ANNUAL REPORT FOR LEEDS CARING HANDS
1ST APRIL 2023 – 31st MARCH 2024

Leeds Caring Hands had a special year as we were nominated for the Kings Award for Voluntary Services. We were chosen by the West Yorkshire Group to be entered for the National final and we were very fortunate to receive an award.

On Wednesday 27th March 2024 the award was presented by the Kings 1st Lord Lieutenant Ed Anderson. The Leeds Lord Mayor Al Garthwaite , MP Fabian Hamilton and some councillors also attended. Also present were the trustees and members of the group as well as some of North Leeds Medical Practice staff.

Following the speeches and presentation we did a chair exercise demonstration. The Lord Mayor and 1st Lord Lieutenant also joined in which was appreciated.

After the displays of craft etc were looked at a really lovely buffet was enjoyed by all.

Also

in 2024 we were given funding by Leeds City Council to the value of £1740 allowing us to obtain 5 tablets, a booster and 2 years of data from Three mobile.

We are hoping to commence a basic IT course open to all to encourage people to become more familiar with technology such as the NHS app, games, e-mail etc.

We look forward to helping more of our community to alleviate isolation.

Our chair exercise class has gone from strength to strength virtually doubling in size over the last year. Approximately 1400 attended our two sessions during the reporting period.