Charity registration number: 1169659

INDIAN DENTAL ASSOCIATION - UK
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025

MY TAX MATE LTD
Chartered Certified Accountants

INDIAN DENTAL ASSOCIATION - UK
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INDIAN DENTAL ASSOCIATION - UK
Trustees' Report For The Year Ended 31 December 2025

The trustees present their report and the financial statements for the year ended 31 December 2025.

Objectives and Activities

Aims and Objectives

The purpose of the charity as set out in its governing document is the promotion, preservation and protection of good dental health for the benefit of the public by: a) the promotion of high standards of oral health and the co-ordination of all stages of dental training amongst members and b) the provision of advice for practitioners on standards of professional conduct, performance, clinical governance and ethics.
The main activities undertaken in relation to those purposes are to provide education/ training; provide advocacy, advice and information; sponsorship and research; and act as an umbrella organisation.

Public Benefit

The public benefit purpose of the charity is education to help the peservation and protection of good dental health for the benefit of the public by the promotion of high standards of oral health and the co-ordination of all stages of dental training amongst members and the provision of advice for practitioners on standards of professional conduct, performance, clinical governance and ethics.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

The strucure of the Indian Dental Association (UK) /IDA (UK) is multi-tiered with an Executive Committee and 5 regional committees that formed as per the constitution. A new regional committee was added for the North East region. These committees are now the London and Southeast, Yorkshire, Scotland, Midlands, Southwest and North East regional branches. Each of the branches have their elected committees.
During the year Regional Study days and Continuing Professional Development courses were held by the regional committees in their respective areas.
The Annual Dinner was held on 6th of December 2025. The main guests of honour was Dr Jason Wong, Chief Dental Officer of England. A Conference was also held in Chitrakoot, MP, India between 31st October and 2nd November 2025.
Zoom meetings were held with Indian Dental Association - India.
The Charity had many sponsors and donors.

The main achievements during the year were to remain active and maintain and offer support to the members, dentists and the community. The Charity held many study days - both regionally & nationally - these involve Continued Professional Development, Higher Educational courses plus mentoring. The Charity continued to help implement its activities using remote methods like webinars, Zoom, telecommunications and the internet.
One group the Charity has been supporting is Indian Dentists through mentoring, running courses and study days to hefp them qualify and register in the UK- there is a huge demand for dentists in UK.The Charity has also been assisting dentists in finding suitable training and employment.

Future plans and events:
Future plans are to further the aims and objectives; the charity is well placed to enhance its activities.
The next annual conference is planned for the 21st of November 2026

Financial review:
The Charity's financial position at the end of the year was strong. The charity had a surplus of £6,503 though the income was less than the previous year. The bank balance at the year end was £47,131 (2024: £40,928). The trustees consider having more than enough resources to continue its activities successfully into the foreseeable future.

Structure, Governance and Management

Governing Document

STRUCTURE, GOVERNANCE AND MANAGEMENT
The governing document is a Charitable Incorporated Organisation (CIO) - an Association registered on 13 October 2016.
The methods adopted for the recruitment and appointment of new trustees is by recommendation.
The Charity has a Chief Executive/ Chairperson and trustees who all take part in decision making; there are regular meetings and an informal management committee.

Reference and Administrative Details

Trustees

Dr ASHOK SETHI
Dr NARESH SHARMA - Chairman
Dr Pavan BOPANNA
Dr Manu SINGAL - President
Dr Cariappa BOPIAH
Dr Ashish GODARA
Dr Biju RAMACHANDRAN
Dr Promodh DATTA
Dr Anu ARORA

Charity Number

1169659

Principal Address

8 Acacia Avenue
Hersden
Canterbury
KENT
CT3 4GD

Independent Examiner

Naresh Sethi Chartered Certified Accountant
MY TAX MATE LTD
Chartered Certified Accountants
62A Pembridge Villas
London
W11 3ET

The trustees' report was approved by the board of trustees and signed on its behalf by:

Dr Manu SINGAL

Trustee
26th October 2026

INDIAN DENTAL ASSOCIATION - UK
Independent Examiner's Report to the Trustees of INDIAN DENTAL ASSOCIATION - UK
For The Year Ended 31 December 2025

I report to the trustees on my examination of the accounts of INDIAN DENTAL ASSOCIATION - UK (the Trust) for the year ended 31 December 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Naresh Sethi Chartered Certified Accountant

26th October 2026
62A Pembridge Villas
London
W11 3ET

INDIAN DENTAL ASSOCIATION - UK
Statement of Financial Activities
For The Year Ended 31 December 2025

	Notes	2025 Unrestricted funds £	2024 Unrestricted funds £
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	28,420	40,975
Charitable activities:			
Dental healthcare promotion		13,972	25,858
		42,392	66,833
EXPENDITURE ON:			
Raising funds	4	(26,834)	(37,739)
Charitable activities:	4		
Dental healthcare promotion		(9,055)	(7,691)
		(35,889)	(45,430)
NET INCOME		6,503	21,403
NET MOVEMENT IN FUNDS		6,503	21,403
RECONCILIATION OF FUNDS:			
Total funds brought forward		40,448	19,045
TOTAL FUNDS CARRIED FORWARD	9	46,951	40,448

The notes on pages 7 to 9 form part of these financial statements.

INDIAN DENTAL ASSOCIATION - UK
Statement of Financial Position
As At 31 December 2025

	Notes	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		47,131	-	47,131	40,928
		47,131	-	47,131	40,928
Creditors: Amounts Falling Due Within One Year	8	(180)	-	(180)	(480)
NET CURRENT ASSETS (LIABILITIES)		46,951	-	46,951	40,448
TOTAL ASSETS LESS CURRENT LIABILITIES		46,951	-	46,951	40,448
NET ASSETS		46,951	-	46,951	40,448
FUNDS OF THE CHARITY					
Unrestricted Funds				46,951	40,448
TOTAL FUNDS	9			46,951	40,448

On behalf of the board

Dr Manu SINGAL

Trustee
26th October 2026

The notes on pages 7 to 9 form part of these financial statements.

1. General Information

INDIAN DENTAL ASSOCIATION - UK is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1169659. The principal address is 8 Acacia Avenue, Hersden, Canterbury, KENT, CT3 4GD.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

Funds are raised from membership, sponsorships, conferences and events

2.3. Resources Expended

Resouces expended are for furthering the objectives and aims of the charity in carrying out its objectives, plus fund raising activites to enable this and grow.

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	2025 Unrestricted funds	2024 Unrestricted funds
	£	£
Other	28,420	40,975

4. Analysis of Expenditure

	Activities undertaken directly	Support costs (see note 5)	2025 Total
	£	£	£
Raising funds	26,834	-	26,834
Dental healthcare promotion	6,561	2,494	9,055
	33,395	2,494	35,889

	Activities undertaken directly	Support costs (see note 5)	2024 Total
	£	£	£
Raising funds	37,739	-	37,739
Dental healthcare promotion	4,053	3,638	7,691
	41,792	3,638	45,430

5. Support Costs

	2025 Dental healthcare promotion	2024 Dental healthcare promotion
	£	£
Employee costs	771	1,456
General administration	1,543	1,702
Governance costs	180	480
	2,494	3,638

6. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	180	120

7. Average Number of Employees

Average number of employees during the year was: NIL (2024: NIL)

8. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals and deferred income	180	480

9. Movement in Funds

	As at 1 January 2025	Income	Expenditure	As at 31 December 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	40,448	42,392	(35,889)	46,951
Total funds	40,448	42,392	(35,889)	46,951

	As at 1 January 2024	Income	Expenditure	As at 31 December 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	19,045	66,833	(45,430)	40,448
Total funds	19,045	66,833	(45,430)	40,448

10. Transactions with Trustees

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

	2025	2024
	£	£

11. **Related Party Disclosures**

INDIAN DENTAL ASSOCIATION - UK
Detailed Statement of Financial Activities
For The Year Ended 31 December 2025

	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Income from donations, membership and legacies	28,420	40,975
	28,420	40,975
Charitable Activities:		
Dental healthcare promotion		
Income from charitable activities	13,972	25,858
	13,972	25,858
	42,392	66,833
EXPENDITURE ON:		
Raising funds		
Staging fundraising events, conferences and education	(26,834)	(37,739)
	(26,834)	(37,739)
Charitable Activities:		
Dental healthcare promotion		
Staging fundraising events, conferences and education	(6,561)	(2,014)
Travel and subsistence expenses	-	(2,039)
Travel and subsistence expenses	(771)	(1,456)
Computer and IT consumables	(364)	(384)
Promotional costs	(1,077)	(1,158)
Bank charges	(102)	(160)
Independent examiner's fees	(180)	(120)
Accountancy fees	-	(360)
	(9,055)	(7,691)
	(35,889)	(45,430)
NET INCOME	6,503	21,403