CREST FARM EQUINE CONNECTION

Charity number 1191982

Trustees' Annual Report
and Accounts
for the period 1 January 2025 to 31 December 2025

Crest Farm Equine Connections
Charity Information
for the year ended 31 December 2025

Trustees	Julie Boyer, Chairperson Josephine McCullough, Treasurer Samantha Irvine Nicholas Bolas
Address	Crest Farm Yelsted Road Yelsted Kent ME9 7UU
Registered Charity Number	1191982
Bank	Barclays Bank

Structure, Governance and Management

Crest Farm Equine Connections (CFEC) was registered as a charity in October 2020. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed CFEC Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of CFEC is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up. In addition to ReStart CFEC will also offer Lighter Touch options such as top ups, tailored sessions and group work – different ways to help people at a lower level of need to provide longer term support after a ReStart course.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

During the year, the charity has continued to deliver high-quality equine-assisted interventions that have made a measurable difference to the lives of our participants. Our programme has focused on supporting children, young people and adults experiencing social, emotional and mental health challenges, using the unique connection between humans and horses to build confidence, resilience and wellbeing.

Key achievements during the year include:

- **Programme Delivery:** A total of 9 ReStart interventions were delivered in 2025 to participants, an increase on the previous year. We have also delivered shorter format 40 sessions either Introduction sessions to offer participants the opportunity to ensure that ReSart is the right intervention for them, 'Follow up' sessions to these participants or 'Lighter Touch' sessions for those with more complex mental health issues or extreme anxiety.

- **Measured Impact:** Evaluation results show that participants reported greater confidence, improved emotional regulation and enhanced communication and social skills.

- **Partnership Growth:** We continue to work on networking to identify new referral pathways with schools, healthcare providers and community organisations, expanding access to our programmes.

Performance Overview:

The Charities Trustees are satisfied with the charity's performance in the year. Demand for services has grown steadily and outcomes evidence demonstrates that our interventions continue to deliver significant benefits to participants. It has remained challenging to raise funds to finance our work but the Trustees are confident that the charity has remained financially stable.

In the year ahead, the charity will focus on securing funding that enables us to build on our achievements, strengthen evidence-based practice, widen our reach and provide life-changing equine interventions to more people in need.

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Financial Review

In the twelve months to 31 December 2025 we raised £6,880 (2024 £59,460). The discrepancy between the two accounting periods is that two large grants were received in

the last quarter of 2024, the average of income of the two years was over £33,000 an increase on income in 2023.

The majority of our funding comes from grants. In 2025 this accounted for 94 per cent of our income (93 per cent in 2024) of our income.

Course fees that were paid for by referrers accounted for 5% of income and donations accounted for less than 1%.

At the end of the financial year we held reserves of £20,911. This was above our target of holding equivalent to 6 ReStart courses in reserve.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature .....

Full name JOSEPHINE CLARE McCULLOUGH

Position Trustee

Date 26/10/2026

CHARITY COMMISSION FOR ENGLAND AND WALES

CREST FARM EQUINE CONNECTIONS	1191982

Receipts and payments accounts

CC16a

For the period from	01-Jan-25	To	31-Dec-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	6,500	-	6,500	55,300
Donations	120	-	-	120	-
Course fees received	260	-	-	260	4,160
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	380	6,500	-	6,880	59,460
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	380	6,500	-	6,880	59,460
A3 Payments					
Facilitator fees and facilities hire	-	15,620	-	15,620	27,720
Business management	-	6,000	-	6,000	6,000
IT and Equipment	-	361	-	361	331
Governance	1,191	-	-	1,191	1,117
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,191	21,981	-	23,172	35,168
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	1,191	21,981	-	23,172	35,168
Net of receipts/(payments)	- 811	- 15,481	-	- 16,292	24,292
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,811	36,392	-	40,203	15,911
Cash funds this year end	3,000	20,911	-	23,911	40,203

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	3,000	20,911	-

CCXX R1 accounts (SS) (agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J C McCULLOUGH	16/9/2026