Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	January	2025		31	December	2025

Charity name	Helping The Poor
Other names charity is known by	
Registered charity number (if any)	1182248
Charity's principal address	28 Oxford Street
	Mount Pleasant
	Batley, West Yorkshire
	Postcode WF17 7PR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammed Hanif Adam Mayet	Chair		
2	Mahmood Ebrahim Patel	Treasurer		
3	Halima Aswat	Secretary		

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Mr Ebrahim Adam	Adams Accountancy, 66 Savile Road, Savile Town, Dewsbury, West Yorkshire, WF12 9PJ

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted on 18th September 2018
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	First Charity Trustees appointed on 18th September 2018

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and

The First Trustees have been provided with a copy of the Charity Commission Essential Trustees (CC3) and a copy of the Trust's constitution.

There are no further changes or additions to be made at the current time.

training of trustees;

- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

(1) To relieve poverty, responding to humanitarian emergencies and to support disadvantaged groups in fighting poverty particularly in the South Asian continent and other poorer countries around the world as and when required.

(2) To improve the lives of poor people by providing financial assistance and support.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Our prime objective is to support certain section of the community in India that are less fortunate, with some aid which will hopefully give the family much needed relief. We target those who meet our set criteria in order to receive aid from us. This is based on set categories in that they must be either: elderly, widowed, orphaned, disabled or sick, isolated or in acute poverty.

Each of the beneficiaries who receives aid from the charity are surveyed and records updated on an annual basis by our project team leaders and local volunteers. Each beneficiary is also photographed during the distribution process.

Below is the summary of the main activities undertaken for the public benefit in relation to our Objects:

Food Kit Distribution

Food Kits and in many places blanket (or bed sheets) and stainless-steel utensils are distributed to the deprived and underprivileged, elderly, widows, poorly and the needy.

These Food Kit provisions are enough for a family of up to five to live on for five/six weeks.

Water Provision Project

We continue installing a large number of hand operated water pumps including some that are motor-operated. We also install small wells (known as Kuvas) where hand pumps are not practical.

We concentrate our installation on those areas where water is much needed for every day usage and where people currently have to walk between 1 to 4 kilometers to access water for their daily needs.

Once the water pumps are installed, water is made available to anyone regardless of their social standing or beliefs. A concrete base is also provided for the locals to handwash their clothes or wash their pots and

pans and crockery.

Empowerment Project

The charity continues to run an Empowerment Project which supports widows and women living in isolation to learn to sew and design clothes.

Those women who wish to learn to sew are sent on a scholarship to learn at a designated learning centre and successful attendees are then given a brand-new sewing machine (together with accessories) to start making clothes and earn a living for themselves rather than relying on handouts.

Scholarship Project

The charity has on annual basis given scholarships to bright, eligible students from poor and needy families until their graduation. Students are selected on the basis of their socio-economic condition and academic performances.

We prefer to support students from the medical field for scholarships as this is more career based and the expense for these studies is a lot higher for the families.

Kafan/Dafan (Burial Materials) Project

The charity is committed to help the poor section of the community by providing burial materials to the remote villages -mainly in the jungle areas of Gujarat, India by providing Kafan (white cotton shrouds) for the deceased whose family cannot afford this and other burial items.

Medical Support/Assistance

We currently visit around 190 remote villages within 100km of Chikhli and regularly come across many elderlies, disabled and infirm individuals who cannot access or afford medical treatment.

The charity supports these people with their medical costs which may be with purchasing medicine, covering hospital costs or support towards their cost of medical surgery.

In association with the kind generosity of our Project Partner, Alipore Hospital Welfare Trust these individuals are identified and also able to attend the Alipore Hospital where the treatment is undertaken free of cost.

The cost is borne out by jointly by either the Alipore Hospital Relief Fund or in partnership through our charity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The charity is not currently engaged in grant-making or programme related investment.

We are extremely grateful to all our volunteers (Project Team Partners and members) who are responsible for undertaking, conducting and co-ordinating surveys throughout our distribution areas ahead of the Trustee visit to India each year.

This helps the charity to ensure that the beneficiaries meet our criteria for assistance and that they are the rightful recipients for our distribution.

We are also grateful to our primary Project Partner, Alipore Social Welfare Trust who are based in India.

Alipore Social Welfare Trust and their team and volunteers make all the necessary arrangements to enable the Trustees to personally visit each distribution centre. Our primary Project Partner also make arrangements for the smooth distribution process to the beneficiaries in each of the remote villages and towns with proper care.

Summary of the main achievements of the charity during the year

We continue to take great care and do our level best to ensure that all donations are given to those who are in need of help or financial support and are eligible as rightful recipients. Most importantly, we remain unique in that aspect as the Trustees undertake the distribution and by hand an in person.

We were fortunate that 2 of the Trustees had a period of stay in India during the year to personally overs see the charity work.

The Trustees in conjunction with our Project Partner, Alipore Social Welfare Trust (ASWT) were able to visit many remote villages from dawn to dusk on a daily basis to distribute the aid to the people in need.

As well as work undertaken in the Gujarat state, the Trustee were also able to visit the following cities/districts/states around India, namely:

- West Bengal (specifically in Contai)
- Maharashtra (specifically in Nandurbar and Malegaon)

The charity has a long standing/arm supervisors who have been in association with the charity for well over a decade in each of these states in India. Each team of supervisors with their own respective and dedicated volunteers undertake the surveys of their area identifying those who meet our set criteria in receiving the aid from the charity.

Below is a summary of the main achievements of the charity during the year:

<u>Food Kit Distribution</u>

The bulk of our charity work has been the distribution of Food Kits to those struggling households who face great difficulties in making ends meet.

The charity has been able to distribute Food Kits to the beneficiaries from over 190 villages many of them from remote areas of Gujrat state (within 100km of Chikhli) which were targeted again this year. On top of this, we were also able to distribute Food Kits in the other states mentioned earlier.

<u>Empowerment Project</u>

This year, through our donors continued generosity, we were again able to continue the project and distribute brand new sewing machines with essential accessories to the eligible women.

Scholarship Project

The current student has been supported through our specially designated fund created for this purpose

Medical Support/Assistance

We are committed and shall continue to provide this much needed service in association with the kind generosity of Alipore Hospital Welfare Trust.

We continue to witness at first hand the positive impact this service provision has had to those struggling to meet their medical costs.

We were also able to help with the following during the course of the year:

12 Year Bed-ridden Paralytic Person

Our team have previously identified a young man with his family who was bed ridden for the last 12 Years. We continue to sponsor his medication and Food provision.

Disabled or Differently-Abled

We have also distributed 2 wheel-chairs to Alipore Hospital and for the differently-abled who are in need.

Saudi Arabia

In November 2025, one of our Trustees visited Makkah Mukarramah and Madinah Munawwarah in Saudi Arabia and was able to support through our local contacts the homeless, poor and needy people and distributed 250 cooked meals and over 200 food kits (containing variety of 16 essential every day food items) in each of the two holy cities.

School Bus Project

During the Year, Helping the Poor Trust provided School Bus to Anjuman Public School for the children conveyance from Home to School and back.

P.A. System

P.A. System was donated to Riyazul Jannah Academy by us in the remote village of Dihana, Nuh, Mewat, India.

Housing Material for Dilapidated Houses

2 Houses with dilapidated conditions were given building materials like roofs and cement for the repairs.

Iftar

We at, Helping the Poor, provided Iftar food to the patients, visitors and staffs at Alipore Hospital Campus for the person who observe fast during

	the holy Month of Islamic Month of Ramadaan. Food for Patients During the Month of January 2025, Breakfast, Lunch, High Tea and Dinner were served to each patient and one relative/carer at Alipore Hospital.

Brief statement of the charity's policy on reserves	The charity's policy on reserves is to keep no more than £20,000 for any unexpected cost or an emergency situation that may arise. Otherwise, all funds raised within the financial year should be utilised during the Trustee visit to India each year.
Details of any funds materially in deficit	None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal source of funds is by way of voluntary donation from members of the local community. The charity does not undertake house-to-house collections, street collections or collections in public areas or places.

The bulk of the funds are raised through family and friend circle and their own contacts or acquaintances.

The holy month of Ramadaan (the Islamic month of fasting) is our main fund-raising period.

Donations collected are utilised in accordance with the charity's objectives and activities.

As we are a small charity and are heavily dependent on donations mainly from family and friends, we do not have surplus funds to boost our charity income through investments.

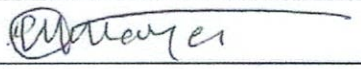
Section F Other optional information

2 Members of the Trust, in association with Alipore Social Welfare Trust in India along with the local team members and volunteers and our long standing/arm supervisors undertook the work to execute the various Projects undertaken by the charity.

The Trustees would like to place on record our thanks for this effort, hard work and support to carry out this much needed work.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammed Hanif Adam Mayet	Mahmood Ebrahim Patel
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	25/10/2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Helping The Poor		
On accounts for the year ended	31 December 2025	**Charity no (if any)**	1182248
Set out on pages	1 to 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:	E Adams	**Date:**	25/10/2026
Name:	Ebrahim Adam		
Relevant professional qualification(s) or body (if any):	BA Hons Accountancy		
Address:	Adams Accountancy 66 Savile Road, Savile Town, Dewsbury, West Yorkshire, WF12 9PJ		

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

CHARITY COMMISSION FOR ENGLAND AND WALES

Helping The Poor	1182248

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2025	To	Period end date 31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Lillah Donations	40,824	-	-	40,824	99,144
Zakaat Donations	-	214,067	-	214,067	238,073
Sadaqah Donations	10,026	-	-	10,026	13,230
Interest	10,488	-	-	10,488	11,425
Water Provision (Hand Pumps)	-	8,100	-	8,100	2,625
Fitra	-	-	-	-	-
Gift Aid	-	-	-	-	-
Projects	-	-	-	-	270
Ramadhaan	3,120	-	-	3,120	-
Orphans	2,415	-	-	2,415	-
Fidya	1,865	-	-	1,865	-
Sub total *(Gross income for AR)*	68,738	222,167	-	290,905	364,767
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	68,738	222,167	-	290,905	364,767
A3 Payments					
Alipore Social Welfare Trust Project	22,888	57,112	-	80,000	57,000
Alipore Social Welfare Trust Project	5,636	14,064	-	19,700	99,000
Alipore Social Welfare Trust Project	27,179	67,821	-	95,000	99,000
Makkah Mukarramah	1,430	3,570	-	5,000	-
Talib Educational and Charitable Trust	8,583	21,417	-	30,000	-
Madinah Munawwarah	1,430	3,570	-	5,000	-
Alipore Social Welfare Trust Project	21,886	54,614	-	76,500	116,854
Bank Charges - International Payments	164	-	-	164	112
Sub total	89,197	222,167	-	311,364	371,966
A4 Asset and investment purchases. (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	89,197	222,167	-	311,364	371,966
Net of receipts/(payments)	- 20,459	- 0	-	- 20,459	- 7,199
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	30,675	-	-	30,675	37,875
Cash funds this year end	10,216	- 0	-	10,216	30,676

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balances	10,216	-	-
		-	-	-
		-	-	-
	Total cash funds	10,216	-	-
	(agree balances with receipts and payments account(s))			

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Mohammed Hanif Mayet	25-10-2026
		Mahmood Ebrahim Patel	25-10-2026