LEEDS CARING HANDS ANNUAL REPORT
1st APRIL – 31st MARCH 2023

Leeds Caring Hands was launched in 2019.
The remit of Leeds Caring Hands is to provide a safe accessible social activity group twice a week to help those who are feeling lonely, depressed, grieving or simply need company. Our activities include table tennis, chair exercises, craft table, board games, pool, jigsaws and IT instruction.
We were fortunate during the above period to receive funding from Leeds City Council who were working with THREE Mobile to help people acquire the basic
skills using IT equipment, We were funded £1740 by Leeds City Council to obtain 4 tablets, booster to enhance the internet signal and free data for two years.
We are hoping to begin shortly five week courses on basic IT skills to encourage people to learn how to do e-mails, games, You Tube and to use the surgeries prescription requests.
We had thrilling news this year that that we had been nominated to enter the Kings Award for Voluntary Services and were chosen to be one of the National entrants from West Yorkshire. We have recently been informed that we are to receive one of these awards to be presented in the next couple of months by the !st Lord Lieutenant of West Yorkshire. Two places have been allocated to attend the Garden Party at Buckingham Palace in the summer.
Many of our volunteers have been helping for over 5 years so it is wonderful that their dedication has been recognised.

Beverley Kite
Chair of Leeds Caring Hands