Charity Registration Number : 1190978

TEES VALLEY COMMUNITY CARE TRUST

A CHARITABLE INCORPORATED ORGANISATION (CIO)
TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2026

TEES VALLEY COMMUNITY CARE TRUST

CONTENTS

FOR THE YEAR ENDED 31 MARCH 2026

Legal and Administrative Information	.....	1
Trustees' Report	.....	2
Independent Examiner's Report	.....	3
Statement of Financial Activities	.....	4
Balance Sheet	.....	5
Notes to the Financial Statements	.....	6 - 9

TEES VALLEY COMMUNITY CARE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2026

Trustees	Saadia Gul Raja Sabina Sarwar Nusrat Naseem Razzaq Shaneen Kausar Yaqoob Adnan Adeel Rashid Rifaat Shamim Raja Shaufkath Rashid Kubra Aziz Arshad Begum Hussain
Charity Number	1190978
Registered Office	Ironopolis Halls Bright Street Cleveland TS1 2AG
Chairman	Zahida Parveen Rashid
Independent Examiner	KASH SHAH ACCOUNTANTS UK LTD 165 Crescent Road Middlesbrough TS1 4QT

TEES VALLEY COMMUNITY CARE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2026

The trustees present their annual report and financial statements for the year ended 31 March 2026.

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2026

The trustee, present their report with the financial statements of the charity for the year ended 31 March 2026. We are a voluntary Community Organization devoted to fulil charitable purposes as laid down in our constitutions as well as Registered Charity. All our activities, management and accounts are organised in accordance with the appropriate provisions of the Charities Act.

OBJECTIVES AND ACTIVITIES

Objects and Aims

Our charity reaches out to individuals living in and around the Teesside area. We set out to reach the elderly community to combat loneliness and depression and other health issues which also includes mental health. We are hoping that our service will give clients the confidence preventing them from social isolation and combating depression and other health issues what can arise with loneliness such as early dementia.

We run three weekly sessions at Ironopolis Hall, Middlesbrough to help our clients access the community. On each day we have 2 sessions, one for the men and the other for the women. The sessions are separate but run simultaneously due to client preference. The weekly sessions are Monday, Tuesday and Thursday and numbers of people attending the centre are approximately 60 in these 3 days excluding staff and volunteers. We have 14 staff including care workers, voluntary workers and a coordinator.

The charity will also provide community development projects nationally and internationally that will advance health and well-being and tackle poverty. There will be scope to deliver education to the public in both England and Wales encompassing the nature, causes, effects and benefits of such provisions.

Public Benefit

We have the benefit of a retired doctor as a volunteer, who delivers advice on health and social matters. She also provides our clients with a talk about general topics for example: The importance of adopting a hobby, current affairs, medication (importance of taking correctly, on time, side effects, etc), healthy eating, exercising at home, recycling, neighbourhood watch and gardening. She also offers 1:1 advice about cholesterol level, weight management, diabetes, incontinence as well as any other issues.

In our session we provide our clients a masseuse to help with their aches and pains as we understand it is an incentive for the clients to attend the sessions. We concentrate on the well-being of our clients and try to put them on the right care path.

Risk Management

The staff and volunteers have been working hard and learning new skills with the training courses provided by the charity. The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees have assessed the risk that charity faces and are satisfied that systems are in place to manage the risks that have been identified. In particular, insurance cover is in place and finances of the charity are kept under review. Appropriate DBS checks are made for all those who work with children or vulnerable adults.

This report was approved by the trustees and signed on its behalf by:

Shaufkath Rashid
Trustee

Date : **23 July 2026**

TEES VALLEY COMMUNITY CARE TRUST

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2026

Independent Examiner’s Report to the Trustees of Tees Valley Community Care Trust

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2026 which consists of the statement of financial activities,balance sheet and the related notes

Responsibilities and basis of report

As the charity’s trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of the Independent Examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'True and fair view ' and the report is limited to those matters set out in the statements below.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a ‘true and fair’ view which is not a matter considered as part of an independent examination.
- I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: **Syed Kashif Zafar**
for and on behalf of **KASH SHAH ACCOUNTANTS UK LTD**

Date: **23 July 2026**

TEES VALLEY COMMUNITY CARE TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2026

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2026 £	Total Funds 2025 £
Income and endowments from:				
Donations and legacies	2	22,612.99	22,612.99	19,898.98
Charitable activities	3	102,820.81	102,820.81	82,749.97
Other	4	10,385.00	10,385.00	8,537.46
Total		**135,818.80**	**135,818.80**	**111,186.41**
Expenditure on:				
Raising funds		33,360.82	33,360.82	41,243.68
Charitable activities	5	37,513.68	37,513.68	50,696.56
Other	7	2,459.63	2,459.63	3,194.43
Total		**73,334.12**	**73,334.12**	**95,134.66**
Net income		62,484.68	62,484.68	16,051.75
Net movement in funds		**62,484.68**	**62,484.68**	**16,051.75**
Reconciliation of funds:				
Total funds brought forward		334,739.77	334,739.77	318,688.02
Total funds carried forward		**397,224.45**	**397,224.45**	**334,739.77**

TEES VALLEY COMMUNITY CARE TRUST

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2026

Recommended categories by activity	Notes	Total Funds 2026 £	Total Funds 2025 £
Fixed assets			
Tangible assets	8	438,567.62	459,198.37
Total fixed assets		**438,567.62**	**459,198.37**
Current assets			
Cash at bank and in hand	9	56,176.25	33,620.68
Total current assets		**56,176.25**	**33,620.68**
Creditors: amounts falling due within one year	10	13,715.44	17,258.03
Net current assets		42,460.81	16,362.65
Total assets less current liabilities		**481,028.43**	**475,561.02**
Creditors: amounts falling due after one year	11	83,000.00	140,821.25
Total net assets		**398,028.43**	**334,739.77**
Funds of the Charity			
Unrestricted funds	12	397,224.45	334,739.77
Restricted funds	12	-	-
Endowment funds	12	-	-
Total funds		**397,224.45**	**334,739.77**

The financial statements were approved by the trustees on 23 July 2026 and signed on its behalf by:

Shaufkath Rashid
Trustee

Date : **23 July 2026**

TEES VALLEY COMMUNITY CARE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

TEES VALLEY COMMUNITY CARE TRUST is a Charitable Incorporated Organization (CIO) registered with the Charity Commission for England and Wales. The registered office is Ironopolis Halls, Bright Street, MIDDLESBROUGH, Cleveland, TS1 2AG.

1. Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.1 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.2 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

2. Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2026	Total funds 2025
	£	£	£
Donations	22,612.99	22,612.99	19,898.98
Total	**22,612.99**	**22,612.99**	**19,898.98**

3. Income from Charitable Activities

Analysis	Unrestricted funds	Total funds 2026	Total funds 2025
	£	£	£
Daycare Centre Income	102,820.81	102,820.81	82,749.97
Total	**102,820.81**	**102,820.81**	**82,749.97**

4. Other Income

Analysis	Unrestricted funds	Total funds 2026	Total funds 2025
	£	£	£
Rental Income	10,385.00	10,385.00	8,537.46
Total	**10,385.00**	**10,385.00**	**8,537.46**

5. Expenditure on Charitable Activities

Analysis	Unrestricted funds	Total funds 2026	Total funds 2025
	£	£	£
Bank charges	31.70	31.70	-
Rent & Rates	1,574.66	1,574.66	2,559.16
Software & Consumables	86.26	86.26	586.68
Total	**1,692.62**	**1,692.62**	**3,145.84**
Support Costs	35,821.06	35,821.06	47,550.72
	37,513.68	**37,513.68**	**50,696.56**

6. Support Costs

	Total funds 2026	Total funds 2025
Analysis	£	£
Support Costs		
Insurance	293.96	3,596.81
Supplies	9,189.28	16,721.40
Telecommunication	1,618.34	4,547.83
Light & Heat	6,788.30	6,656.18
Travelling	6,845.14	7,067.90
Volunteer Expense	4,886.59	4,552.65
Staff Costs and General Office Expenses	37,100.02	36,216.58
Consultancy	-	3,128.00
Governance Costs		
Accountants fees	1,900.00	2,160.00
Legal & Professional	560.24	4,147.04
	69,181.87	**88,794.39**

7. Other Expenditure

Analysis	Unrestricted funds	Total funds 2026	Total funds 2025
	£	£	£
Depreciation Charge for the Year - Motor Vehicles	1,917.22	1,917.22	2,556.30
Office Equipment - Depreciation Charge for the Year	542.41	542.41	638.13
Total	**2,459.63**	**2,459.63**	**3,194.43**

8. Tangible Fixed Assets

	Freehold Land & Buildings	Motor Vehicles	Office Equipment
	£	£	£
8.1 Cost or valuation			
At 01 April 2025	447,913.41	7,668.87	3,616.08
Additions	14,650.14	-	-
Disposals	(32,821.25)	-	-
Revaluations	-	-	-
Transfers	-	-	-
At 31 March 2026	**429,742.30**	**7,668.87**	**3,616.08**
8.2 Depreciation and impairments			
At 01 April 2025	-	-	-
Charge for the year	-	1,917.22	542.41
Disposals	-	-	-
Revaluations	-	-	-
Transfers	-	-	-
At 31 March 2026	**-**	**1,917.22**	**542.41**
8.3 Net book value			
At 01 April 2025	447,913.41	7,668.87	3,616.08
At 31 March 2026	**429,742.30**	**5,751.65**	**3,073.67**

9. Cash at bank and in hand

Analysis	Total funds 2026	Total funds 2025
	£	£
Cash in hand	56,176.25	33,620.68
Total	**56,176.25**	**33,620.68**

10. Creditors: Amounts falling due within one year

Analysis of Creditors	Total funds 2026	Total funds 2025
	£	£
Trade creditors	11,815.44	15,098.03
Accruals and deferred income	1,900.00	2,160.00
Total	**13,715.44**	**17,258.03**

11. Creditors: Amounts falling due after one year

Analysis of Creditors	Total funds 2026	Total funds 2025
	£	£
Loan - Long Term	83,000.00	140,821.25
Total	**83,000.00**	**140,821.25**

12. Charity funds

12.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Fund balances carried forward
	£	£	£	£
Unrestricted funds				
Unrestricted General Funds	-	135,818.80	73,334.12	62,484.68
	334,739.77	-	-	334,739.77
Unrestricted funds total	**334,739.77**	**135,818.80**	**73,334.12**	**397,224.45**
Total	**334,739.77**	**135,818.80**	**73,334.12**	**397,224.45**

12.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Fund balances carried forward
	£	£	£	£
Unrestricted funds				
Total	**318,688.02**	**111,186.41**	**95,134.66**	**334,739.77**