, we ensure protective factors are in place so that the young people know there is a safe place for them to come. Activities delivered include:

•Engaging young people in sport and culture as a means for self-expression to counter the rise in youth violence
•Focusing on the well being, building confidence and resilience of young people
•Creating projects where mothers and young people can engage in safe open dialogue
•Supporting positive change in the wellbeing of young people and adults who are at risk.
•Focusing on the wellbeing of mothers, identifying the trauma and working with mothers to find the power in them to enable change to take place
•The Charitable Bank has brought into focus the poverty that exists and the vulnerabilities of families, how their vulnerabilities are exploited by local gangs. Through the Charitable bank we not only focuses on providing food, we provide clothes and toys to vulnerable families and individuals. It is also a place where young people and mothers can develop their business and administrative skills

We would like to thank our funders : South Yorkshire Foundation , National lottory, Graves Trust, SWC-Scurrah Wainwright Charity, Sharrow Community Forum, Magic grants, Sheffield City Council for funding our projects .
Thank you to all the mothers and the young people who have come to the clubs, local schools who have supported the charitable bank and our projects, our mentors who deliver the workshops.

I would like you to come and join us in 2024 as this is going to be a year where we are looking to expand Mums United to provide a whole range of services that meet an identified need for our members.

Risk Management

The Trustees actively review the major risks, which the charity faces on regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the events of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Trustees' Responsibilities in relation to the financial statements

The Trustees' are required by charity commission to prepare financial statements for each financial year

a) Select suitable accounting policies and apply them consistently
b) Make judgements and estimates that are reasonable and prudent
c) State whether the policies adopted are in accordance with the Charity Act
d) Prepare the financial statements on going concern basis unless it is inappropriate to assume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records, which disclose with

Approval

This report was approved by the trustees on 10th September 2025 and signed on its behalf.

Chair - Sahira Irshad 

MUMS UNITED

Statements of financial activities for the year ended 30 November 2025

	2025	2024
Income & Expenditure		
Restricted	68,105	69,754
Unrestricted	8,277	13,749
	76,382	83,503
Resources expenses		
Food Package	2,808	2,164
Repairs and maintenance	1,100	3,698
Rates	2,293	3,145
Charitable donations	-	4,985
Training seminars	2,502	8,663
Printing	2,806	4,294
Rent	14,400	14,400
Light and heat	5,825	6,106
Subscriptions	1,144	1,146
Other office costs	-	433
Vehicle running costs	-	-
Insurance	377	-
Advertsing	1,813	2,964
Website costs	150	-
Computer equipment repairs	250	-
Event management & equipment	1,130	3,670
Accounting fee	750	250
Professional fee	3,362	219
Wages and salaries	34,546	26,255
Travel Expense	1,036	2,655
Volunteers expenses	1,504	-
Cleaning	518	335
Sundry Expense	226	2,646
Total resources expenses	78,542	88,028
Net income from resources	(2,161)	(4,525)
less - depreciation	1,956	2,444
	(4,116)	(6,970)
bal b/f	20,098	27,067
bal c/f	15,982	20,098

MUMS UNITED

Balance Sheet as at 30 November 2025

	NOTE	2025	2024
		£	£
Fixed assets	1	7,822	9,777
Current assets	2	8,320	9,730
less - current liabilities	3	159	- 591
Net Current Assets		8,160	10,321
Net Assets		15,982	20,098
Capital account	4	20,098	27,067
Profit and loss Account	5	- 4,116	- 6,970
Shareholder's Funds		15,982	20,098

MUMS UNITED

Notes to balance sheet as at 30 November 2025

1 FIXED ASSETS	Fixtures & Fittings	Computer Equipment	Total
Cost			
As at 1 December 2024	14,065	531	14,596
Additions		-	-
As at 30 November 2025	14,065	531	14,596
Depreciation			
As at 1 December 2024	4,559	259	4,818
Provided during the period	1,901	54	1,956
As at 30 November 2025	6,461	313	6,774
Net Book Value			
As at 30 November 2025	7,605	217	7,822
As at 1 December 2024	9,506	272	9,777

2 CURRENT ASSETS	2025	2024
Cash at Bank	3,840	5,250
Cash in Hand	4,480	4,480
	8,320	9,730
3 CURRENT LIABILITIES		
Other creditors	2,300	1,550
Other taxes and social security	(2,141)	(2,141)
	159	- 591
4 CAPITAL ACCOUNT & Equity		
Bal b/f	20,098	27,067
	(4,116)	(6,970)
5 Profit and loss Account		
	15,982	20,098

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Report to the trustees/ members of Mums United

On accounts for the year ended 30 November 2025

Charity No 1192570

Set out on pages 50 to 57

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/11/2025.
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.
* Please delete the words in the brackets if they do not apply.

Signed *N Qureshi*

Name Nisar Qureshi

Relevant professional qualification ICAEW

Address: Unit 9 Twelve o'clock court
21 Attercliffe Road
Sheffield
S4 7WW

