Trustees' Annual Report for the period

From: 01/01/2025 To: 31/12/2025

Charity name	Dhyan Foundation UK
Charity registration number	1190502

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote good health for the public benefit by teaching the yogic techniques of Sanatan Kriya Yoga for the physical, mental and spiritual health of the community in the UK. To relieve the suffering of animals in the UK and other parts of the world as the trustees decide.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts	Para 1.17 and 1.19	The charity's core activity is a weekly Sanatan Kriya Yoga class held every Monday evening (6:30–8:00pm) at King's College London, together with a weekly online Satsang on Sunday afternoons which begins with a guided meditation and is followed by questions and answers. The charity also holds Vedic ceremonies at Yogashram in Wales, and attends public festivals and wellbeing shows across Wales and England with a stall displaying books and leaflets and promoting its classes. Grants are made to organisations that further the objectives of the foundation. All our charitable activities are volunteer-based, which keeps our overheads to a minimum.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

Policy on grant making	Para 1.38	The charity has a grant-making policy which sets out our approach to risk, monitoring and grant decision-making. Grants are made periodically. The grant decision-making policy is available on our website.
Policy on social investment including programme related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We rely entirely on our well-wishers, volunteers, supporters and donors to achieve our charitable objects.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole	Para 1.20	During 2025 the charity held weekly Sanatan Kriya Yoga classes at King's College London and marked International Yoga Day there in June. It ran a yoga workshop with the National Hindu Students' Forum (NHSF UK), and its volunteers ran stalls at public festivals and wellbeing shows in Wales and London (e.g. Awaken, South Welsh, Welsh Festival of Wellbeing, Big Welsh), including Diwali on the Square in Trafalgar Square, bringing new participants to its classes. Vedic ceremonies open to the public were held at Yogashram, Wales, for Ganesh Chaturthi, Durga Ashtami and Diwali. The charity continued to support the care of the Vedic Brahman cows at Yogashram and paid for feed and for construction work on the cattle shelter (gaushala) at Yogashram (see related parties). Grants of £60,590 were made during the year, principally monthly grants to Dhyan Foundation (India) in furtherance of the charity's objects.

Additional information (optional)

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	For the financial period January 2025 – December 2025, total income was £63,635 and total expenditure was £64,087. (2024: income £65,686; expenditure £64,479.)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not seek to build up reserves. Income is passed principally as grants, and a small working balance is kept in the bank to meet regular direct debits and charges.
Amount of reserves held	Para 1.22	£1,065 (cash at bank at 31/12/2025)
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from volunteers, supporters and donors, together with Gift Aid repayment claims.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

	SORP reference	
Type of governing document (e.g. trust deed, constitution)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions, e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	New trustees are appointed by resolution of the existing trustees in accordance with the charity's constitution, having regard to the skills and experience needed by the charity.

Additional information (optional)

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	Yogashram, Llandovery, the charity's registered address, is owned by Suresh Kumar, Chair of Trustees. It houses a gaushala (cattle shelter) operated on the principles of Dhyan Foundation. During 2025 the charity paid £1,256 directly to suppliers for cattle feed (£360) and construction work on the cattle shelter (£896), in furtherance of its animal welfare objects. Mr Kumar declared his interest and took no part in the trustees' decision on these payments, recorded by written resolution dated 12th October 2026. Because clause 6 of the constitution requires the prior consent of the Charity Commission for any indirect benefit to a trustee, the trustees have applied to the Commission for authority for these and future payments.
Other		

Reference and Administrative Details

Charity name	Dhyan Foundation UK
Other name the charity uses	
Registered charity number	1190502
Charity's principal address	Yogashram, Llandovery, SA20 0EN, United Kingdom

Names of the charity trustees who manage the charity	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Suresh Kumar	Chair		
Vaibhav Kalra	Treasurer		
Wai Ming Lam			

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A

Name of trustees holding title to property belonging to the charity

Trustee name	N/A

Funds held as custodian trustees on behalf of others

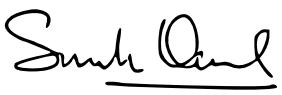
Description of the assets held in this capacity	N/A

Additional information (optional)

Type of adviser	Name	Address
Independent examiner	Christopher Neilon	7 Milbourne House, Princess Square, Esher, KT10 9EW
Bank		

Declarations

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signature(s)		
Full name(s)	Suresh Kumar	Vaibhav Kalra
Position (e.g. Secretary, Chair, etc.)	Chair	Treasurer
Date	14 Oct 2026	12 Oct 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Dhyan Foundation UK	1190502

Receipts and payments accounts

CC16a

For the period from	1/1/2025	To	12/31/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	44,675	-	-	44,675	57,190
Gift Aid Claims	18,825	-	-	18,825	8,496
Other receipts	135	-	-	135	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	63,635	-	-	63,635	65,686
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	63,635	-	-	63,635	65,686
A3 Payments					
Grants	60,590	-	-	60,590	57,843
Operating Expense (General expense, operat	1,464	-	-	1,464	5,727
Stripe charges	501	-	-	501	643
Bank charges	276	-	-	276	266
Animal welfare – Yogashram gaushala (feed &	1,256	-	-	1,256	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	64,087	-	-	64,087	64,479
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	64,087	-	-	64,087	64,479
Net of receipts/(payments)	(451)	-	-	(451)	1,207
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,516	-	-	1,516	309
Cash funds this year end	1,065	-	-	1,065	1,516

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank – Barclays current account	1,065	-	-
		-	-	-
		-	-	-
	Total cash funds	1,065	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-

	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

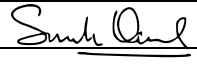
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	*Suresh Kumar*	*14/10/2026*

Dhyan Foundation UK (1190502) – Notes to the receipts and payments accounts, year ended 31 December 2025

1 Basis of preparation

The accounts have been prepared on a receipts and payments basis in accordance with the Charities Act 2011.

2 Guarantees

The CIO had given no guarantees at 31 December 2025 under which a liability could arise.

3 Secured debts

The CIO had no debts secured by a charge on its assets at 31 December 2025.

4 Related party transactions

Payments of £1,256 (cattle feed £360; cattle shelter construction £896) were made directly to suppliers for the gaushala at Yogashram, Llandovery, which is owned by Suresh Kumar, Chair of Trustees. Mr Kumar took no part in the decision. The other trustees approved the payments on 12 October 2026 and have asked the Charity Commission to authorise them.

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Dhyan Foundation UK		
On accounts for the year ended	31 December 2025	**Charity no (if any)**	1190502
Set out on pages	1 to 3 (receipts and payments account, statement of assets and liabilities, and notes) (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2025**.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	29th September 2026
Name:	Christopher Neilon		
Relevant professional qualification(s) or body (if any):			
Address:	7 Milbourne House, Princess Square, Esher, KT10 9EW		

Section B	Disclosure
	Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	