Trustees' annual report
for the period

CHARITY COMMISSION
FOR ENGLAND AND WALES

0	1	0	1	2	5	Period end date	3	1	1	2	2	5

Charity name LXD Fitness Foundation

Charity No (if any) 1 1 9 0 6 5 9

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The promotion of social inclusion and act as resource for young people between the ages of 13 to 25 through organising programmes of physical fitness and other activities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Collaborating with existing charities and providing access to high level fitness trainers and experts who will guide and mentor beneficiaries through individualised fitness programmes over an 18-month period.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, this has been outlined to all trustees in addition to a signed declaration of trust document and Conflict of interests document.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Outlined in Decision making policy document (2. - 6.)
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	N/A

Other		

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The CIO is currently in the fundraising phase and does not plan to start working on the main charity purpose until the minimum funding target of 2 years running costs is reached. This figure can be found in the charity financial plan which was attached in the initial yearly return.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	Approximately 15% of target achieved
Investment performance against objectives	Para 1.41	N/A
Other		

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	Currently in Fundraising phase with approximately 15% of target achieved.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The yearly surplus will be reserved to buffer any yearly changes in running costs due to inflation and even out any gaps in funding after year 2.
Amount of reserves held	Para 1.22	Outlined in Financial model which was attached the last years return.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from Wealthy individuals
Investment policy and objectives including any social investment policy adopted	Para 1.46	The Charity Trustees will not support Young People who are NOT introduced through another charitable organisation. More information is in the decision-making policy document (2.) which was attached in the initial yearly return.
A description of the principal risks facing the charity	Para 1.46	Lack of initial funding
Other		

Description of charity's trusts:	SORP reference	

Type of governing document (trust deed, royal charter)	Para 1.25	('Foundation' model constitution)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Outlined in Foundation model constitution (9.)

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	Outlined in Foundation model constitution (9.)
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A at this time
Relationship with any related parties	Para 1.51	N/A at this time
Other		

Charity name	LXD Fitness Foundation
Other name the charity uses	
Registered charity number	1190659
Charity's principal address	35 Bardolph Way, Huntingdon, PE28 4BP

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Lawrence Xavier-Davis	Chair		
Andre Dalphinis	Financial co-signature		
O'Neil Joe			
Caryl Xavier			
Joan Xavier			
Carissa Joe-Xavier-Davis	Secretary		

Reference and Administrative details (cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A at this time

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

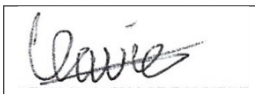
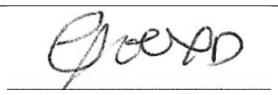
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Lawrence Xavier-Davis	Carissa Joe-Xavier-Davis
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	15/10/26	

CHARITY COMMISSION FOR ENGLAND AND WALES

LXD Fitness Foundation CIO	1190659

Receipts and payments accounts

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For the period from	01/01/2025	To	31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Bank interest	20	-	-	20	20
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	20	-	-	20	20
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	20	-	-	20	20
A3 Payments					
Account fees	60	-	-	60	60
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	60	-	-	60	60
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	60	-	-	60	60
Net of receipts/(payments)	- 40	-	-	- 40	- 40
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10 269	-	-	10 269	10 309
Cash funds this year end	10 229	-	-	10 229	10 269

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account Balance	10 229	-	-
			-	-
		-	-	-
	Total cash funds	10 229	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Lawrence Xavier-Davis	05/10/2026