WAKE UP AND HELP

Registered Charity Number: 1170447

Report of the Trustees for the year ended 31 December 2025

Structure, Governance and Management

Wake Up and Help was registered as a **Charitable Incorporated Organisation (CIO)** on **29 November 2016** with the Charity Commission for England and Wales under **charity number 1170447**.

The **principal address** of the organisation is:
909 Eastern Avenue, Ilford, Essex IG2 7SA

The charity is governed by its **constitution**, which outlines how it operates and how decisions are made.

The **Trustees** have a duty to identify and review the risks to which the charity is exposed and to ensure that appropriate controls are in place to mitigate those risks.

Trustees who served during this period:

- Mr. V. Sharma
- Mrs. S. Sharma
- Mr. Shivam Sharma
- Mr Savan Shah

The Trustees confirm that they have complied with their duty to have due regard to the guidance issued by the Charity Commission on public benefit.

Objects and Activities

Wake Up and Help is established **for the public benefit** in the UK and India, with the following charitable objectives:

1. **The advancement of education** in Indian culture and heritage, arts, crafts, music and language.

2. **The prevention or relief of poverty** by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.
3. **The relief of sickness and the preservation of health** through the provision of financial assistance, support, education and practical advice.
4. **To advance the Hindu religion** through the holding of prayer meetings, lectures, public celebration of religious festivals, and by producing and/or distributing literature on Hinduism to enlighten others about the faith.

Significant Activities in 2025

During the year ended 31 December 2025, the charity continued to carry out activities supporting its charitable objectives, including:

- Operating a **book bank**, providing literature on Indian culture and heritage to the public.
- Organising **free food distribution** to support homeless and needy individuals.
- Distributing **warm clothing and blankets** during the winter months to vulnerable people in **London**
- Strengthening **collaborations** with local charities, community organisations, and members of the public to extend the charity's reach .

Financial Review

Unrestricted funds may be used in accordance with the charity's objectives at the discretion of the Trustees.

- **Total income received:** £163
- **Total Expeniture** £19.39
- There were **no funds in deficit** at the year end.

The Trustees consider the financial position of the charity to be stable and appropriate for its level of activities.

Trustees' Responsibilities

The Trustees are responsible for ensuring that the charity operates in accordance with its governing document, complies with charity law, and uses its resources effectively to achieve its charitable aims.

The Trustees confirm that they have approved this report and the accompanying financial statements.

Approval

This report was approved by the Trustees on **21 October 2026** and signed on their behalf by:

Signed:
V Sharma
Trustee
Date: 22 October 2026

CHARITY COMMISSION
FOR ENGLAND AND WALES

Receipts and Payments Accounts

Charity name: WAKE UP AND HELP

Charity number (if any): 1170447

For the period from (start date): 01/01/25 to (end date): 31/12/25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	1728			163	232
Sub total					
A2 Asset and investment sales, etc					
Total receipts				163	232
A3 Payments					
EXPENSES				19	360
Sub total					
A4 Asset and investment purchases, etc					
Total payments				19	360
Net of receipts/(payments)					
A5 Transfers between funds					
A6 Cash funds last year end	1584			1584	
Cash funds this year end	1728			1728	

Section B — Statement of assets and liabilities at the end of the period

B1 Cash funds

Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
BANK	1728		
Total cash funds (agree balances with receipts and payments account(s))	1728		

B2 Other monetary assets

Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature	Print name	Date of approval
	V. SHARMA	22/10/26