Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	January	2025	To	31	December	2025

Section A Reference and administration details

Charity name	Lammas Street Centre, Carmarthen
Other names charity is known by	-
Registered charity number (if any)	1169514
Charity's principal address	Lammas Street Centre, English Baptist Church
	Lammas Street
	Carmarthen
	Postcode **SA31 3AD**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Stephenson	Chairperson		
2	Martin Dalling			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
-	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide a Centre for all members of society including such persons who are in necessitous circumstances together with the dependents of such persons and in furtherance of these objects, but not otherwise, the Centre shall have the power to:-

(a) to provide catering facilities; support and guidance to those most vulnerable in society; community interaction; physical and mental recreation and provide a venue for other able and disabled voluntary organisations to meet.

	(b) to raise funds by way of donations, grants and other lawful methods and accept and receive gifts of property of any description (whether subject to any special trusts or not). (c) to promote and maintain relationships with all persons and organisations interested in the furtherance of The Centre. (d) To do all things deemed to be charitable in furtherance of the above objects.
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have overseen the following activities: Cellar Café now named Cegin Hedyn continued to operate as a canteen style pay what you can (from £0 upwards) café with a plant-based menu using produce largely donated by local suppliers supplemented by produce from the new Cegin Hedyn Community Allotment project wing. Last year's reported success has continued with expansion to two days a week operation during the course of the year. The continuing financial cost of living crisis meant that the previous upward trend in the number of free meals supplied continued, The cafe also runs a Community freezer from which frozen meals are supplied. The increased cafe operation expanded its contribution to meeting local needs which, in turn, continued the previous year's reduced level of surplus income to support other charities compared to its early years. Christmas Day Dinner – This free annual offering was once again provided in its recent plant-based form on the premises using the regular weekday service format. A similar number of dinners were provided as the previous year along with take-away meals for the housebound and some residential home residents. This provided not only food, but also the opportunity for those living alone to meet others on what could otherwise be an isolating day for them The Centre has seen the use of the warm safe space for outside organisations helping with wellbeing issues including a team supporting families with autistic members. During the late autumn and into the winter period the café extended its opening hours to start earlier as a Warm Space recognised by the local council. The Centre continued to offer space for the local bereavement counselling services to use when needing a neutral confidential environment in which to operate but seen only limited use. Fresh Start project designed to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items continued when requests were made by the registered local referral agencies.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

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Summary of the main achievements of the charity during the year

1) The Cegin Hedyn Café has flourished as a community café for all including serving seamlessly the less fortunate and those needing free food. With sufficient volunteer support it has been possible to extend the opening to a second day in the week enabling the more people to access affordable nutritious food.

2) Once again a free plant-based Christmas Day Dinner was served in the café or as a takeaway to some eighty of so people and additionally offering companionship to some people normally living alone.

3) During the winter season, the café opened for longer by starting earlier to provide a warm space environment with hot light meal food until the start of its normal service hours and menu.

4) Local bereavement counselling services had the use of the Centre and its facilities one day a week.

5) The Centre continued to offer a number of alternative relaxation therapy sessions run by qualified practitioners at the same time as the café opening hours.

6) Fresh Start project to assist people in crisis situations by providing everyday essential living items such as bedding and crockery and cleaning items continued as and when requests were made by the registered local referral agencies. More were issued this year although the demand has yet to return to pre-pandemic levels.

Section E Financial review

Brief statement of the charity's policy on reserves	The provide Centre for aims to hold a reserve of £15K against equipment failure and to provide an immediate response to any arising emergency
Details of any funds materially in deficit	No funds in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	P E Stephenson	M.B. Dalling
Full name(s)	Philip Edward Stephenson	Martin Brian Dalling
Position (eg Secretary, Chair, etc)	Chair	TRUSTEE

Date 23rd October 2026

LAMMAS STREET CENTRE CARMARTHEN

Income & Expenditure Account for the Year Ended 31st December 2025

Income	2025	2024	Expenditure	2025	2024
	£	£		£	£
Donations	8346.82	2762.97	Food & Drink	118.77	444.13
			Charities	599.00	0.00
Hall Hire	3915.00	3750.00	Loan	3000.00	-
Light & Heat Contirbutions	3214.19	3731.01	Heating & Lighting	6471.98	6249.71
Sundry Income	350.00	525.00	Miscellaneous	5933.08	445.55
	15826.01	**10768.98**		**16122.83**	**7139.39**
Opening Bank Balances as at 31/12/24			**Closing Bank Balances as at 31/12/25**		
NatWest 30247209	22166.03	18536.44	NatWest 30247209	21869.21	22166.03
	37992.04	**29305.42**		**37992.04**	**29305.42**

Treasurer's Confirmation:
I confirm my agreement to the Income & Expenditure Account for the year ended 31 December 2025.

Signed ..... on behalf of the Lammas Street Centre, Carmarthen

Dated 18/5/26

Accountants' Report:
In accordance with instructions given to us, we have prepared the Income & Expenditure Account for the year ended 31 December 2025 from the accounting records and from information & explanations given to us. We have not audited or otherwise attempted to verify the accuracy or completeness of such information and accordingly express no opinion thereon.
The accounts have been prepared for the use of the trustees of the Church, and are not to be shown to any other party without our express written authorisation.

Charles Carmarthen

Charles Carmarthen.
Accountants

Dated : 14 May 2026