Sincere Support

Charity Number 1182656

Trustees Report and Receipts and Payments Account

for the year 1st February 2025 to 31st January 2026

Sincere Support (Charity Number 1182656)

Report of the Trustees for the year 1st February 2025 to 31st January 2026

The trustees have the pleasure in presenting their report and the financial statements of the charity for the period 1st February 2025 to 31st January 2026.

Reference and Administration details
Sincere Support is a registered charity, charity number 1182656.

Principal address
C/O Meadow Hall Centre Limited
Management Suite
1 The Oasis
Meadowhall Centre
Sheffield
S9 1EP

Trustees
The trustees who served in the year were:

Stephen Haley Lister (Chairman)

Sheena Powell-Bevan

Geoffrey Brignall

Ellis Brooke Powell-Bevan

Fiona Bowden

Peter Bowden

Structure, governance and management
The charity was constituted as a Charitable Incorporated Organisation (CIO) Foundation on 27th March 2019. The governing document is a constitution.

Where there is a need for new trustees, these are identified and appointed by the existing Trustees.

Objectives and activities
The charity was formed to relieve the stresses experienced by the family and carers of children with terminal or serious illnesses in hospital in the region of Yorkshire, Humber and Lincolnshire and to support other properly constituted groups working for the same purpose.

Achievements and performance
The charity was formed on 27th March 2019 and superseded Sincere Support (charity number 1100487) from 16th October 2019.

£37,121 has been raised in the period from fundraising activities, which is unrestricted. Funding of £86,300 has also been secured from the National Lottery Community Fund - Reaching Communities, which is restricted.

Financial performance
The reserves of the charity are unrestricted at the year end and are available to meet the costs of running the charity for its objectives and activities, for donation and fundraising activities.

At the year end the reserves were £79,616

The receipts and payments accounts have been prepared under section 133 of the Charities Act 2011 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice. The financial statements have been prepared from the accounting records and information and explanations provided to Jonathan White & Co Accountants Limited.

Further Information
As part of our ongoing National Lottery programme, we have had an external evaluation of our activities completed. This is highly detailed and we have attached a copy at the end of this document.

Public Benefit
The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the aims and objectives and in planning future activities. The trustees have considered how planned activities contribute to the aims and objectives set ensuring activities offer and satisfy the public benefit requirement as stated in charity law.

This report and financial statements were approved by the trustees on the 3rd August 2026 and is signed on behalf of them all.

Stephen Haley Lister
Chairman

Sincere Support (Charity Number 1182656)

Independent Examiners Report

I report to the trustees on my examination of the accounts of the above named charity for the year ended 31st January 2026, which are set out on pages 4 to 6.

Responsibilities and basis of report
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

3rd August 2026

Jonathan White

Jonathan White & Co Accountants Limited
134 Dobbin Hill
Sheffield
S11 7JD

Sincere Support (Charity Number 1182656)

Receipts and Payments Account for the year 1st February 2025 to 31st January 2026

		Restriced Funds 2026 £	Unrestriced Funds 2026 £	Total Funds Funds 2026 £	Restriced Funds 2025 £	Unrestriced Funds 2025 £	Total Funds Funds 2025 £
Receipts							
Fundraising activities		0	37,121	37,121	0	37,472	37,472
The National Lottery Community Fund - Reaching Communities		86,300	0	86,300	84,221	0	84,221
Other income		0	0	0	0	0	0
Total receipts		86,300	37,121	123,421	84,221	37,472	121,693
Payments							
Family support		8,262	5,865	14,127	9,407	4,618	14,025
Donations made		0	0	0	0	25	25
Sessional workers		9,015	1,305	10,320	9,101	1,097	10,198
Salaries	1.	63,363	0	63,363	56,961	0	56,961
Training		164	0	164	0	0	0
Fundraising		0	12,991	12,991	0	15,046	15,046
General office costs		0	5,476	5,476	0	6,782	6,782
Telephone		0	1,337	1,337	0	1,308	1,308
Motor vehicle		0	419	419	0	784	784
Legal and professional		0	0	0	0	0	0
Accountancy		0	804	804	0	804	804
Marketing		551	0	551	677	2,100	2,777
Cleaning of premises		3,013	0	3,013	3,513	0	3,513
Total payments		84,368	28,197	112,565	79,659	32,564	112,223
Asset and investment purchases							
Assets purchased		0	0	0	0	0	0
Total asset and investment purchases		0	0	0	0	0	0
Total payments		84,368	28,197	112,565	79,659	32,564	112,223
Net (Payments)/Receipts for the year		1,932	8,924	10,856	4,562	4,908	9,470
Funds balance brought forward		23,944	55,672	79,616	19,382	50,764	70,146
Funds balance carried forward		25,876.00	64,596	90,472	23,944	55,672	79,616

Sincere Support (Charity Number 1182656)

Statement of Assets and Liabilities as at 31st January 2026

		Restriced Funds 2026 £	Unrestriced Funds 2026 £	Total Funds 2026 £	Restriced Funds 2025 £	Unrestriced Funds 2025 £	Total Funds 2025 £
Assets retained for the charity's own use							
Motor vehicles		0	22,500	22,500	0	22,500	22,500
Furniture, fixtures and fittings		0	95	95	0	95	95
Plant and machinery		305	1,094	1,399	305	1,094	1,399
Computer equipment		0	1,960	1,960	0	1,960	1,960
		305	25,649	25,954	305	25,649	25,954
Cash at Bank		25,876	64,596	90,472	23,944	55,672	79,616
Total assets		25,876	64,596	90,472	23,944	55,672	79,616
Liabilites							
Creditors	2.	1,292	804	2,096	2,732	804	3,536
Total Liabilites		1,292	804	2,096	2,732	804	3,536

Sincere Support (Charity Number 1182656)

Notes to the Financial Statements for the year 1st February 2025 to 31st January 2026

Notes

1. Included with Salaries are salary payments of £20,809 to MR S Lister, a trustee.

2. Creditors:

Pension contributions	321
PAYE & Nic	971
Professional fees	804
	2,096