CASTLEPINES
MEDICAL FOUNDATION

TRUSTEES ANNUAL REPORT 2024

Castlepines Medical Foundation

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MEDICAL FOUNDATION

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CASTLEPINES
MEDICAL FOUNDATION

Trustees Annual Report 2025

For the period from 1st January 2025 to 31st December 2025

Charity name:	**Castlepines Medical Foundation**
Charity registration number:	**1187050**
Charity address:	**36 Pall Mall, St James's, London, SW1Y 5JN**

Trustees:
All Trustees acted for the whole year:

David Grose, Chairman
Neil Carpenter, Secretary
Stanley Shepherd, Treasurer
Tafadzwa Mugwagwa
Ken Ralston

Chairman's Foreword

2025 was a year of global uncertainty both politically and economically.
2025 was a year of patience for the charity.
For 2025 the charity remained dormant.
We still want to make the contribution set out in our objective namely;

The advancement of health and relief of suffering, principally from non-communicable diseases and long term chronic illnesses such as high blood pressure, hypertension, cardiovascular, coronary heart disease and diabetes to countries in Africa, through improving access to medicines, therapies and health services where there is no adequate provision of these services to vulnerable children and adults

We must wait our time.

2025 Overview

Castlepines Medical Foundation (CMF) was set up in 2019 to address widespread medicine shortages for chronic non-communicable diseases (NCDs) in Africa. The charity was restarted in 2023 following two years of low activity, resulting directly from COVID-19 related risk aversion by UK banks and restrictions on international travel.
We transformed the charity during 2023 and into 2024 with new governance, and focused objectives.
However fundraising remained challenging.
In 2025 we remain paused.

Financial Overview

The only funds raised were a grant of £350 to cover the preparation of the Charity's 2024 accounts. No other expenses were incurred.

Loans and debts
The charity has no loans or debts.

Governance and Management

There were no changes to the structure of the Trustee board, which is comprised of 5 members including an appointed Chair, Treasurer and Secretary. The charity had no employees and no volunteers joined the team.
Board meetings: There were no board meetings in 2025.
Constitution: There were no changes to the Constitution during the year.

Future Plans

In 2026 we will continue to review the availability of funds and the global political and economic uncertainty.

Appendix 1: Financial Summary

The Charity received an HMRC refund for 2024 Income Tax and NIC which was used to repay a loan which had been made to cover the August 2024 HMRC Income Tax and NIC payment.

A grant of £350 was received to cover the Independent Examiner's fee to audit the 2024 Accounts.

Appendix 2: Annual Accounts

The income and expenses for 2025 are set out in the table below.

Date	Transaction	Income	Expense	Balance
31 Dec 2024	**Year end balance**			**£5.36**
21 Feb 2025	HMRC Income Tax and NIC:Refund	£199.41		£204.77
21 Feb 2025	Dr Stanley Shepherd Repayment of 2024 loan		(£199.00)	£5.77
14 Nov 2025	Dr Stanley Shepherd Grant	£350.00		£355.77
14 Nov 2025	Charles Osei - Independent Examiner's Report 2024		(£350.00)	£5.77
31 Dec 2025	**Year end balance**			**£5.77**
	Total Income	**£549.41**		
	Total Expenses		**(£549.00)**	

The Charity's cash flow was managed as follows: as upcoming expenses were identified, and before they became due, the donor paid into the Charity's bank account the necessary funds to meet those expenses.

Trustees do not claim travel or other expenses.

Castlepines Medical Foundation				
2025 Annual Accounts				
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