Lilian Prime MS Centre

Registered Charity Number: 1191251

Trustees' Annual Report and Accounts

For the year ended 31 December 2025

Reference and Administrative Details

Charity name:
Lilian Prime MS Centre

Registered charity number:
1191251

Principal address:
7 Enterprise Way, Jubilee Business Park, Derby, DE21 4BB

Trustees:
Phil Milton (Chair)
Adrian Litherland
Donald Prime
Alan Jeffels
Susan Savage
Samatha Prime
Yasmin Mese

Legal form:
Charitable Incorporated Organisation (CIO) – foundation model

Independent Examiner:
SRB Accountancy Limited
The Lower Stables, Main Road, Sudbury, DE6 5HT

Structure, Governance and Management

Governing document
The charity is a Charitable Incorporated Organisation (CIO) using the foundation model, registered with the Charity Commission on 11 September 2020. It is governed by its Constitution.

Trustee appointment and induction
Trustees are appointed in accordance with the Constitution. New trustees receive an induction which includes an overview of the charity's objectives, governance arrangements, safeguarding responsibilities and financial controls.

Risk management
The trustees have assessed the major risks to which the charity is exposed, including financial sustainability, safeguarding, and operational continuity. Appropriate systems and procedures are in place to manage and mitigate these risks.

Objectives and Activities

Charitable purposes
The charity's objects are to support and relieve people affected by multiple sclerosis or any similar neurological condition, and to encourage people affected by multiple sclerosis or any similar neurological condition to attain their full potential as members of society by improving their conditions of life by the provision of care, support and activities for individuals and families and friends of individuals who are affected by multiple sclerosis or any similar neurological condition.

Public benefit
The trustees have had due regard to the Charity Commission's guidance on public benefit. The charity provides accessible services and support to individuals living with multiple sclerosis and similar neurological conditions, their families and carers, contributing to improved wellbeing and quality of life.

Activities undertaken
During the year, the charity continued to deliver support services and activities including:

- Provision of therapy and wellbeing sessions, including exercise classes
- Support and information for people affected by multiple sclerosis and similar neurological conditions
- Community engagement and outreach activities

Achievements and Performance

During the year ended 31 December 2025, Lilian Prime MS Centre continued to provide vital support services to individuals affected by multiple sclerosis and similar neurological conditions. The trustees are satisfied that the charity has continued to meet its objectives and provide meaningful benefit to its beneficiaries.

Financial Review

Results for the year
The results for the year are set out in the Statement of Financial Activities. Total income for the year was £102,488 (2024: £131,712), all of which related to unrestricted funds. Total expenditure was £115,517 (2024: £103,799), resulting in net expenditure for the year of £13,029 (2024: net income of £27,913).

The reduction in income reflects lower grant funding, donations, fundraising event income and therapy income compared with the previous year. Expenditure increased principally due to higher therapist and exercise tutor costs, fundraising event costs and centre running costs, the latter including the purchase of equipment during the year.

Reserves policy
The trustees have reviewed the reserves position and aim to maintain unrestricted reserves sufficient to cover approximately three to six months of operating expenditure, providing financial stability and flexibility. At 31 December 2025 unrestricted reserves were £34,312 (2024: £47,341), equivalent to approximately three and a half months of expenditure at the current level, which is within the range set by the trustees' policy.

Principal funding sources
The charity's principal sources of income include donations, grants and income from charitable activities.

Plans for Future Periods

The trustees intend to continue the charity's existing services and to explore opportunities to expand support where funding allows. Focus will remain on service quality, sustainability and meeting the evolving needs of beneficiaries, together with rebuilding income levels following the deficit for the year.

Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (FRS 102) and the Charities SORP (FRS 102).

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity.

Approval

This report was approved by the trustees on 15th October 2026 and signed on their behalf by:

Name: Phil Milton
Position: Chair

Independent Examiner's Report to the Trustees of Lilian Prime MS Centre

I report to the trustees on my examination of the accounts of Lilian Prime MS Centre (the charity) for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011. I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts do not accord with the accounting records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report.



Michael Wells FCA
SRB Accountancy Limited
The Lower Stables, Main Road, Sudbury, DE6 5HT

15th October 2026

Statement of Financial Activities

For the year ended 31 December 2025

All income and expenditure relates to unrestricted funds and arises from continuing activities. There were no recognised gains or losses other than those shown above.

	Note	2025	2024
		£	£
Income			
Income from grants		14,550	23,140
Income from donations		73,126	80,742
Income from fundraising events		2,675	7,138
Income from therapies, classes and refreshments		11,779	20,685
Interest income		358	7
Total income		**102,488**	**131,712**
Expenditure			
Bank charges		202	159
Therapists		33,865	30,409
Exercise tutors		10,425	6,638
Centre running costs		23,585	19,408
Fundraising events		13,130	10,593
Salaries and staff costs	5	34,310	36,592
Total expenditure	3	**115,517**	**103,799**
Net (expenditure) / income for the year		**(13,029)**	**27,913**
Reconciliation of funds			
Fund balances brought forward		47,341	19,428
Fund balances carried forward		**34,312**	**47,341**

Balance Sheet

As at 31 December 2025

	Note	2025	2024
		£	£
Current assets			
Debtors	7	737	930
Cash at bank and in hand		33,617	46,456
Total current assets		**34,354**	**47,386**
Current liabilities			
Creditors: amounts falling due within one year	8	(42)	(45)
Net current assets		**34,312**	**47,341**
Total net assets		**34,312**	**47,341**
Represented by:			
Unrestricted funds		**34,312**	**47,341**

Approved by the trustees on 15th October and signed on their behalf by:

Name: Phil Milton
Position: Chair

Notes to the Financial Statements

For the year ended 31 December 2025

1. Accounting policies

The financial statements have been prepared on the accruals basis under the historical cost convention in accordance with FRS 102 and the Charities SORP (FRS 102). The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

2. Income

All income is derived from unrestricted funds.

3. Expenditure

Expenditure relates wholly to charitable activities and governance costs.

4. Trustees' remuneration

No trustees received remuneration or other benefits during the year. Trustees were not reimbursed for expenses (2024: £nil).

5. Staff costs

	2025	2024
	£	£
Salaries	26,681	22,560
Pension costs	154	310
Staff training	0	722
Consultancy	7,475	13,000
Total salaries and staff costs	**34,310**	**36,592**

The charity employed an average of two employees during the year (2024: two). No employee received emoluments of more than £60,000.

6. Related party transactions

There were no related party transactions during the year (2024: none).

7. Debtors

	2025	2024
	£	£
PAYE overpaid to HMRC	737	930
	737	**930**

8. Creditors: amounts falling due within one year

	2025	2024
	£	£
Pension contributions payable	42	45
	42	**45**