CHARITY COMMISSION FOR ENGLAND AND WALES

| Friends of York Hospitals | 1183252 |
|---|---|

# Receipts and payments accounts

CC16a

| For the period from | Period start date 01/04/2025 | To | Period end date 31/03/2026 |
|---|---|---|---|

## Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|---|---|---|---|
| **A1 Receipts** | | | | | |
| Donations & Legacies | 1,202 | - | - | 1,202 | 3,189 |
| Events | 346 | - | - | 346 | 336 |
| Trolley Sales | 128 | - | - | 128 | - |
| Raffles | 610 | - | - | 610 | 680 |
| Investment Income | 3,883 | - | - | 3,883 | 7,158 |
| Bank Interest | 59 | - | - | 59 | 115 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| ***Sub total** (Gross income for AR)* | 6,228 | - | - | 6,228 | 11,478 |
| **A2 Asset and investment sales, (see table).** | | | | | |
| **Investments Sold** | 73,000 | - | - | 73,000 | 32,500 |
| | - | - | - | - | - |
| ***Sub total*** | 73,000 | - | - | 73,000 | 32,500 |
| ***Total receipts*** | 79,228 | - | - | 79,228 | 43,978 |
| **A3 Payments** | | | | | |
| Projects Paid | 78,154 | - | - | 78,154 | 49,064 |
| Support Costs | 898 | - | - | 898 | 3,709 |
| Cost of Trolley Sales | 128 | - | - | 128 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| ***Sub total*** | 79,180 | - | - | 79,180 | 52,773 |
| **A4 Asset and investment purchases, (see table)** | | | | | |
| | - | - | - | - | |
| | - | - | - | - | |
| ***Sub total*** | - | - | - | - | - |
| ***Total payments*** | 79,180 | - | - | 79,180 | 52,773 |
| ***Net of receipts/(payments)*** | 48 | - | - | 48 | - 8,795 |
| **A5 Transfers between funds** | - | - | - | - | - |
| **A6 Cash funds last year end** | 11,196 | - | - | 11,196 | |
| ***Cash funds this year end*** | 11,244 | - | - | 11,244 | - 8,795 |

## Section B Statement of assets and liabilities at the end of the period

### B1 Cash funds

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|---|
| | Current Account | 1,803 | - | - |
| | Cash | 43 | - | - |
| | Instant Account | 4,150 | | |
| | Investment Cash | 5,248 | - | - |
| | ***Total cash funds*** | 11,244 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

### B2 Other monetary assets

| Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|---|---|---|
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |

### B3 Investment assets

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|
| General Fund (unrestricted) | | - | 188,560 |
| | | - | |
| | | - | - |
| | | - | - |
| | | - | - |

### B4 Assets retained for the charity's own use

| Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---|---|---|
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

### B5 Liabilities

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---|---|---|---|
| Projects approved by Trustees | Investment Fund | 31,899 | |
| | | - | |
| | | - | |
| | | - | |
| | | - | |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|---|---|
| MHall | MICHAEL HALL | |
| Gill Gibbons | Gill Gibbons | 25/06/2026 |

# THE FRIENDS OF YORK HOSPITALS

## TRUSTEE ANNUAL REPORT

## YEAR ENDED 31 MARCH 2026

### REFERENCES AND ADMINISTRATIVE DETAILS

**Registered charity name:** The Friends of York Hospitals

**Charity registration number:** 1183252

**Principle Address:** The Friends of York Hospitals
York Hospital,
Wigginton Road,
York,
YO31 8HE

**The Trustees**

| Name | Appointed | Current Role | Resigned |
|---|---|---|---|
| Mrs G Gribbin | | Chair | |
| Mr H Syed | | Honorary Secretary | |
| Mr M Hall | | Honorary Treasurer | |
| Ms M Lindholm | | Trustee | |
| Mr R Cryer | | Trustee | |
| Ms V Riley | | Trustee | 01/04/2025 |
| Mrs S Hall | | Trustee | 28/11/2025 |
| Mrs R Miller | | Trustee | 15/10/2025 |

### INTRODUCTION

The Board of Trustees continues to adhere strictly to the objectives set out in the previous annual report, successfully meeting several key targets over the year. However, the 2025–26 financial year presented significant challenges, including board turnover due to health and personal commitments. Despite these headwinds, the charity has adapted, refined its strategies, and maintained strong, positive relationships with NHS hospital leadership to enhance patient care and support.

### OBJECTIVES AND ACTIVITIES

The objects of the Friends of York Hospitals are:

To enhance patient care by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

- providing committed, caring volunteers who help NHS staff meet the needs of patients;
- buying equipment or services for the benefit of patients that may not be readily available to be funded by the NHS Trust;

- raising funds and receiving contributions from persons or organisations by way of subscription, covenant, donation, legacy or otherwise.

The trustees confirm that they have had due regard to the Charity Commission's public benefit guidance when exercising powers and duties relevant to the charity's operation. The charity has procedures in place to fulfil this obligation.

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## ACHIEVEMENTS AND PERFORMANCE

- Successfully restored the Friends Newspaper Trolley Service post-COVID, receiving overwhelmingly positive feedback from patients and ward staff.
- Dedicated volunteers and trustees re-launched and operated the initial weekly Newspaper Trolley Service.
- Successfully hosted the High Sheriff, highlighting how a small independent charity directly improves patient experience and care within the hospital.
- Demonstrated completed ward and department support projects during the High Sheriff visit, showing how targeted funding improves NHS patient care and facilities.
- Fully resolved all outstanding invoices and restricted funds through improved, consistent communication with the hospital trust's finance team.
- Revised and updated the charity's **Reserves Policy** and adopted a new **Funding Guidance Policy** to safeguard financial stability amidst global market volatility.
- Held the annual **Christmas Raffle**, supported by local business donations.
- Held table events at the main hospital entrance to raise funds and charity awareness.

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## FINANCIAL REVIEW

- Income for the year was just under £6,200
- Completed projects and funds released totalled £78,000
- Investments were realised during the year to fund these charitable commitments
- Investments of approximately £188,500 remained at the year end
- Cash balances remained stable

The high charitable expenditure was planned and financially sustainable.

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## RESERVE POLICY

**Please note: this policy was fully revised in September 2025 but the nature of it requires close monitoring and as such the figures contained within this policy are as of 1 August 2026.**

### 1. Definition and Purpose of Reserves (CC19 Compliance)

Reserves are defined as that part of the charity's unrestricted funds that is freely available to spend on any of the charity's purposes.
The Trustees hold reserves to ensure the continued and orderly operation of the charity, to provide a buffer against financial uncertainties, and to maintain the core invested capital necessary to generate future charitable income.

**Funds excluded from the Reserves calculation:**

- Restricted funds (as defined by specific donor wishes).
- Designated funds (funds set aside by the Trustees for projects or purposes).

**2. Reserves Target Setting and Justification**

The Trustees establish two distinct reserve components to manage both immediate operational stability and long-term financial viability:

**A. Core Endowed Investment Reserve (Long-Term Capital)**

This is the non-expendable capital base from which income (growth/dividends) is generated to fund charitable activities. This capital is invested to ensure the long-term survival of the charity.

- **Target Level:** £150,000
- **Justification:** Maintaining this capital level is essential to sustain income generation and, therefore, the charity's overall viability. Drawdown from this principal is permitted only by explicit Trustee resolution in exceptional circumstances, as a last resort, or to meet the Operating Reserve Target (see B).

**B. Operating Reserve (Contingency and Liquidity)**

This is the readily available cash held to manage temporary financial fluctuations, cover unforeseen operational costs and ensure the orderly winding-down of the charity should a severe financial crisis occur. Part of this reserve may be held in investments if those investment or savings accounts can be accessed within 32 days.

- **Target Range: £40,750 - £45,750**
- **Justification:** This range is calculated to cover:
    1. **Immediate Funding Liabilities:** Up to 12 months of the maximum planned annual grant commitment (£35,750, based on the new 3-Tier Funding Guidance Policy).
    2. **Unforeseen Emergencies/Operational Risks:** A buffer of approximately £5,000 - £10,000 to cover unexpected professional fees or essential legal/accountancy costs.
    3. **Orderly Closure Costs:** Covering estimated costs and liabilities associated with the managed winding-down of the charity's affairs (final audits, legal costs).

**3. Current Financial Position (As of date of policy review)**

| Item | Amount | Classification | Notes |
|---|---|---|---|
| Total Funds | £196,143 | **Unrestricted** | Excludes approved Projects |
| Core Endowed Investment Reserve (target £150,00) | £150,000 | **Core Endowed Investment Reserve (Designated)** | Designated to generate income and capital growth. |
| Operation Reserve (target £40,750) | £46,143 | **Contingency and Liquidity** | For new projects & unexpected demands. |
| Cash/Liquid Assets | £5393 | **Operating Reserve** | If this figure is in red then it is the minimum required to restore the reserve. |

**Assessment against Target:**

- The **Core Endowed Investment Reserve** is currently held at its target of £150,000.
- The **Operating Reserve** is currently £46,143. This is over the minimum target of £40,750 by £5393.

**4. Policy for Monitoring and Action**

The Trustees recognise the overall decline in gross funds over the past three years. This trend necessitates the immediate implementation of both this Reserve Policy and the new Funding Guidance Policy to restore resilience.

- **Action Plan for Operating Reserve:** The ongoing volatility in the stock market means that the small positive position the charity holds requires a cautious approach to Major Project funding The Chair's current fund, set at £750 for 2025/26, will remain available until 31 March 2027 or until it is fully utilised, whichever comes first.
- **Action Plan for Excess Reserves:** Should the Operating Reserve exceed the £75,000 maximum, the Trustees will review the excess for potential designation to a specific, one-off major charitable project, or add the excess to the Core Endowed Investment Reserve to increase long-term income capacity.
- **Accountability:** This policy and a statement on the level of reserves held will be published in the Trustees' Annual Report to ensure accountability to stakeholders (as required by the Charities SORP).

**Review Date:** Annual Review (at the first Trustee meeting following the financial year-end) or sooner if circumstances warrant action.

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## STRUCTURE, GOVERNANCE AND MANAGEMENT

The Friends of York Hospitals is a charitable incorporated organisation registered with the Charity Commission in England and Wales under the charity number 1183252. It was registered on 3 May 2019

The charity is managed by a Committee of Trustees This consists of the Chairperson Honorary Treasurer and Honorary Secretary with not less than 3 and not more than 9 additional Trustees. No person shall be a Trustee who is not a member of the Friends A person may become a member of the Friends by virtue of their voluntary service: in accordance with FOYH Constitution Clause 12

- **Investment Policy**

  The overall aim is to provide both rising capital and income values. The Trustees delegate the fund management duties to independently appointed professional investment managers The fund management provide quarterly updates which are used to monitor on going performance.

- **Risk Management**

  The Trustees have examined the major risks to which the charity is exposed, those related to the operations and finances of the Trust and are satisfied that systems are in place to mitigate the exposure to these major risks

## FUTURE PLANS

Looking ahead, the Trustees plan to focus on the following key priorities:

1. **Expand the Newspaper Trolley Service:** Progressively extend the trolley service from a pilot to a 5-day weekday service, with a long-term goal of including weekend coverage as volunteer numbers grow.
2. **Trustee & Volunteer Recruitment:** Actively recruit new trustees and operational volunteers through the online *GoVol* service to rebuild board capacity and reduce reliance on core officers.
3. **Enhance Hospital Presence:** Re-establish a regular, sustained presence in the main entrance of the hospital through expanded volunteer cover for table events.
4. **Financial Resilience & Project Funding:** Implement the newly adopted Funding Guidance Policy alongside the revised Reserves Policy to ensure major project grants remain prudent and financially sustainable.
5. **NHS Trust Collaboration:** Continue quarterly strategic meetings with the Chairman of the Hospital Trust to identify mutually beneficial future projects that support hospital staff and patient care.

**The trustee annual report was approved on** 27/10/26 **and signed on behalf of the board of trustees by:**

**Mrs G E Gribbin - Trustee and Chair**