CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2025 Period start date
To 31/12/2025 Period end date

Charity name: Healics Recovery

Charity registration number: 1185698

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Healics Recovery is to assist and reintegrate vulnerable individuals, recovering from addiction and surrounding issues.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main Activities: Providing 'dry' (substance free) housing. Liaising with local authority services on behalf of recoverees Counselling Facilitating access and support of recoverees with other relevant services. Other activities relating to life management and community reintegration e.g. guidance on gym memberships and educational courses
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmed.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not issue grants or sums of money to individuals.
Policy on social investment including program related investment	Para 1.38	The charity does not invest financially in other services.
Contribution made by volunteers	Para 1.38	There are no financial contributions made by volunteers. The managing director of Healics Recovery is Joanna Ede.

		She does not claim a regular income for her position, however money is transferred to the business she runs as payment for the premises used by Healics Recovery.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity had fewer people regularly using the services during 2025. This was partly due to a tightening of the applicant requirements. Early in 2025 a number of short term beneficiaries unfortunately did not meet the requirements of staying sober and committing to an abstinence based recovery. As a result Healics Recovery has adopted slightly more strenuous checks for new applicants in order to safeguard existing beneficiaries and to uphold the charity's commitments. Despite the challenges mentioned, the charity has been in continuous use – though not full occupancy throughout the reporting period and this is regarded as an achievement and shows the saliency of the work provided by Healics. In line with the objectives set at the end of 2024 the Managing Director of Healics Recovery began communications with Broadway Lodge with that relationship looking to strengthen in 2026. It is hoped that this will lead to a diversification of potential applicants into Healics. In October 2025 Healics Recovery opened a studio as part of the Wellbeing Centre Swansea. This studio space allows Healics recovery to reach the community beyond the boundaries of the sober living property it maintains. This has also lead to the development of an education programme with the Wellbeing Centre, incorporating broader health aspects along with addiction.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against	Para 1.41	Had at least beneficiary using the dry living accommodation throughout the period.

objectives set		Begun to diversify client base by having a space at the wellbeing centre and engaging with Broadway lodge.
Performance of fundraising activities against objectives set	Para 1.41	No fundraising was conducted during this period.
Investment performance against objectives	Para 1.41	No investment was made during this period. The house was refurbished slightly to improve the living conditions of referees and to improve the overall profile of the charity's services.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Overall the charity made a small amount of money this year. This additional money is held for upkeep of the property and for potentially expanding outreach activities during 2026.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Between 2024 and 2025 the reserve was maintained at £15000.
Amount of reserves held	Para 1.22	£15000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During the reporting period the charity's principal source of funds is from Neath and Port Talbot local authority. The housing benefit is paid directly to the charity. This is done to ensure that the vulnerable adults using Healics Recovery have housing and other basic services taken care of and to minimise any potential barriers to support that recovering addicts may face.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The investment policy of Healics Recovery is simply to maintain the provision of service currently offered. This includes maintenance and repair of the housing offered by Healics Recovery.
A description of the principal risks facing the charity	Para 1.46	The principal risks facing the charity are the continued changes to care provision in South Wales. Financial uncertainties for local authorities continued to restrict long term development plans. Starting in late 2024 Brynawel Rehab services begun to change their operating model, representing a shift in focus for their operations. Healics Recovery has begun to diversify and explore new referral pathways. Most noticeably with Broadway Lodge as a means of gaining direct referrals into the house itself, but also indirectly through

		broadening its mission with outreach at the Wellbeing Centre Swansea.
Other		

Structure, Governance and Management

Description of charity's trusts:		n/a
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees were originally sought from persons who had skills relevant to the charity's stated purpose. The original trustees are still in position. Should the need to select new trustees arise suitable candidates will be sought by the trustees themselves before being elected to the position. Simple majority affirmation.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are required to attend annual meetings either virtually or in person.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity's structure follows that of a CIO.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Healics Recovery
Other name the charity uses	
Registered charity number	1185698
Charity's principal address	For correspondence: 15 Worcester Dr., Langland, Mumbles, Swansea SA3 2HL For operation: 14 Allistair Street, Neath SA11 1EN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sian Heke			
2	John Charles			
3	Joshua Ede			
4				
5				
6				
7				
8				
9				
10				
11				
12				
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16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J. Ede	
Full name(s)	Joshua Warren Ede	
Position (eg Secretary, Chair, etc)	Trustee	
Date	26/09/2026	

Transactions
XXXX XXXX XXXX 5553:

Date

12/30/2025

12/15/2025

12/12/2025

12/4/2025

12/4/2025

12/1/2025

12/1/2025

11/28/2025

11/14/2025

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1/6/2025
1/6/2025
1/6/2025

01/01/2025 to 31/12/2025

Description	Money in
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000069, MANDATE NO 0001	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 535, NEATH, 100.00 GBP, ON 01-12-2025	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 535, NEATH, 200.00 GBP, ON 01-12-2025	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000068, MANDATE NO 0001	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 536, NEATH, 100.00 GBP, ON 03-11-2025	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 536, NEATH, 200.00 GBP, ON 03-11-2025	
BILL PAYMENT TO THE SWANSEA WELL REFERENCE INV 0370, MANDATE NO00047	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000067, MANDATE NO 0001	

DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
CARD PAYMENT TO CURRYS SWANSEA ON 03-10-2025	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 536, NEATH, 300.00 GBP, ON 03-10-2025	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
BILL PAYMENT VIA FASTER PAYMENT TO JAMES MORGAN REFERENCE BATHROOM SEALANT , MANDATE NO 34	
CARD PAYMENT TO SUMUP *JAMES MORGAN P ON 15-09-2025	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000066, MANDATE NO 0001	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
CASH WITHDRAWAL AT SANTANDER ATM NEATH 536, NEATH, 300.00 GBP, ON 01-09-2025	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000065, MANDATE NO 0001	
BILL PAYMENT TO C. J. EVANS REFERENCE CLEANING & PAINT, MANDATE NO00044	
BILL PAYMENT VIA FASTER PAYMENT TO MJB ELECTRICAL & REFERENCE EIPC , MANDATE NO 45	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
CARD PAYMENT TO IKEA LTD 267 CARDIFF I ON 01-08-2025	
CARD PAYMENT TO IKEA LTD 267 CARDIFF E ON 01-08-2025	
CARD PAYMENT TO IKEA LTD 267 CARDIFF M ON 01-08-2025	
BILL PAYMENT VIA FASTER PAYMENT TO MISS A L M ATKIN REFERENCE ALEXA DESIGN , MANDATE NO 46	

DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
BILL PAYMENT VIA FASTER PAYMENT TO MR RYAN WALTER REFERENCE OWED , MANDATE NO 41	
CARD PAYMENT TO THE WORKS ON 17-07-2025	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000064, MANDATE NO 0001	
BILL PAYMENT VIA FASTER PAYMENT TO MJB ELECTRICAL & REFERENCE EIPC , MANDATE NO 45	
BILL PAYMENT VIA FASTER PAYMENT TO HEALICS CYF REFERENCE JULY 25 , MANDATE NO 42	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
CARD PAYMENT TO B&M 583 - NEATH ON 22-06-2025	
CARD PAYMENT TO PRIMARK ON 21-06-2025	
CARD PAYMENT TO B&M 092 - SWANSEA ON 21-06-2025	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000063, MANDATE NO 0001	
BILL PAYMENT TO C. J. EVANS REFERENCE CLEANING & PAINT	
BILL PAYMENT TO C. J. EVANS REFERENCE FIRE ALARMS, MANDATE NO00043	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,200.00
BILL PAYMENT VIA FASTER PAYMENT TO HEALICS CYF REFERENCE MAY 25 , MANDATE NO 42	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000062, MANDATE NO 0001	

BILL PAYMENT VIA FASTER PAYMENT TO MR RYAN WALTER REFERENCE CLEANING EQUIP , MANDATE NO 41	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£1,800.00
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
CARD PAYMENT TO DWR CYMRU WELSH WATER ON 23-04-2025	
BILL PAYMENT VIA FASTER PAYMENT TO MR RYAN WALTER REFERENCE JO EDE , MANDATE NO 18	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000061, MANDATE NO 0001	
BILL PAYMENT VIA FASTER PAYMENT TO STEVEN LEE HAWKI REFERENCE LEAVING , MANDATE NO 40	
BILL PAYMENT VIA FASTER PAYMENT TO HEALICS CYF REFERENCE APR 25 RENT , MANDATE NO 39	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£2,400.00
CARD PAYMENT TO CURRYS SWANSEA ON 31-03-2025	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000060, MANDATE NO 0001	
CARD PAYMENT TO NPTCBC ON 12-03-2025	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£2,400.00
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
CARD PAYMENT TO TVLICENSING.CO.UK ON 14-02-2025	

DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000059, MANDATE NO 0001	
BILL PAYMENT VIA FASTER PAYMENT TO MR RYAN WALTER REFERENCE JO EDE , MANDATE NO 18	
BILL PAYMENT VIA FASTER PAYMENT TO HEALICS CYF REFERENCE JAN 25 , MANDATE NO 38	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£2,400.00
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	
DIRECT DEBIT PAYMENT TO CURRYS 3430031103 REF CURRYS 3430031103, MANDATE NO 0004	
DIRECT DEBIT PAYMENT TO BT GROUP PLC REF GB22989664-000058, MANDATE NO 0001	
BANK GIRO CREDIT REF RENT ALLOWANCES, 35353395	£3,600.00
BILL PAYMENT VIA FASTER PAYMENT TO STEVEN LEE HAWKI REFERENCE CABINET , MANDATE NO 37	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865415, MANDATE NO 0003	
DIRECT DEBIT PAYMENT TO SCOTTISHPOWER REF 16139865131, MANDATE NO 0002	

Money Out	Balance
£11.50	£24,397.96
£44.67	£24,409.46
	£24,454.13
£31.46	£23,254.13
£84.90	£23,285.59
£100.00	£23,370.49
£200.00	£23,470.49
£11.50	£23,670.49
£44.67	£23,681.99
	£23,726.66
£31.46	£22,526.66
£84.90	£22,558.12
£100.00	£22,643.02
£200.00	£22,743.02
£96.00	£22,943.02
£11.50	£23,039.02
	£23,050.52
£44.67	£21,850.52

£31.46	£21,895.19
£84.90	£21,926.65
£290.98	£22,011.55
£300.00	£22,302.53
£11.50	£22,602.53
	£22,614.03
£180.00	£21,414.03
£150.00	£21,594.03
£44.67	£21,744.03
£31.46	£21,788.70
£84.90	£21,820.16
£300.00	£21,905.06
£11.50	£22,205.06
	£22,216.56
£44.67	£21,016.56
£100.00	£21,061.23
£810.00	£21,161.23
£31.46	£21,971.23
£84.90	£22,002.69
£1.75	£22,087.59
£698.00	£22,089.34
£126.00	£22,787.34
£40.00	£22,913.34

£11.50	£22,953.34
	£22,964.84
£20.00	£21,764.84
£8.00	£21,784.84
£44.67	£21,792.84
£192.00	£21,837.51
£1,500.00	£22,029.51
£31.46	£23,529.51
£84.90	£23,560.97
£11.50	£23,645.87
	£23,657.37
£76.99	£22,457.37
£29.30	£22,534.36
£24.00	£22,563.66
£44.67	£22,587.66
£350.00	£22,632.33
£182.39	£22,982.33
£31.46	£23,164.72
£84.90	£23,196.18
£11.50	£23,281.08
	£23,292.58
£1,500.00	£22,092.58
£44.67	£23,592.58

£200.00	£23,637.25
£31.46	£23,837.25
£84.90	£23,868.71
	£23,953.61
£11.50	£22,153.61
£865.88	£22,165.11
£22.00	£23,030.99
£45.19	£23,052.99
£100.00	£23,098.18
£1,500.00	£23,198.18
£31.46	£24,698.18
£121.14	£24,729.64
	£24,850.78
£109.99	£22,450.78
£11.50	£22,560.77
£41.99	£22,572.27
£300.00	£22,614.26
	£22,914.26
£31.46	£20,514.26
£121.14	£20,545.72
£11.50	£20,666.86
£169.50	£20,678.36

£41.99	£20,847.86
£150.00	£20,889.85
£1,500.00	£21,039.85
	£22,539.85
£31.46	£20,139.85
£121.14	£20,171.31
£11.50	£20,292.45
£41.99	£20,303.95
	£20,345.94
£35.00	£16,745.94
£31.46	£16,780.94
£121.14	£16,812.40