

Project MAMA

ACCOUNTS

Year ended 31st March 2026

Charity Number 1182112

Project MAMA

CONTENTS PAGE

YEAR ENDED 31 MARCH 2026

CONTENTS	PAGE
Legal and Administrative Information	1
Trustees' Annual Report	2 to 14
Independent Examiner's Report	15
Statement of Financial Activities	16
Balance Sheet	17
Notes to the Accounts	18 to 29

Project MAMA

LEGAL AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2026

Status

Project MAMA is a Charitable Incorporated Organisation (CIO) granted charitable status on 19th February 2019.

Registered Charity Number: 1182112

Address: Unit 16 Easton Business Centre, Felix Road, Bristol BS5 0HE

Trustees: Trustees who served during the period and up to the date of this report were as follows:

Board of Trustees:

Ana Szopa, Safeguarding – appointed in July 2025
Angela Conway, Safeguarding - stepped down in July 2025
Bethany Benedict
Catherine Gilmore
Ermioni Xanthopoulou - Co-Chair
Heeral Dave, Treasurer
Jane Holder – appointed in July 2025
Monique Lakhman- stepped down in June 2025
Naomi Robertson, Secretary – appointed in July 2025
Sophia Walcot-Earle, Co-Chair – appointed in July 2025

Bank:
CAF (Charities Aid Foundation)
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4TA

Independent examiner:
Joshua Kingston, BSc, FCA
Burton Sweet Ltd
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol, BS48 1UR

The Trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2026.

Reference and administrative information form part of this report. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice.

Objectives

To preserve and protect the physical and mental health of vulnerable women in the Bristol postcode area particularly, but not exclusively, migrants, through pregnancy, labour, childbirth, and early parenting by providing one-to-one support, advocacy, specialist information, referrals to partner agencies and peer support groups and other relevant activities as may be determined by the trustees.

For the purposes of this clause, we define 'vulnerable women' as *those with unstable/insecure immigration status and/or barriers to healthcare, survivors of sexual abuse, gender-based violence, exploitation or with poor mental health.*

A note on language: Throughout the text we refer to 'mama'. We use the word mama as it is recognisable to people from different cultural and language backgrounds to denote people who are pregnant or that have given birth.

Activities

1. Overview

This year has been a period of growth for Project MAMA. We have increased our service capacity, invested in developing and upskilling our team through utilising external partnerships and strengthened our organisational infrastructure. Amongst the challenges of working in a system that is designed to be hostile, and the direct hostility faced by our communities, we have remained focused on standing alongside our Mamas, staying grounded in our core values of solidarity, resilience and community.

The political context in 2025/2026 continued to be deeply unsettled. Multiple legislative changes, that appear reactionary in the face of anti-migrant rhetoric, mean that those searching for peace and stability have been further pushed into unsafe and precarious circumstances. In our own communities, the closure of hotel accommodation has led to mamas being moved at short notice, moving them away from their support networks, health providers and communities they have built. Behind all the changes and uncertainty are real human lives and stories that daily feel the impact; we continue to stand in solidarity with them.

As hatred directed at people from migrant backgrounds intensified this year, our communities reported feeling more unsafe than ever. Anti-immigration demonstrations have become something our communities are expected to tolerate, despite the significant physical and emotional harm they cause. As an organisation, we work hard to provide a space for mamas that is safe and welcoming, moments where they can find peace and build resilience in community.

Over the last year the national picture of maternity care continues to be deeply concerning. When services overall are failing families, we know that the implications for our community with additional and intersecting needs, will be even greater. Baroness Amos, in her interim report[1] on the National Neonatal and Maternity Investigation, has clearly identified ongoing racism and discrimination exhibited by staff towards women and families, as well as within staff teams and at a structural level. In addition, families with English as a second language reported an insufficient availability of professional interpreters led to confusion, distress and fear. Families with strong religious identities described feeling discriminated against on the basis of their religion and feeling unable to raise concerns due to fear that discriminatory attitudes may result in poor treatment for their baby. The women we support are experiencing maternity care in a system that makes them vulnerable instead of being the safer, more personalised, professional and family friendly vision that was set out in the Better Births[2] forward view for maternity care. We are guiding families through this lived experience with every mama who receives our care and support, advocating within local NHS networks and developing strong, long term working relationships with a view towards system change.

Despite the challenges of 2025/2026, Project MAMA has had another year of growth and progression. Our Mother Companion Project and MAMAhub service have grown through team development and the recruitment of new roles. Our Advisory Group has continued to influence and shape the services that we offer and this year we successfully launched our Play and Grow sessions following their recommendations. We are proud to be guided by the community we support and look forward to another year journeying together as we work towards the common goal of supporting migrated Mamas.

2. Mother Companion Project (MC Project)

Our core project provides continuous care throughout pregnancy, birth, and early parenthood. The majority of referrals to this service come from NHS midwives and doctors. This reflects the strong profile Project MAMA has built in local hospitals and that healthcare professionals value the specialist support we offer to migrant parents. The Mother Companion project matches a Mama with 2-3 volunteer and staff Mother Companions (MCs), who are all experienced doulas or midwives. MCs provide:

1.https://www.matneoinv.org.uk/updates/independent-investigation-into-maternity-and-neonatal-services-in-england-interim-report/#_ednref2

2.https://www.england.nhs.uk/publication/better-births-improving-outcomes-of-maternity-services-in-england-a-five-year-forward-view-for-maternity-care/

Antenatal Support

From week 30 of pregnancy, MCs provide regular one-to-one antenatal sessions. These visits take place in a Mama's home/accommodation and are facilitated by female telephone interpreters, if required. MCs support a Mama to understand her UK healthcare entitlements and birth-related choices. They explore her needs and birth wishes, paying close attention to any culturally or religiously important childbirth practices. MCs ensure a Mama is aware of the gynaecological processes that can arise during birth, as unknown intimate procedures often trigger past experiences of trauma. Importantly, our specialist volunteers listen, reassure, encourage, and remain a consistent nurturing presence in the antenatal period.

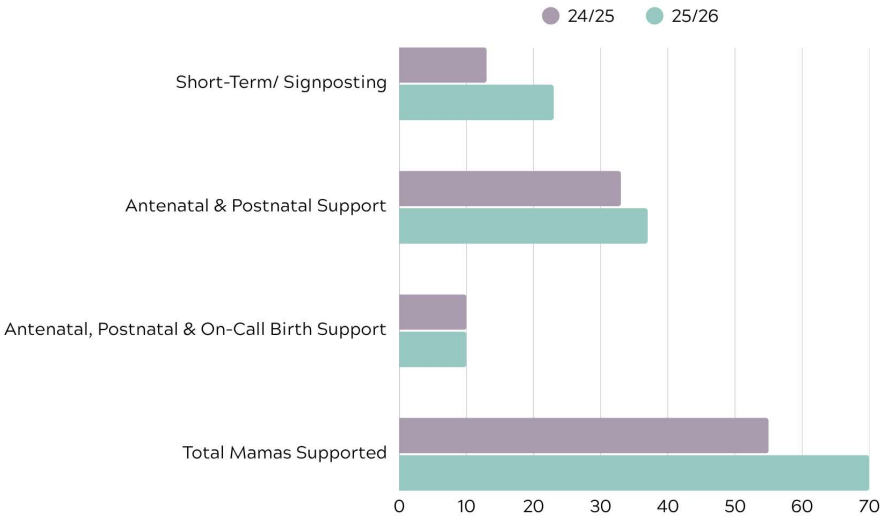
On-Call Birth Support

If a Mama would otherwise give birth alone, her MCs will be her birth partner. They will be on-call, 24 hours a day, for the four weeks around her due date. During childbirth, MCs offer continuous trauma-informed support and share practical ways to improve comfort, such as breathing techniques and positioning. Crucially, they ensure a mama understands all procedures offered and can make informed decisions.

Postnatal Support

MCs continue to visit a woman regularly until her baby is 8 weeks old. They offer emotional support as she adjusts to her new role, reducing anxiety and isolation in those key early days. MCs assist with infant feeding, settling, and bonding, and build a Mama's confidence in her parenting. In the postpartum period, they also assist a new Mama to establish links to her community and create a supportive peer network, reinforcing long-term resilience and wellbeing.

Performance & Achievements - Mother Companions Project



Within this reporting period, Project MAMA provided short-term support and signposting to 17 women, up from 13 in the previous year. Our Mother Companions supported 48 women, representing an increase

of just over 10% compared to 2024/25. Of these mamas, 10 received on-call birth support, consistent with the previous year. These figures demonstrate steady growth in our Mother Companion project. However, demand has continued to grow faster than our capacity, with referrals rising by 45% in 2025/26, compared to the previous year. In response, we are investing in expanding both our staff and volunteer team so that we can better meet this need and provide more mamas and babies with essential support.

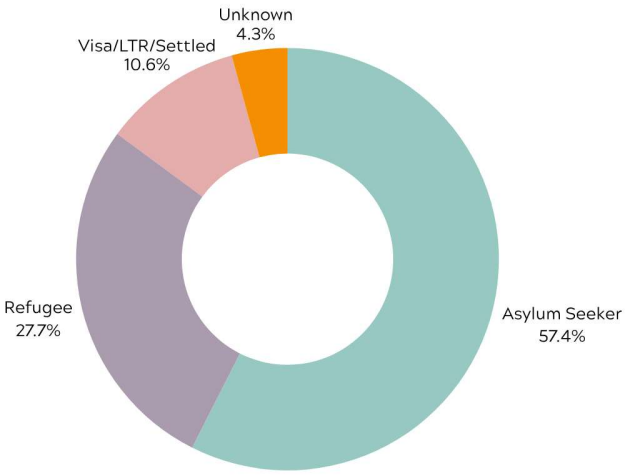
As our project grows, we will continue to prioritise in-depth support, continuity of care, and community. It feels important to highlight the level of involvement and connection Mother Companions offer. A woman could receive a 2-hour initial assessment with a staff member, up to 20 antenatal and postnatal visits, continuous nurture during labour and childbirth, and additional check-ins by phone throughout the perinatal period. A single Mama may, therefore, receive more than 55 hours of one-to-one support, forming a trusted relationship with the companion walking alongside her. As such, statistics on this project alone cannot capture the depth of care, time, and solidarity it provides.

Mother Companion Project Client Group

The women accessing our service face complex vulnerabilities as they navigate pregnancy, birth, and early parenthood. Of the 48 women Mother Companions supported this year: 28 had been or were experiencing domestic abuse, sexual violence or gender-based violence;

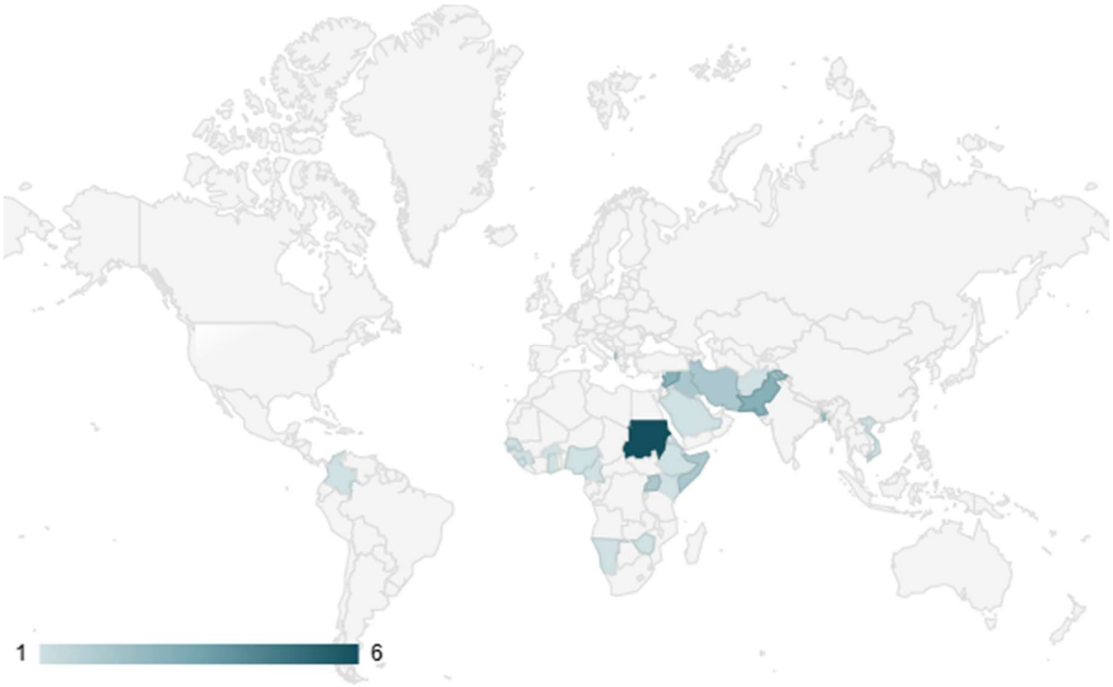
- 21 had or were experiencing mental health challenges; and,
- 7 of the Mamas were potential survivors of trafficking.

Immigration Status of Mamas supported by the Mother Companion Project in 2025-26:



The majority of those we supported this year (85%) were seeking asylum or had refugee status. We also supported a significant number of Mamas with other immigration statuses, many of whom had insecure rights to remain and no recourse to public funds.

Origin Country of Mamas supported by the Mother Companion Project in 2025-26 :



In this reporting period, Mamas from 26 countries accessed our service. Together, they spoke more than 20 different languages.

This data highlights the importance of our project being culturally safe, trauma-informed, and accessible to people from diverse backgrounds. Our charity is committed to offering person-focused care, tailored to what each Mama needs to feel safe and well-supported. We also always offer the use of professional, female telephone interpreters to facilitate our Mother Companion service, to ensure language is not a barrier to our service.

We are in awe of the strength and resilience the Mamas in our community show, despite the adversity they face. It is a privilege to stand with these women on their journey to motherhood.

3. MAMAhub

MAMAhub delivers two weekly community groups, Bumps & Babes and Play & Grow, for migrant women and their children. These drop-ins provide a safe, nurturing space where women can connect and build community. Given the high levels of isolation and poor mental health experienced by displaced parents, this support and friendship can be life-changing.

Our Bumps & Babes group brings together pregnant women and mamas with babies up to 18 months old, providing a dedicated space to support one another through the transition to parenthood. Every week we share a hot, home-made lunch prepared by our in-house chef. For women seeking asylum and living in hotel accommodation, this is one of the few times they can enjoy nutritious and culturally appropriate food. The group also offers activities that promote maternal wellbeing, such as crafts and gentle yoga. Midwifery Support Workers attend weekly, giving Mamas the opportunity to seek early pregnancy advice and support to access healthcare in a familiar, non-clinical setting.

Our Play & Grow group is open to women with children up to 5 years old, ensuring Mamas can continue to access support and build community as their little one grows beyond infancy. At these sessions we run engaging child-focused activities that promote social and emotional development, such as creative and imaginative play workshops.

MAMAhub is led by the community we serve. Our groups are run by two team members with lived experience of international displacement, and many of our volunteers are currently seeking asylum. Meals and activities offered in the space are suggested by attendees and mamas are welcome to run their own workshops or lead on preparing lunch.

Performance & Achievements - MAMAhub Project

This year, MAMAhub continued to thrive. As attendance has grown, we moved to a larger venue in April 2025, enabling us to welcome more women at each session. In September, we also expanded our offer by introducing weekly Play & Grow sessions, alongside our long-standing Bumps & Babes drop-in. This new group means women facing complex vulnerabilities can have greater continuity of support throughout their children's early years.



Both groups were well attended throughout 2025/26, with 88 women accessing MAMAhub, an increase of more than 30% compared to the previous year. It's been a joy to see the community around this project grow and parents building meaningful relationships and support networks.

Many MAMAhub attendees do not access any other services or groups, highlighting our charity's role in reaching families often excluded from mainstream support. Through a nurturing and culturally safe atmosphere, shared languages less commonly represented elsewhere, and the provision of bus tickets to remove financial barriers, we've created a supportive and accessible space. This is marked by Mamas openly breastfeeding, removing hijabs and praying at our Hub. At a time when people seeking sanctuary are facing increasing hostility, creating places of welcome and solidarity feels more important than ever.

4. Advisory Board

Our Advisory Board has grown and developed over 2025/2026 and we now have 8 Mamas who regularly

contribute to the life of our Project MAMA community. They are Mamas who have previously accessed our support and give back by sharing their wealth of knowledge and expertise. The Advisory Board currently meets every other month, in line with our Trustee Board meetings. Over the last year we have supported local projects, through providing feedback and offering reflections on NHS services, created resources that give self care information to new Mamas, developed plans for different sessions to run as part of MAMAhub: Play and Grow and supported our Mother Companion Project with an update to the assessment we use. Our hope is that as they continue to contribute to the strategic planning, development, evaluation and monitoring of our work, that Project MAMA would develop innovative ways of becoming an organisation that is led 'by' and 'for' our Mamas.

We also want to ensure that the Advisory Board is not just for the benefit of Project MAMA in terms of the organisation receiving the knowledge, wisdom and expertise that the mamas hold. Rather we want to hold a space where mutual learning can take place amongst a community of women who have shared experiences but also individual areas of expertise. We continue to provide opportunities within the Advisory Board to support mamas development and progress in their journey through motherhood and beyond.

The Advisory Board remains a supportive space where Mamas can share their experiences and the challenges they face living in a climate of anti-immigration rhetoric and fear. It has provided a space where Mamas can share their cultural expertise and their experiences of parenting away from home. We look forward to continuing to be guided by, and supporting, our Advisory Board into the 2026/2027 financial year.

5. Organisational Development

Staffing

In December 2024, Emily Carter joined Project MAMA as CEO. In 2025/2026, Emily increased her hours in response to both the growth of the organisation and the current challenging context in which we are working. Emily is a registered social worker with a wealth of experience in supporting women facing complex challenges, as well as in charity governance, so we are delighted she's at Project MAMA.

In 2025/2026, we have also increased our capacity within operations and finance, taking our bookkeeping in house and utilising the valuable skill set of our Operations and Finance Manager. Doing this has allowed us to maximise our resources as well as providing direct internal oversight of day to day bookkeeping.

In 2025/2026, Project MAMA expanded both its staffing and service capacity. In January 2026, we recruited a Caseworker (0.8 FTE) to help address gaps within our Mother Companion service and provide enhanced support to Mamas experiencing particularly complex challenges. We also increased the hours of our MAMAhub Lead in response to the growth in provision, including the launch of our second MAMAhub group, *Play and Grow*. As someone with lived experience, our MAMAhub Lead is a valued member of the team, and we have been privileged to support her continued growth and development.

Strategic Development and Future Plans

Over the last year, we have continued to develop and worked hard to ensure we are meeting the needs of the Mamas we support. The staff team and volunteers continue to grow and evolve, bringing significant knowledge of both the maternity and refugee sectors.

Over 2025/2026, we wanted to ensure an anti-racist approach was embedded in every aspect of Project MAMA's operations, service delivery and recruitment, as well as other aspects of the organisation. Four members of staff have now attended the Black Maternity Matters training to support the development of this aim but we are very much on a learning journey towards anti-racism, recognising that there is never an end point, just a commitment to continued learning and allyship. As we head into 2026/2027, the whole staff team will be taking part in Anti-Racism training that we have sourced externally. We will also continue to develop the diversity within our staff and volunteer base and consider how we develop roles that offer opportunities to people with lived experience of migration and/or of being part of a migrant community.

Our capacity continues to be stretched and we want to ensure that we are supporting as many mamas as possible. Following consultation with our current Mother Companions and the staff team, we recruited a caseworker in the 2025/2026 financial year. Whilst this has increased our capacity, we still have some way to go to meet the demand for our services that we are currently experiencing. During 2026/2027 we will be developing training for women with no birth work experience who want to become Mother Companions. This will allow us to offer more antenatal and postnatal support as well as increasing the opportunities for on-call birth support.

During 2025/2026 we have sought to deepen and strengthen our partnerships with those in the VCSE sector as well as those in statutory services. Our partnership working with the NHS has developed well and in 2026/2027 we will be delivering training to midwives across BNSSG, enabling them to support migrated women in a holistic and person centred way.

As part of our operations in 2026/2027, we have an opportunity to think about our monitoring and evaluation frameworks and coincide their development with the integration of a new case management system. As we look forward, we want to ensure we are able to capture and present the support we are offering and clearly demonstrate the positive impact on the lives of the Mamas, their children and families.

QUOTES AND TESTIMONIES

"Where I come from, things were always imposed on me. My opinion did not count. But when [my Mother Companion] came visiting me, she gave me confidence that my opinion counts. She told me that doctors and midwives should listen to me and that I have the right to let them know how something is for me. I have the right to ask about something, to say no I'm not comfortable with something. She helped build my confidence so I had courage to ask questions"

"I didn't know people could just love and support you without knowing you. I received that support and

love. It meant so much to me. My Mother Companion coming to check up on me. She really helped me."

Because of my Mother Companion I was able to get through the hard times. I am grateful and thankful. It was my first baby, you need someone close to you and I talked so much to her."

"It is not easy when you have no family, no friends. I was alone and felt very unhappy. My Mother Companions became my family. Everything was bad for me before I had Mother Companions. They made me feel strong. I felt safe, they reassured me I can do it."

"I come to MAMAhub. It is 101/100 so welcoming. They don't care where you are from or who you are, they just welcome you in and make you feel safe among them."

CASE STUDY

Jannah fled civil war in her home country and survived human trafficking on her journey before reaching safety in Bristol. When she arrived and claimed asylum, she was 7 months pregnant with her first baby. She was preparing to become a new mama in a city where she knew no one, did not speak the language, and faced an uncertain future.

Jannah was referred to Project MAMA by her midwife. Our staff matched her with two experienced volunteer Mother Companions: Alice, a retired health visitor, and Katie, a mum and doula. Jannah was housed in overcrowded Home Office accommodation, where she rarely left her room. Her Mother Companions began visiting regularly, slowly establishing trust and building a relationship with her. Meeting Alice and Katie was one of the only times in a week that Jannah saw anyone, or had space to share her worries and excitement about becoming a parent.

Katie and Alice accompanied Jannah to midwifery appointments and supported her to feel confident asking questions. They talked to her about her birth choices and, together, created a plan that set out her needs and preferences. This highlighted the importance of Jannah being asked for consent, with an interpreter, before any intimate procedures to reduce the risk of them triggering past trauma.

Jannah had no birth partner, so Katie and Alice took turns being on-call, day and night. When Jannah's contractions started at 2 am, Katie went with her to the hospital. She was by her side during labour and in the operating theatre, when an emergency caesarean was needed, offering reassurance until her little boy was born. Katie advocated for Jannah to have an interpreter at every stage, so she could understand her care and make informed decisions.

When Jannah was discharged from the hospital, her Mother Companions visited regularly to help her look after her little one as she recovered. They offered advice on breastfeeding, held the baby so Jannah could have a few precious hours to rest, brought her homemade meals, and reassured her she was an amazing mama.

When Jannah felt ready, they helped her connect to her new community. Katie went with her to the local Children's Centre, and Alice supported her to attend English class and a therapy group. Before the

end of their time with Jannah, they also introduced her to Project MAMA's Hub, where she met other women who spoke her language and began to build supportive friendships.

PUBLIC BENEFIT

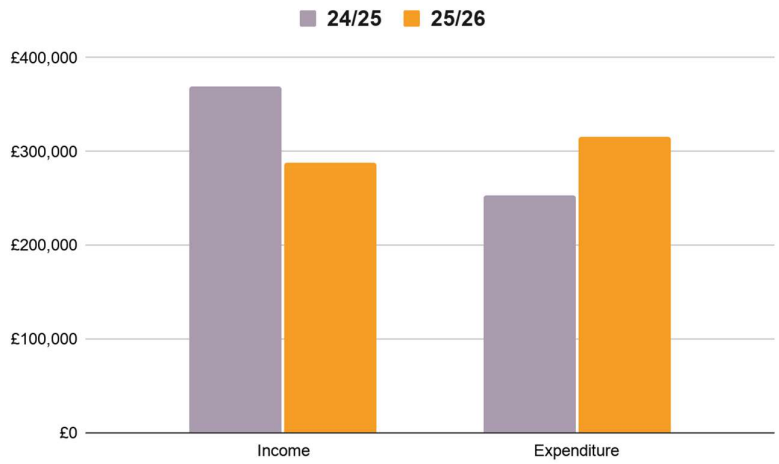
The Trustees have complied with their duty under the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission for England and Wales.

FINANCIAL REVIEW

The total income for the 1st April 2025 to 31st March 2026 was **£288,482**. The chart below shows a comparison to the income from the previous year. Total funds brought forward at 1st April 2025 were **£312,138** and total funds carried forward on 1st April 2026 are **£285,666** of which **£60,758** are restricted (2025: £98,203). Our income has decreased from the previous financial year due to a successful period close to the end of the last financial year, meaning we didn't need to raise as high an income to meet our expenditure for 25/26. A detailed explanation of our closing figures are listed in the carry over section below.

Within this reporting period, the largest proportion of income, **£272,289** came from grant funding, with the rest coming from donations **£9,210** & research participation **£1,300**, alongside corporate partnerships, merchandise sales, Gift Aid and bank interest. All funding received has enabled service delivery and organisational running to provide vital support for our clients.

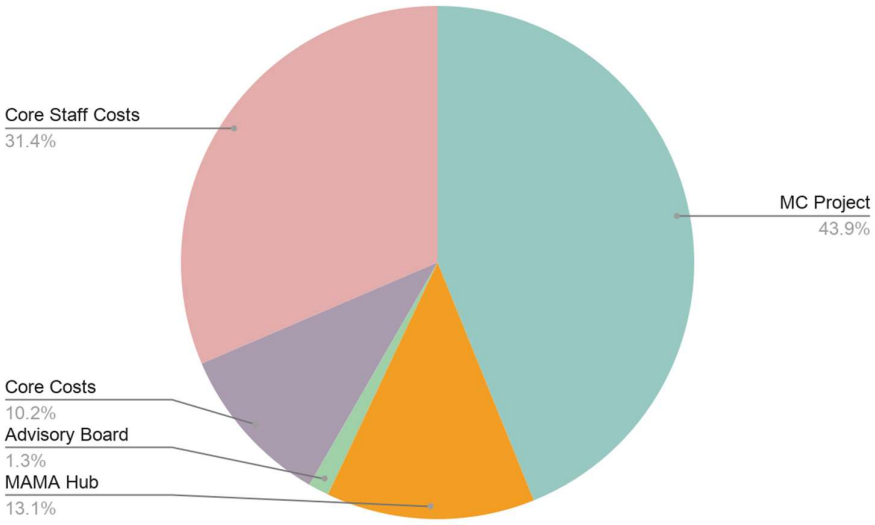
Our strong fundraising performance this year and last year will enable Project MAMA to initiate our strategic development plans and expand our services in response to growing demand, while remaining financially sustainable in a challenging funding climate.



Within this reporting period our expenditure was **£314,954**, a 24% increase compared to the previous year. Our higher expenditure reflects the growth of our three projects within 2025/2026 including expanding our MAMAhub to twice a week and the recruitment of a caseworker in the final part of the financial year.

In line with increasing our capacity, we have also invested in organisational infrastructure to allow for our continued growth and development.

The following diagram outlines how expenditure was allocated across the charity during this reporting period.



The financial support we have received throughout the year has continued to show that funders, corporations, and individual donors recognise the importance of Project MAMA's work. Securing multi year funding demonstrates funders trust in Project MAMA, and their commitment to investing in the organisation's future plans and financial sustainability. We are incredibly grateful to all donors who have supported us and continue to support us.

RESERVES POLICY DISCLOSURE

The Trustees have agreed that going forward the charity should maintain internal reserves of unrestricted, non-committed funds at a level sufficient enough to cover 6 months of our budgeted expenditure. This ensures that, in the event of financial challenges, we would have time to implement emergency fundraising protocols. Should Project MAMA then need to close, our reserves guarantee that all clients would receive their full period of one-to-one support. As the mamas accessing our project face extreme vulnerability during pregnancy and the postpartum period, we feel it would be irresponsible to cut off care early.

Our internal reserves policy is calculated at the end of each financial year based on the budgeted expenditure for the following year. For the financial year 2025/2026, our internal reserves policy level was calculated to be £113,824. From April 2026, this will increase to £176,325 for the financial year 2026/2027.

Our decision to hold 6 months of unrestricted funds as reserves is also a response to the current challenging fundraising climate.

NOTE ON CARRY OVER

In line with our internal reserves policy, the Trustees consider it essential to carry forward a minimum of six months' running costs, in unrestricted funds. Based on the budget for the forthcoming financial year, we should carry forward a minimum of £176,325 into 2026/27. Our carry over from 2025/26 is £285,666 (made up of £60,758 restricted & £224,908 unrestricted funds), which is £48,583 above this minimum level of unrestricted funds. This modest surplus will contribute to sustaining service delivery in the coming year, providing a buffer as additional funding is secured.

Our income generation efforts will continue throughout 2026/27, focusing on securing multi-year, flexible funding, to allow us to continue planning for the longer term whilst remaining agile and responsive in a complex and challenging operating environment.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Project MAMA is registered as a Charitable Incorporated Organisation (CIO). It is governed by a Constitution of a Charitable Incorporated Organisation.

The board has final legal authority and is responsible for overseeing the operation of the entire charity and its activities. Trustees are recruited through public advertising and existing networks of the board and CEO. Trustees, including the Co-Chairs and Treasurer, are appointed for a term of three years by a resolution passed at a properly convened Trustee meeting. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. The board meets every 8 weeks to discuss key matters such as finance, policy, staff and operational development. In addition, a Finance Sub-Committee meets ahead of each trustee meeting to add greater insight.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent examiner
Joshua Kingston, BSc, FCA was appointed Independent Examiner to the charity during the year.

Approved by the board of Trustees on 21 October 2026 and signed on their behalf by:

Ermioni Xanthopoulou .....

Ermioni Xanthopoulou (Trustee)

Heeral Dave .....

Heeral Dave (Treasurer)

Independent examiner's report to the trustees of Project MAMA

I report to the trustees on my examination of the accounts of Project MAMA (the Charity) for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joshua Kingston

Joshua Kingston, BSc, FCA
Burton Sweet Ltd
The Clock Tower
5 Farleigh Court
Old Weston Road
Flax Bourton
Bristol, BS48 1UR

Date: 21 October 2026

PROJECT MAMA

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2026

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2026 £	Total Funds 2025 £
Income from:					
Donations and legacies	**2**	39,737	242,289	282,026	364,361
Charitable activities	**3**	1,300	-	1,300	-
Other trading activities		1,417	-	1,417	462
Investments	**4**	3,739	-	3,739	4,051
Total income		46,193	242,289	288,482	368,874
Expenditure on:					
Raising funds	**5**	1,034	32,934	33,968	31,023
Charitable activities	**6**	34,186	246,800	280,986	221,506
Other		-	-	-	1,373
Total expenditure		35,220	279,734	314,954	253,902
Net income/(expenditure)	**8**	10,973	(37,445)	(26,472)	114,972
Net movement in funds		10,973	(37,445)	(26,472)	114,972
Total funds at start of year	**14**	213,935	98,203	312,138	197,166
Total funds at end of year	**14**	224,908	60,758	285,666	312,138

The Charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

The prior year fund comparatives are set out in note 10.

The notes on pages 18 to 29 form part of these financial statements

PROJECT MAMA

BALANCE SHEET

AS AT 31 MARCH 2026

	Note	2026 £	2025 £
Fixed assets			
Tangible assets	**11**	-	213
		-	213
Current assets			
Debtors	**12**	115,763	79,900
Cash at bank and in hand		183,206	243,132
		298,969	323,032
Liabilities			
Creditors : amounts falling due within one year	**13**	(13,303)	(11,107)
Net current assets		285,666	311,925
Net assets		285,666	312,138
FUNDS			
Unrestricted funds			
General funds	**16**	224,908	213,935
Restricted funds	**16**	60,758	98,203
Total funds		285,666	312,138

These financial statements were approved by the Trustees on 21 October 2026 ..... and are signed on their behalf by:

Ermioni Xanthopoulou

Ermioni Xanthopoulou
Trustee

The notes on pages 18 to 29 form part of these financial statements

1 Accounting policies

Accounting convention

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The charity is a public benefit entity as defined under FRS102. The Trustees consider that there are no material uncertainties affecting the ability of the charity to continue as a going concern.

Income

Income from donations is included in income when these are receivable, except as follows:

I. When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods;
II. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Investment income is included on a receivable basis.

Expenditure

Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

Charitable expenditure is directly attributable to specific activities and this has been included in those cost categories. Support costs, which are attributable to more than one category, are apportioned across cost categories on the basis of proportion of total charitable cost.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. Governance costs are included within support costs.

Pension costs and other post-retirement benefits

The charity contributes to defined contribution pension schemes. Contributions payable to the charity's pension schemes are charged to the Statement of Financial Activities in the period to which they relate.

1 Accounting policies (continued)

Tangible fixed assets

Fixed assets are held at cost less accumulated depreciation. Assets costing less than £500 are not capitalised. Depreciation is calculated so as to write off the cost of an asset, less its estimated ultimate residual value, over the useful life of that asset as follows:

Office Equipment - over 3 years; straight line

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of six months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in note 14 of the financial statements.

2 Income from: Donations and legacies

	Unrestricted Funds	Restricted Funds	Total Funds 2026
	£	£	£
Donations	9,210	-	9,210
Gift aid	527	-	527
Grants received	30,000	242,289	272,289
	39,737	242,289	282,026

2 Income from: Donations and legacies (continued)

Prior year comparative

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Donations	20,490	-	20,490
Gift aid	383	-	383
Grants received	81,250	262,238	343,488
	102,123	**262,238**	**364,361**

3 Income from: Charitable activities

	Total Funds 2026	Total Funds 2025
	£	£
Research participation	1,300	-
	1,300	**-**

All income from charitable activities received in the current and prior year is unrestricted.

4 Income from: Investments

	Total Funds 2026	Total Funds 2025
	£	£
Interest received	3,739	4,051
	3,739	4,051

All interest received in the current and prior year is unrestricted.

5 Expenditure on: Raising funds

	Direct Costs	Support Costs (see note 7)	Total Funds 2026
	£	**£**	**£**
Merchandise	475	15,129	15,604
Fundraising events	559	17,805	18,364
	1,034	32,934	33,968

Prior year comparative

	Direct Costs	Support Costs (see note 7)	Total Funds 2025
	£	£	£
Merchandise	1,817	21,534	23,351
Fundraising events	597	7,075	7,672
	2,414	28,609	31,023

6 Expenditure on: Charitable activities

	Direct Costs	Support Costs (see note 7)	Total Funds 2026
	£	**£**	**£**
Advisory board	4,085	2,164	6,249
MAMA hub	41,387	21,923	63,310
Mother companion	138,214	73,213	211,427
	183,686	97,300	280,986

Prior year comparative

	Direct Costs	Support Costs (see note 7)	Total Funds 2025
	£	£	£
Advisory board	2,254	1,269	3,523
MAMA hub	26,006	14,637	40,643
Mother companion	113,474	63,866	177,340
	141,734	79,772	221,506

7 Support costs

	Fundraising	Charitable Activities	Total Funds 2026
	£	£	£
Administration costs	-	4,883	4,883
Depreciation	-	213	213
Governance costs	-	2,243	2,243
HR costs	-	3,744	3,744
Legal & finance costs	-	5,117	5,117
Organisational development costs	-	8,091	8,091
Premises costs	-	6,897	6,897
Staff costs	32,934	66,112	99,046
	32,934	97,300	130,234

Prior year comparative

	Fundraising	Charitable Activities	Total Funds 2025
	£	£	£
		Restated	Restated
Administration costs	-	3,000	3,000
Depreciation	-	467	467
Governance costs	-	1,113	1,113
HR costs	-	2,398	2,398
Legal & finance costs	-	6,434	6,434
Organisational development costs	-	628	628
Premises costs	-	7,449	7,449
Staff costs	28,609	58,283	86,892
	28,609	79,772	108,381

8 Net income/(expenditure) for the year

This is stated after charging:

		2026	2025
		£	£
			Restated
Independent examiner's fee	- for independent examination services	900	1,083
	- for accounts preparation services	1,080	-
Trustees' travel, meeting and training expenses		263	30
Depreciation		213	467

5 Trustees (2025: 2) have been reimbursed for their out of pocket travel expenses this year. 1 Trustee (2025: nil) received remuneration of £170 during the current year.

Aggregate donations from Trustees, key management personnel, and other related parties was £nil (2025: £nil).

9 Staff costs and numbers

The aggregate payroll costs were:

	2026	2025
	£	£
		Restated
Wages & salaries	219,955	183,105
Social security costs	17,100	11,534
Pension contributions	7,257	5,981
	244,312	200,620

No employee received emoluments of more than £60,000 in this year or the prior year.

The average headcount of employees during the year was:

	2026	2025
	No.	No.
General staff	9	9

The charity considers the key management personnel to be the trustees, the chief executive officer, and CEO maternity cover. The total employment benefits received by key management personnel including employer national insurance and employer pension were £57,481 (2025: £48,388).

10 Fund comparatives

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Income from:			
Donations and legacies	102,123	262,238	364,361
Other trading activities	462	-	462
Investments	4,051	-	4,051
Total income	106,636	262,238	368,874
Expenditure on:			
Raising funds	18,011	13,012	31,023
Charitable activities	9,271	212,235	221,506
Other	1,114	259	1,373
Total expenditure	28,396	225,506	253,902
Net income/(expenditure)	78,240	36,732	114,972
Transfer between funds	-	-	-
Net movement in funds	78,240	36,732	114,972
Total funds at start of year	135,695	61,471	197,166
Total funds at end of year	213,935	98,203	312,138

11 Tangible fixed assets

	Office Equipment	Total
	£	£
Cost or valuation		
At 1 April 2025	3,695	3,695
Additions	-	-
At 31 March 2026	3,695	3,695
Depreciation		
At 1 April 2025	3,482	3,482
Charge for the year	213	213
At 31 March 2026	3,695	3,695
Net book value		
At 31 March 2026	-	-
At 31 March 2025	213	213

12 Debtors

	2026	2025
Due in less than one year:	**£**	£
Accrued income	112,300	78,150
Prepayments	3,378	1,750
Other debtors	85	-
	115,763	79,900

13 Creditors: amounts falling due within one year

	2026	2025
	£	£
Accruals	9,192	3,806
Trade creditors	2,610	3,038
Other creditors	1,501	4,263
	13,303	11,107

14 Movement in funds

For the year ended 31 March 2026

	At 1 Apr 2025 £	Income £	Expenditure £	Transfers £	At 31 Mar 2026 £
Unrestricted funds					
General funds	213,935	46,193	(35,220)	-	224,908
	213,935	46,193	(35,220)	-	224,908
Restricted funds					
BRASP	-	2,556	(2,556)	-	-
Bristol City Council	300	6,965	(4,340)	-	2,925
Bristol Impact Fund	2,547	10,749	(13,296)	-	-
Bristol Local Food Fund	1,629	-	(1,629)	-	-
Choose Love	644	50,000	(50,644)	-	-
DWF Foundation	2,000	-	(2,000)	-	-
Henry Smith Foundation	31,137	72,290	(102,309)	-	1,118
Islamic Relief Fund	15,459	10,799	(29,858)	-	(3,600)
James Tudor Foundation	3,182	-	(3,182)	-	-
John James	2,899	-	(2,899)	-	-
Lewin Trust	-	60,000	-	-	60,000
National Lottery Community Fund	24,930	24,930	(49,860)	-	-
Quartet Resiliance	4,400	-	(4,085)	-	315
St Stephen and St James Trust	2,336	-	(2,336)	-	-
The Grocers Charity	5,000	-	(5,000)	-	-
Wessex Water Community Fund	1,740	4,000	(5,740)	-	-
	98,203	242,289	(279,734)	-	60,758
Total funds	312,138	288,482	(314,954)	-	285,666

14 Movement in funds (continued)

For the year ended 31 March 2025

Restated

	At 1 Apr 2024 £	Income £	Expenditure £	Transfers £	At 31 Mar 2025 £
Unrestricted funds					
General funds	135,695	106,636	(28,396)	-	213,935
	135,695	106,636	(28,396)	-	213,935
Restricted funds					
AB Charitable Trust	-	1,500	(1,500)	-	-
BRASP	-	1,528	(1,528)	-	-
Bristol City Council	-	4,960	(4,660)	-	300
Bristol Impact Fund	3,862	10,230	(11,545)	-	2,547
Bristol Local Food Fund	-	7,500	(5,871)	-	1,629
Choose Love	-	51,533	(50,889)	-	644
Denman Charitable Trust	1,429	-	(1,429)	-	-
DWF Foundation	-	2,000	-	-	2,000
Henry Smith Foundation	-	60,900	(29,763)	-	31,137
Hilden	5,000	-	(5,000)	-	-
Islamic Relief Fund	-	21,597	(6,138)	-	15,459
James Tudor Foundation	4,741	10,000	(11,559)	-	3,182
John James	-	16,000	(13,101)	-	2,899
National Lottery Community Fund	-	24,930	-	-	24,930
Nisbetts Trust	10,000	-	(10,000)	-	-
Postcode Local Trust	905	-	(905)	-	-
Quartet Foundation Express Fund	1,028	5,000	(6,028)	-	-
Quartet Resiliance	-	5,540	(1,140)	-	4,400
Seven Friends Foundation	-	2,000	(2,000)	-	-
Society of the Holy Child Jesus CIO	15,000	-	(15,000)	-	-
South Gloucestershire Council	6,883	-	(6,883)	-	-
St Stephen and St James Trust	-	4,000	(1,664)	-	2,336
Swan Mountain Trust	-	4,020	(4,020)	-	-
The Big Give	1,623	-	(1,623)	-	-
The Grocers Charity	-	5,000	-	-	5,000
The Hospital Saturday Fund	2,000	-	(2,000)	-	-
Van Neste Foundation	-	10,000	(10,000)	-	-
Wesleyan Foundation	5,000	10,000	(15,000)	-	-
Wessex Water Community Fund	4,000	4,000	(6,260)	-	1,740
	61,471	262,238	(225,506)	-	98,203
Total funds	197,166	368,874	(253,902)	-	312,138

14 Movement in funds (continued)

Restricted funds

AB Charitable Trust - Towards work responding to additional needs deriving from widespread violence across the UK.
BRASP - Bristol based partnership working in solidarity with refugees and asylum seekers.
Bristol City Council - Support for women from migrant backgrounds in Bristol during pregnancy.
Bristol Impact Fund - MAMAhub.
Bristol Local Food Fund - Kitchen Lead/ Ops salary.
Choose Love - Providing services for expecting and new Mamas from the refugee and asylum-seeking community.
Denman Charitable Trust - Mother Companion (can include salaries).
DWF Foundation - Resources and support to help communities.
Henry Smith Foundation - Running costs to provide peri-natal support for women seeking asylum.
Hilden - Mother Companion.
Islamic Relief Fund - Mother Companion Project, income was received after year end which returned this fund to a surplus.
James Tudor Foundation - Mother Companion (can include salaries).
John James - Mother Companion costs (excl. salary).
Lewin Trust - MC Project (including salaries).
National Lottery Community Fund - Support for pregnant people and new parents from migrant backgrounds.
Nisbets Trust - Mother Companion (can include salaries).
Postcode Local Trust - Ops Coordinator salary.
Quartet Foundation Express Fund - For core costs.
Quartet Resiliance - Advisory Board (including salaries).
Seven Friends Foundation - Mother Companion Project.
Society of the Holy Child Jesus CIO - Mother Companion Service.
South Gloucestershire Council - Supporting the resettlement of refugees and asylum seekers.
St Stephen and St James Trust - Supporting work of Project Mama.
Swan Mountain Trust - Interpreter costs.
The Big Give - Salary Costs.
The Grocers Charity - Mother Companion Project.
The Hospital Saturday Fund - Mother Companions for vulnerable women in Bristol.
Van Neste Foundation - Mother Companion Project.
Wesleyan Foundation - Service Manager salary.
Wessex Water - MAMAhub project costs and ML salary.
Wessex Water Community Fund - To support the weekly drop in MAMAhub group.

15 Taxation

The charity is exempt from corporation tax on its charitable activities.

16 Analysis of net assets between funds

As at 31 March 2026

	Restricted Funds	**Unrestricted General Funds**	**Total 2026**
	£	**£**	**£**
Other net current assets	60,758	224,908	285,666
	60,758	224,908	285,666

As at 31 March 2025

	Restricted Funds	Unrestricted General Funds	Total 2025
	£	£	£
Fixed assets	-	213	213
Other net current assets	98,203	213,722	311,925
	98,203	213,935	312,138

17 Related party transactions

There are no transactions with trustees or other related parties other than those disclosed as required by the SORP elsewhere in the financial statements.