International Society of Qualitative Research in Sport and Exercise

Charity number 1183805

Annual Report and Financial Statements

For the year ended 31 December 2025

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International Society of Qualitative Research in Sport and Exercise

Trustees' report for the year ended 31 December 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Toni Williams	President
Daniel Martin	Treasurer
Brett Smith	Past President

Advisors as part of the executive board during the financial year were:

Name	Position
Bonnie Pang	Membership Officer
Ella McLoughlin	Communications Officer
Francesca Cavallerio	Conference Officer
Bryan Clift	Election Officer
Aspasia Dania	Secretary

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1183805 on 10th June 2019.

Principal address	Bankers
23 Bishopton Place	Lloyds Bank
RIPON	15 Blackheath Village
North Yorkshire	Blackheath
HG4 2DT	London SE3 9LH

Structure, governance and management

The charitable incorporated organisation (CIO) is governed by a constitution adopted on 6th June 2019.

Method of recruitment and appointment of trustees

The current trustees of the charity were founding members.

Objectives and activities

The charity's objectives

The objectives of the International Society of Qualitative Research in Sport and Exercise (QRSEsoc) are to advance the education of the public in general (and particularly amongst academics) in the social science aspects of sport, exercise and physical activity and to promote research for the public benefit in all aspects of these subjects and to publish the useful results thereof.

QRSEsoc was established to provide both an international home solely dedicated to qualitative research and a forum that brings together researchers from different disciplines. It is open to all methods, methodologies, traditions, epistemologies, ontologies, and empirical work that fall under the umbrella of qualitative research. QRSEsoc is also multidisciplinary by bringing together researchers interested in qualitative research from the disciplines of sport and exercise psychology, sociology of

sport, sport coaching, sport pedagogy, leisure studies, sport management, sport policy, sport and exercise medicine, and others. We strive to:

- Promote qualitative research in the sport and exercise sciences
- Advance excellence in qualitative research and teaching
- Provide a forum for networking, knowledge sharing, collaboration, lobbying, and fostering supportive relationships and communities

The charity's main activities

QRSEsoc provides education and training through a biennial conference, workshops, webinars and podcasts. Members have access to additional benefits including education resources, PhD theses and an expert directory to facilitate collaboration and sharing of knowledge through our website (www.qrsesoc.com). They also have access to book chapters written by members and virtual topic focused meetings. Members are also working with the public to produce expert position statements that will support best practice. This includes an expert statement on the possibilities of making qualitative research data ethically open to the public. We also provide expert advice to the individual public, organisations, and charities, such as Disability Rights UK.

Public benefit statement

In setting out objectives and planning of our activities, our Trustees have given consideration to the Charity Commission's general guidance on public benefit and regarding advancing education and training.

Achievements and performance

In 2025, our global community continued to thrive, with our membership base spanning at least 11 countries. Because our main international conference operates on a biennial cycle (with our next event, QRSE2026, hosted in Canada), 2025 was strategically focused on fostering year-round engagement and networking for our members. A major milestone this year was the launch of our Special Interest Groups (SIGs). These groups provide an active forum for networking, knowledge sharing, and debate focused on specific philosophical and methodological interests. We successfully launched two inaugural groups: Storytelling in Sport, Exercise and Health and Post qualitative Inquiry in Sport, Exercise and Health. To support their development, QRSEsoc committed up to £1,000 per year for relevant SIG activities that benefit our members and the wider public.

Financial review

These accounts are for the period 1st January 2025 to 31st December 2025.

1. Financial Performance Overview

During the 2025 financial year, QRSEsoc recorded a net deficit of £2,861.52, compared to a small net deficit of £232.28 in the previous year (2024).

This change is a result of the charity's planned strategic investments. Expenditure increased this year due to providing seed funding for the upcoming QRSE2026 conference in Toronto, Canada, as well as the launch of our new Special Interest Groups (SIGs). This demonstrates a year of investment into our main objectives, supporting our impact both internationally and year-round.

2. Financial Position at Year-End

Total incoming receipts for the period were £8,935.00 (2024: £9,249.24). Total resources expended were £11,796.52 (2024: £9,481.52).

The charity began the year with £46,595.12 and, after accounting for the planned operational deficit, carried forward a final cash balance of £43,733.60 at the year-end (2024: £46,595.12). These funds are broken down as follows:

- Designated funds: £10,000 was designated for specific activities, including the upcoming QRSE2026 conference, directly supporting the charity's main objectives.
- Unrestricted funds (General Reserves): £33,733.60. These funds are available to support the charity's core operational costs.

3. Reserves Policy

The charity currently holds no restricted funds. The trustees have reviewed the charity's level of general unrestricted reserves (excluding designated conference funds), which stand at a healthy £33,733.60. The board considers this level to be more than sufficient for the current phase of the charity’s operations, providing excellent financial stability. This secure position allows the charity to confidently plan for future activities and manage operational needs without financial risk.

4. Future Financial Outlook

The Board remains confident in the charity’s strong financial position and strategic direction. The planned investments made in 2025 have strengthened our operational capacity and our year-round member engagement. For the year ahead, our priority is to leverage this foundation to expand our charitable activities, deliver a successful biennial conference, and continue to manage our resources effectively to maximise our impact.

Signed on behalf of the board of trustees:

Signed: 

Name: Toni Williams (President)

Date: 23/10/2025

Signed: 

Name: Daniel Martin (Treasurer)

Date: 23/10/2025

International Society of Qualitative Research in Sport and Exercise

Receipts and payments account for the year ended 31 December 2025

	Notes	2025 Unrestricted Funds £	2025 Designated Funds £	**2025 Total Funds £**	*2024 Total Funds £*
Receipts					
Paypal membership		6,155	-	**6,155**	*6,869.24*
Paypal refund fee		-	-	**-**	*-*
QRSE Conference Donation		-			*250.00*
WIX membership		2,780	-	**2,780**	*2,130.00*
Total receipts		8,935.00		**8,935.00**	*9,249.24*
Payments					
Paypal fees		186.37	-	**186.37**	*192.10*
Paypal refund		128.74	-	**128.74**	*79.24*
Website development fee		-	-	**-**	*-*
Website fee		264.00	-	**264.00**	*242.4*
QRSE Conference		15.00	10,000.00	**10,015.00**	*684.48*
QRSE EDI Grant		-	-	**-**	*8,224.00*
WIX fee		82.41	-	**82.41**	*59.30*
WIX Refund		120.00	-	**120.00**	*-*
SIG Funding		1000.00	-	**1000.00**	*-*
Total payments		**1,796.52**	**10,000.00**	**11,796.52**	*9,481.52*
Net receipts / (payments)		**7,138.48**	**-10,000.00**	**-2,861.52**	*-232.28*
Transfer Between Funds		-8,658.48	8,658.48		
Cash fund balances brought forward		36,595.12	10,000.00	**46,595.12**	*46,827.40*
Cash fund balances carried forward	(2)	43,733.60	0.00	**43,733.60**	*46,595.12*

International Society of Qualitative Research in Sport and Exercise

Statements of assets and liabilities as at 31 December 2025

	2025 Unrestricted	2025 Restricted	2025 Designated	**2024 Total**	*2023 Total*
Cash funds	£	£	£	**£**	*£*
Current account	33,179.58	-	10,000.00	**43,179.58**	*45,557.32*
Paypal	500.00	-	-	**500.00**	*999.24*
WIX	54.02	-	-	**54.02**	*38.56*
Total cash funds	33,733.60	-	**10,00.00**	**43,733.60**	*46595.12*

There are no other monetary assets or liabilities.

Approval of the accounts

The financial statements were approved by the board of trustees

Signed: 

Name: Toni Williams (President)

Date: 14/10/2025

Signed: 

Name: Daniel Martin (Treasurer)

Date: 14/10/2025

International Society of Qualitative Research in Sport and Exercise

Notes to the accounts as of 31 December 2025

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payment basis.

Fund accounting

Unrestricted funds are available for use at the discretion of trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

Designated funds are unrestricted funds that the trustees have decided to set aside for a specific future purpose or project. Unlike restricted funds, this is an internal decision by the board, and the designation can be changed or reversed by the trustees if the charity's plans change. Further explanation of the nature and purpose of designated funds is included below.

2 Designated funds

Fund name and purpose

QRSE conference fund: The QRSE conference fund is a designated budget used to support the conference every two years and is topped back up to £10,000 following conference expenditures. This fund will be used to support QRSE2026 next year.

3 Trustee expenses

No trustee received any expenses during this year.

4 Related party transactions

There were no related party transactions during this year.