SAKOON THROUGH CANCER

Charity Registration Number: 1188008

Receipts and Payments Accounts

For the period from 19 February 2025 to 31 March 2026

Executive Summary

Sakoon Through Cancer is a charity established to ensure that women affected by cancer can access support that is welcoming, culturally appropriate and responsive to their needs. During the reporting period, 19 February 2025 to 31 March 2026, the charity continued to build safe spaces for women to share experiences, access trusted health information and strengthen their sense of connection and confidence.

Key activities included the Roti Club, which brings together women affected by cancer, carers and healthcare professionals for peer support, shared meals and health conversations; cancer awareness and early-diagnosis education; and women's health and wellbeing activities. EmpowHER launched in January 2026, offering opportunities for women to discuss health concerns, learn from guest speakers and build confidence through shared learning. The charity also continued to promote lived experience, community partnerships and advocacy to help address barriers faced by South Asian women.

The accounts for the period have been prepared on a receipts and payments basis and cover an extended 13-month accounting period to align the financial year end with 31 March. Total receipts were £27,156.52 and total payments were £15,344.07, resulting in a net increase in funds of £11,812.45. Unrestricted cash and bank balances carried forward at 31 March 2026 were £38,220.84. The charity held unrestricted funds only during the period.

The charity's work is intended to reduce isolation, improve access to culturally relevant health information, build confidence, amplify lived experience and strengthen community connections. The activity report notes that measured outcomes and participant feedback should be added where records are available; therefore, this summary describes activities and intended impact rather than claiming quantified outcomes.

Looking ahead, Sakoon Through Cancer aims to grow the Roti Club, strengthen community health education, expand women's health and wellbeing programmes, develop research and advocacy partnerships, build organisational sustainability and improve the collection of impact data.

Trustees

The trustees who served the charity during the period and up to the date of this report are as set out in the charity's records held with the Charity Commission.

Mrs. Samina Hussain

Mrs. Samina Kausar Hussain

Mr. Inder Poonaji

Basis of Preparation

These accounts have been prepared on a Receipts and Payments basis, as permitted for charities whose gross income does not exceed £250,000, in accordance with section 42(3) of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008.

The accounting period has been extended from the charity's previous financial year end of 18 February 2025 to 31 March 2026 (a 13-month period), to align the charity's year end with 31 March going forward. The comparative period shown is the prior financial period, 19 February 2024 to 18 February 2025, as reported in the charity's Annual Return 2025.

A category-by-category breakdown of prior-period payments was not available from the prior Annual Return (only the total figure was reported), so the comparative payments column below shows the total only.

Receipts and Payments Account — Unrestricted Funds

The charity holds unrestricted funds only; it has no restricted or endowment funds.

	Period ended 31 Mar 2026 £	**Period ended 18 Feb 2025 £**
Receipts		
Donations and legacies	5,500.39	15,153.00
Charitable activities (grants and contract income)	18,122.00	1,662.00
Other trading activities (events, workshops, fundraising)	3,534.13	0.00
Investments	0.00	0.00
Total receipts	**27,156.52**	**16,815.00**
Payments		
Costs of raising funds (fundraising event costs)	2,290.26	
Charitable activities (support group, workshops, facilitators, events)	10,179.98	
Governance and support costs (insurance, bank charges)	2,873.83	
Total payments	**15,344.07**	**10,485.00**
Net movement in funds	**11,812.45**	**6,330.00**
Cash and bank balances brought forward	26,408.39	20,078.39
Cash and bank balances carried forward	**38,220.84**	26,408.39

Statement of Assets and Liabilities as at 31 March 2026 — Unrestricted Funds

	2026 £	2025 £
Cash at bank	38,220.84	26,408.39
Total funds — unrestricted	**38,220.84**	**26,408.39**

Notes to the Accounts

Note 1 — Volunteers: The charity was supported by an estimated 21 volunteers during the current period (2025: 15), for inclusion in the Trustees' Annual Report.

Approval

Approved by the trustees on 09 Nov 26 ..... and signed on their behalf by:

Signed: ----------

Name: Inder Poonaji ---------- (Trustee)

Date: --09 Nov 26----------

Prepared by: EA Consultants

Independent Examiner's Report to the Trustees of Sakoon Through Cancer

I report to the trustees on my examination of the accounts of Sakoon Through Cancer ("the Charity") for the period from 19 February 2025 to 31 March 2026, set out on the preceding pages.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts. You consider that the audit requirement of the Charities Act 2011 ("the 2011 Act") does not apply. It is my responsibility to issue this report on those accounts in accordance with the requirements of the Act.

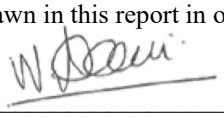
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matter has come to my attention in connection with the examination giving me cause to believe that, in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the accounts give a 'true and fair view', which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Nihara Inoon - FCCA

Firm: EA Consultants

Address: 7 Boxall Way, Slough, SL3 7UG

Date: 10.11.2026