Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	January	2024	To	31	December	2025

Section A Reference and administration details

Charity name	**Empower Squash Foundation**
Other names charity is known by	Previously Empower Squash Academy
Registered charity number (if any)	1185427
Charity's principal address	27 Northwood Lane. Bewdley. Worcestershire
Postcode	DY12 1AN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deon Saffrey	Chair		
2	Lynn Paino			
3	Dr David Green			
4	Ginny Lee			
5	Sarah Ann Moore	Treasurer		
6				
7				
8				
9				
10				
11				
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13				
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Select invitation from existing trustees based on skills/ experience

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are the promotion of community participation in healthy recreation for the benefit of young people across the UK by the provision of facilities for playing squash.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Empower Squash Foundation ('Empower' or 'the Charity') is the Midland's first squash, education and nutrition program founded in 2019 and registered in September 2019 as a charity (no. 1185427).

The Charity provides an after-school program which focuses on squash, life lessons and nutrition for children from income-deprived families. This program has been adopted based on a successful and proven model used for over 20 years in the United States.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

MISSION:
Empower Squash Foundation is dedicated to providing a better future to the lives of underserved youth throughout the Midlands with a combined approach of squash, education and nutrition.

GOALS:

- To introduce children to a game they would never have been able to otherwise access
- To help raise their academic performance
- To provide a safe space to those with often unpredictable home life environment
- Increase participation to the game of squash
- To have a lasting impact on the students in our program

Section D Achievements and performance

Summary of the main achievements of the charity during the year

- Empower Squash programme activities continued to operate at host squash clubs Edgbaston Priory Club and Leamington Lawn Tennis and Squash Club (LLTSC).
- The Charity supports students from 2 different schools in localities of deprivation - Lillington Nursery and Primary School and Crockett's Community Primary School
- Highlights throughout the year include:
    - Once again in June, programme participants enjoyed a trip to the British Open Squash tournament event in Birmingham
    - In July programme participants from both of our schools met at Edgbaston Priory Club to enjoy friendly games in squash, experience playing Padel, and have a meal together
    - Some programme participants have continued to attend performance training sessions with other junior players at Edgbaston Priory Club, demonstrating their improvement and competence in the sport of squash

  As in previous years, supplementing our routine coaching and nutrition provided as part of the regular programme, these additional experiences had a big impact for programme participants – connecting them to others and the broader squash community – making them feel valued and supported

Section E Financial review

Brief statement of the charity's policy on reserves	The Trustees have discussed and agreed a reserves policy of maintaining appropriate cash reserves sufficient to fund a minimum of 6 months of programme delivery. This policy will be discussed and reviewed annually. The Charity has received gifts in kind/ equipment from sponsors that support the delivery of the programme during the year, but has once again not undertaken any fundraising or other income generating activity because the level of cash reserves is adequate to fund programme activities for more than 12 months.
Details of any funds materially in deficit	N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	Empower is funded entirely through donations, grants, equipment and time volunteered in kind. The Charity operates at, and supported by, both Edgbaston Priory Club and Leamington Lawn Tennis & Squash Club.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sarah Ann Moore	Deon Saffrey

Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	16/10/26	

CHARITY COMMISSION FOR ENGLAND AND WALES

Empower Squash Foundation	1185427

Receipts and payments accounts

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For the period from	01-Jan-25	To	31-Dec-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation - Individual giving	-	-	-	-	45
		-	-	-	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	-	-	-	-	45
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	45
A3 Payments					
Costs of charitable activities - Equipment and food for programme participants	2,019	-	-	2,019	1,201
Costs of charitable activities - IT expenditure	269	-	-	269	263
Costs of charitable activities - Squash coaching	360	-	-	360	840
Other costs - bank charges	40	-	-	40	60
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,687	-	-	2,687	2,364
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	2,687	-	-	2,687	2,364
Net of receipts/(payments)	- 2,687	-	-	- 2,687	- 2,319
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,342	-	-	14,342	-
Cash funds this year end	11,654	-	-	11,654	- 2,319

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	11,654	-	-
		-	-	-
		-	-	-
	Total cash funds	11,654	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Sarah Ann Moore	16/11/2026
		Deon Saffrey	16/11/2026