Cambridge Cancer Help Centre

CIO

TRUSTEES REPORT
AND FINANCIAL STATEMENTS
FOR THE 8 MONTHS ENDED 31 DECEMBER 2025

Charity Number: 1188745



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Cambridge Cancer Help Centre
Trustees' Annual Report for the 8 months ended 31 December 2025

The Trustees of Cambridge Cancer Help Centre (the Cantre) present their annual report together with the financial statements of the CIO for the 8 months ended 31 December 2025. The administrative information forms part of this report.

Charity Objectives

The mission of the Cambridge Cancer Help Centre is to improve the quality of life for people suffering from cancer along with their relatives and carers. This is achieved through teaching relaxation techniques, by counselling and by offering practical along with pastoral care support, but not medical advice.

The Centre offers a wide range of complementary therapies and courses that focus on individuals' wellbeing, social activities and the opportunity to take part in activities such art and craft groups, dance and fitness exercise, yoga and tai chi, to name a few.

The Trustees have referred to the guidance in the Charity Commission's general guidance on Public Benefit when reviewing its Aims and Objectives and in planning the Centre's current and future activities. We believe that the activities of the Centre clearly demonstrate a direct public benefit.

Change of accounting year end date

Since its conversion to a Charitable Incorporated Organisation (CIO) in 2020 the Centre has operated with an accounting year ending on 30 April, a date which does not tie in with the funding cycle of many Trusts and Foundations who require us to provide recent accounts. As the Centre relies heavily on such fundraising the Trustees considered it sensible to bring the Centre's accounting year in line with the calendar year.

The following report and the accompanying accounts therefore cover an 8 month period, not a full year. The comparative figures in the accounts are for a full 12 months.

Review of the period to December 2025

It may only be 8 months, but a lot has been going on nonetheless.

In May as we realised how successful the first cycle event at the end of April had been Nina helped us get our breath back with her miniature canvas workshop, a morning of laughter and creativity. More such workshops were to follow.

The Macmillan HOPE (Help Overcome Problems Effectively) Course ran for 6 weeks, helping members find new ways tomanage stress and regain confidence.

During Mental Health Awareness Week the Centre hosted a collaborative mental health wellbeing event: various teams and charities shared information on services available to patients and their families.

In June, as part of our plan to make connections with local businesses a team of volunteers from AMGEN, a local biotech company brought joy and cakes as they worked to tidy the outside furniture and seating are.

Mara Sheldon, an occupational therapist, held an Anxiety Management Workshop.

Breast Cancer Now held there Moving Forward course.

The Centre hosted a Marvellous Makers Summer Market which raised a very welcome £900.

In July Breast Cancer Now launched a new Secondary Breast Cancer support group which will meet monthly in the Centre.

Everyone enjoyed the second miniature canvas workshops.

The Centre held a "meet the therapists" event to make members aware of the different therapies available to them

In August we welcomed our local MP Pippa Heylings who was keen to understand what the Centre provides and how we might work in partnership with other local organisations.

September saw our amazing manager Julie Paterson taking part in Chris Hoy's first Tour de 4 in Glasgow, raising awareness of stage 4 cancer. Not only did Julie ensure the Centre was listed as a beneficiary charity in the National event but also raised over £1,000 for us.

The Macmillan Take Control programme workshops included a presentation on diet.

Bob Jackson presented his final set of accounts at the AGM before stepping down as Treasurer, but continuing as a Trustee so the Centre keeps his experience and knowledge.

Many members enjoyed a trip to Stamford Market with a Rutland River Cruise

October and it was standing room only for Venetia Mitchell's first in a series of Nutrition Talks, this one on the topic of the importance of fibre for gut health and its role in prevention and risk reduction.

And there was another big audience to hear Linton Jazz, good friends to the Centre, perform big band favourites one Saturday afternoon, raising £800.

The Look Good Feel Better makeup tips and tricks workshop was very popular.

Breast Cancer Now ran a second Moving Forward course.

The importance of art for wellbeing was demonstrated by the third miniature canvas workshops, this time with a Halloween theme.

November's chill weather did not dampen the enthusiasm of the Members on the trip to Ely Cathedral's Christmas Gift and Good Food Fair.

Back home the Centre's own Autumn Fayre was a great success.

The Craft Group led a very popular and creative Christmas Wreath making workshop using scrap material.

In December the Centre hosted its first Repair Café, a way of raising money as well as awareness of the Centre's existence to a different audience.

Work on the new fitness hub began.

Members got into the festive mood with a Christmas themed miniature canvas workshop.

And throughout the period, as the membership continued to grow, the regular activities went on every week, every month.

- The Support Groups providing a space to share , information and a lot of laughter: urostomy, lymphoma, breast cancer, living with cancer and the carers group.
- The health and fitness classes: body toning, body resistance, dance, yoga, tai chi, mindfulness.
- The craft group. The art group.
- And the 1:1 complementary therapies available for everyone.

All of this could not be done without the generous help and support of all the volunteers not only the indispensable ones who help on a regular basis but also the family and friends who step up with great good spirit to help with the fundraising events..

Looking forward

We would like to be able to extend the range of support groups and events we offer bit it has become apparent that the configuration of the building is a limiting factor. The Trustees plan to explore with the building's owner the feasibility and cost of installing moveable partitioning to provide more rooms for groups to meet or classes to take place at the same time.

Financial Review

Fundraising from Trusts and Foundations is becoming increasingly difficult. Fortunately fundraising events, the cycle event in particular, have made a major contribution to income. The Centre also received generous donations from individuals.

Overall there is a small deficit at the end of the period of £3,758 (12 months to 30 April 2025: surplus of £15,805).

Reserves policy

The Trustees regularly review the reserves policy.

Two designated Funds have been set up.

- The Trustees recognise the reliance on fundraising to ensure the Centre can continue to operate. Mindful of the effects, including financial, of the covid pandemic and to buffer against any future instability, the Trustees set up a "Continuing Operations" fund to allow the Centre to continue to operate whatever the circumstances. The Trustees are working towards a fund of £100,000, judged to be one year's operating costs but reviewed regularly.
  The Continuing Operations Fund at 31 December was £92,500 (30 April 2025: £90,000).

Structure, Governance and Management

The Board of Trustees are responsible for all aspects of the Centre's activity. Trustees are elected at the Annual General Meeting. Casual vacancies may be filled by the Board who may also co-opt individuals to support specific activities and project streams.
In addition, the Board may appoint Advisors, people who bring specific skill and experience in an ongoing capacity to enhance the management and governance of the Centre.
Policy is determined and Objectives are set by the Committee of Management which is made up of the Board of Trustees, Advisors and the Centre Manager.

Signed on behalf of the Trustees



Graham Howell
Chair of Trustees

Independent Examiner's Report to the Trustees of Cambridge Cancer Help Centre

We report to the Trustees of Cambridge Cancer Help Centre, registered Charity No 1188745 on the accounts for the 8 months ended 31 December 2025.

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Charities Act"). The charity's trustees consider that an audit is not required for this and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to our attention

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination other than disclosure below which gives us cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Eves FCCA



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Cambridge Cancer Help Centre

Statement of Financial Activities (incorporating an Income & Expenditure Account)

for the 8 months to 31 December 2025

	Notes	Unrestricted Funds 8 mnths to 31 Dec 2025 £	Restricted Funds 8 mnths to 31 Dec 2025 £	Total Funds 8 mnths to 31 Dec 2025 £	*Unrestricted Funds year to 30 April 2025* £	*Restricted Funds year to 30 April 2025* £	*Total Funds year to 30 April 2025* £
Income from							
Grants	2	14,200	2,000	16,200	*26,371*	*2,000*	*28,371*
Donations	3	17,729	-	17,729	*19,326*	*15,000*	*34,326*
Charitable activities	4	8,350	-	8,350	13,491	-	*13,491*
Other activities	5	23,052	-	23,052	25,096	2,500	*27,596*
Investments	6	1,448	-	1,448	948	-	*948*
Total income		64,779	2,000	66,779	*85,232*	*19,500*	*104,732*
Expenditure on							
Raising funds:	7	6,015	-	6,015	*5,195*	-	*5,195*
Charitable activities:	9	61,478	3,044	64,522	*63,812*	*19,920*	*83,732*
Total expenditure		67,493	3,044	70,537	69,007	19,920	88,927
Net movement in funds		(2,714)	(1,044)	(3,758)	16,225	(420)	15,805
Balances at 1 May		127,541	1,044	128,585	*111,316*	*1,464*	*112,780*
Balances at 31 December /*30 April*		124,827	-	124,827	*127,541*	*1,044*	*128,585*

All amounts relate to continuing activities. There were no recognised gains or losses other than those included above.

The notes on pages 9 to 16 form a part of these financial statements.

Cambridge Cancer Help Centre

Balance Sheet as at 31 December 2025

	Notes	Unrestricted Funds 8 mnths to 31 Dec 2025 £	Restricted Funds 8 mnths to 31 Dec 2025 £	Total Funds 8 mnths to 31 Dec 2025 £	Unrestricted Funds year to 30 April 2025 £	Restricted Funds year to 30 April 2025 £	Total Funds year to 30 April 2025 £
Fixed Assets							
Tangible fixed assets	10	1,206	-	1,206	2,269	-	2,269
Current Assets							
Debtors	11	1,035		1,035	-	-	-
Cash at bank and in hand		162,611	-	162,611	168,212	1,044	169,256
		163,646		163,646			
Creditors: amounts falling due within one	12	(40,025)	-	(40,025)	(42,940)	-	(42,940)
Net current assets		123,621	-	123,621	125,272	1,044	126,316
Total Net Assets		124,827		124,827	127,541	1,044	128,585
Funds							
General reserve		17,977	-	17,977	17,541	-	17,541
Designated funds		106,850	-	106,850	110,000	-	110,000
Total unrestricted funds		124,827	-	124,827	127,541	-	127,541
Restricted funds		-	-	-	-	1,044	1,044
	13	124,827	-	124,827	127,541	1,044	128,585

Approved by the Trustees 23 June 2026

Charity No 1188745

Graham Howell - Chair

Hilary Seaward - Treasurer

The notes on pages 9 to 16 form a part of these financial statements.

Cambridge Cancer Help Centre

Notes to the Financial Statements

for the 8 months to 31 December 2025

1 Accounting Policies

Basis of preparation

These financial statements are prepared on a going concern basis, as modified by the revaluation of investments, under the historical cost convention.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and the Companies Act 2006.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency is the British £.

Going Concern

The trustees have considered possible events or conditions that might cast significant doubt on the ability of the Charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the Charity's forecast and projections and have taken account of pressures on investments.

After making enquiries the trustees have concluded that there is a reasonable expectation that the Charity has adequate resources to continue in operation for the foreseeable future. The Charity therefore continues to adopt the going concern basis in preparing these financial statements.

Critical accounting estimates and areas of judgement

The preparation of the financial statements requires the Trustees and management to make significant judgements and estimates.

The items in the financial statements where such judgements and estimates have been made include estimating

the useful economic life of fixed assets

Cash at bank and in hand

Cash at bank and in hand is taken to mean cash and short term highly liquid investment deposits with a maturity date of three months or less.

Cambridge Cancer Help Centre

Notes to the Financial Statements

for the 8 months to 31 December 2025

2 Grants

Accounting policy: Income is recognised gross when it is received and treated as unrestricted unless they are specifically restricted by the donor.

	8 mnths to 31 Dec 2025 Unrestricted £	8 mnths to 31 Dec 2025 Restricted £	8 mnths to 31 Dec 2025 Total £	year to 30 April 2025 Total £
Masonic Charitable Trust	500	-	500	-
Rotary Club of Cambridge	500	-	500	-
Sawston Fun Run	500	-	500	-
Shelford Feast	200	-	200	100
South Cambs D C		2,000	2,000	2,000
Thriplow Daffodill Weekend 2025	12,000	-	12,000	597
Wates Family Enterprise Trust	500	-	500	-
Cambridge Community Trust	-	-	-	1,000
Evelyn Trust	-	-	-	3,334
John Lewis plc	-	-	-	1,000
Macmillan Charity	-	-	-	6,340
South Cambs Rotary	-	-	-	2,000
Trustees of E E Lawley	-	-	-	2,000
Trustees of S Gibson	-	-	-	10,000
	14,200	2,000	16,200	28,371

3 Donations

	8 mnths to 31 Dec 2025 Unrestricted £	year to 30 April 2025 Unrestricted £
Members' subscriptions	7,017	7,383
donations from individuals	3,362	24,410
gifts in memoriam	2,698	136
Craft Group	684	1,163
Lymphoma Group	47	80
Urostomy Group	480	540
other Support Groups	171	-
Arts Soc	50	-
CU Mounteering club	250	-
Fulbourn Ladies Group	473	-
Friends of Heydon Golf Course	1,532	-
Gt Shelford Village Charity	400	100
Wind Band	565	514
	17,729	34,326

The amount of the subscription is at the discretion of the member.

4 Income from charitable activities

	8 mnths to 31 Dec 2025	year to 30 April 2025
	Unrestricted	**Unrestricted**
	£	**£**
members' contributions towards - therapies	3,453	6,208
dance	1,276	1,893
yoga	2,087	3,131
tai chi	206	300
refreshments	1,329	1,959
	8,350	13,491

5 Income from other activities

	8 mnths to 31 Dec 2025	year to 30 April 2025
	£	**£**
	Unrestricted	**Unrestricted**
Corporate sponsorship		
Fourways Plant Limited	500	300
Galileo Multimedia	350	250
Hill Demolition	250	250
Mantle	250	-
PHD Lodon	-	250
Savilles	-	7,500
Black Infotech Limited	-	125
Gonville Hotel	-	212
	1,350	**8,887**
Fundraising events		
Charity Cycle ride - 2025	14,733	8,746
Charity Cycle ride - 2026	380	-
Cambridge Half Marathon	438	3,233
Makers Market	762	-
Autumn Fair	1,363	2,821
Julies cycle ride	1,005	-
Jazz	834	1,068
Quiz Night	-	300
Repair cafe	308	-
Sale of donated goods	1,879	2,541
	21,702	18,709
Total	23,052	27,596

6 Investments

Accounting policy: bank interest, income from unquoted funds & dividends received from the investment portfolio are included gross when received.

		8 mnths to 31 Dec 2025	year to 30 April 2025
		Unrestricted £	**Unrestricted £**
	bank interest	1,344	769
income from	COIF deposit fund	104	179
		1,448	948

7 Raising funds

Accounting policy: expenditure on raising funds consists of direct costs of staging fundraising events and promoting the charity to raise membership.

	8 mnths to 31 Dec 2025 £	year to 30 April 2025 £
event costs	4,750	5,195
raising profile	1,265	-
	6,015	5,195

8 Staff Costs and remuneration of key management personnel

Accounting policy: The Charity contributes to the personal pension policies of the employee. Its commitment to these defined contribution schemes is limited to the contributions payable, which are accounted for as expenditure in the year in which they are incurred.

Staff Costs:	**8 mnths to 31 Dec 2025 £**	year to 30 April 2025 £
Wages and salaries	29,500	41,300
Social security	-	-
Other pension costs	1,825	2,083
	31,325	43,383

The Trust considers its key management personnel comprise the trustees and the Charity Manager. The total employment benefits including employer pension contributions of the key management personnel were £31,325 (2025: £43,383).

	8 mnths to 31 Dec 2025	year to 30 April 2025
number of employees	1	1

No member of staff was paid a salary in excess of £60,000 pa.

9 Charitable activities costs

Accounting policy: Resources expended are recognised in the period in which they are incurred and include irrecoverable VAT where applicable. Resources are allocated to the particular activity where the cost relates directly to an activity.

	8 months to 31 December 2025		
	Unrestricted	**Restricted**	**Total**
	£	**£**	**£**
Costs directly allocated to activities			
Members welfare	2,963	1,044	4,007
Dance	1,870	2,000	3,870
Transport support	1,268	-	1,268
Therapy expenses	1,659	-	1,659
Fitness	4,382	-	4,382
			-
Support costs			-
Property costs	9,862	-	9,862
Insurance	344	-	344
Staff costs	31,325	-	31,325
Office admin costs	3,650	-	3,650
IT costs	1,952	-	1,952
Depreciation	1,063	-	1,063
Governance costs			-
Independent review	1,140	-	1,140
	61,478	3,044	64,522

	Year to 30 April 2025		
	Unrestricted	Restricted	Total
	£	£	£
Costs directly allocated to activities			
Members welfare	*4,123*	-	*4,123*
Dance	-	*4,920*	*4,920*
Transport support	-	-	-
Therapy expenses	*689*	-	*689*
Fitness	-	-	-
Support costs			
Property costs	*17,641*	-	*17,641*
Insurance	*3,412*	-	*3,412*
Staff cost	*29,001*	*15,000*	*44,001*
Office admin costs	*3,125*	-	*3,125*
IT costs	*2,770*	-	*2,770*
Depreciation	*1,911*	-	*1,911*
Governance costs			-
Independent review	*1,140*	-	*1,140*
	63,812	*19,920*	*83,732*

10 Tangible Fixed Assets

Accounting policy: Expenditure in excess of £500 resulting in a tangible fixed asset is capitalised. Assets are reviewed for impairment if circumstances dictate that their carrying value might exceed their net realisable value. Depreciation is provided to write off the cost of tangible fixed assets over their estimated useful lives, on a straight line basis over the number of years from the year of acquisition as below.

Office Equipment 4 years

	Office equipment	TOTAL
	£	£
Costs		
As at 1 May 2025	4,179	4,179
Additions	-	-
As at 31 December 2025	4,179	4,179
Depreciation		
As at 1 May 2025	1,910	1,910
Charge for year	1,063	1,063
As at 31 December 2025	2,973	2,973
NBV at 31 December 2025	1,206	1,206
NBV at 30 April 2025	2,269	2,269

11 Debtors

Accounting policy: Prepayments are valued at the amount prepaid.

	8 mnths to 31 Dec 2025	year to 30 April 2025
	£	**£**
prepayments	1,035	-

12 Creditors: Amounts falling due within one year

Accounting policy: creditors are recognised when the Charity has a present obligation resulting from a past event resulting in the transfer of funds to a third party and the amount due can be measured or estimated reliably. Creditors and provisions are recognised at their settlement value.

	8 mnths to 31 Dec 2025	year to 30 April 2025
	£	**£**
Trade creditors	7,202	8,772
Tax and Social Security	2,033	2,684
Income received in advance	-	1,094
Sundry creditors	30,790	30,390
	40,025	42,940

13 Funds

Accounting policy: Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the objects of the charity. Designated funds are unrestricted funds earmarked by the Trustees for particular purposes. Restricted funds are subject to restrictions on their spending, imposed by the donor.

	Balance at 1 May 2025	Incoming Resources	Resources Expended	Transfers	**Balance at 31 December 2025**
	£	£	£	£	**£**
Unrestricted Funds					
General reserve	17,541	64,779	(61,843)	(2,500)	17,977
Designated Funds					
Continuing Operations	90,000	-		2,500	92,500
Extending Reach	20,000	-	(5,650)		14,350
	110,000	-	(5,650)	2,500	106,850
Restricted Funds					
Other restricted income	1,044	2,000	(3,044)	-	-
	1,044	2,000	(3,044)	-	-
	128,585	66,779	(70,537)	-	124,827

prior year for comparison	**Balance at 1 May 2024**	*Incoming Resources*	*Resources Expended*	*Transfers*	***Balance at 30 April 2025***
	£	£	£	£	**£**
Unrestricted Funds					
General reserve	111,316	85,232	(69,007)	(110,000)	*17,541*
Designated Funds					
Continuing Operations	-	-	-	90,000	*90,000*
Extending Reach	-	-	-	20,000	*20,000*
	-	-	-	*110,000*	*110,000*
Restricted Funds					
Other restricted income	*1,464*	19,500	(19,920)	-	1,044
	1,464	*19,500*	*(19,920)*	-	*1,044*
	112,780	*104,732*	*(88,927)*	-	*128,585*

Designated Funds

Continuing Operations	The funds are set aside to meet one year's costs to ensure the Centre can meet any unexpected future events and continue to operate.
Extending Reach	Setting aside funds to explore ways to expand the Centre's reach and the support it offers members. During the period work began converting a former summerhouse into a fitness hub.

Restricted Funds

Other restricted income	The Charity receives occasional grants and donations for specific charitable purposes which are usually spent within the financial

Cambridge Cancer Help Centre

Notes to the Financial Statements

for the 8 months to 31 December 2025

Administrative information

Charity number	1188745	
Registered Office	120 Cambridge Road, Great Shelford Cambridge, CB22 5JT	
Trustees	Richard Dickinson	
	Arthur Gibbons	
	Stephen Gold	
	Janet Hickman	
	Graham Howell	Chair
	Robert Jackson	
	Claire Mackenzie	(resigned 10 September 2025)
	Edward Sage	
	Hilary Seaward	Treasurer
Key management personnel	Julie Paterson	Charity Manager
Advisor	Nick Wright	
Patron	Prof Robert Thomas	
Accountant	Fairway Tax & Accounting Limited	11C Alma Road, Snettisham, Norfolk PE
Bankers	HSBC	Cambridge City Office, PO Box 85, Cambridge CB2 3HZ
	Cambridge Building Soc	4 Saint Andrews Street, Cambridge, CB2 3AX
	Saffron Building Society	1a Market Street, Saffron Walden, CB10 1HZ