Annual Accounts Apr01 2025- Mar31 2026 Leg to Stand Hand to Feed
Receipts and Payments Account

	Year start date		Year end date
For the year from	**4/1/2025**	**To**	**3/31/2026**

Receipts and payments

	2024/25 Unrestricted funds £	200Y/0Z Restricted funds £	200Y/0Z Total funds £	Last Year Total funds £
Receipts				
Donations, legacies and similar income				
Membership subscriptions	-	-	-	-
Donations	4,870	-	4,870	-
Legacies	-	-	-	-
Gift Aid	3,682	-	3,682	-
Other similar income	-	-	-	-
Sub total	8,552	-	8,552	-
Grants	-			
Grant	-	-	-	-
Other grants	-	-	-	-
Sub total	-	-	-	-
Fundraising (gross)				
Detail 1		-	-	-
Detail 2	-	-	-	-
Other fundraising activities	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Investment income				
Bank interest	-	-	-	-
Building Society interest	-	-	-	-
Other investment income	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total Gross Income	8,552	-	8,552	-
Asset and investment sales, etc.	-	-	-	-
Total receipts	8,552	-	8,552	-

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	Year start date	Year start date	Year start date		Year end date
For the year from				**To**	

Receipts and payments

	2024/25 Unrestricted funds £	200Y/0Z Restricted funds £	200Y/0Z Total funds £	Last Year Total funds £
Payments				
Charitable Payments				
Wages	-	-	-	-
Rent	-	-	-	-
Water	-	-	-	-
Electricity and Gas	-	-	-	-
Insurance	-	-	-	-
Repairs and Renewals	400	-	400	-
Materials and equipment	91	-	91	-
Printing and photocopying		-	-	-
AGM and trustee expenses	-	-	-	-
Food	3,000	-	3,000	-
Medication	1,000	-	1,000	-
Wellbeing support (seeds, trip, blankets, clothes, music, feminie)	1,546	-	1,546	-
Infrastructure		-	-	-
Stipend volunteers (India)	200	-	200	-
website	166	-	166	-
Sub total	6,403	-	6,403	-
Fundraising expenses				
bank charges	60	-	60	-
charity subscription	89	-	89	-
Detail 3	-	-	-	-
Other fundraising costs	-	-	-	-
Sub total	149	-	149	-
Total Gross Expenditure	6,552	-	6,552	-
Asset and investment purchases, etc.	-	-	-	-
Total payments	6,552	-	6,552	-
Net of receipts/(payments)	2,000	-	2,000	-
Cash funds last year end	-	-	-	-
Cash funds this year end	2,000	-	2,000	-

Statement of assets and liabilities at the end of the year

	3/31/2025 Unrestricted funds £	Xst X 200Z Restricted funds £	Xst X 200Z Total funds £	Last Year Total funds £
Cash funds				
Bank current account	10,869	-	10,869	-
Bank deposit account	-	-	-	-
Cash/Floats	-	-	-	-
	-	-	-	-
	-	-	-	-
Total cash funds (Agree balances with receipts and payments account(s))	10,869	-	10,869	-
Other monetary assets				
Tax claim	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Investment assets				
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Non monetary assets for charity's own use				
Stock	-	-	-	-
Land and buildings	-	-	-	-
Motor vehicles	-	-	-	-
Other	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Liabilities				
Accounts not yet paid	-	-	-	-
Expenses incurred but not invoiced	-	-	-	-
Subscriptions not yet paid	-	-	-	-
Loan - detail	-	-	-	-
Other liabilities	-	-	-	-
Sub total	-	-	-	-

Contingent liabilities and future obligations

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Liza Tong	Liza Tong	28h oct 2026
John Halpern	John Halpern	28th oct 2026

A LEG TO STAND, A HAND TO FEED

- Annual Report 6
- For year 2025/ 26
- Registered Charity 11912042
- Friends of Peacehaven Evangelical Free Church (PEFC)



'What is important to us is that people are cared for, feel safe, valued, respected and loved. This was missing for a community abandoned by their own families. But the benefits are not just one way, linking with this group gave us a real boost and new purpose in life over the harsh days of lockdown and beyond ’ John Halpern, Liza Tong, Diets Verschuren (ex)-trustees A Leg to Stand

Always remembering our much loved friends, David Gray, Steve Lovell, Lachaya and Vikram

BACKGROUND

Who are we? I can't believe it's been 6 years since we registered as a charity – just at the height of the covid pandemic of 2020-2021. The UK and India were both in lockdown. Individuals and communities locally and (as it turns out) globally, needed to connect. I knew of a group of people with leprosy in Orissa State through my work and a local Church (Peacehaven Evangelical Free Church) I met them 15 years ago. In 2020 I heard they were in desparate need of food and medical help. So a small group of friends in Sussex decided to start a tiny charity. The name A Leg to Stand A Hand to Feed came from the group, we thought it was so appropriate. Liza

2010

- First introduced by UK Church to a community of people affected by leprosy living in a commune in Paralakhemundi, India. Distributed health kits, provided wound care awareness and self management, some emergency relief. Thereafter intermittent fundraising efforts for emergency situations

Early 2020

- Community struggling under the hardships of very harsh COVID 19 lockdown in India. Unable to access food and medicines they desperately needed. Added burden of massive increase in prices of basic food stuff meant they were close to starvation. Friends in East Sussex formed a support group to fundraise.

April 2020-21

- Both UK and Paralakhemundi groups meet virtually and establish priorities. Food and essential medication support via Indian NGO partner “Open Ministry Orisha Peace and Evangelical Network”, linked by the UK Church, is provided. Virtual relationships grow and strengthen.

Nov 2022 –Oct 23

- Fresh water tank supplied, a trip for all the community to the seaside for well-being, fundraising, continuation of monthly food supplies, basic medical needs, and at least monthly video calls to check on well-being and needs.
- **Nov 22-Feb 23**
- Continued monthly video calls to check on well-being, fundraising, continuation of monthly food supplies, payment for medical treatment for severe hand infection
- **Feb 23**
- Two-week visit by John to Paralakhemundi, with further assessment of all members. Video interviews with members of group, assessing medical needs, funding and building of chicken run on the site, for eggs, assessment of goats, trip to the seaside for all, for well-being, hugs for all members from John

WASH – continued provision of clean water and electricity to latrines in the compound. Instalment of second water tank

HEALTH – supply of funds for ongoing medical needs of key members of the community, ointment etc. Supply of mosquito nets to all rooms, as Dengue Fever rampant locally. Supply of fans for rooms to deal with unbearable heat.

WELL BEING – ongoing chicken project, flowers and goats

Continued monthly video calls

Continued monthly food and meds provision

April 2025 – Mar 2026

Food support continued the monthly provision of fresh vegetables, oil, rice, pulses, eggs, and spices

HEALTH Provided the monthly dressings and wound care equipment

WATER provided replacement water taps for each household, and cleaned the water tank

SANITATION replaced shower doors for privacy and new electric bulbs

RAIN PROTECTION provided tarpaulins

WELL BEING trip to VIZAG city where the group took a cable car for the first time and enjoyed a feast together

CHRISTMAS. Meal and presents for the group

Stipends paid for volunteers

- *Between April 2025 and March 2026 we have reached 8 people suffering from the effects of leprosy and 15 family members with services to improve their well being and quality of life. The youngest is less than 4 years and the oldest is 65*
- *The group received many material items including umbrellas, tarpaulins clothing and indoor sanitary equipment*
- *The value of the support is far beyond the material, as our group often tells us they now have hope and some hapiness in their lives*





YOU HAVE HELPED THEM GAIN KEY ACHIEVEMENTS IN HEALTH AND DIGNITY

- The water tanks which are a vital lifeline for the group, providing fresh clean and reliable water to each household needed cleaning
- We bought new doors for their shower/latrine areas
- We have provided new clothing (saris and lungis for the women men and children)
- We purchased bulbs for the shower areas



UPDATES IN CARE, SUPPORT AND LIVELIHOODS

The price of food has almost doubled since 2022. Extreme weather conditions in October 24 and again in 2025 across state borders (monsoon) made some food items scarce.

However, we still manage a monthly delivery of food (rice, pulses, fresh fruit and vegetables, protein (eggs, meat), oil and spices, as well as bandages and medication

We bought storage containers for their rice, tarpaulin, new water taps,, a water tank cleaner and new electric bulbs for our group

WELL-BEING IMPROVEMENTS – ISSUES AND KEY ACHIEVEMENTS

- We have had less fundraising events this period. The fundraising environment has been extremely difficult with people in the UK struggling with cost of living and no help coming from India
- Tyrone from Peacehaven Evangelical Free Church went to India to visit the group in in Nov 2025. He shared hugs with the group and spent some time with them
- We have also been committed to maintaining the upkeep and safety of their current accommodation, while building goes on next door – monitoring always on regular calls.
- We are regularly on the phone with our local contact David from the Open Ministry, and his team, to see what we can do.





Well-being Improvements (Continued)

- We organized a day trip to the cable car ride in Vishnakapatnam. Group members were thrilled and exclaimed it was a “trip of a lifetime”
- We also organize feasts at key events i/.e during their trips out.
- Christmas Feast - once a year a little extra money is provided for our group to have a celebratory chicken Christmas dinner. Meat is expensive, so this is a real treat for them.

OUR GOVERNANCE AND OPERATING MODEL

We work through local volunteers led by David Lima and the Open Ministry Orisha Peace and Evangelical Network.

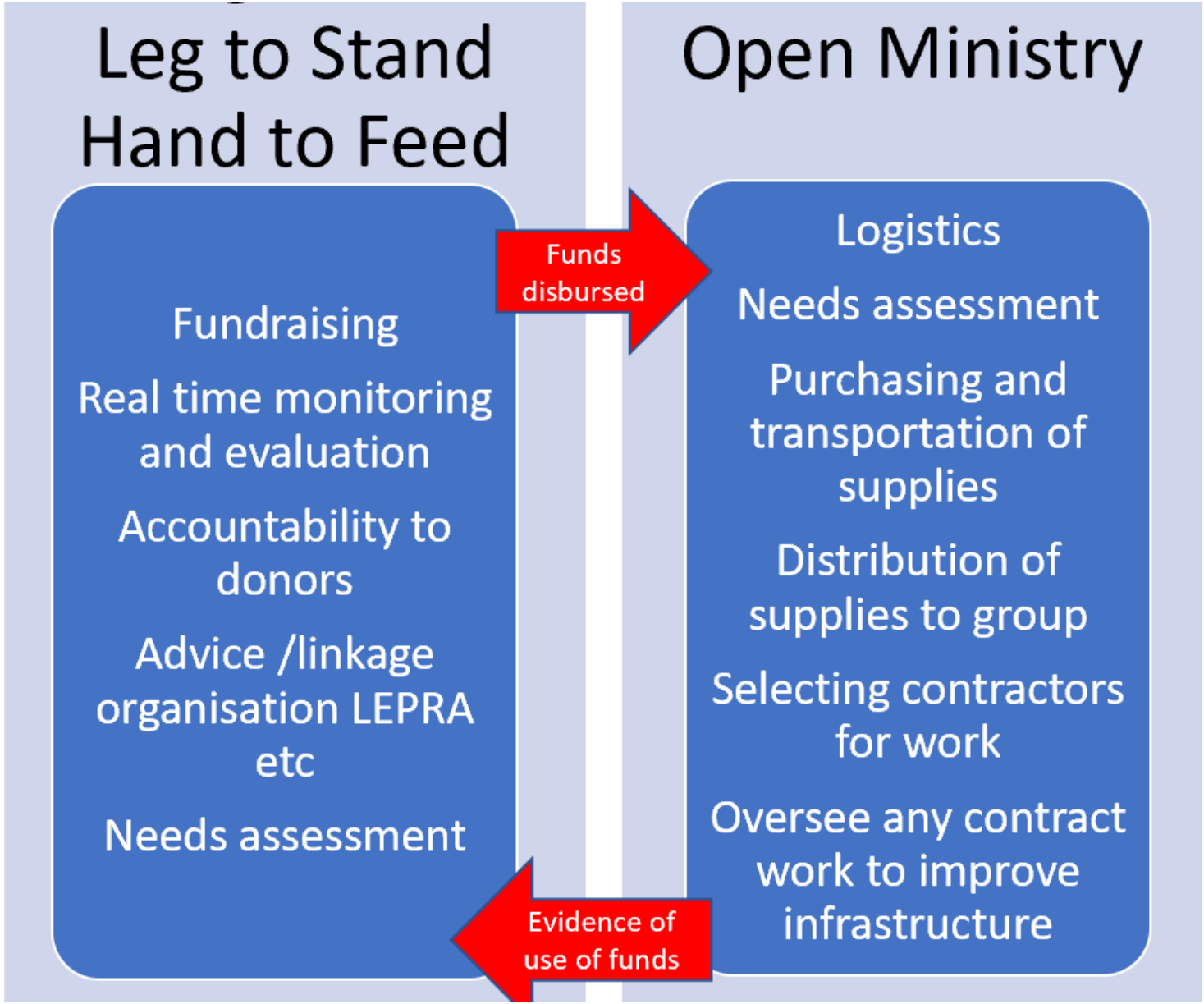
A Leg to Stand has 3 trustees and a WASH/public health advisor.

Trustees have a background in international development, health and social care, media and programme management.

We have NO paid staff, and 100% of raised funds goes straight to our community

We work with and are advised by other specialists in the field of leprosy.

See the diagram opposite for details.





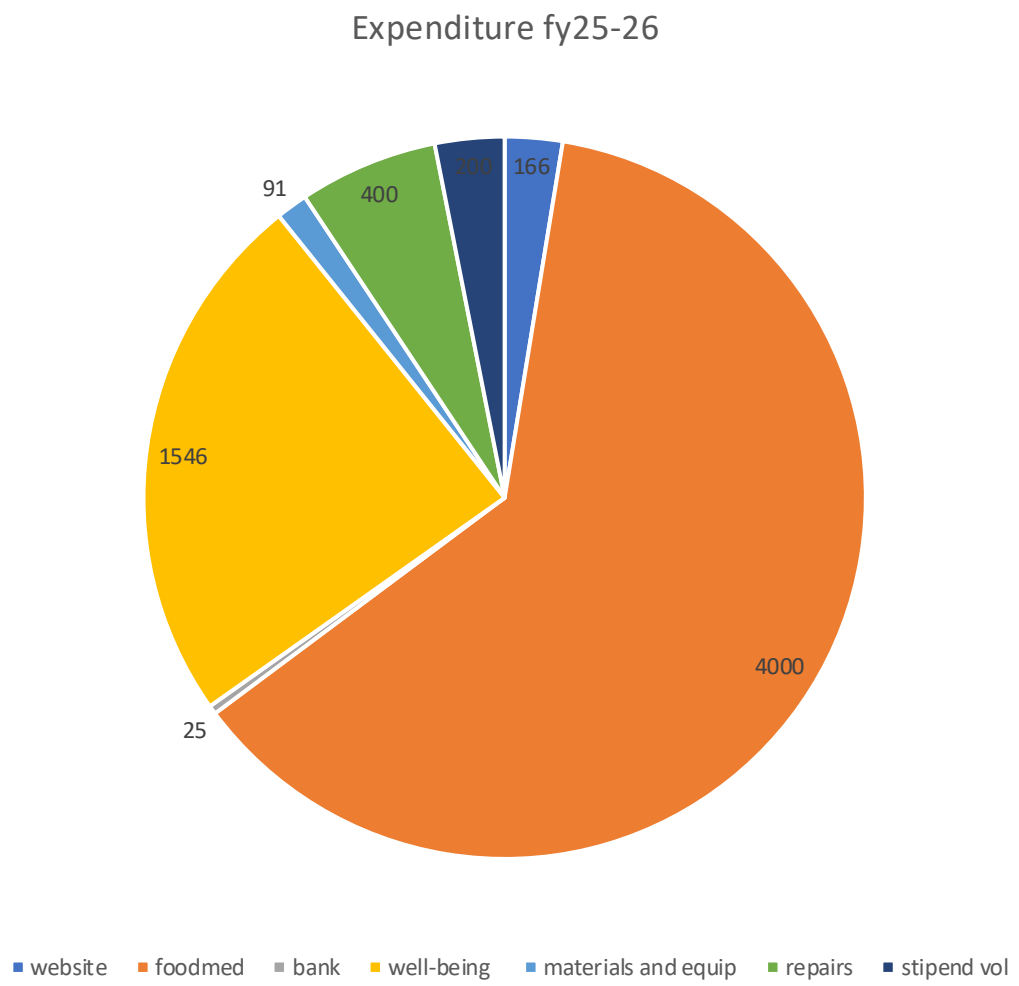
HOW WE MONITOR AND EVALUATE

- Teams, Zoom and Whatsapp calls allow us direct access into the group, and we are fed back pictures and video confirming where money has been spent.

- We complete simple Excel monthly financial accounts and submit annual accounts

- Monthly we assess on our calls how money can be spent most efficiently and effectively, if and where needed.

- Guests also come to calls, offering advice, and encouragement to the group



Total money spent £6552
Food costs are almost 61% of our total spend
Well-being support represents 24% of the total spend



A HUGE THANK YOU TO ALL YOUR SUPPORT TO THELMA AND EVERYONE INVOLVED IN THE MONTHLY TABLE TOP SALE AT PEFC– ALL THE PROCEEDS OF THIS GO DIRECTLY TO OUR FRIENDS WITH LEPROSY.

Pictured here are David's wonderful and kind volunteers.