Trustees' Annual Report for the period to 31 December 2025

Charity Name: **The Reach Foundation (UK) also known as Reach**

Registered charity number: **1171521**

Charity's principal address: **Unit N2, Blois Meadow Business Park, Steeple Bumpstead, CB9 7BN**

Trustees

The following trustees have served throughout the year:

- Helen Layton
- Nick Layton
- Claire Richardson
- Sheryl Dianne Watkins (since 10 January 2025)
- Judith Carrier (since 10 January 2025)

Structure, Governance & Management

- Reach is governed by a constitution
- It is a trust
- New trustees are appointed by the existing trustees

Objectives and Activities

The objects of our charity are:

"To advance such charitable purposes (according to the law of England and Wales) as the trustees see fit from time to time for the public benefit in particular, but not limited to advancing the health, education and opportunities for people by making grants and awards to people living in extreme poverty or suffering hardship in any part of the world."

We pursue these objects through long-term partnerships with locally led organisations, supporting children and families facing poverty, food insecurity and barriers to education and healthcare.

Our main activities during the year have been to:

- Maintain regular communication with partners in Malawi, Uganda and India to identify priorities, review activities and respond to emerging needs.
- Raise funds and provide regular grants primarily for meals for children attending school and preschool, alongside a nominal contribution towards education.
- Develop and deliver the Sangalala Maternal Health Partnership Programme through community education, birthing kits and practical support for maternal and newborn health services.
- Establish a new partnership with Fountain of Hope in Malawi.
- Support locally identified priorities for water access and education through collaboration with partners in Rajasthan, India.

- Consider requests for additional assistance in line with local priorities and available resources.
- Share programme updates with supporters and strengthen monitoring and accountability.

The trustees have had regard to the Charity Commission's guidance on public benefit when planning and reviewing the charity's activities. Our work benefits people experiencing poverty and hardship, with particular attention to children, women and families whose access to essential services is limited.

Annual Impact and Achievements

The Reach Foundation UK supports children and families through sustained support for nutrition and maternal and newborn health, alongside a nominal contribution towards education. Our approach combines regular practical assistance with locally led programmes that strengthen knowledge, confidence and community capacity.

During the year, we sustained our established feeding programmes, increased the number of children supported in Uganda and developed the Sangalala Maternal Health Partnership Programme. We also welcomed Fountain of Hope as a new partner in Malawi and continued collaboration with partners in Rajasthan, India.

Sustaining Children's Nutrition

Our six established education-linked feeding programmes now support approximately 420 children across Malawi and Uganda.

In Malawi, four programmes in Chikwawa, Chibasala, Chizenga and Mkumaniza continue to support approximately 320 children. Through our local partnerships, funding primarily supports meals for children attending school and preschool, with a nominal contribution at times towards education. Our longstanding work with Pashello Charitable Trust also includes hospital-based feeding at Chikwawa Rural Hospital, Chikwawa district, Malawi, during the lean season.

In Uganda, our two school-linked programmes in Namutumba District now feed approximately 100 children, an increase from the previously reported 80. Delivered through our partnership with Legacy Children's Initiative, this support connects children's nutrition with opportunities to learn and participate in school life.

For families experiencing food insecurity, reliable meals provide practical relief and help address the barriers hunger creates for learning. Sustaining these programmes remains a central commitment of the Foundation.

Our established feeding programmes provide an estimated 135,000 meals annually, rising to approximately 150,000 when hospital-based feeding during the lean season is included.

The Sangalala Maternal Health Partnership Programme

The Sangalala Maternal Health Partnership Programme brings together community education, women's participation, practical birth supplies and partnerships with local health services. It aims to strengthen maternal and newborn health knowledge, encourage timely care-seeking and build support for women and families.

The programme was initially written by Helen Layton and peer-reviewed by Dr Catherine Atuhaire, a lecturer and maternal mental health specialist at Mbarara University of Science and Technology in Uganda.

Sangalala is being co-developed, monitored and evaluated with local partners to ensure that its content, delivery and assessment reflect community priorities, local circumstances and available resources.

Approximately 200 birthing kits have been distributed across Malawi and Uganda since Sangalala began, compared with the cumulative total of 100 reported previously. The kits complement education and local healthcare provision by helping women access essential supplies for childbirth.

Sangalala in Uganda: First-Cohort Learning and Evaluation

Legacy Children's Initiative delivered the first Sangalala Maternal Health Partnership Programme through community women's circles in Namutumba and surrounding areas between June and August 2026.

Thirty-nine women and one man enrolled, and the partner reported 40 completers. Attendance varied considerably between sessions, so individual attendance records and an agreed completion definition will be needed to substantiate full programme completion. Graduation is planned for the end of October 2026.

Sessions covered safe motherhood; pregnancy and newborn danger signs; birth preparedness; clean birth and newborn care; Kangaroo Mother Care; respectful care and mutual support; and running women's circles safely. Practical activities included liquid soap making and home gardening to support nutrition, alongside the distribution of birth kits and sheets.

The end-of-programme evaluation reported that participants could recall key messages about pregnancy danger signs, birth preparedness and Kangaroo Mother Care. Women also reported greater confidence in recognising when help was needed and sharing information with others. One Village Health Team member, Kauma Florence, was highlighted for mobilising women and promoting early antenatal care and birth preparedness.

These findings provide encouraging early evidence of learning, confidence and community sharing. However, the available evaluation does not quantify improvement against a comparable baseline or establish changes in maternal or newborn health outcomes.

The report identified barriers to consistent participation, including long walking distances, weather, competing responsibilities and limited learning materials. Attendance ranged from 13 to 41 across

the recorded sessions, with 40 attending the final session. No formal referrals were recorded; further monitoring is needed to understand care-seeking and referral activity.

Findings from the first cohort will inform more accessible sessions, illustrated learning materials, individual attendance tracking and stronger assessment and follow-up. These changes will be developed with partners to support participation and strengthen the evidence available from future cohorts. Legacy Children's Initiative has already applied for support for a further cohort.

Maternal and Newborn Health Support in Malawi

The Foundation has supported four health-promotion murals at Chikwawa District Hospital. Positioned in relevant maternity areas, they communicate practical messages for women and families:

- Antenatal ward: danger signs during pregnancy.
- Labour ward entrance: recognising the signs of labour.
- Postnatal ward: danger signs affecting mothers and babies after delivery.
- Kangaroo Mother Care ward: encouraging exclusive breastfeeding.

The murals bring maternal and newborn health information into the places where women receive care, supporting the messages shared by clinical staff.

We also supported basic maternity and birthing supplies. The previously planned purchase of a HemoCue haemoglobin-testing device was revised following local advice about affordability. Support was redirected towards more affordable essentials, including urine dipsticks, fetoscopes and measuring tapes. No HemoCue machine was purchased.

This reflects our approach to partnership: listening to local advice and adapting support to meet practical needs within the resources available.

Water Access and Education in Rajasthan, India

Our collaboration with partners in Rajasthan, India, has continued, supporting locally identified priorities for water access and education.

A well has been completed and is now being used by the local community. This follows the water-access project described in the previous annual report and represents practical progress in addressing local needs.

Construction of a schoolroom is also underway, with volunteers contributing to the building work. This collaboration brings together local knowledge, voluntary effort and support from the Foundation.

Discussions with partners will continue during 2026 to explore opportunities for education and feeding programmes, guided by community priorities and available resources.

Strengthening Local Partnerships

Fountain of Hope became a new partner in Malawi during the year, alongside our longstanding relationship with Pashello Charitable Trust. This expands the local relationships through which we identify needs and develop maternal and child health support.

In Uganda, Legacy Children's Initiative remains central to the delivery of feeding and Sangalala activities in Namutumba District. Its trainers and collaborating health workers bring community knowledge, practical experience and trusted relationships to the programme.

In Rajasthan, ongoing collaboration with local partners and volunteers is supporting water access and schoolroom construction, alongside discussions about future education and feeding provision.

The potential partnership in Mali, identified as a priority in the previous report, remains under discussion. Implementation has not yet commenced and will depend on an agreed delivery plan, partner capacity and adequate funding.

Our emphasis is on developing relationships that are locally informed, accountable and sustainable.

Approaching Our Tenth Anniversary

The Foundation will mark ten years as a registered charity on 7 February 2027. Since our work began, we estimate that supporters have helped us raise between £100,000 and £150,000. Through regular gifts, community fundraising and voluntary commitment, this generosity has sustained locally led work in nutrition, education and maternal and newborn health.

As we approach this milestone, our established feeding programmes support approximately 420 children. They provide an estimated 135,000 meals annually, rising to approximately 150,000 when hospital-based feeding during the lean season is included.

These figures reflect the value of consistent support: individual donations brought together over time to sustain practical help for children and families.

Our anniversary will be an opportunity to thank the supporters, volunteers and local partners who have made this possible, share what we have learned and build support for the commitments ahead.

Fundraising and Stewardship

Regular donations and community fundraising continue to sustain the Foundation's work. We are grateful to supporters who give, organise events and help others understand the needs and strengths of the communities with whom we work.

George and Melissa Brewster, our international advocates, have continued to support fundraising and awareness in the United States for our Ugandan projects.

Administrative and coordination work is undertaken voluntarily, and the Foundation remains committed to ensuring that 100% of public donations directly support programme delivery.

Regular contact with partners informs grant decisions and additional requests. As programmes develop, we will continue strengthening reporting on expenditure, participation, delivery and outcomes.

Programme Reach and Key Achievements

- Education-linked feeding programmes: four in Malawi and two in Uganda.
- Children supported through feeding in Malawi: approximately 320.
- Children supported through feeding in Uganda: approximately 100, increased from 80.
- Combined reach of established feeding programmes: approximately 420 children.
- Estimated meals provided annually: 135,000, rising to approximately 150,000 including hospital-based feeding during the lean season.
- Funds raised since our work began: an estimated £100,000–£150,000.
- First Uganda Sangalala cohort: 39 women and one man enrolled; the partner reports 40 completers, with completion criteria requiring clarification.
- Uganda programme delivery: June–August 2026.
- Sangalala graduation: planned for the end of October 2026.
- Evaluation findings: encouraging participant recall, reported confidence and peer sharing.
- Next Uganda cohort: application for support received from Legacy Children's Initiative.
- Birthing kits distributed: approximately 200 cumulatively across Malawi and Uganda.
- Hospital health-promotion murals supported: four at Chikwawa District Hospital.
- Additional health-service support: basic maternity and birthing supplies.
- New Malawi partner: Fountain of Hope.
- Rajasthan water project: a well completed and in use by the local community.
- Rajasthan education project: schoolroom construction underway, with volunteers contributing to the building work.
- Rajasthan partnership development: ongoing discussions about education and feeding programmes during 2026.
- Tenth anniversary of charity registration: 7 February 2027.

Participation and delivery figures describe the reach of our activities. Partner-reported improvements in learning are encouraging; longer-term changes in health, nutrition and education require continued monitoring.

Priorities for the Coming Year

Our first priority is to sustain the feeding programmes we already support, maintaining reliable provision for approximately 440 children across Malawi and Uganda.

Alongside this, we will:

- Use the first Sangalala cohort's evaluation findings to refine delivery with local partners.

- Review the application for support for a further Uganda cohort, with an initial ambition to reach another 50 women.
- Improve accessibility through locally agreed session times and venues.
- Develop illustrated learning materials to reinforce key messages.
- Establish clear completion criteria and individual attendance records.
- Strengthen assessment of learning through comparable baseline and end-of-programme questions.
- Strengthen follow-up on birth preparedness, care-seeking, referrals and community sharing of learning.
- Develop our new partnership with Fountain of Hope while sustaining existing partnerships.
- Continue practical maternal and newborn health support in response to locally identified needs.
- Continue collaboration with partners in Rajasthan, including monitoring progress on the schoolroom and exploring education and feeding programmes.
- Explore the proposed Mali partnership, subject to an agreed plan and adequate funding.
- Strengthen regular giving, supporter communication and programme accountability.
- Prepare to mark the tenth anniversary of the charity's registration in February 2027.

Closing Statement

This year's progress reflects both continuity and development: established feeding support maintained, more children fed in Uganda, a new partnership in Malawi and completion of the first Sangalala community maternal health cohort. In Rajasthan, collaboration has supported a completed well now used by the local community, with schoolroom construction also underway.

The Sangalala partner evaluation provides encouraging early findings about participants' learning, confidence and mutual support, while identifying practical changes needed to improve participation and strengthen future evaluation.

Our next phase will build on these foundations, sustaining existing commitments and using partners' experience and programme evidence to guide further work. At the centre of this remains a practical responsibility: to ensure that the support entrusted to us responds to the priorities of children, women and families.

Financial Review

- We are holding a reserve in our account for funding larger projects. We aim to hold a minimum of £2000 in reserve at any one time to enable us to help in times of crisis.
- None of our funds are materially in deficit

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees



Full name: Claire Richardson

Position: Trustee

Date: 18 October 2026

The Reach Foundation (UK)

Receipts and Payments Account

Year to 31 December 2025

Income Receipts

	2025
Donations	£9,817
Total Receipts	**£9,817**

Payments

Payments to Pashello Charitable Trust, Malawi	£8,450
Payments to Ngabu Rural Hospital, Malawi	£1,145
Payments to Legacy Children's Initiative, Uganda	£1,800
Money transfer and bank charges	£113
Total Payments	**£11,508**
Net receipts for the year	**-£1,691**
Bank Balance at 31 December 2025	**£4,572**