Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	January	2025	To	31	December	2025

Section A Reference and administration details

Charity name	The Owl Centre Charity
Other names charity is known by	
Registered charity number (if any)	1191239
Charity's principal address	18 St George's Place
	Cheltenham
Postcode	GL50 3JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Laura Pitman-Roberts	Chair	4.5.2025 to current	
2	Charlotte Forsyth	Trustee	4.5.2025 to current	
3	Bridget Snasdell	Trustee	4.5.2025 to current	
4	Heledd Kendrick	Trustee		
5	Jo Luxton	Trustee	Ended 21.5.2025	
6	Marianne Simpson	Trustee	Ended 21.5.2025	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
CEO / Clinician	Nicola Lathey	18 St George's Place, Cheltenham.
Independent Charity Advisor	Faith Griffiths	

Name of chief executive or names of senior staff members (Optional information)

Nicola Lathey - CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution

How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Introduced by Nicola Lathey, CEO and voted in by The Owl Centre Charity trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Owl Centre Charity is governed by its Board of Trustees, who provide strategic oversight and ensure the charity operates in accordance with its charitable objectives. Trustees are supported through appropriate induction, guidance and ongoing training.
The charity maintains relevant governance, safeguarding, financial, skills matrix and risk-management policies, which are reviewed as appropriate. Trustees consider the principal risks facing the charity and oversee proportionate measures to manage and mitigate these. The charity works collaboratively with The Owl Centre and other relevant organisations, while maintaining appropriate oversight of any related-party relationships and ensuring that decisions are made in the best interests of the charity.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Owl Centre charity's aim is to provide educational resources, training, and support for individuals with additional needs (such as neurodiversity, communication difficulties, or mental health challenges), their families, and the professionals who work with them. It achieves this through creating bespoke psycho-education packages, running workshops, and offering specialist information, with both UK and international reach.

The charity works with various partners to provide guidance, support, and community resources, including training for professionals in developing countries:

- **Support for individuals and families:**

  The charity provides resources, information, and support for people with neurodiverse needs, mental health challenges, and communication difficulties.

- **Professional training:**

  It delivers training programs, workshops, and conferences for parents and professionals to build their skills in supporting individuals with additional needs.

- **Bespoke intervention packages:**

  The Owl Centre Charity creates tailored packages focusing on British best practices for a wide range of needs, including autism and ADHD.

- **International collaboration:**

  The charity works with international partners to provide training and support in developing countries, with a focus on empowering local professionals.

- **Specialist expertise:**

  It draws on a multi-disciplinary team of specialists, including speech and language therapists, occupational therapists, psychotherapists, and medical experts, to deliver its services in the UK and abroad, and to create psycho-education packages.

- **Community and partnership work:**
  The charity engages with community initiatives and partners with other charities, such as the Saigon Children's Charity, to support specific groups.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Our two main activities in 2025 were a fantastic and effective trip to Vietnam, partnering with Saigon Children's Charity to deliver Lego Therapy training, and secondly, our main activity in 2025 centred around the launch of Waiting Well which was a significant success for The Owl Centre Charity, transforming a £20,000 National Lottery Community Fund grant into a free national psychoeducation resource for people and families waiting for neurodevelopmental assessments. The platform provides practical support around areas including sensory needs, sleep, nutrition, education and workplace needs, and emotional wellbeing.

The April 2025 launch generated substantial national media attention. Between 8 and 15 April alone, Waiting Well featured on more than 30 UK radio stations with an estimated reach of over 2.1 million people**.** Wider coverage included the BBC, *The Times*, Netmums and other media, with the overall PR campaign reporting an anticipated reach of 11.4 million people across the UK**.**

The project also helped develop relationships with organisations including Hunrosa, Physis4GPs, Hampshire and Isle of Wight ICB, and North East and North Cumbria ICB. The latter recommended Waiting Well as a free resource for inclusion in referral and

outsourcing correspondence.

The biggest accolade of all was that NICE also picked it up and want to use this as a 'go to' resource for the guidance. This demonstrates Waiting Well's impact and significance of which we are very proud of.

Overall, the launch successfully established Waiting Well as a nationally visible, freely accessible resource, raising awareness of the challenges experienced during lengthy assessment waits while providing families with practical support they can use before a formal diagnosis. The project's subsequent development and continued use within the Charity demonstrate that it has become an important part of the Charity's ongoing work.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

During the year ending 31 December 2025, The Owl Centre Charity made significant progress in developing practical, accessible support for neurodivergent people and their families. The charity received £110,596.70 during the year from a combination of donations and grants. This funding enabled the charity to invest £26,617.48 in charitable activities, project development and essential administration. The year-end bank balance was £104,218.77, compared with an opening balance of £20,239.55.

A major focus was the continued development of Waiting Well, an online resource for people awaiting autism or ADHD assessment. During the year, the charity invested £9,334.66 in associated invoices, expenses and promotional activity. Work included creating and filming accessible content, designing downloadable resources and developing the website. The £20,000 National Lottery grant received in 2024 was fully applied to the project by November 2025, helping the charity provide reliable information and practical support during what can be a lengthy and uncertain waiting period.

The charity also continued its international work partnering with Saigon Children's Charity based in HCMC, Vietnam. The project was Lego Therapy – train the trainer, with more than 30 special school teachers and SEN practitioners attending the training. Travel and subsistence expenditure totalled £2,351.69, supporting the charity's objective of sharing knowledge and strengthening support for disabled and neurodivergent children internationally. The project received excellent feedback.

Section D Achievements and performance

Funding received during the year also supported the development of two new initiatives.

Grandparenting Differently: a six-week programme designed to help grandparents understand and support neurodivergent children. A trainer with lived experience was sourced and preparations began to deliver the programme in Stockton-on-Tees and in South Gloucestershire / Bristol.

Power Over Pain: was developed to provide support for people experiencing complex and persistent pain associated with a Neuro-divergent diagnosis. £500 from the People's Postcode lottery was used for developing the course.

Towards the end of 2025, the charity received an interim legacy payment of £100,000 from the estate of Mrs Rosemary Munns, who generously included the charity in her will. The funds will be invested during 2026, strengthening the charity's long-term financial position, supporting its sustainability and reducing its reliance on grant funding.

These achievements provide a strong foundation for expanding the charity's reach and impact in future years.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity maintains reserves for 6 months of operational activity and has a robust reserves policy.

Once the legacy funds have been invested, the charity intends to use the annual investment return to contribute towards its operating costs, helping to preserve the capital and support long-term financial sustainability.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy

In 2025 the main sources of funding were:

- The People's Postcode lottery
- The Tees valley foundation
- The Gloucestershire foundation
- Legacy from Rosemary Munns' estate

In 2025 we developed an investment policy to support the investment of the legacy fund.

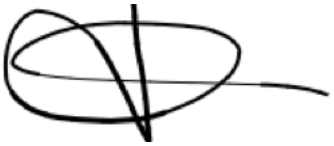
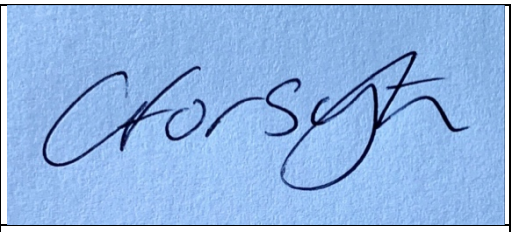
adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Heledd Kendrick	Charlotte Forsyth
Position (e.g. Secretary, Chair, etc)	Chair	Trustee

Date 15/10/2026

REGISTERED CHARITY NUMBER: 1191239

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 December 2025

for

The Owl Centre Charity

Crowthers
The Courtyard
19 High Street
Pershore
Worcestershire
WR10 1AA

L.R.

The Owl Centre Charity

Contents of the Financial Statements for the Year Ended 31 December 2025

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Statement of Financial Position	6
Notes to the Financial Statements	7 to 11
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L.R.

The Owl Centre Charity

Report of the Trustees
for the Year Ended 31 December 2025

The trustees present their report with the financial statements of the charity for the year ended 31 December 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities
The Owl Centre charity's aim is to provide educational resources, training, and support for individuals with additional needs (such as neurodiversity, communication difficulties, or mental health challenges), their families, and the professionals who work with them. It achieves this through creating bespoke psycho-education packages, running workshops, and offering specialist information, with both UK and international reach. The charity works with various partners to provide guidance, support, and community resources, including training for professionals in developing countries.

Support for individuals and families:
The charity provides resources, information, and support for people with neurodiverse needs, mental health challenges, and communication difficulties.

Professional training:
It delivers training programs, workshops, and conferences for parents and professionals to build their skills in supporting individuals with additional needs.

Bespoke intervention packages:
The Owl Centre Charity creates tailored packages focusing on British best practices for a wide range of needs, including autism and ADHD.

International collaboration:
The charity works with international partners to provide training and support indeveloping countries, with a focus on empowering local professionals.

Specialist expertise:
It draws on a multi-disciplinary team of specialists, including speech and language therapists, occupational therapists, psychotherapists, and medical experts, to deliver its services in the UK and abroad, and to create psycho-education packages.

Community and partnership work:
The charity engages with community initiatives and partners with other charities, such as the Saigon Children's Charity, to support specific groups.

L.R.

Report of the Trustees
for the Year Ended 31 December 2025

Achievements and performance

During the year ending 31 December 2025, The Owl Centre Charity made significant progress in developing practical, accessible support for neurodivergent people and their families. The charity received £108,927 (2024: £20,000) during the year from a combination of donations and grants. This funding enabled the charity to invest £24,348 (2024: £2,001) in charitable activities, project development and essential administration. The year-end bank balance was £104,219, compared with an opening balance of £20,240.

A major focus was the continued development of Waiting Well, an online resource for people awaiting autism or ADHD assessment. During the year, the charity invested in associated invoices, expenses and promotional activity. Work included creating and filming accessible content, designing downloadable resources and developing the website. The £20,000 National Lottery grant received in 2024 was fully applied to the project by November 2025, helping the charity provide reliable information and practical support during what can be a lengthy and uncertain waiting period.

The charity also continued its international work partnering with Saigon Children's Charity based in HCMC, Vietnam. The project was Lego Therapy - train the trainer, with more than 30 special school teachers and SEN practitioners attending the training. Travel and subsistence expenditure totalled £2,352, supporting the charity's objective of sharing knowledge and strengthening support for disabled and neurodivergent children internationally. The project received excellent feedback.

Funding received during the year also supported the development of two new initiatives.
Grandparenting Differently: a six-week programme designed to help grandparents understand and support neurodivergent children. A trainer with lived experience was sourced and preparations began to deliver the programme in Stockton-on-Tees and in South Gloucestershire / Bristol.
Power Over Pain: was developed to provide support for people experiencing complex and persistent pain associated with a Neuro-divergent diagnosis. £500 from the People's Postcode lottery was used for developing the course.

Towards the end of 2025, the charity received an interim legacy payment of £100,000 from the estate of Mrs Rosemary Munns, who generously included the charity in her will. The funds will be invested during 2026, strengthening the charity's long-term financial position, supporting its sustainability and reducing its reliance on grant funding.

These achievements provide a strong foundation for expanding the charity's reach and impact in future years.

Financial review

The charity maintains reserves for 6 months of operational activity and has a robust reserves policy.

Once the legacy funds have been invested, the charity intends to use the annual investment return to contribute towards its operating costs, helping to preserve the capital and support long-term financial sustainability.

In 2025 the main sources of funding were:

- The People's Postcode lottery
- The Tees valley foundation
- The Gloucestershire foundation
- Legacy from Rosemary Munns' estate

In 2025 we developed an investment policy to support the investment of the legacy fund.

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The OCC is a charity governed by a constitution and constituted by the CIO.

Recruitment and appointment of new trustees

New trustees are introduced by Nicola Lathey, CEO and voted in by The Owl Centre Charity trustees.

L.R.

Report of the Trustees
for the Year Ended 31 December 2025

Reference and administrative details
Registered Charity number
1191239

Principal address
18 St George's Place
Cheltenham
GL50 3JZ

Trustees
Members who have served during the year were as follows:

Trustees
Laura Pitman-Roberts - Chair
Charlotte Forsyth
Bridget Snasdell
Heledd Kendrick - ended 21 May 2025
Jo Luxton - ended 21 May 2025
Marianne Simpson - ended 21 May 2025

Advisers
Nicola Lathey - CEO / Clinician
Faith Griffiths - Independent Charity Advisor

Independent Examiner
Crowthers
The Courtyard
19 High Street
Pershore
Worcestershire
WR10 1AA

Approved by order of the board of trustees on 20 October 2026 and signed on its behalf by:

Mrs L A Roberts - Trustee

L.R.

Independent Examiner's Report to the Trustees of The Owl Centre Charity

Independent examiner's report to the trustees of The Owl Centre Charity
I report to the charity trustees on my examination of the accounts of The Owl Centre Charity (the Trust) for the year ended 31 December 2025.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian P Cooke, FCA

Crowthers
The Courtyard
19 High Street
Pershore
Worcestershire
WR10 1AA

20 October 2026

L.R.

The Owl Centre Charity

Statement of Financial Activities
for the Year Ended 31 December 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		105,927	3,000	108,927	20,000
EXPENDITURE ON					
Charitable activities					
Charitable activities		3,278	17,257	20,535	595
Other		3,470	2,743	6,213	1,406
Total		6,748	20,000	26,748	2,001
NET INCOME/(EXPENDITURE)		99,179	(17,000)	82,179	17,999
RECONCILIATION OF FUNDS					
Total funds brought forward		240	20,000	20,240	2,241
TOTAL FUNDS CARRIED FORWARD		99,419	3,000	102,419	20,240

CONTINUING OPERATIONS
All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

L.R.

The Owl Centre Charity

Statement of Financial Position
31 December 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Cash at bank		101,219	3,000	104,219	20,240
NET CURRENT ASSETS		101,219	3,000	104,219	20,240
TOTAL ASSETS LESS CURRENT LIABILITIES		101,219	3,000	104,219	20,240
ACCRUALS AND DEFERRED INCOME	5	(1,800)	-	(1,800)	-
NET ASSETS		99,419	3,000	102,419	20,240
FUNDS	6				
Unrestricted funds				99,419	240
Restricted funds				3,000	20,000
TOTAL FUNDS				102,419	20,240

The financial statements were approved by the Board of Trustees and authorised for issue on 20 October 2026 and were signed on its behalf by:

L A Roberts - Trustee

The notes form part of these financial statements

L.R.

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements for the year ended 31 December 2025 were the first that were prepared in accordance with FRS 102. The previous financial statements were prepared in accordance with Receipts and Payments, the date of transition is 1 January 2025.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Donated facilities and services
The charity recognises donated facilities and donated professional services as income when the benefit to the charity is reasonably quantifiable and measurable, and when the charity would have purchased the services if they had not been donated.

Donated professional services are measured at the value the charity would expect to pay for an equivalent service on the open market. Corresponding expenditure is recognised in the period in which the service is received, resulting in no net impact on the charity's surplus or deficit.

General volunteer time is not recognised in the financial statements in accordance with the Charities SORP (FRS 102), but the contribution of volunteers is described in the Trustees' Annual Report where material.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

L.R.

1. ACCOUNTING POLICIES - continued

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Financial assets are derecognised when and only when the contractual rights to the cash flows from the financial asset expire or are settled, or the Company transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or the Company, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Classification of financial liabilities
Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities
Basic financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payment ts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

Grants
Grants are recognised in the profit and loss account on systematic basis over the periods in which the entity recognises expenses for the related costs for which the grants are intended to compensate.

2. INDEPENDENT EXAMINERS' REMUNERATION

Independent examiners' remuneration for the year was £2,400 (2024: Nil)

continued...

L.R.

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2025 nor for the year ended 31 December 2024.

Trustees' expenses

During the year, £243 expenses for travel and in relation to Waiting Well project were reimbursed to Charlotte Forsyth.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	-	20,000	20,000
EXPENDITURE ON			
Charitable activities			
Charitable activities	595	-	595
Other	1,406	-	1,406
Total	2,001	-	2,001
NET INCOME/(EXPENDITURE)	(2,001)	20,000	17,999
RECONCILIATION OF FUNDS			
Total funds brought forward	2,241	-	2,241
TOTAL FUNDS CARRIED FORWARD	240	20,000	20,240

5. ACCRUALS AND DEFERRED INCOME

	2025 £	2024 £
Accruals and deferred income	1,800	-

6. MOVEMENT IN FUNDS

	At 1/1/25 £	Net movement in funds £	At 31/12/25 £
Unrestricted funds			
General fund	240	99,179	99,419
Restricted funds			
Waiting Well project	20,000	(20,000)	-
Gloucestershire Foundation	-	500	500
Grandparenting Differently	-	2,500	2,500
	20,000	(17,000)	3,000
TOTAL FUNDS	20,240	82,179	102,419

continued...

L.R.

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,927	(6,748)	99,179
Restricted funds			
Waiting Well project	-	(20,000)	(20,000)
Gloucestershire Foundation	500	-	500
Grandparenting Differently	2,500	-	2,500
	3,000	(20,000)	(17,000)
TOTAL FUNDS	108,927	(26,748)	82,179

Comparatives for movement in funds

	At 1/1/24 £	Net movement in funds £	At 31/12/24 £
Unrestricted fund	2,241	(2,001)	240
Restricted funds			
Waiting Well project	-	20,000	20,000
TOTAL FUNDS	2,241	17,999	20,240

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	-	(2,001)	(2,001)
Restricted funds			
Waiting Well project	20,000	-	20,000
TOTAL FUNDS	20,000	(2,001)	17,999

continued...

L.R.

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/24	Net movement in funds	At 31/12/25
	£	£	£
Unrestricted fund	2,241	97,178	99,419
Restricted funds			
Gloucestershire Foundation	-	500	500
Grandparenting Differently	-	2,500	2,500
	-	3,000	3,000
TOTAL FUNDS	2,241	100,178	102,419

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	105,927	(8,749)	97,178
Restricted funds			
Waiting Well project	20,000	(20,000)	-
Gloucestershire Foundation	500	-	500
Grandparenting Differently	2,500	-	2,500
	23,000	(20,000)	3,000
TOTAL FUNDS	128,927	(28,749)	100,178

7. RELATED PARTY DISCLOSURES

During the year, the charity paid £5,200 to The Owl Centre Limited for services provided. This company is associated with Nicola Lathey, an advisor to the charity.

L.R.

The Owl Centre Charity

Detailed Statement of Financial Activities
for the Year Ended 31 December 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	105,927	-
Grants	3,000	20,000
	108,927	20,000
Total incoming resources	108,927	20,000
EXPENDITURE		
Charitable activities		
Education & training	20,535	595
Other		
Entertainment	250	-
Legal & professional	2,500	-
Post & stationary	124	-
Travel and subsistence	2,345	-
Other expenses	(1,406)	1,406
	3,813	1,406
Support costs		
Governance costs		
Auditors' remuneration for non audit work	2,400	-
Total resources expended	26,748	2,001
Net income	82,179	17,999

L.R.

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Initiator email	nw@crowthers.co.uk
Document completed	2026-10-22 15:10 +01:00

Document Signers

Name	Laura Roberts
Email	pitmanroberts@btinternet.com
Mobile	Not Provided
IP Address/es	81.151.229.9
Verification Mode	Email Code



Document Audit Log

Date	User	Transaction
2026-10-22 14:21 +01:00	nw@crowthers.co.uk	Document Bundle Created by Niamh Winterbotham (nw@crowthers.co.uk)
2026-10-22 14:21 +01:00	System	Access link: sending email to: pitmanroberts@btinternet.com. (1 Document - 1 Signing Action).
2026-10-22 15:08 +01:00	Laura Roberts	Email Verification Requested to email pitmanroberts@btinternet.com
2026-10-22 15:09 +01:00	Laura Roberts	Code entered and verified
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Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	January	2025	To	31	December	2025

Section A Reference and administration details

Charity name	The Owl Centre Charity
Other names charity is known by	
Registered charity number (if any)	1191239
Charity's principal address	18 St George's Place
	Cheltenham
Postcode	GL50 3JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Laura Pitman-Roberts	Chair	4.5.2025 to current	
2	Charlotte Forsyth	Trustee	4.5.2025 to current	
3	Bridget Snasdell	Trustee	4.5.2025 to current	
4	Heledd Kendrick	Trustee		
5	Jo Luxton	Trustee	Ended 21.5.2025	
6	Marianne Simpson	Trustee	Ended 21.5.2025	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
CEO / Clinician	Nicola Lathey	18 St George's Place, Cheltenham.
Independent Charity Advisor	Faith Griffiths	

Name of chief executive or names of senior staff members (Optional information)

Nicola Lathey - CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution

How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Introduced by Nicola Lathey, CEO and voted in by The Owl Centre Charity trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Owl Centre Charity is governed by its Board of Trustees, who provide strategic oversight and ensure the charity operates in accordance with its charitable objectives. Trustees are supported through appropriate induction, guidance and ongoing training.
The charity maintains relevant governance, safeguarding, financial, skills matrix and risk-management policies, which are reviewed as appropriate. Trustees consider the principal risks facing the charity and oversee proportionate measures to manage and mitigate these. The charity works collaboratively with The Owl Centre and other relevant organisations, while maintaining appropriate oversight of any related-party relationships and ensuring that decisions are made in the best interests of the charity.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Owl Centre charity's aim is to provide educational resources, training, and support for individuals with additional needs (such as neurodiversity, communication difficulties, or mental health challenges), their families, and the professionals who work with them. It achieves this through creating bespoke psycho-education packages, running workshops, and offering specialist information, with both UK and international reach.

The charity works with various partners to provide guidance, support, and community resources, including training for professionals in developing countries:

- **Support for individuals and families:**

  The charity provides resources, information, and support for people with neurodiverse needs, mental health challenges, and communication difficulties.

- **Professional training:**

  It delivers training programs, workshops, and conferences for parents and professionals to build their skills in supporting individuals with additional needs.

- **Bespoke intervention packages:**

  The Owl Centre Charity creates tailored packages focusing on British best practices for a wide range of needs, including autism and ADHD.

- **International collaboration:**

  The charity works with international partners to provide training and support in developing countries, with a focus on empowering local professionals.

- **Specialist expertise:**

  It draws on a multi-disciplinary team of specialists, including speech and language therapists, occupational therapists, psychotherapists, and medical experts, to deliver its services in the UK and abroad, and to create psycho-education packages.

- **Community and partnership work:**
  The charity engages with community initiatives and partners with other charities, such as the Saigon Children's Charity, to support specific groups.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Our two main activities in 2025 were a fantastic and effective trip to Vietnam, partnering with Saigon Children's Charity to deliver Lego Therapy training, and secondly, our main activity in 2025 centred around the launch of Waiting Well which was a significant success for The Owl Centre Charity, transforming a £20,000 National Lottery Community Fund grant into a free national psychoeducation resource for people and families waiting for neurodevelopmental assessments. The platform provides practical support around areas including sensory needs, sleep, nutrition, education and workplace needs, and emotional wellbeing.

The April 2025 launch generated substantial national media attention. Between 8 and 15 April alone, Waiting Well featured on more than 30 UK radio stations with an estimated reach of over 2.1 million people**.** Wider coverage included the BBC, *The Times*, Netmums and other media, with the overall PR campaign reporting an anticipated reach of 11.4 million people across the UK**.**

The project also helped develop relationships with organisations including Hunrosa, Physis4GPs, Hampshire and Isle of Wight ICB, and North East and North Cumbria ICB. The latter recommended Waiting Well as a free resource for inclusion in referral and

outsourcing correspondence.

The biggest accolade of all was that NICE also picked it up and want to use this as a 'go to' resource for the guidance. This demonstrates Waiting Well's impact and significance of which we are very proud of.

Overall, the launch successfully established Waiting Well as a nationally visible, freely accessible resource, raising awareness of the challenges experienced during lengthy assessment waits while providing families with practical support they can use before a formal diagnosis. The project's subsequent development and continued use within the Charity demonstrate that it has become an important part of the Charity's ongoing work.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

During the year ending 31 December 2025, The Owl Centre Charity made significant progress in developing practical, accessible support for neurodivergent people and their families. The charity received £110,596.70 during the year from a combination of donations and grants. This funding enabled the charity to invest £26,617.48 in charitable activities, project development and essential administration. The year-end bank balance was £104,218.77, compared with an opening balance of £20,239.55.

A major focus was the continued development of Waiting Well, an online resource for people awaiting autism or ADHD assessment. During the year, the charity invested £9,334.66 in associated invoices, expenses and promotional activity. Work included creating and filming accessible content, designing downloadable resources and developing the website. The £20,000 National Lottery grant received in 2024 was fully applied to the project by November 2025, helping the charity provide reliable information and practical support during what can be a lengthy and uncertain waiting period.

The charity also continued its international work partnering with Saigon Children's Charity based in HCMC, Vietnam. The project was Lego Therapy – train the trainer, with more than 30 special school teachers and SEN practitioners attending the training. Travel and subsistence expenditure totalled £2,351.69, supporting the charity's objective of sharing knowledge and strengthening support for disabled and neurodivergent children internationally. The project received excellent feedback.

Section D Achievements and performance

Funding received during the year also supported the development of two new initiatives.

Grandparenting Differently: a six-week programme designed to help grandparents understand and support neurodivergent children. A trainer with lived experience was sourced and preparations began to deliver the programme in Stockton-on-Tees and in South Gloucestershire / Bristol.

Power Over Pain: was developed to provide support for people experiencing complex and persistent pain associated with a Neuro-divergent diagnosis. £500 from the People's Postcode lottery was used for developing the course.

Towards the end of 2025, the charity received an interim legacy payment of £100,000 from the estate of Mrs Rosemary Munns, who generously included the charity in her will. The funds will be invested during 2026, strengthening the charity's long-term financial position, supporting its sustainability and reducing its reliance on grant funding.

These achievements provide a strong foundation for expanding the charity's reach and impact in future years.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity maintains reserves for 6 months of operational activity and has a robust reserves policy.

Once the legacy funds have been invested, the charity intends to use the annual investment return to contribute towards its operating costs, helping to preserve the capital and support long-term financial sustainability.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy

In 2025 the main sources of funding were:

- The People's Postcode lottery
- The Tees valley foundation
- The Gloucestershire foundation
- Legacy from Rosemary Munns' estate

In 2025 we developed an investment policy to support the investment of the legacy fund.

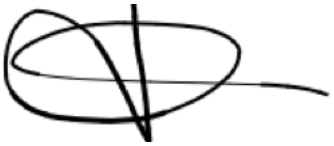
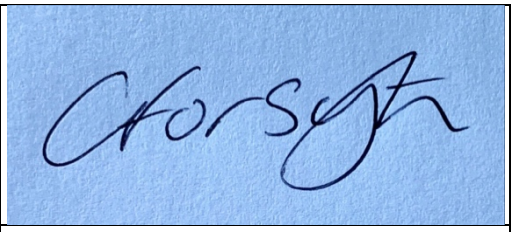
adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Heledd Kendrick	Charlotte Forsyth
Position (e.g. Secretary, Chair, etc)	Chair	Trustee

Date 15/10/2026