bravo MEDICS

Annual Report 2025

Annual report and financial statements for the year ended 31 December 2025



Registered with FUNDRAISING REGULATOR

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Bravo Medics' Annual Report 2025

Reference and administrative details of the charity, its Trustees and advisers for the year ended 31 December 2025

The trustees of Bravo Medics present their annual report including financial statements of the charity's activities between 1 January and 31 December 2025. The Trustees confirm that this report complies with current statutory requirements, the charity's Governing Document and the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities.

Trustees	Dr James Tooley (Chair) Dr Glyn Thomas (Clinical Lead) Ms Felicity Lambert (Treasurer, joined October 2025) Dr Andrew Heavyside (resigned Jan 2025) Dr Frederic Stourton (resigned April 2025) Mr Blair Sasada (resigned June 2025)
Registered charity number	1189780 (Charity Commission of England & Wales)
Registered address	Garden Cottage Long Lane Bristol BS40 5SA
Independent examiner	Mark Lewis
Bankers	HSBCUK 62 George White Street Bristol BS1 3BA

Objectives & activities



Charitable object

Bravo Medics charitable objective is to save lives in the community by providing equipment, training and ongoing financial support allowing doctors and other critical care trained clinicians to respond as volunteers when requested by the statutory ambulance service.

Vision, Mission & strategic objectives

Bravo Medics' vision is a future where nobody is denied life-saving treatment and critical care in the community. Our mission is to provide highly trained critical care volunteer medics and specialist equipment to the sickest people, wherever they become ill or injured in the community.

Our strategic objectives are to:

- provide free, road-based voluntary critical care to the people of Bristol, Somerset, Gloucestershire, Wiltshire and further afield when required.
- use best practice, learning and research to inform operational and clinical procedures and volunteer resource.
- maintain strong partnerships with other organisations including the South Western Ambulance Service Foundation Trust, Hospital Trusts, Air Ambulance charities and commissioners.

Chair's Welcome



As 2025 draws to a close, I am honoured to take over as Chairman of Bravo Medics. Having previously served as Clinical Lead, I am proud to continue supporting the charity and its dedicated team in this new role.

I would like to express my sincere thanks to Dr Andrew Heaviside, who has left the charity to pursue a Consultant post in Australia. Andrew's commitment, leadership and contribution to Bravo Medics have been greatly valued. We wish him every success in this next chapter.

I would also like to thank Freddie Stourton and Blair Sasada, who have stepped aside as charity trustees to pursue their individual careers. We are grateful for the time, energy and expertise they have given to the charity and we wish them both the very best for the future.

I am delighted to welcome Ms Felicity Lambert, who takes over as Treasurer and Trustee. Felicity has a background in medical administration and manages the private cardiology service for several consultants at Spire Hospital, following her retirement after 30 years' service in the NHS.

Dr Glyn Thomas takes over as Clinical Lead. Over the coming 12 months, our priorities will be to recruit more responders and upgrade our kit bags, which are beginning to show the effects of years of hard use.

I look forward to building on the strong foundations already established and to working with our trustees, volunteers, supporters and partners as Bravo Medics continues its vital work.

Dr James Tooley
Chair of Trustees

Achievements & performance

Charitable activities

It has been a very busy year for Bravo Medics. We have seen a noticeable rise in trauma-related incidents, particularly assaults and stabbings, reflecting a worrying pattern across society.

Bravo Medics' volunteers are highly trained crtitical care consultants. They are able to make rapid decisions including applying the principles of STAB5, an initiative created by Great Western Air Ambulance Charity.

STAB5 prioritises the rapid extrication and conveyance of stabbing victims to a major trauma centre, without delay, to shorten the time from injury to surgery and increase the chances of survival. Whereas previously many interventions were performed at the scene in an attempt to stabilise the patient, the STAB5 ethos recommends administering this care while en route to hospital when appropriate.



Dr Glyn Thomas, pictured, was recently commended by South Western Ambulance Service Trust executives for his involvement in a city-centre stabbing involving a critically injured teenage boy, who thankfully survived to discharge.

Over the past year, Bravo responders have also increasingly been called upon to assist specialist critical-care paramedics from local air ambulance teams when a doctor has not been available. The presence of a Bravo critical-care doctor enables the air ambulance team, working alongside the Bravo doctor, to administer a pre-hospital anaesthetic when required.

Future plans

In the 2026 and 2027 financial years the charity plans to:

- update its website to improve reach and performance
- recruit new Trustees to the Board who provide a wide range of skills
- recruit additional responders, enhancing the service we provide and to mitigate risk of any service distruption

Information on fundraising practices

The Charity is registered with the Fundraising Regulator and complies with the Fundraising Regulator's Code of Practice and complies with the key principles embodied in the Code. As such, we are committed to high standards. We:

- ensure that volunteers and fundraising contractors comply with the Code
- comply with the law including those that apply to data protection, health and safety and the environment
- answer all reasonable questions about our fundraising activities and costs
- are clear about who we are, what we do and how your gift is used
- give a clear explanation of how people can make or amend a gift
- respect the rights, dignity and privacy of our supporters and beneficiaries
- will not put undue pressure on anyone to make a gift and if they do not want to give or wish to cease giving, we will respect their decision.
- If people tell us that they don't want us to contact them in a particular way, we will not do so.
- We take care not to use any images or words that could cause unjustifiable distress or offence.
- If someone is unhappy with anything we have done whilst fundraising, they can contact us to make a complaint in line with our policy.

Complaints

During the year under review the Charity received no complaints wth regard to its charitable or fundraising activities.

Impact 2025

143 people treated

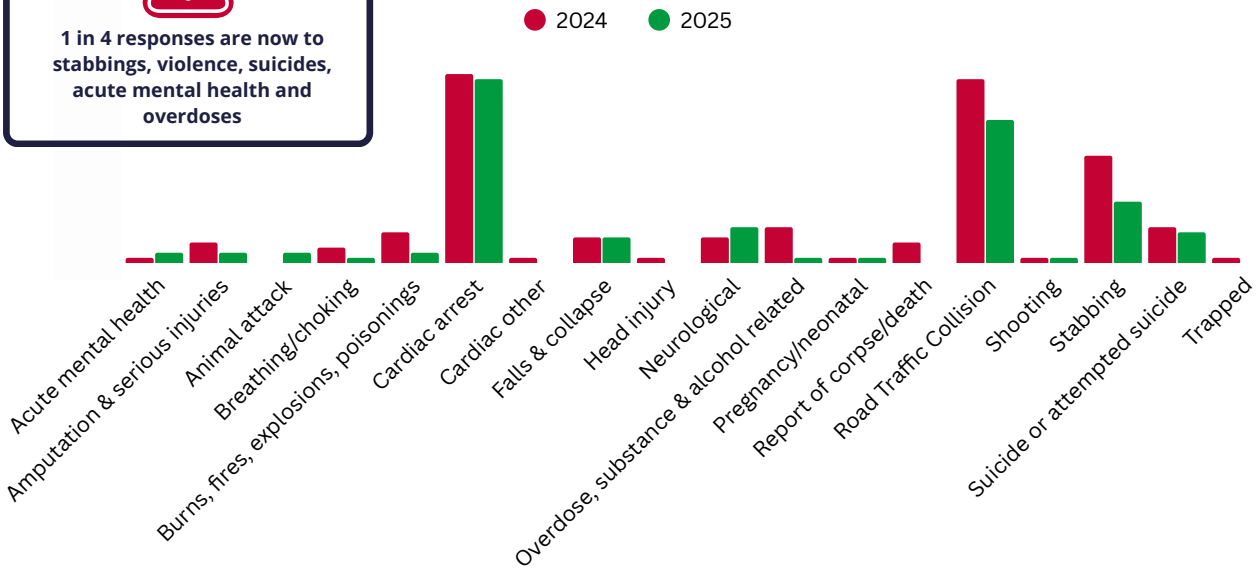
109 missions

85% survived to discharge from our care

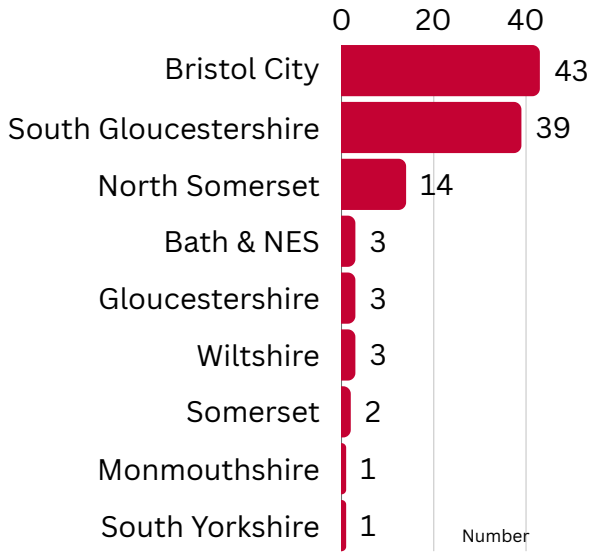
995 miles travelled

1 in 4 responses are now to stabbings, violence, suicides, acute mental health and overdoses

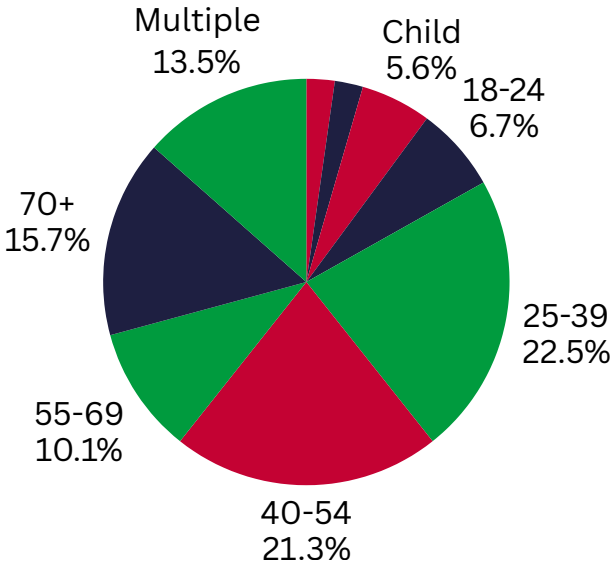
Response types



Mission locations 2025



Patient ages 2025



Charity updates



Welcoming Dr Matt Thomas

We are delighted to welcome Dr Matt Thomas to the team. Matt is a Senior Consultant in Intensive Care Medicine at Bristol Royal Infirmary and, more recently, became Medical Director of South Western Ambulance Service NHS Foundation Trust. He is also a Helicopter Emergency Medical Service Consultant with Great Western Air Ambulance Charity, working alongside our responders Dr James Tooley and Dr Glyn Thomas. In addition to his wealth of experience and expertise, Matt brings terrific enthusiasm and valuable previous experience as a trustee of other emergency charitable organisations.

Thank you

We extend our most sincere thanks to everyone who supported our work in 2025, including the following who provided substantial grants and donations:

- John James Bristol Foundation
- Denman Charitable Trust
- Souter Charitable Trust
- Two anonymous major donors
- Kwik Fit and Bridgestone Tyres for kindly donating a set of all-weather tyres enabling a quicker and safer response in all weather conditions.



Financial review

Treasurer's statement: Ms Felicity Lambert



This is my first annual report as treasurer and as a trustee of Bravo Medics whom I joined in 2026. I am very impressed in the work that has contributed to the setting up the charity and the excellent work in does in the community.

2025 was another excellent year for Bravo Medics and the charity achieved a period of stability as expected by the former Treasurer. Restricted and unrestricted grants provided our main source of income and were primarily used to cover operational and running costs.

We were able to maintain our reserve fund and acquire ZOLL Z Vents which are a transport-grade mechanical ventilator built for EMS, aeromedical, and in-hospital transport. It provides advanced ventilation capabilities typically found in larger ICU ventilators while remaining lightweight and durable.

Summary of financial objectives

The charity's financial aims over the sixth year of operation were as follows:

Maintain current stability.
Build reserves to prepare for any further expansion and new volunteers.
Plan for future expenditure including renewing equipment.

At the end of the period, the Charity held £61,055, split between restricted and unrestricted funds. This includes an operational reserve fund of £10,000 to deal with unexpected costs.

Performance review

Total income for the year was £35,393. The charity's main source of income was grants raising £20.219 over the period. Other income of £15,174 came through donations, online and community fundraising including £1,225 from Just Giving.

Significant financial events

No significant financial events occurred over the accounting period

Reserves policy

The Trustees' policy is to hold six month's unrestricted funding in order for the charity to absorb unexpected costs and/or contribute to setup of a new responder. We also hold funding allocated towards our future development.

Investment policy and objectives

The charity has no long term investments at present.

Liabilities

As of 31 of December 2025, the charity had no outstanding liabilities.

Plans for future periods

There are no current concerns over the charity's ability to operate as a going concern. Over the next year, the charity will aim to maintain its current stability and expand the number of responders, as well as inducting new trustees after board members moved on for personal reasons.

Preparation of accounts

As a CIO with an income of under £250,000, the accounts were prepared on a receipts and payments basis in accordance with the Charities SORP.

Exemptions from disclosure

The Charity reports no exemptions from disclosure.

Funds held as custodian trustee on behalf of others

The Charity does not act as a custodian trustee, nor do any of its individual trustees

Summary of financial activities for the year 1 January 2025 to 31 December 2025

	Unrestricted	Restricted	Total funds	*2024*
INCOME FROM				
Donations	15,174	-	15,174	*445*
Grants	5,875	14,344	20,219	*85,215*
Total income	**21,049**	**14,344**	**35,393**	*85,661*
EXPENDITURE ON				
Charitable activities	5,927	15,835	21,762	*32,849*
Equipment	-	3,504	3,504	*25,568*
Accounting and finance	43	-	43	*69*
Raising funds	5,641	-	5,641	*8,423*
Creditors: amounts due within financial year	467	-	467	-
Total expenditure	**12,078**	**15,835**	**27,913**	***41,341***
Net income	8,971	1,491	7,480	*44,319*
Transfers between funds	-	-	-	-
Cash funds at year end	34,473	26,580	61,053	*44,319*
Assets retained for the charity's use			120,432	

We hold medical equipment for our charitable activities with an estimated value of £120,432 at 31 December 2025. We calculated this from the original purchase cost of £174,363, deducting 10% of that cost for each year, including the year of purchase, over an estimated useful life of 10 years with no residual value.

Signed on behalf of the trustees



Dr Glyn Thomas, 30 October 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees BRAVO MEDICS

On accounts for the year ended 2025 **Charity no (if any)** 1189780

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [ ] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: [signature] **Date:** 7-11-2026

Name: MARK LEWIS

Relevant professional qualification(s) or body

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