CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report for the period

From: 1 August 2025 To: 31 July 2026

Charity name: Bristol Medico Chirurgical Society CIO

Charity registration number: 1181791

Company number: CIO – so none

Objectives and activities

The object of the Charity is the advancement of the Art and Science of Medicine in all its branches. But not exclusively by:

(1) providing and assisting in the provision of health related education for the public and health care staff.

(2) bringing together in conference on health related matters representatives of voluntary organisations, Government departments, statutory authorities, individuals and members of the public.

(3) causing to be written and printed or otherwise reproduced and circulated, including electronically, papers, books, periodicals, pamphlets or other documents or films or recorded audio and/or visual material related to the activities of the CIO.

(4) collecting and disseminating information on all matters affecting such objects and exchanging such information with other bodies having similar objects;

(5) providing grants to any other charity in the Bristol area which advances medicine by providing educational events.

(6) if financially able to, providing individual grants to aid educational activities for health workers.

During this year it has carried out its activities principally by holding 6 educational meetings this year, and one social event to foster relationships between health workers in the area.

15 Oct 2025. Engineers' House Clifton Down, Bristol BS8 3NB
AGM and handover of Presidency
Speaker: Professor Stuart Walker: Bristol Hospitals Merger and the NHS: The 10-Year Plan

Wednesday 19 November 2025
Nuffield Hospital, 3 Clifton Hill,
Speaker: Dr Dorian Haskard: The Gout - What was to Blame?

Wednesday 14 January 2026
Engineers' House
Speaker: Dr Sonia Barnfield: Maternity Safety

February meeting was cancelled

Wednesday 18 March 2026
The Nuffield Hospital,
Speaker: Dr Ananthakrishnan Raghuram: Improving Population Health: A Cluster CMO Perspective

April – no meeting due to Easter

Wednesday 13 May 2026
The Nuffield Hospital
Speaker: Dr Paul McCoubrie: Rules of Radiology

June meeting occurred in July due to speaker availability:
Tuesday 14 July 2026
St Monica's Trust, Cote Lane, Westbury-on-Trym, Bristol BS9 3UN
Speaker: Professor Sir Stephen Powis: The Role of the National Medical Director of NHS England

Saturday 25 July 2025: ANNUAL END OF YEAR SUMMER PARTY

No grants have been made due to lack of applications. We welcome applications from health workers for small grants to cover travel and conference expenses. There is a restricted fund for this purpose.

In spring this year, the Med Chi took over the funds of the Bristol Medico-Historical Society, which has had close links with the Med Chi for the last 10 years. The Historical Society effectively closed 3 years ago but has been using its funds to hold an annual history day. The agreement that the committee has made is to take over the finances as a restricted fund, with the intention of using them to hold at least one history day a year and to continue associate membership of the British Society for the History of Medicine.

In planning and carrying out these activities the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

This 152nd year of the society has seen most of the meetings held at Nuffield Hospital, Clifton and we remain grateful for their support. Due to changes in the wifi systems we have not been able to stream them, and recording them has proved difficult.

We are aware that material goes out of date and review recordings at the end of each year to decide if to delete any.

The West of England Medical Journal is now being published online due to the energy of our editor and trustee Dr Nabil Al-Jarad.

The website is now transferred and functioning.

At the AGM / annual meeting in 2025 it was agreed to create and award the posts of Honorary Fellows to Peter Carpenter; Nabil Al-Jarad and Paul Goddard.

We are very aware of, and grateful for, the help of volunteers in running the society.

Financial review

We continue to work alongside the old Medico-chirurgical society who transfer any subscriptions they receive to our account. All subscribed members of this charity are members of the old charity.

The treasurer's report has been published separately. It shows that our financial position remains fragile. The subscriptions from both charities cover administration costs. Meal income does not cover meeting room booking costs.

This year we have placed most of the funds of the society in a low interest bearing 35day notice account operated by NatWest who are our bankers.

At the end of the year the charity held about £9000 of which about £1,500 is held for grant making. Overall we made a loss of £1500 despite money from the old Med Chi.

At present the annual subscription is set at £50 a year, with £25 a year for trainees.

Structure, governance and management

The charity is governed by a constitution that has been approved by the Charity Commissioners and is registered as a Charitable Incorporated Organisation – this is a registered charity that can operate legally as a company without registering as a company with Companies House. With an income under £25,000 the reporting requirements are relatively light.

We are also registered with HMRC for gift aid and as an employer of our part time administrator Ms Purver.

Trustees are automatically members of the governing committee. The committee includes the minimum of President, President Elect (and past President), and Treasurer. The committee seeks and appoints trustees, and welcome approaches from all. No body external to the committee nor person is entitled to appoint a trustee.
In this year Dr T Frewin resigned due to poor health on 20 Dec 2025; Dr Monika Blackwell came ot the end of her term as Trustee on 6 June 2026. As this was her third consecutive term her trusteeship cannot be renewed for a year.
We are grateful for the work of both our departing trustees and hope that Dr Blackwell will continue to have a close relationship with the Charity in her retirement.

We have developed brief formal policies regarding Financial controls and procedures, Safeguarding, Financial Reserves, Complaints, Serious incidents, Internal Risk Management, Expenses, Conflict of Interest, Investing funds, Bullying and Harassment, Socia media and External speakers.

We have a close relationship with the old Med Chi.

We have acquired sponsorship from the State Bank of India and expect to receive substantial sponsorship from Wealth Genius in this coming year.

Plans for future

A new programme has been assembled by Dr Haskard.

Reference and administrative details

Charity name	**Bristol Medico-Chirurgical Society**
Other name the charity uses	**none**
Registered charity number	**1181791**

Charity's principal address	**7C Rockleaze Bristol BS9 1NE**

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Prof Parag Singhal	President	
2	Dr Nabil-Al-Jarad	Editor	
3	Dr Peter Carpenter	Treasurer	
4	Dr Dorian Haskard	President elect	Commenced 22 April 2026
5	Dr David Baker		
6	Dr Jonathan Pitts-Crick		
7	Dr Panos Maghsoudlou		Commenced 22 April 2026
8	Dr Tom Frewin		Resigned 20 Dec 2025
9	Dr Monica Blackwell		Term expired 6 June 2026

There are no corporate trustees;
No trustees hold title to property belonging to the charity -
No Funds are held as custodian trustees on behalf of others; No personnel issues have been knowingly withheld. See also treasurers report sent separately.

The accounts are on the next page

They have been inspected by a person not involved with the banking.

Carried over to next year is the full payment for the final meeting of Society at St Monicas when more than 70 attended plus the credit for a cancelled meeting at Engineers House. We expect the net cost to be offset by the sponsorship promised for this year.

Accounts for Bristol Medico-Chirurgical society 1181791

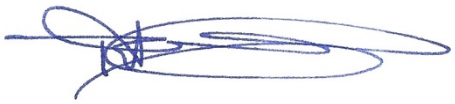
1181791	2025-6		2024- 2025		2023 - 2024	
	Restricted	Unrestricted	Restricted	Unrestricted	Restricted	Unrestricted
At start yr	1444.79	7557.01	1444.79	9001.03	1444.79	6094.30
Income						
Subs		2575		2610		2800
Donations		837.93		596.5		1475.70
Meal Income		1049		1520.00		1450
Interest		163.58		232.77		197
Transfer from old Charity		1200		1000		3400
Transfer from Med Hist Society	3159.01					
Total Income	3159.01	5825.51	0	5959.27	0	9322.7
Expenditure						
Venue/catering		-3292.25		-2297.65		-980.06
Speaker exp		0		-257.7		0
Admin		-2847		-3117		-3279.99
Website		-329.80		-1730.94		-2155.92
Grants	0		0		0	
Other		0		0		0
Total expenditure	0	-6469.05	0	-7403.29	0	-6415.97
Net income	3159.01	-643.54	0	-1444.02		2906.73
In bank at end	4603.8	6913.47	1444.79	7557.01	1444.79	9001.03
	Total	11517.27				
Current account		1764.91		9001.8		
Interest account		9752.36				
	Total	11517.27				
Plus creditors		[-1000]				

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature	
Full name(s)	Peter Carpenter
Position (for example Secretary, Chair, etc)	Treasurer
Date	10 September 2026

For Information: Accounts for Old Med Chi 262439

	2025-2026	2024-2025	2023-2024
	Unrestricted	Unrestricted	Unrestricted
At Start of year	**508.10**	**449.60**	**2535.41**
Old Med Chi Income			
Subscription		993.0	1108
Meal income		0	0
Fundraising events & Donations & Giftaid	**837.75**	112.5	251.19
transfers		0	0
TOTAL	**837.75**	**1105.5**	**1359.19**
Old Med Chi Expenditure			
Secretary & committee exp	0	0	0
Petty Cash		0	0
Speaker exp		0	0
ICO governance	-47	-47	-35
Transfers	-1200	-1000	-3410
TOTAL	**-1247**	**-1047**	**-3445**
Net income	**-409.25**	**58.50**	**-2085.81**
Start of year	508.10	449.60	2535.41
Net Income	-409.25	58.50	-2085.81
End of year	98.85	508.10	449.60
Total bank account at end	**98.85**	**508.10**	**449.60**

Combined accounts 2025-6

	262439	1181791	
	Unrestricted	Restricted	Unrestricted
At start yr	508.10	1444.79	7557.01
Income			
Subs			2575
Donations	837.75		837.93
Meal Income			1049
Interest			163.58
Transfer from old Charity			1200
Transfer from Med Hist Society		3159.01	
Total Income	837.75	3159.01	5825.51
Expenditure			
Venue/catering			-3292.25
Speaker exp			0
Admin	-47		-2847
Website			-329.80
Grants		0	
Other	-1200		0
Total expenditure	-1247	0	-6469.05
Net income	-409.25	3159.01	-643.54
In bank at end	98.85	4603.8	6913.47
		Total	11517.27
Current account	98.85		1764.91
Interest account			9752.36
		Total	11517.27
Plus creditors			[-1000]