Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	January	2025	To	31	December	2025

Section A Reference and administration details

Charity name Poga Latvia Children's Therapy Centre

Other names charity is known by Poga Latvia

Registered charity number (if any) 1192417

Charity's principal address 15 Vivienne Close, East Twickenham, TW1 2JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruta Dimanta			
2	Janis Magons			
3	Madara Mezviete			
4	Anda Maltais			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Charitable Incorporated Organisation
Trustee selection methods	Appointed, Nominated

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	The objects of the CIO are the relief of sickness and preservation of health of children with health disorders in need by the support of therapeutic and rehabilitation facilities provided at the Poga Rehabilitation Centre in Latvia.
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	During 2025 we continued active discussions with Poga Rehabilitation Centre in Latvia on the mid- and long-term marketing strategies where cooperation brings steadier flows of donations, that in turn allows us fulfilling our charitable purpose. We supported Poga Rehabilitation Centre in Latvia with one donation: - EUR 3,240 accumulated un-earmarked donations towards early therapy programme PODZIŅA for children up to 5 years of age. One patient on average has 12 sessions, cost of which aggregates to 540 EUR per child. https://www.centrspoga.lv/en/medical-care-for-children/therapy-for-infants We have identified similar paediatric integrated therapy centres located in the UK and will be getting in touch with them for a potential visit by specialists from Poga Rehabilitation Centre in Latvia in the near future.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year	Building more recognition on social media with repeat Facebook birthday fundraiser donors coming forward and inviting their friends to donate towards our CIO purpose of assisting the children with mobility issues in Latvia. In the recent past a stand-out donor arranged a Facebook & Instagram live stream on 2023 New Year's Eve when he accomplished 2,024 pull-ups during 6 hours and raised over £1,420.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not have ongoing expenses as it operates thanks to Trustees and volunteers. The CIO continued building financial reserves. At this point we do not have a formal policy on reserves, however in due time a more concrete policy will be put together.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principal sources of funds would be
- grants by other charitable organisations
- fundraising via social media.

The charity does not have any paid staff or expenses (apart from bank fees once applicable). The key expenditure is payments towards purchase of relevant equipment and delivery of new therapeutic treatments by Poga Rehabilitation Centre in Latvia.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JANIS MAGONS'	ANDA MAGONE
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date	23 JUN 2026

Charity Name	No (if any)
Poga Latvia Children's Therapy Centre	1192417

Receipts and payments accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

For the period from	Period start date	To	Period end date
	01-Jan-25		31-Dec-25

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations, grants	2,066	-	-	2,066	3,318
Bank interest	5	-	-	5	7
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	2,071	-	-	2,071	3,326
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,071	-	-	2,071	3,326
A3 Payments					
Earmarked donations	2,794	-	-	2,794	4,297
Bank charges	85	-	-	85	110
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,879	-	-	2,879	4,407
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	2,879	-	-	2,879	4,407
Net of receipts/(payments)	- 807	-	-	- 807	- 1,082
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,698	-	-	3,698	4,780
Cash funds this year end	2,891	-	-	2,891	3,698

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Two accounts	2,891	-	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	2,891	-	-
		OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
Janis Magons	J. Magons	JANIS MAGONS	23 JUN 2026
Anda Maltais		ANDA MALTAIS	23 JUN 2026