REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

THE HAVEN PROJECT

(A COMPANY LIMITED BY GUARANTEE)

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31 MARCH 2026

THE HAVEN PROJECT

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2026

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6 to 7
Notes to the Financial Statements	8 to 16
Detailed Statement of Financial Activities	17 to 18

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

It is the aim of the Haven Project to enable individuals who live with the diagnosis of Personality Disorder, c-PTSD or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Public benefit

The services the Haven provides benefits not only the Haven clients directly, as well as the wider family and community. Our provision reduces the impact to NHS for re-admission, presentation at A&E and Urgent Critical Care services, and other services, including the Police in respect of Crisis Prevention and Suicide Prevention. Our provision is also improving clients interaction with the wider community. Further awareness activities reduces the stigma associated with the diagnosis of Personality Disorder, c-PTSD and Complex Trauma.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The haven currently has 212 registered clients, with additional family members also accessing support. The Haven had 4547 individual interventions in 2025. This included 2725 Crisis Prevention Calls in 2025, 897 One to One support sessions plus a further 68 Outreach One to One support sessions (depending on whether the person was able to attend our premises or not), and a further 857 individual attendances at our Group (recovery groups and social). Looking at the last 3 years, The Haven has provided a total of 16,361 individual interventions from January 2022 - December 24, 10,380 of which were Crisis Prevention Calls.

Additional services have been added to our services including Psychodynamic Counselling. Two new projects have also commenced:

RAMA - Working with Refugees, Asylum Seekers and Migrants identified as having suffered Complex Trauma or identified with Personality Disorder traits. 17 individuals have been supported in 2025/26 under this programme.

FirstStop - Working in partnership with the Charity First Stop, Braintree, we are providing a foundation programme for people from the Braintree District having been identified as having suffered Complex Trauma or identified with Personality Disorder diagnosis or traits. 10 individuals have been supported in 2025/26 under this programme.

Further new projects are in process for commencement in 2026/27 including Dialectic Behavioural Therapy (DBT) and STEPPS programme, specifically for people with Personality Disorders.

FINANCIAL REVIEW

Financial position

The Charity's financial position is as set out in the Balance Sheet on page 6 and is considered satisfactory.

Reserves policy

The reserves policy is determined by the Trustees. The policy is to maintain 6-12 months reserves held for operational continuity.

FUTURE PLANS

The Haven has been working hard to secure our existing programmes, together with new growth opportunities. This includes completion of a full review of our 3 year Strategy, with a Strategy Day involving all clients, staff and trustees completed and new Operational Plan now in place. We are already working with the NHS and Healthwatch Essex, as well as additional suitable partners, to increase our client reach to further areas, and to provide services as identified by the NHS and Integrated Care Boards (ICB's), including responding to the Darzi Report, as commissioned by UK Government, on reducing the lack of services for those with Personality Disorder and Complex Trauma diagnosis/history. We have recently submitted a second stage proposal for NHS supported provision and have been identified by the Essex Partnership University Trust (EPUT) as the leading organisation in Essex for Personality Disorders. We believe these services will be able to be further replicated in other parts of the country, and have completed review and update for our location definition with the Charity Commission to enable this work to be possible. We see the Haven Project as being a key expert in the care of people with a Personality Disorder, c-PTSD or Complex Trauma diagnosis/history, and are keen to spread our expertise further.

Funding

We have secured repeated funding through the National Lottery Community Fund and Lloyds Bank Foundation, together with further Consultant services and further support, in addition to the funding provided. We have increased our funders from 2 to 5 this year. We are seeking to further increase our funding base over the next year, in line with our ambitions to grow as above. We believe we provide a win:win solution to increasing NHS costs for treating people with PD/c-PTSD/CT to help them provide a better and more cost-effective solution.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Haven charity is controlled by its governing document a deed of trust and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was agreed to be updated by Trustees and the Charity Commission on 23 June 2025.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 2310.04 updated 23 June 2025.

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We are engaged in a recruitment drive to attract more diversity onto the board.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05081953 (England and Wales)

Registered Charity number
1169747

Registered office
10 St. Peters Court
Middleborough
Colchester
CO1 1WD

Trustees
Mrs C Brewis (resigned 12/5/26)
Mrs P Lorimer
Mrs K Magee
N J Tweed (resigned 22/6/25)
C Mann (resigned 10/11/25)
Ms S Gathercole (resigned 22/6/25)
I Killion (appointed 10/3/26)
Ms R Levy (appointed 12/5/26)
P Allen (appointed 12/5/26)

Independent Examiner
Simon Welling
TC Group
Accountants
Town Wall House
Balkerne Hill
Colchester
Essex
CO3 3AD

Approved by order of the board of trustees on 8/9/26 and signed on its behalf by:

Mrs P Lorimer - Trustee

Independent examiner's report to the trustees of The Haven Project ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Welling
The Association of Chartered Certified Accountants

TC Group
Accountants
Town Wall House
Balkerne Hill
Colchester
Essex
CO3 3AD

Date: 1/10/26

THE HAVEN PROJECT

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted funds £	Restricted funds £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		**21,375**	**-**	**21,375**	2,078
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		**108,062**	**49,716**	**157,778**	64,432
Other trading activities	3	**3,797**	**8,500**	**12,297**	18,017
Investment income	4	**3,757**	**-**	**3,757**	9,648
Other income		**2,100**	**-**	**2,100**	5,600
Total		**139,091**	**58,216**	**197,307**	99,775
EXPENDITURE ON					
Raising funds		**1,011**	**-**	**1,011**	186
Charitable activities	5				
Maximising the recovery of people diagnosed with personality disorder		**176,471**	**9,169**	**185,640**	156,460
Total		**177,482**	**9,169**	**186,651**	156,646
NET INCOME/(EXPENDITURE)		**(38,391)**	**49,047**	**10,656**	(56,871)
Transfers between funds	15	**19,716**	**(19,716)**	**-**	-
Net movement in funds		**(18,675)**	**29,331**	**10,656**	(56,871)
RECONCILIATION OF FUNDS					
Total funds brought forward		**121,174**	**18,108**	**139,282**	196,153
TOTAL FUNDS CARRIED FORWARD		**102,499**	**47,439**	**149,938**	139,282

The notes form part of these financial statements

THE HAVEN PROJECT

BALANCE SHEET
31 MARCH 2026

	Notes	Unrestricted funds £	Restricted funds £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	11	**491**	-	**491**	825
CURRENT ASSETS					
Debtors	12	**5,254**	-	**5,254**	4,397
Cash at bank		**106,447**	**47,439**	**153,886**	157,464
		111,701	**47,439**	**159,140**	161,861
CREDITORS					
Amounts falling due within one year	13	**(9,693)**	-	**(9,693)**	(23,404)
NET CURRENT ASSETS		**102,008**	**47,439**	**149,447**	138,457
TOTAL ASSETS LESS CURRENT LIABILITIES		**102,499**	**47,439**	**149,938**	139,282
NET ASSETS		**102,499**	**47,439**	**149,938**	139,282
FUNDS	15				
Unrestricted funds				**102,499**	121,174
Restricted funds				**47,439**	18,108
TOTAL FUNDS				**149,938**	139,282

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2026.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2026 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 MARCH 2026

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8/7/26 and were signed on its behalf by:

Mrs P Lorimer - Trustee

The notes form part of these financial statements

1. GENERAL INFORMATION

The charity is a public benefit entity and a private company limited by guarantee, registered in England andWales and a registered charity in England and Wales. The maximum liability of each member in the event ofthe company being dissolved is £1.

The address of the registered office is 10 St Peters Court, Middleborough, Colchester, CO1 1WD.

For the purposes of presentation the financial statements are rounded to the nearest pound sterling (£) and are inclusive of Value Added Tax.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the Charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the Charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Charity that a distribution will be made, or when a distribution is received from the estate.

Donations and other voluntary income are reflected in the accounts for the period in which they are received. Donations in kind are recognised by the Charity when received except in the case of services provided free or undervalue by voluntary staff or others which are not reflected in the accounts.

Investment income is included when receivable and comprises bank interest.

2. ACCOUNTING POLICIES - continued

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at rates calculated to write off the cost of each asset over its expected life, as follows:

Equipment - 25% straight line
Office equipment - 25% straight line

Debtors
Debtors are recognised at the settlement amount due. Prepayments are valued at the net amount prepaid net of any trade discounts due.

Cash at Bank and in Hand
Cash at bank and cash in hand includes cash, bank and short-term investments.

Creditors
Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern
The accounts are prepared on a going concern basis as there are no material uncertainties about the Charity's ability to continue.

3. OTHER TRADING ACTIVITIES

	2026	2025
	£	£
Fundraising events	3,797	3,434
Services provided	8,500	14,583
	12,297	18,017

4. INVESTMENT INCOME

	2026	2025
	£	£
Deposit account interest	3,757	9,648

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Maximising the recovery of people diagnosed with personality disorder	121,525	64,115	185,640

6. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Maximising the recovery of people diagnosed with personality disorder	57,185	196	6,734	64,115

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2026	2025
	£	£
Depreciation - owned assets	334	514
Other operating leases	17,000	17,054

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

9. STAFF COSTS

	2026	2025
	£	£
Wages and salaries	119,474	103,296
Social security costs	1,362	1,378
Other pension costs	6,799	5,810
	127,635	110,484

The average monthly number of employees during the year was as follows:

	2026	2025
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	3	2
	8	7

No employees received emoluments in excess of £60,000.

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

2026	2025
£	£
29,029	32,842

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,078	-	2,078
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	25,000	39,432	64,432
Other trading activities	18,017	-	18,017
Investment income	9,648	-	9,648
Other income	5,600	-	5,600
Total	60,343	39,432	99,775
EXPENDITURE ON			
Raising funds	-	186	186
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	40,059	116,401	156,460
Total	40,059	116,587	156,646
NET INCOME/(EXPENDITURE)	20,284	(77,155)	(56,871)
RECONCILIATION OF FUNDS			
Total funds brought forward	100,890	95,263	196,153
TOTAL FUNDS CARRIED FORWARD	121,174	18,108	139,282

11. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2025 and 31 March 2026	**241**	**15,795**	**16,036**
DEPRECIATION			
At 1 April 2025	**241**	**14,970**	**15,211**
Charge for year	**-**	**334**	**334**
At 31 March 2026	**241**	**15,304**	**15,545**
NET BOOK VALUE			
At 31 March 2026	**-**	**491**	**491**
At 31 March 2025	-	825	825

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade debtors	**158**	-
Prepayments and accrued income	**5,096**	4,397
	5,254	4,397

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade creditors	**1,077**	64
Other creditors	**2,806**	1,286
Accruals and deferred income	**5,810**	22,054
	9,693	23,404

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2026 £	2025 £
Within one year	**17,000**	2,833
Between one and five years	**51,000**	-
	68,000	2,833

15. MOVEMENT IN FUNDS

	At 1.4.25 £	Net movement in funds £	Transfers between funds £	At 31.3.26 £
Unrestricted funds				
General fund	48,674	(38,391)	27,216	37,499
New Crisis/Respite Hub	65,000	-	-	65,000
Staff Salary Increases	7,500	-	(7,500)	-
	121,174	(38,391)	19,716	102,499
Restricted funds				
Recovery Programme	18,108	-	-	18,108
Big Lottery Fund	-	19,716	(19,716)	-
Essex Community Foundation	-	6,803	-	6,803
RAMA Project Fund	-	22,528	-	22,528
	18,108	49,047	(19,716)	47,439
TOTAL FUNDS	139,282	10,656	-	149,938

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	139,091	(177,482)	(38,391)
Restricted funds			
Big Lottery Fund	19,716	-	19,716
Essex Community Foundation	8,500	(1,697)	6,803
RAMA Project Fund	30,000	(7,472)	22,528
	58,216	(9,169)	49,047
TOTAL FUNDS	197,307	(186,651)	10,656

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	100,890	20,284	(72,500)	48,674
New Crisis/Respite Hub	-	-	65,000	65,000
Staff Salary Increases	-	-	7,500	7,500
	100,890	20,284	-	121,174
Restricted funds				
Recovery Programme	95,263	(77,155)	-	18,108
TOTAL FUNDS	196,153	(56,871)	-	139,282

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,343	(40,059)	20,284
Restricted funds			
Recovery Programme	-	(77,155)	(77,155)
Big Lottery Fund	39,432	(39,432)	-
	39,432	(116,587)	(77,155)
TOTAL FUNDS	99,775	(156,646)	(56,871)

The New Crisis/Respite Hub fund is a designated fund in respect of an amount set aside to cover a suitable deposit, upfront lease costs, legal fees and consultation fees.

The Staff salary increases fund is a designated fund in respect of an amount set aside to cover staff salary increases in the year ended 31 March 2026.

The Recovery Programme fund is a restricted fund in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

The Big Lottery fund is a restricted fund in respect of a grant received to provide funding to enable the charity to continue its programme of service delivery.

The Essex Community Foundation fund is a restricted fund in respect of a grant received for provisions of therapeutic services and support for joint working with FirstStop Centre, Braintree, for Braintree residents identified as having Personality Disorder or c-PTSD, or having experienced complex trauma.

15. MOVEMENT IN FUNDS - continued

The RAMA fund is a restricted fund in respect of a grant received for provisions of therapeutic services and support for joint working with Refugees, Asylum Seekers and Migrants identified as having Personality Disorder or c-PTSD, or having experienced complex trauma.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

THE HAVEN PROJECT

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	**21,375**	2,078
Other trading activities		
Fundraising events	**3,797**	3,434
Services provided	**8,500**	14,583
	12,297	18,017
Investment income		
Deposit account interest	**3,757**	9,648
Charitable activities		
Grants	**157,778**	64,432
Other income		
Rent receivable	**1,600**	5,600
Miscellaneous income	**500**	-
	2,100	5,600
Total incoming resources	**197,307**	99,775
EXPENDITURE		
Other trading activities		
Fundraising costs	**1,011**	186
Charitable activities		
Wages	**74,243**	47,098
Social security	**1,989**	472
Pensions	**3,299**	2,424
Other operating leases	**11,333**	12,804
Rates and water	**248**	1,768
Insurance	**1,527**	4,088
Light and heat	**5,054**	2,320
Communications	**60**	215
Postage and stationery	**1,136**	1,912
Advertising	**450**	288
Sundries	**-**	311
Training	**3,954**	385
Carried forward	**103,293**	74,085

THE HAVEN PROJECT

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2026

	2026	2025
	£	£
Charitable activities		
Brought forward	**103,293**	74,085
IT support services	**8,271**	6,187
Cleaning	**663**	761
Property insurance and service charge	**2,018**	1,423
Repairs and maintenance	**2,670**	1,319
Supervision	**800**	1,265
Travel	**1,165**	485
Dues and subscriptions	**1,242**	247
Equipment rental	**1,069**	-
Computer equipment	**334**	514
	121,525	86,286
Support costs		
Management		
Wages	**45,231**	56,198
Social security	**(627)**	906
Pensions	**3,500**	3,386
Other operating leases	**5,667**	4,250
Rates and water	**124**	391
Light and heat	**2,527**	1,160
Property insurance and service charge	**763**	711
	57,185	67,002
Finance		
Bank charges	**196**	3
Governance costs		
Accountancy fees	**1,050**	1,050
Legal fees	**5,115**	1,440
Payroll administration	**456**	576
Other professional fees	**113**	103
	6,734	3,169
Total resources expended	**186,651**	156,646
Net income/(expenditure)	**10,656**	(56,871)

This page does not form part of the statutory financial statements