CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2025 **Period start date**
To 31st December 2025 **Period end date**

Charity name: The Recovery Course

Charity registration number: 1170792

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	*For the public benefit, the advancement of education by raising awareness of the issue of addiction and the provision of recovery and support services to those affected by addiction*
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Recovery Course is a Christian charity established to reach those suffering from the effects of addictions of all kinds, including alcohol, drugs, gambling pornography, food, social media and other compulsive habits. The charity does this through enabling, equipping and encouraging churches and other christian associations to run The Recovery Course. The course is suitable for people of faith or no faith; the key requirement for a successful outcome is that course attendees have a desire to overcome their addiction. *Ethos, vision and outcomes* **Ethos:** We are passionate and committed to see people suffering from the pain and grip of addiction restored to wholeness and a new sense of purpose in life. **Vision:** Our vision for The Recovery Course is to see as many people as possible set free from their addiction. **Mission:** Our mission is to facilitate recovery from addiction through Christ and to share the good news of hope, freedom and reconciliation with as many people as possible. Our **outcomes,** being how we know that we are achieving our vision is: ● For individuals – ongoing release for many from addictions of all kinds and protection of that freedom gained

		through support networks and faith community groups. ● For churches, help with organising, structuring and supporting recovery from addiction of all kinds. ● For society, that individuals and agencies have hope that people can be set free from their addictions *What we do – strategy and activities* We will achieve our vision of seeing The Recovery Course run in every major town, city and prison by: ● Maintaining high quality resources ● Promoting the course nationally ● Giving easy access to the resources to those who want to run courses ● Helping to establish new courses through training and explaining tried and tested methods ● Establishing a recovery community where those who need it can locate the nearest course easily The development and distribution of TRC resources is key to the achievement of our goal and forms the tangible product we offer for no cost to all those wanting to run courses, so they in turn won't charge the guests for participating. The resources include the following: ● A 258 page course manual including a section on how to set up and run The Recovery Course ● Written and filmed transcripts of all the weekly talks ● A workbook with weekly 'Pause for Thought' coursework for the guests ● A leaders' manual ● A resource section with links to other recovery groups ● Filmed testimonies of individuals who have found freedom through the course ● Leaders' notes for group leaders for each session of the course ● Access to free training and support online ● An annual Recovery Course Conference We offer free training and support to churches, prisons and Christian-based organisations running or wishing to run The Recovery Course throughout the UK and beyond. *Trustees' responsibility statement* The Trustees have due regard to the Charity Commission's public benefit

		guidance when exercising any powers or duties to which the guidance is relevant.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have all received and considered the Charity Commission Guidance, “The essential trustee: what you need to know, what you need to do”, dated May 2018

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity is not grant making
Policy on social investment including program related investment	Para 1.38	Social investment made by the charity is practical not financial – achieved through the course it runs to free guests of their addiction, and through this to relieve the burden of addiction of those related to the guest and the community in which they live
Contribution made by volunteers	Para 1.38	The Trustees, group leaders and those involved in running The Recovery Course are volunteers for which the Trustees are grateful. While reasonable expenses of travel to speaking engagements are met, no payment is made for time spent
Other		Nothing further to add

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Recovery Course charity is not personally involved in running their own courses, instead devoting their time to training up teams from churches around the country who would then run their own. In this way far more people are reached. In 2025 the Charity ran three free national online training sessions, which 139 delegates representing 97 churches attended. We continue to train up churches and are available to advise them throughout the entirety of their course as well as with follow-up, and all this backup support is provided free of charge. Due to the increased interest in the Course it was decided that we would run our second national Conference in Holborn, Central London, in April 2025. Around 160 delegates from churches across the UK attended. At the Conference we launched our new shortened 6-week course especially adapted for prisons.

		A pilot course ran at HMP Pentonville in February with 26 prisoners taking part and was considered a huge success. One of these prisoners, following his release, attended our Conference and shared the difference the Course had made, not just in his own life, but with his entire family. Following the launch of the new material for prisons, 16 delegates, both staff and experienced volunteers working within the prison estate signed up for the training in the hope that they would be able to introduce the course into their own prison. Interest has also been shown by those working in homeless shelters and food banks. In 2025 The Recovery Course invited two more people to join as Trustees, one to focus on fundraising and the other liaising with churches running the course. In July, after three terms in the role, our Chair stood down and an existing trustee, Steven Page was invited to become Chair and accepted. 2025 continued to be challenging financially, but our income continues to increase and sufficiently support everything that we do. To date, The Recovery Course remains a volunteer organisation so as to keep its operating costs to a minimum.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	See above
Performance of fundraising activities against objectives set	Para 1.41	See above
Investment performance against objectives	Para 1.41	See above
Other		Nothing further to add

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of 2025 the Charity had £48,455.69 on account
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity holds a balance of a minimum of three but preferably six months operating costs - ~£19,000
Amount of reserves held	Para 1.22	Zero
Reasons for holding zero reserves	Para 1.22	The Trustees believe that all funds should be put to use in support of the aims of the charity. The three six months of operating costs are thus not put in reserve, rather they act as an alert once breached to focus on fundraising.
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Where funds are used in support of the aims of the charity that reduce the reserves to less than six months operating expenses the Trustees would meet to discuss how to proceed. To date that has not happened.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity receives monthly donations, either through the Charities Aid Foundation, or via Direct Debit. The rest of the donations come from grant and trust applications, and private donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	The charity maintains a risk register. The only high risk is identified as an income shortfall in which case operations would be scaled down, and the charity would become a voluntary repository of information for churches and prisons running the course.
Other		Nothing further to add

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Effective 17th June 2019, the charity was re-registered as a Charitable Incorporated Organisation, having a foundation constitution based on the Charity Commission model. Prior to this, the charity was originally constituted as a company limited by guarantee, incorporated on 29th July 2015 and registered as a charity on 16th December 2016, and having a memorandum and articles of association.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	As a CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by the existing Trustees with a considered view to broadening the expertise of the Committee. The most recent Trustees to join bring extensive experience of working in prisons, and of raising funds.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Recruitment, induction and training of Trustees During the period, the trustees were also charity trustees for the purposes of charity law. Under the requirements of the Constitution, the Trustees are elected to serve for a period of three years after which they must be re-elected for a second or third term. All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the financial statements. Trustees are selected by the existing Trustees firstly to provide the charity with oversight of its addiction recovery activities through relevant knowledge, experience, and involvement, and secondly to provide the charity with oversight and governance of administrative matters through relevant legal and financial knowledge and experience. New Trustee induction includes consideration of Charity Commission guidance (CC3) and completion of a Charity Commission Trustee Declaration, discussion of current issues including the financial position of the charity, and the relevance of any DBS checks.

		Ongoing training includes access to the network and courses run by the Institute of Chartered Accountants in England and Wales Charity and Voluntary Sector Group.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	*Organisational structure* During the year the Charity's Chair stepped down after three consecutive terms and having inspired many trustees during his term. We offer our heartfelt thanks and blessings to him and his wife for all they did for The Recovery Course over more than a decade. An existing trustee, Steven Page was invited to become Chair and accepted. Two other trustees joined the charity in March 2025 bringing a deep experience of charitable work, of The Recovery Course and of fundraising. The Operational Team continues to be led led by Kevin Campbell (Course work, Communications, Marketing and Publicity) - Kevin is paid for six days a month, an increase from last year due to the increased activities of the charity.
Relationship with any related parties	Para 1.51	Not applicable
Other		*Risk management* Trustees maintain a risk register which identifies 11 major risks under 4 headings: strategic, governance and management; external; operational; and financial. Using the register, Trustees assess the significance and probability of each risk, mitigation, and specific Trustee action to monitor each net risk *Safeguarding* In recognition that those attending The Recovery Course are vulnerable adults, the Trustees appointed one Trustee to act as Safeguarding Officer providing a formal point of contact for queries and reporting of concerns and established a written policy on safeguarding. As the charity no longer runs courses, but enables others to do this, all those running the course are asked to confirm that they have safeguarding arrangements in place.

Reference and Administrative details

Charity name	The Recovery Course
Other name the charity uses	
Registered charity number	1170792
Charity's principal address	c/o Tonbridge Baptist Church Darenth Avenue Tonbridge Kent TN10 3HZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Reverend Bob Street	Chair	Up until 15th June 2025
2	Nigel Skelsey	Trustee and Secretary	Appointed to first term 1st October 2021, second term 1st October 2024
3	Gavin Marcus Wells	Trustee and Treasurer	Appointed to first term 16th November 2021, second term 16th November 2024
4	Steven Page	Chair	Appointed to first term 15th May 2024, became Chair June 2025
5	Reverend Joanna Mary Davies	Trustee	Appointed to first term 15th May 2024
6	Janet Skelsey	Trustee	Appointed to first term 1st March 2025
7	Richard York	Trustee	Appointed to first term 1st March 2025
8			

Corporate trustees – names of the directors at the date the report was approved

Director name		
	NOT APPLICABLE	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
	NOT APPLICABLE	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
			Not applicable

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

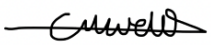
Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature: 

Full Names: **Gavin Marcus Wells**

Position: **Treasurer**

Date: **12th October 2026**

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
The Recovery Course	1170792

Receipts and payments accounts

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For the period from	Period start date	To	Period end date
	1-Jan-25		31-Dec-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants, gits and donations	5,381	-	-	5,381	5,246
Other	1,891	-	-	1,891	-
Bank interest	-	-	-	-	-
GEM Trust				-	4,000
Souter Trust	3,000		-	3,000	14,500
Well Trust	1,000	-	-	1,000	1,000
St Johns	3,500	-	-	3,500	3,000
Westhill endowment	5,000	-	-	5,000	1,500
Beauty from Ashes	25,476	-	-	25,476	2,000
AR)	45,248	-	-	45,248	31,246
sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	45,248	-	-	45,248	31,246
A3 Payments					
Free	-		-	-	-
The Recovery Conference	-	-	-	-	-
Conference	2,444	-	-	2,444	60
Course costs	173	-	-	173	330
Operations and Publicity	20,375	-	-	20,375	11,625
Publicity and Marketing materials	698			698	489
Fundraising			-	-	3,163
DBS checks	150	-	-	150	145
Insurance	230	-	-	230	-
Bank charges	-			-	-
Just Giving Fees	-			-	-
Postage	-			-	-
Donation	-	-	-	-	-
Sub total	24,071	-	-	24,071	15,812
A4 Asset and investment					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	24,071	-	-	24,071	15,812
Net of receipts/(payments)	21,177	-	-	21,177	15,434
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,278		-	27,278	16,058
Cash funds this year end	48,456	-	-	48,456	31,492

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds	Natwest Current a/c	48,456	-	-
	Natwest Investment a/c	-	-	-
		-	-	-
	Total cash funds	48,456	-	-

(agree balances with receipts and payments account(s))

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-

	Details	Fund to which	Amount due	When due
B5 Liabilities			-	
			-	

Signed by one or two trustees on	Signature	Print Name	Date of approval
		Mr Gavin Wells	25th September 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

[redacted]

Report to the trustees	The Recovery Course		
On accounts for the year ended	31.12.2025	**Charity no (if any)**	1170792
Set out on pages	(remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: John Kerr **Date:** 11.10.26

Name:	John Kerr
Relevant professional qualification(s) or body (if any):	
Address:	The Cottage, 15 Kinellan Gardens, Edinburgh EH12 6HJ

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.	None