Registered Charity Number
1170603

IMPACTING COMMUNITIES

(A Charitable Incorporated Organisation)

Report and Accounts

31 December 2025

FP Associates Limited
Chartered Certified Accountants
36A Goodmayes Road
Ilford, Essex IG3 9UR

IMPACTING COMMUNITIES
Report and Accounts

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IMPACTING COMMUNITIES
Charity information

Trustees
Mrs Valrie Gittens
Mr Andrew Joseph
Ms Ruth Pearson

Charitable position:
Registered Charity number 1170603

Governing Document:
Foundation Model Governing Document

Address for correspondence:
Office 1778
321-323 High Road
Chadwell Heath
Romford
Essex
RM6 4AH

Independent Examiner
Fumi Popoola
FP Associates Limited
36A Goodmayes Road
Ilford
Essex
IG3 9UR

Bankers
HSBC Plc
126 High Road
Ilford
Essex
IG1 1DA

IMPACTING COMMUNITIES
The report of the Trustees

The trustees' present their report and accounts for the year ended 31 December 2025.

Structure, Governance and Management

Impacting Communities was established as a CIO in June 2016. Its governing document is Constitution of a Charitable Incorporated Organization whose only voting members are its charity trustees. We are required to have at least three trustees. The trustees will meet at least four times in the year. Apart from the first charity trustees, every trustee is appointed by a resolution passed at a meeting of the charity trustees.

Nature of organisation

In pursuance of Christian principles, the main object of the charity is to relieve persons who are in need by reasons of ill health, unemployment, age, disability, poverty, financial hardship, race, ethnic origin, family breakdown, poor education and any other economic or social disadvantage.

The charity will work in co-operation with churches, Christian charities, groups and other organizations to further its objects.

Appointment of Trustees

The initial Trustees were appointed in agreement with our core values, beliefs and following the wider culture sector's approach to best practice on due care and diligence. This was aligned to the professional operational rigor of the culture sector in order to meet the legal and financial requirements of the constitution of the company.

The procedure for appointment of Trustees in the future is by majority vote from the current Trustees.

The members of the Board of Trustees' of the Charity during the year ended 31 December 2025 were: -

Mrs Valrie Gittens
Mr Andrew Joseph
Ms Ruth Pearson

The Trustees as at the date the accounts were approved were: -

Mrs Valrie Gittens
Mr Andrew Joseph
Ms Ruth Pearson

Income

Impacting Communities relies on Grants and donations for its income.

Risk Management

The Trustees have reviewed the risks to which a small charity operating along these lines is exposed. Appropriate procedures are in place to identify, monitor and review these risks on a regular basis.

Organisational Structure

The Trustees are legally responsible for the CIO. The Trustees meet at least four times annually.

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each accounting year which give a true and fair view of the state of the charity and of its income and expenditure for the year.

We are required to:

1. Select suitable accounting policies and apply them consistently
2. Make judgements and estimates that are reasonable and prudent
3. State whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts
4. Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

We are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable us to ensure that the financial statements comply with the Charities Act 2011. We also have a responsibility to safeguard the assets of the charity and to take reasonable steps to prevent fraud or any other irregularities.

Our Aims and Objectives

Impacting Communities is committed to helping to relieve persons who are in need by reason of ill health, unemployment, age, disability, poverty, financial hardship, race, ethnic origin, family breakdown, poor education and any other economic or social disadvantage.

The key aims of the charity are as follows:-

To encourage, support and facilitate the development of sustainable projects in the community
To work with other organizations within the voluntary and statutory sector to identify those people who are in need and would benefit from what the charity has to offer.

Activities last year

We continued building on last year's work, working in partnership with local churches. The foodbank and food distribution project grew as more community members became involved. We held a very successful Christmas party, attended by many community members and volunteers.

In order to minimise food waste, we teamed up with a farm that collected any food waste we had to feed their animals.

The Cooking on a Budget project saw greater involvement from foodbank attendees and more recipes shared.

We joined a local group working to combat poverty in our community.

We held our Chill & Chat sessions where we continued to build community.

Public Benefit requirement

In planning the activities, the Trustees have applied the guidance issued by the Charity Commission on public benefit.

Plans for Future periods

We plan to develop a strategic plan for the organization.
To provide sound planning as to our strategic direction
To work closely with churches and other voluntary and statutory organizations in order to pursue the charity's objectives.
We plan to recruit volunteer helpers to assist with communications and social media.

Independent Examiner

Fumi Popoola of FP Associates Limited was appointed as the charity's independent examiner for the financial year.

This report was approved by the board of trustees on 29 October 2026 and is signed on their behalf by:

Mrs Valrie Gittens
Date: 29 October 2026

IMPACTING COMMUNITIES
Independent Examiner's Report

Report of the Independent Examiner to the Trustees' on the accounts of the Charity for the year ended 31 December 2025

I report on the accounts of the CIO for the year ended 31 December 2025, which are set out on pages 11 to 12.

Respective responsibilities of trustees and examiner
The Charity's trustees are responsible for the preparation of the accounts. The trustees consider that the audit requirement of section 144(2)) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the governing document or constitution of the Charity for the conducting of an audit. As a consequence, the trustees have elected that the financial statements be subject to independent examination.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosure in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements:
   to keep accounting records in accordance with section 130 of the 2011 Act; and
   to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Fumi Popoola B.Sc(Econ) FCCA CTA
FP Associates Limited
36A Goodmayes Road
Ilford
Essex
IG3 9UR

26 October 2026

IMPACTING COMMUNITIES
Receipts and Payments Account for the year ended 31 December 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £
Receipts				
Receipts from generated funds		798	-	798
Grants		-	-	-
Other income	2	-	-	-
Total incoming resources		798	-	798
Costs of raising and generating funds		-	-	-
Net incoming resources available for charitable applications		798	-	798
Payments				
Charitable activities	3	536	-	536
Support costs of activities		-	-	-
Governance costs	4	192	-	192
Total resources expended		728	-	728
Net incoming/(outgoing) resources before revaluations and		70	-	70
Transfer between funds		-	-	-
Net movement in funds		70	-	70
Total funds brought forward		5,207	-	5,207
Total funds carried forward		5,277	-	5,277

The notes on page 10 form part of these accounts

IMPACTING COMMUNITIES
Statement of Assets and Liabilities for the year ended 31 December 2025

	£
Fixed assets	
The value of assets owned are:	
Office Equipment	1,000
Bank & Cash Balances	
Investments	-
Cash at bank and in hand	5,481
Other Assets and Liabilities	
Assets	-
Liabilities	
Due for Independent Examinations	384
Expenses to be reimbursed	-

The accounts were approved by the Trustees and signed on their behalf on 29 October 2026

Mrs Valrie Gittens ……....

IMPACTING COMMUNITIES
Notes to the accounts for the year ended 31 December 2025

1. Accounting Policies

The accounts have been prepared on a receipts and payments basis with a statement of assets and liabilities.

2. Voluntary receipts

	Unrestricted Funds	Restricted Funds	Total Funds
Donations	798	-	798
Grants	-	-	-
	798	-	798

3. Charitable activities

Food	270	-	270
Bank charges	15	-	15
Public liability insurance	201	-	201
DBS checks	50	-	50
	536	-	536

4. Governance Costs

Independent Examination	192	-	192
	192	-	192

5. Staff and Trustees

The charity does not have any employed staff. Volunteers generally carry out it's activities.

No remuneration or trustee expenses were paid to any trustees during the year, not to any person connected to them.

6. Funds

There were no restricted funds in the year ended 31 December 2025.