Reg No:1182182

# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2025 FOR FUTURE HEALTH AFRICA (CC REG: 1182182)


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Reg No:1182182

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# Trustees' Annual Report: 1st January 2024 to 31st December 2025

**Charity name: Future Health Africa (FHA)**

**Charity type: Charitable Incorporated Organisation (CIO)**

## Objectives and Activities

**The purposes of the charity as set out in its governing document**

The objects of the CIO are, for the public benefit, particularly, but not exclusively, in Africa and other low/middle income countries (LMICs):

(1) the relief of sickness and the preservation of health, particularly but not exclusively by promoting the sharing of healthcare knowledge and skills and assisting in the provision of medical treatment;

(2) the advancement of education in healthcare, in particular by the delivery of quality improvement and leadership training in a healthcare context and other health- related education and training to those involved in health and care delivery at all levels and to the wider public, and by raising awareness of global health issues;

(3) to develop the capacity & skills of members of socially and economically disadvantaged communities in LMICs in which the CIO is working, in such a way that they are better able to identify and help meet their needs and to participate more in society.

**Alignments**




All of our work aligns with the Sustainable Development Goals and in particular goals 1,**3**,4,5,10,17.

**Future Health Africa (FHA)** is an active member of the **Kenya-UK Health Alliance (KUKHA),** a government to government agreement made between the two countries in 2021. Its purpose is to improve alignment of the efforts of the many UK health sector actors and health workers (NGOs, Universities, NHS Institutions, Academia, health-care companies) involved in working towards better healthcare for Kenyans.

FHA also collaborates with academics at the University of Plymouth and its Global Health Collaborative.

Trustee Dr Kerri Jones links FHA to the Society for Quality Healthcare Kenya and the UK's Global Health Partnerships through honorary advisory roles

**The main activities in relation to public benefit**

Trustees confirm adherence to the guidance issued by the Charity Commission on public benefit and have considered https://www.gov.uk/government/publications/public-benefit-the-public-benefit-requirement-pb1 . They conclude that FHA met public benefit requirements in 2025.
In 2025, the charity had **5 workstreams** directed at achieving our objectives. Four were active during 2025. Each is described below along with the activities conducted during the period of this report. All of the work was conducted in Kenya. Further detail can be seen at www.futurehealthafrica.org

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**WORKSTREAM 1: TRAUMA TEAM**

**Leads: Mr Christoph McAllen (Consultant Orthopaedic Surgeon, Plymouth, UK)**
**Dr Samuel Ndanya (Consultant Orthopaedic Surgeon, Nanyuki, Kenya)**
**Mr Darren Munn (Surgical Practitioner, Torbay Hospital, UK)**
**Dr Will Jewell (Consultant in Anaesthetics, Truro, UK)**
**Dr Mary Nduta Kibote (Medical Doctor, Nairobi, Kenya)**

**Description:** This is a clinical & training project in which a joint UK and Kenyan team of skilled professionals of different cadres undertake orthopaedic trauma activities in Kenyan health facilities.

**Trauma Team** activities are categorised into Bronze, Silver and Gold. All services are delivered at the highest standard, with improving quality as a central aim.

**Bronze**: immediate & direct patient care through

- high quality consultations, advice and where appropriate, both operative and non-operative treatment to alleviate pain, suffering and disability

**Silver**: learning opportunities/ new skills

- side-by-side working with exchange of knowledge & skills in relevant disciplines (surgery, anaesthesia, nursing, operating department practice, radiography, physiotherapy)
- developing a safer surgical environment
- exchanging knowledge on safe general and regional anaesthesia and pain management

**Gold**: sustaining improvement/ development

- identifying areas to develop a stepwise pathway
- supporting local need and wishes to change
- developing non-operative treatment options for local patients
- providing ongoing support and communication outside of projects
- inclusion of Kenyan orthopaedic trainees in the team promotes better future practice
- presentations at national academic meetings to share challenges and best practice

**Activities undertaken:**

At the invitation of the Laikipia County Government, the **Trauma Team** undertook a 2-week Trauma Surgery Camp in Nyaharuru, Laikipia County, Kenya from January 31st to 13th February 2025. See summary below:




The team made a promotional video explaining their work https://www.facebook.com/reel/1573408723745853
Dr Ndanya appeared on national TV in Kenya https://www.facebook.com/reel/685627157814273

## TRAUMA TEAM: NYAHURURU REFERRAL HOSPITAL AND TRAUMA CENTRE JANUARY 31st – 13th February 2025

Across the two weeks our team of 28 UK volunteer health workers and 9 Kenya Volunteers from Nanyuki joined the Nyahururu Referral Hospital and Trauma Centre colleagues to collaboratively review, advise, and treat orthopaedic & trauma patients. Working together and learning together allowed us to share knowledge and skills to transform lives.
This was the Trauma Team's 4th visit to Nyahururu Referral Hospital to help build the trauma service. The last time we visited this hospital was in 2019.

Our activities are categorised as:

- **Bronze**: Providing immediate and direct patient care
- **Silver**: Facilitating learning opportunities/new skills for the future
- **Gold**: Trauma Service sustainable improvement/development

BRONZE

- 1614 Patients assessed in out-patients
- 71 Patients underwent surgery
- 100 Patients seen in orthopaedic clinic with a plan for either surgery / MRI / local follow up
- 500 Patients referred to the Physiotherapy team for back pain
- 11 Patients handed over at the end of the project to the local Teams to carry out surgery
- 979 X-rays performed with 18 Ultrasounds

SILVER

- Joint side by side working between the multi-disciplinary teams within outpatient clinic, ward rounds, physiotherapy, radiology and theatre – working together, learning together.
- Daily multi-disciplinary team ward rounds, sharing knowledge and skills as part of the decision-making process.
- Introduction to back pain management classes at Nyahururu and provision of patient information material to support self-management.
- Informal teaching on osteoarthritis management and gait re-education between Physiotherapists.
- Theatre practice shared between teams, including pre and post op theatre team briefing, use of sharps' count paperwork, and 'Stop Before You Block' in anaesthesia.
- Teaching sessions held on upper and lower limb local anaesthetic nerve blocks in theatre.
- Demonstrating assessment and decision-making skills in the operating theatre, with focus on team dynamics to ensure patient safety.
- Increasing awareness of good pain management in improving outcomes
- Whole hospital continuing medical education sessions delivered at in Osteomyelitis, Pain Management, principles of fracture healing and management, foot injuries, Tibial fractures, prevention of blood clots, back pain and severe ankle fractures.
- Side by side working in Radiography with focus on adaptive imaging techniques for x-raying longstanding bony malformations and standing knees/ankles; adapting service provision during power outages. Sharing with local Radiographers the importance of lead coat care for staff safety.

GOLD

- Introduction to creating a back pain pathway within the services offered by the hospital, with the support of the Nanyuki Physiotherapy team.
- Engagement with the Kenyan Cabinet secretary / Minister of Health, Dr Deborah Barasa, the County Governor for Laikipia and CECM Minister of Health for Laikipia County with open discussion on the current and future aims of FHA as well as trauma and orthopaedics in Kenya as a whole.

**WORKSTREAM 2: GRASPIT**

**Leads: Dr Matt Halkes (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)**
**Kiruja Gitonga Jason (Senior Nurse, Kenyatta National Hospital, Kenya)**
**Christine Musee (Director of Nursing for Surgery, Kenyatta National Hospital**
**Dr Mike Swart (Consultant in Anaesthetics/Critical Care, Torbay Hospital, UK)**

**Dr Matt Halkes** holds oversight of standards of delivery, strategy and grant applications.

**Description**: GRASPIT is a one day training course aimed at improving healthcare workers confidence and ability to recognise and manage sick patients (both adults and children). Its key tenets are
- recognition of abnormal vital signs
- systematic approach to assessment
- prompt treatment of identified issues using simple and context-appropriate resources
- promotion of teamwork through effective communication

The course format is a combination of lectures and scenario based sessions. It is supported by learning materials and website. Faculty development is supported by a Train the Trainers course plus associated Course Organisers Handbook and ToT (Training of Trainers) Manual. The course is accredited by the National Resuscitation Council of Kenya. When introduced to a new health facility, an introductory 3-day course is run which includes a 'training of trainers' course. Following this, local trainers are able to continue to deliver the course independently to more healthworkers. Initial training is conducted by Kenyan trainers with support from the UK faculty.

Through a combination of support from Future Health Africa and grants, it has been disseminated to over 10 institutions in 6 Counties in Kenya with over 2000 health care workers and 120 trainers trained.

**Activities undertaken:**

**1) Improving recognition and treatment of the deteriorating patients in Kilifi County Hospital: A prospective interventional study**
- successful co-applicant for Royal College Emergency Medicine LMIC research grant
- project lead Dr Jasdeep Bahra EM Consultant Kilifi General Hospital
- ethics approval process now completed
- baseline data collection commencing early 2026 with GRASPIT intervention planned Sept 2026

**2) GRASPIT Crowdfunding Campaign**
- included creation of fundraising video and Kindlink pages ongoing

**3) Delivery of GRASPIT Training and Faculty Development Kisii Teaching and Referral Hospital (KTRH)**
- delivered 22nd September 2025 – 26th September 2025
- 75 delegates trained with excellent feedback
- 7 trainers trained
- has led to expression of interest from CEO KTRH and County Health Minister in Kisii becoming a GRASPIT training hub for the SW Lakes region
- proposal developed by Dr Samuel Ateya, doctor at KTRH
- follow-up visit in November 2025 to reaffirm interest in creating a training hub

**4) Scoping of GRASPIT Faculty Development Programme Nairobi County Govt Hospitals**
(Mama Lucy / Pumwani / Mbagathi / Kenyatta National Hospital) with Dr Rachael Kimani
- to be progressed.

The GRASPIT concept (prevention of patient deterioration) is linked to the Critical Care workstream.





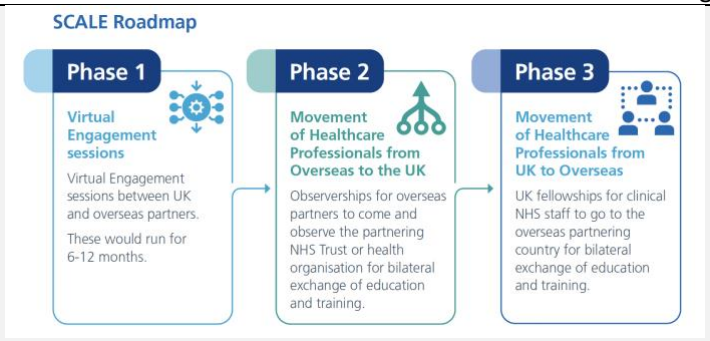


**WORKSTREAM 3: CRITICAL CARE**

**Lead: Dr Michael Swart**
**Dr Jane Gwaro**
**Dr Matt Halkes**
**Dr Caitlin Roe**

**In 2022, FHA was invited, via KUKHA, to initiate the NHS England SCALE programme in Kenya.**
**SCALE is an initiative aimed at** 'Strengthening healthcare workforce capacity through global learning'.
SCALE began in 2021, with a focus on critical care medicine, linking UK and Ugandan clinicians. It has since expanded to involve partnerships in multiple clinical specialty areas including emergency medicine, neonatal, maternity, cardiology, ophthalmology and cancer care.
FHA was approached by KUKHA /NHSE and asked to initiate a similar initiative in Kenya. It started in 2022.
The SCALE partnership model involves three primary phases:
• Phase 1 focuses on building virtual grand rounds to facilitate collaborative learning through interactive videoconferencing sessions.
• Phases 2 and 3 centre around exchanging healthcare professionals through fellowships or observerships to directly strengthen skills, leadership capabilities, and relationships through immersive, onsite learning overseas.

The Critical Care workstream links directly with GRASPIT as the latter is directed at reducing Critical Care admissions by better ward management. GRASPIT is therefore integral to Critical Care Outreach.




**Activities undertaken:**

**Phase 1 activity** continued with 6 weekly 'grand rounds' with participants from

- Kenyatta National Hospital (KNH)
- Kisii Teaching & Referral Hospital (KTRH)
- Kilifi County Referral Hospital (KCRH)
- Critical Care Units across Devon & Cornwall

This was undertaken on a goodwill volunteer basis with no funding.
In July 2025, FHA successfully applied for a **Phase 2 grant** (£18,000) to advance critical care training through

- one-week long reciprocal observer-ship visits (4 Kenyans to visit the UK, 3 UK people to visit Kenya)
- conducting sensitisation and engagement workshops to test the need for a Training Needs Analysis
- designing a research proposal to design a Training Needs Analysis (TNA) with Kenyatta National Hospital, Kisii Teaching and Referral Hospital and Kilifi County & Referral Hospital

In November 2025, FHA visited KNH, Kisii and Kilifi to discuss and establish the project.

The grant ends in February 2026.





Pictures show meetings to discuss and establish the SCALE Phase 2 grant in KTRH and KNH.

**WORKSTREAM 4: QUALITY IMPROVEMENT (QI) & LEADERSHIP (q4a)**

**Lead: Dr Kerri Jones**

**Description:** This workstream recognises that 'sick systems' account for at least 50% of all avoidable deaths worldwide, with the majority occurring in the global south. Our q4a (quality for all) faculty designed the **SPRINGBOARD** course to empower frontline healthcare workers to improve quality of care by learning and applying 'The Science of Improvement' and the 'Art of Leadership'. The course normally runs for 10 days and imparts knowledge of improvement methodology, team working, leadership, patient-centred care and an understanding of how to create a positive culture for change. The programme aligns with the Kenya Quality Model for Health (KQMH+)

The skills are learned through doing real live quality improvement (QI) projects in a generic way that will enable the participants to tackle different issues in the future.

**Activities undertaken:**

Unfortunately due to lack of funding, we have been unable to deliver the SPRINGBOARD programme. However, we continue to promote the use of QI and Leadership methodology in Kenya.

**November 2025 - KJ visit to Kenya**

Visit to Laikipia to follow up on QI impact

- Several SPRINGBOARD 'graduates' continue to hold senior leadership positions in Laikipia
- Medical and nursing leads for quality improvement are in post
- The FHA legacy programme (Dharura) continues QI activity within Emergency Medicine and Critical Care

Visit to Kisii to discuss potential activities including QI to underpin an MoU with Kisii County including meetings with

- Dr Mariita (CEO of Kisii Teaching & Referral Hospital)
- Simba Arati (Kisii County Governor) - 2 meetings
- Dr Raymond Oigara (Dean, Faculty of Health Sciences, Kisii University)

SQHK inaugural conference, Nairobi

- FHA's Dr Kerri Jones was an invited panel member at one of the sessions
- FHA sponsored 10 healthcare workers actively involved in QI (the majority from Laikipia) to attend the conference



Meetings to discuss QI/Leadership training with

- Isiolo County Government team who would like to work with us to improve outcomes (particularly maternal/newborn)
- LVCT Health– it was gratifying to learn that LVCT Health who are working in Homa Bay on a large NIHR grant with the Liverpool School of Tropical Medicine are continuing to use the leadership training materials which we shared with them during the Migori/Laikipia North community projects 2020-22

| | |
|---|---|
| | **December 2025**<br><br>Half-day Seminar on **QI and Leadership** delivered by Drs Kerri Jones and Lydia Okutoyi for post-graduate students from all over the world (USA, Australia, India, China, Sudan, Nigeria, Spain, Afghanistan, Ghana, UK, Bulgaria, Eritrea) studying for an MSc in Public Health at the prestigious LSHTM (London School of Hygiene & Tropical Medicine). |
| | **WORKSTREAM 5: MATERNITY**<br><br>**Lead: Jacq Crow**<br><br>**Description:** The overarching objective of the Maternity work is to reduce maternal mortality & morbidity through education of healthworkers, traditional birth attendants and mothers in safer childbirth practices. Training has now been delivered in the following locations<br>• Nyahururu (Laikipia County)<br>• Communities around Lewa Conservancy (Laikipia/Meru/Isiolo counties)<br>• Marsabit County<br>• Pumwani (major maternity centre in Nairobi)<br>• Kenyatta National Hospital (KNH)<br>• Nyabondo (Kisumu County)<br>• Kilifi<br><br>The teaching focusses on management of the most common emergencies in maternity/obstetric care ie haemorrhage, sepsis, pre-eclampsia/eclampsia, complications of labour (eg obstructed labour). |
| | **Activities undertaken:**<br><br>No projects were undertaken during 2025 because of lack of resources. |

| **Additional information** | |
|---|---|
| Policy on grant making | FHA has not to date awarded any grants. Bursaries may be given in accordance with the charity's agreed policy 'Bursaries'. |
| Policy on social investment including program related investment | The charity has not utilised social investment finance. |
| Contribution made by volunteers | All of the activities of the charity, apart from book-keeping, accountancy, web support and some administrative tasks are done on a voluntary *pro bono* basis.<br>Many project leads' visits to Kenya are self-funded.<br>All Trauma Team volunteers and some other volunteers raise money themselves to be able to take part.<br>Trustees contribute their time voluntarily.<br>The monetary 'value' of this volunteer time has not yet been estimated but it is very large and we plan to identify costs including.. |

| | Grade | Time donated | Av value per day | Total £ value (estimated) |
|---|---|---|---|---|
| | Consultants | DRAFT | | |
| | Nurses | | | |
| | ODP | | | |
| | Physio | | | |
| | Radiographer | | | |
| | Administrator | | | |

## Achievements and Performance

| | |
|---|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and wider benefits to society as a whole. | **Achievements:** The charity's achievements in brief were:<br><br>**Trauma Team**: Successful project took place in Nyahururu – many consultations and operations and establishment of a back pain clinic.<br><br>**GRASPIT**: Delivery of the course to 75 healthcare workers in Kisii and establishment of 7 trainers and a sustainability plan.<br><br>**Critical Care:** Award and implementation of a NHS England SCALE Phase 2 grant plus continuation of Phase 1.<br><br>**q4a**: Support for the Society of Quality Healthcare Kenya conference and MSc training online.<br><br>**Public benefit:**<br><br>All projects have complied with the requirement for public benefit.<br><br>The TRAUMA clinical projects have alleviated pain, disability and suffering through direct patient care. Treatment has been open to any member of the public in Kenya and is particularly directed at those who cannot otherwise access care because of geography or poverty.<br><br>GRASPIT and q4a activities taught healthworkers the skills they need to enhance care of the public who they serve.<br><br>The new initiative to advance skills in Critical Care has been very productive and has resulted in exchange visits and the development of a plan to create a Training Needs Analysis for Critical Care for Kenya.<br><br>The charity trustees believe that the projects deliver the requirement for public benefit and volunteers also gained personal and professional development that they will apply for further public benefit in their individual environments in both the UK and Kenya. |

| Additional information | |
|---|---|
| Achievements against objectives set | All major objectives from the agreed FHA Activity Plan for 2025 were met. |
| Performance of fundraising activities against objectives set | All necessary funds were raised from volunteer contributions, donations and grants. |
| Investment performance vs objectives | The charity has no investments. |
| Key meetings to develop FHA with | CEOs of KNH, Kisii, Nyahururu, Nanyuki Hospitals<br>Governor of Kisii County x 2<br>Dean of Faculty of Health Sciences Pwani University<br>Dean of Faculty of Health Sciences Kisii University<br>Dr Angela Nyakundi, Director of Health Workforce, Ministry of Health<br>Chair, Critical Care Society Kenya<br>Treasurer, Society of Anaesthesiologists, Kenya |
| Other | **Trustees:**<br>Carrie Piper led on all finance matters until her resignation on 12th June 2025. Finance matters since then are led by Dr Kerri Jones and Mike Wake.<br><br>Dr John Kanyaru was appointed as a new trustee on 13th October 2025.<br><br>Workstream support from Trustees is as follows<br><br>Trauma T – Mike Wake<br>GRASPIT – Caroline Dimond, Dr John Kanyaru<br>Critical Care – Dr Lydia Okutoyi<br>q4a – Dr John Kanyaru, Dr Lydia Okutoyi<br>Maternity – Lydia Okutoyi<br><br>**Volunteers:**<br>FHA continued to be led and run by volunteers.<br>Paid work was for bookkeeping, accounting, web support and insurance purposes only. The charity has no employees. |

| Financial Review | |
|---|---|
| Review of the charity's financial position at the end of the period | At the end of the financial year on 31.12.2025, the charity had assets of **£56,740**, **£43,831** of which were restricted. Funds are held to cover future activity, including planned trips to Kenya.<br>The charity reserves up to £10,000 as contingency in any one year to cover any unanticipated events or incidents.<br><br>The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have outstanding guarantees to third parties nor any debts secured on the assets of the CIO. |
| Statement explaining the policy for holding reserves stating why they are held | Trustees allocate a reserve figure when agreeing the activity plan for the forthcoming year. It is based on the nature of the projects planned for that year and is to cover any unexpected events. |
| Amount of reserves held | As at 31.12.2025, the charity held unrestricted funds of **£12,909** |
| Reasons for holding zero reserves | n/a |
| Details of fund materially in deficit | Equipment with a value of approximately £8000 was held in a locked store room at Torbay Hospital. During the year 2024 this was cleared and disposed of by the Trust's Estates Department without FHA's |

| | |
|---|---|
| | knowledge and without any consultation. We continue to pursue recovery of the value of this property. |
| Explanation of any uncertainties about the charity continuing as a going concern | n/a |

| Additional information | |
|---|---|
| The charity's principal sources of funds (including any fundraising) | • volunteer contributions<br>• donations<br>• grants<br>• fundraising events<br>• significant project leads' personal contributions<br>• major contribution from project leads, trustees and volunteers 'in kind' |
| Investment policy & objectives including any social investment policy adopted | The charity has no investments. |
| A description of the principal risks facing the charity | The charity has developed a risk register.<br>Principal risks identified<br>• safeguarding<br>• travel associated risks<br>• local societal conflict<br>• sickness of volunteers<br>• non-engagement of participants in LMIC<br>• healthworker strikes in LMIC<br>• availability of project leads<br>• misuse of finances for projects (though minimal amounts are delegated so risk is very low)<br><br>None of these was realised in 2025 |
| Research, Monitoring & Evaluation | All projects undertake evaluations of their projects. |

| Structure, Governance and Management | |
|---|---|
| Description of charity's trusts: | None |
| Type of governing document | CIO Constitution plus policies listed below |
| How is the charity constituted? | CIO |
| Trustee selection methods | There is an agreed Trustee Management Policy which includes the appointment process |

| Additional information |
|---|

| | |
|---|---|
| Policies and procedures adopted for the induction and training of trustees | 1. Bursaries<br>2. Code of Conduct & Human Rights<br>3. Complaints & Whistleblowing<br>4. Conflict of Interest<br>5. Financial management including Procurement and Gifts & Hospitality<br>6. Anti-fraud, bribery, corruption & money-laundering<br>7. Grant Management<br>8. Human Resources<br>9. Needlestick (Sharps) Injury<br>10. Risk Management (and RAID - risk register)<br>11. Safeguarding<br>12. Trustee management<br>13. Volunteer management<br>14. Monitoring, Evaluation & Learning<br>15. Malaria (Guidelines) |
| Organisational structure | **See attached organogram** |
| Relationship with any related parties | **Partnerships/Associations:** FHA believes in working with and through local organisations and in building relationships with academics in both countries. These relationships continue to help us to maintain alignment with Kenyan needs, strategy & policy and therefore maximise our efforts. These include:<br><br>Society for Quality Healthcare Kenya (SQHK)<br>National Resuscitation Council for Kenya (NRCK)<br>LVCT Health (Kenya)<br>Kenya Orthopaedic Association (KOA)<br><br>Kenyatta National Hospital (MOU to be extended)<br>Kisii County Government and KTRH (MOU in progress)<br>Laikipia Health Services<br><br>University of Nairobi (Kenya)<br>University of Plymouth (UK) through its Global Health Collaborative (co-chaired by FHA's Chair of Trustees, Dr Kerri Jones)<br><br>Global Health Partnerships (GHP) (formerly THET)<br><br>South West International Development Network (SWIDN)<br><br>Kenya-UK Health Alliance:<br>The charity has been a member of the Kenya -UK Health Alliance (KUKHA) since 2022.<br>Dr Kerri Jones (Chair of Trustees) and Dr Will Jewell (Project Lead) are actively involved. |

## Reference and Administrative details

| | |
|---|---|
| Charity name | Future Health Africa |
| Other name the charity uses | n/a but its predecessor charity was the unincorporated charity Exploring Global Health Opportunities (now closed) |
| Registered charity number | 1182182 |
| Charity's principal address | 15 Platway Lane<br>Shaldon<br>Teignmouth<br>Devon<br>TQ14 0AR<br><br>info@futurehealthafrica.org<br>www.futurehealthafrica.org |

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## Names of the trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|---|---|---|---|
| 1 | Kerri Jones | Chair | | Board of Trustees |
| 2 | Michael Wake | Finance | | |
| 3 | Lydia Kinyuru Okutoyi | | | |
| 4 | Carrie Piper | Finance | 01.01.25 – 12.06.25 | |
| 5 | Sarah Kathleen Caroline Dimond | | | |
| 6 | John Mathenge Kanyaru | | 16.10.25 – 31.12.25 | |

## Corporate trustees – names of the directors at the date the report was approved

| | |
|---|---|
| **Director name** | **n/a** |

## Name of trustees holding title to property belonging to the charity

| | |
|---|---|
| **Trustee name** | **n/a** |

## Funds held as custodian trustees on behalf of others

| | |
|---|---|
| Description of the assets held in this capacity | Nil |
| Name and objects of the charity on whose behalf the assets are held | Nil |
| Arrangements for safe custody & segregation of such assets from the charity's own assets | Nil |

## Names and addresses of advisers

| Type of adviser | Name | Address |
|---|---|---|
| **Bookkeeping** | Reuben Evans<br>Maceva Bookkeeping | 4 Orchard Court<br>Station Road<br>Norton Fitzwarren<br>Taunton TA2 6BF |
| **Independent Examiner** | Barrett's Accountants<br>(CheckBook) | 22 Union St<br>Newton Abbot<br>Devon TQ12 2JS |
| **In-country (Kenya)** | Dr Samuel Ndanya<br>Dr Tim Panga<br>Dr Mary Nduta Kibote<br>Dr Joseph Mbai<br>Dr Lydia Okutoyi | |

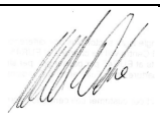
## Exemptions from disclosure

n/a

## Declarations

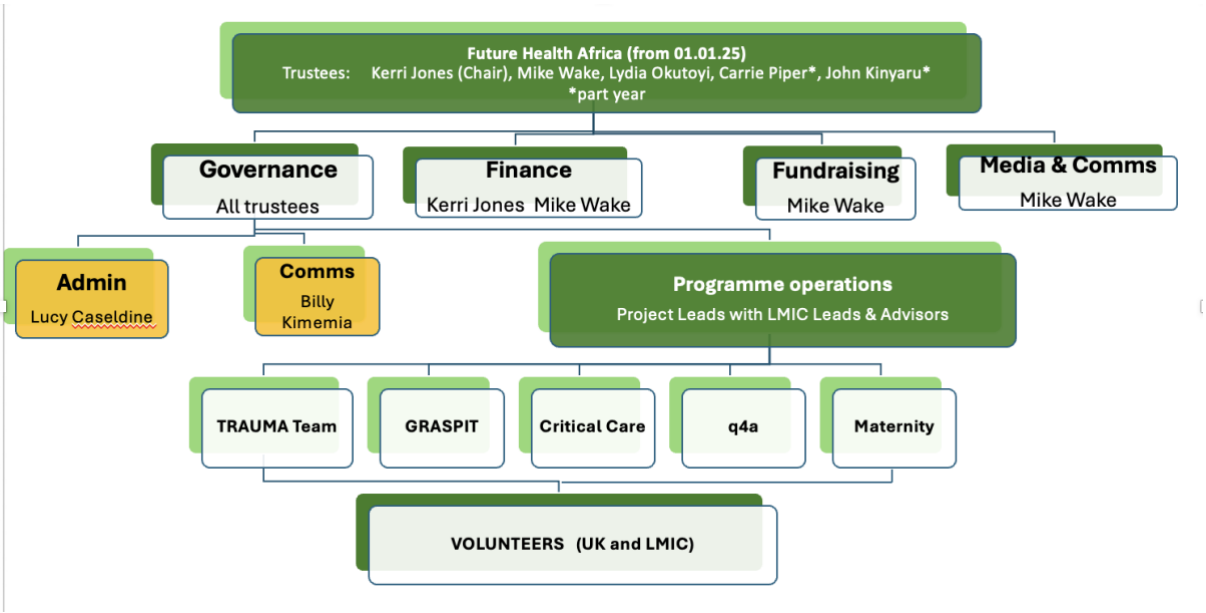
**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

| | | |
|---|---|---|
| **Signature(s)** |  |  |
| **Full name(s)** | Dr Kerri Jones | Michael Wake |
| **Position** | Chair of Trustees | Finance Trustee |
| **Date** | 11th July 2026 | |

## Organisational Structure (Organogram) & Advisors

## From 01.01.2025




| Name | UK role | Role for FHA projects |
|---|---|---|
| Dr Christoph McAllen | Consultant Orthopaedic Surgeon | Trauma Team Lead (Surgery) |
| Dr Will Jewell | Consultant, Anaesthesia & Critical Care | Trauma Team Lead (Anaesthesia) |
| Mr Darren Munn | Surgical Practitioner | Trauma Team Lead (Planning) |
| Dr Matt Halkes | Consultant, Anaesthesia & Critical Care | GRASPIT, Critical Care |
| Dr Mike Swart | Consultant, Anaesthesia & Critical Care | GRASPIT, Critical Care |
| Dr Kerri Jones | Consultant, Anaesthesia & Critical Care (rtd) | q4a Lead, Advisor to SQHK |
| Ms Jacqueline Crow | Senior Midwife | Maternity Lead |

| NameMr | Kenya role | Role for FHA projects |
|---|---|---|
| Dr Samuel Ndanya | Consultant Orthopaedic Surgeon | Trauma Team Lead (Surgery) |
| Dr Mary Kibote | Medical Doctor | Trauma Team, FHA Advisor |
| Dr Christine Musee | Senior Nurse, KNH | GRASPIT Lead |
| Mr Jason Kiruja | Senior Nurse, KNH | GRASPIT Lead |
| Dr Samuel Ateya | MO, Kisii Teaching & Referral Hospital | GRASPIT (Kisii) |
| Dr Lydia Okutoyi | Director of Quality & Safety, KNH | q4a Advisor |
| Dr Joseph Mbai | Medical Advisor, Equity Bank | FHA Advisor |
| Dr Jane Gwaro | Consultant, Anaesthesia & Critical Care. KNH | Critical Care Advisor |

Additional assistance from Dr Jasdeep Bahra of Pwani University/Kilifi Hospital is acknowledged.

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## Financial Accounts 1st January 2025 – 31st December 2025

**Future Health Africa**
**Receipts & Payments Account**

| 01 January 2025 - 31 December 2025 | Shared Costs Actual | Maternity Actual | Trauma Team Actual | Springboard Actual | GRASPIT Actual | SCALE Actual | St Joseph's Actual | Total Actual |
|---|---|---|---|---|---|---|---|---|
| INCOME | | | | | | | | |
| 240 Grants | 13 | - | - | - | - | | - | 13 |
| 250 Donations - Individuals | 504 | 105 | 45,359 | - | 960 | - | - | 46,928 |
| 255 Donations - Trusts and Other Organisations | - | - | - | - | - | - | - | - |
| 258 Gift Aid | - | 6 | 6,837 | - | 193 | - | - | 7,035 |
| 200 Sales | - | - | - | - | - | - | - | - |
| 270 Interest Income | 381 | - | - | - | - | - | - | 381 |
| 260 Other Revenue | 200 | - | - | - | - | - | - | 200 |
| Total Income | 1,098 | 111 | 52,196 | - | 1,153 | - | - | 54,557 |
| Funds brought forward from 2024 (Draft) | 6,038 | 811 | 25,512 | 2,526 | 1,068 | - | - | 35,955 |
| Cash Advances brought forward from 2024 (Draft) | - | - | 2,320 | - | - | - | - | 2,320 |
| Project Support Transfers (15%) | 8,396 | ( 17) | ( 8,206) | - | ( 173) | - | - | - |
| Transfers between funds | - | - | - | ( 1,060) | 1,060 | - | - | - |
| Total funds available for year | 15,532 | 904 | 71,822 | 1,466 | 3,108 | - | - | 92,832 |
| EXPENDITURE | | | | | | | | |
| 320 Honorarium Payments | - | - | - | - | - | - | - | - |
| 325 Direct Expenses | 13 | 2 | 1,251 | - | 790 | - | - | 2,056 |
| 330 Flights & Transport | - | - | 33,031 | - | 787 | - | - | 33,818 |
| 340 Accommodation & Food in Kenya | - | - | 7,374 | - | 671 | - | - | 8,045 |
| 350 Equipment & Supplies | - | - | 7,670 | - | - | - | - | 7,670 |
| 380 Sub-contracted Project Delivery | - | - | - | - | - | - | - | - |
| 401 Accountancy fees | 600 | - | - | - | - | - | - | 600 |
| 402 Bookkeeping Fees | 704 | - | - | - | - | - | - | 704 |
| 403 Administration Fees | - | - | - | - | - | - | - | - |
| 404 Bank Fees | - | - | 231 | - | - | - | - | 231 |
| 406 Exchange rate variance | - | - | - | - | - | - | - | - |
| 418 Charitable Donations | - | - | - | - | - | - | - | - |
| 414 Website | 264 | - | - | - | - | - | - | 264 |
| 425 Postage, Freight & Courier | - | - | - | - | - | - | - | - |
| 433 Project Health Insurance | - | - | - | - | - | - | - | - |
| 429 General Expenses | - | - | - | - | - | - | - | - |
| 441 Legal Expenses | - | - | - | - | - | - | - | - |
| 461 Printing & Stationery | - | - | 19 | - | 455 | - | - | 474 |
| 463 IT Software and Consumables | 328 | - | - | - | - | - | - | 328 |
| 485 Subscriptions | 215 | - | - | - | - | - | - | 215 |
| 489 Telephone & Internet | - | - | - | - | 6 | - | - | 6 |
| Total costs for year | 2,124 | 2 | 49,577 | - | 2,708 | - | - | 54,411 |
| (Surplus/ Deficit to Report in Stat Accounts) | ( 1,026) | 109 | 2,619 | - | ( 1,555) | - | - | 146 |
| Cash Advances (pending receipts) | - | - | - | - | - | - | - | - |
| Project balances @ 31 December 2025 | 13,408 | 903 | 22,245 | 1,466 | 400 | - | - | 38,421 |

**Statement of Assets and Laibilities at 31st December 2025**

| | |
|---|---|
| Cash at Bank as at 31 Dec 2025 (NatWest) | 13,619 |
| Cash at Bank as at 31 Dec 2025 (Business Reserve) | 24,802 |
| | 38,421 |
| | - |
| Accounts receivable | 20,514 |
| | |
| Accounts Payable | ( 1,396) |

Full details: FHA Income and Expenditure to 31

Reg No:1182182

**Independent Examiner's Report to the Trustees of Future Health Africa**
**Charity no. 1182182**

I report to the trustees on my examination of the accounts of Future Health Africa (the Charity) for the year ended 31st December 2025.

**Responsibilities and basis of the report**

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE
Barretts
22 Union Street
Newton Abbot TQ12 2JS

Date: 29th September 2026