Birmingham Outreach Foundation

Report and Accounts

For the year ended 31 January 2026

Registered Charity Number: 1168778

LHK Chartered Accountants
Unit 18, Phoenix Business Park
Avenue Close, Nechells
B7 4NU

Independent examiner's report to the trustees of Birmingham Outreach Foundation

I report on the accounts of the centre for the year ended 31 January 2026.

Respective responsibilities of trustees and examiner

As the trustees you are responsible for the preparation of the accounts, you consider that the audit requirement of section 4: of the Charities Act 1993 (the Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43(7)(b) of the Act, whether particular matters have come to my attention.

Basis of examiners statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes the review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiners statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements
   - to keep accounting records in accordance with section 41 of the Act, and
   - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

2. To which, in my opinion, attention should have been drawn in order to enable a proper understanding of the accounts to be reached.

Income & Expenditure Account — For the period ended 31 January 2025

	£		£	
	2025	2026	2025	2026
Income				
Online Donations via BOF NatWest Acct			5,826	6,220
Grants			6,825	21,733
Money in Cash Donations			1,156	1,298
			13,806	29,252
Less: Disbursements				
Project 6 - Ramadan	1,849	3,184		
Project 7 – The Old Square Corp St.	14,931	16,433		
Project 9 - BOF Winter Project	0	480		
Project 10 – Boxing for Homelessness	0	958		
			16,780	21,055
Surplus of (expenditure)/income			(2,974)	8,197
Surplus brought forward			7,661	4,687
Surplus Carried Forward			4,687	12,884

Balance Sheet As at 31 January 2026

	£ 2025	£ 2026
Current Assets		
Cash at bank	4,687	12,884
Financed By:		
General Fund	4,687	12,884

LHK Chartered Accountant

Signed: _____ Date: 8/11/2026

Contents

For the year ended 31 January 2026

Contents	**Pages**
Reference and Administrative Details	2
Executive Summary	3
Report of the Trustees	3
Charitable Activities	4
Project 6 - Ramadan (Homeless & Needy)	4
Project 7 - The Old Square, Corporation Street (Homeless & Needy)	6
Project 9 - BOF Winter Project	9
Project 10 - Boxing for Homelessness in Birmingham	10
Summary of the Year	12
Communications and Community Engagement	13
Financial Summary for the Year Ended 31 January 2026	14
Independent External Accountant's Financial Report	18
Report and Accounts	18
Independent Examiner's Report	19
Financial Statements	20

Reference and administrative details

For the year ended 31 January 2026

Charity number	**1168778** Charitable Incorporated Organisation
Registered office and operational address	27 Woodbourne Road, Harborne, Birmingham, B17 8BY.
Trustees	Trustees, who served during the year and up to the date of this report were as follows: Mr Shahed Syed (Chair) - Appointed 15/08/16 Dr Naila Syed - Appointed 03/01/23 Dr Zarina Syed - Appointed 03/01/23 Dr Noreena Syed - Appointed 03/01/23 Mr Junaid Syed - Appointed 03/01/23
Bankers	NatWest Bank 166 High Street, Harborne, Birmingham, B17 9PW.
Accountants	Mr G Q Khan **LHK Chartered Accountants**, Unit18, Phoenix Business Park Avenue Close Nechells B7 4NU Tel: 0787 6761133

Executive Summary

During the year ended 31 January 2026, Birmingham Outreach Foundation delivered hot meals, food, winter essentials and other practical support through four charitable projects across Birmingham. This work was funded through donations, grants and crowdfunding and made possible by the commitment of volunteers and local partners. The charity received £29,251.66 during the year and had total funds available of £33,939.00, including the opening balance of £4,687.34. Expenditure was £21,055.00, leaving £12,884.00 to carry forward for future charitable activity.

Report of the Trustees

For the year ended 31 January 2026

The Trustees present their ninth annual report and the financial statements of Birmingham Outreach Foundation for the year ended 31 January 2026. The reference and administrative information in this document forms part of the report. The financial statements were prepared by LHK Chartered Accountants, acting as independent examiner.

Structure, Governance and Management

Birmingham Outreach Foundation (BOF) is a registered charity and Charitable Incorporated Organisation (CIO), established on 15 August 2016 to support local people in need.

All Trustees give their time and expertise voluntarily and receive no payment, wages or reimbursement from BOF. Any expenses incurred are met personally by the Trustees and not from the charity's funds.

The Trustees meet annually to review the charity's aims, activities and performance. This report summarises BOF's ninth year, the projects delivered, the support provided and the resulting impact. The review process helps ensure that the charity's work remains aligned with its charitable purposes.

Objectives and Activities

Birmingham Outreach Foundation (BOF) exists to provide support and relief to those in greatest need within Birmingham and the surrounding areas. Its charitable objectives are:

1. **The prevention or relief from poverty** in Birmingham and the surrounding area, through the provision of food and basic essential items to individuals in need.
2. **The promotion of social inclusion** amongst vulnerable members of the community who are excluded from society because they are unemployed, homeless or who are struggling financially, by the provision of advice in relation to housing, employment and welfare, as well as other areas which the trustees deem fit.
3. **To further such exclusively charitable purposes** for the public benefit according to the law of England and Wales as the charity trustees shall in their absolute discretion determine.

For the purpose of clause 2 *'socially excluded'* means being excluded from society, or part of society, as a result of being a member of a socially and economically deprived community.

Our vision is to make a positive difference for people in need. BOF works collaboratively with other charities, volunteers and local partners to deliver practical support, promote inclusion and strengthen the communities it serves.

Charitable Activities from 1 February 2025 to 31 January 2026

Project 6 - Ramadan (Homeless & Needy)

The Trustees delivered Project 6 during Ramadan to provide food and hot meals to homeless and vulnerable people in Birmingham. The project operated from The Old Square in Birmingham city centre between 25 February and 23 April 2025.

Expenditure Breakdown - Total Spend: £3,183.82 (A+B+C+D)

Project 6 expenditure totalled £3,183.82 and comprised:

A. BOF NatWest Visa Debit Card: £403.82

Used to purchase drinks, snacks, water and fruit for nine distribution evenings from Morrisons, 30 Hagley Road, Birmingham B15 1TR.

B. Cash withdrawals (C/L): £1,800.00

Used to purchase hot meals for six distribution evenings from Momo's Diner, 5 Whitmore Road, Birmingham B10 0NR.

C. Cash donations used directly: £930.00

Used to purchase hot meals for three distribution evenings from Momo's Diner, 5 Whitmore Road, Birmingham B10 0NR.

D. Point-of-sale payment: £50.00

Used to purchase carrier bags from Chaudhry's Cash & Carry, 350 Coventry Road, Birmingham B10 0EX.

Income Breakdown - Total Income: £16,467.92 (A+B+C)

Project 6 received £16,467.92 through online donations, funding and grants, and cash donations:

A. Online donations via BOF NatWest account: £1,460.00

Donations were received from Dr Zarina Syed, Dr Awais Abdullah, Dr Naila Syed, Dr Usman Ahmed and Shazia Kalsoom.

B. Funding and grants: £14,077.92

Crowdfunding, grant and other platform receipts credited to BOF's bank account.

The schedule below lists the online donations, funding and grant receipts recorded for Project 6 in the All Transactions ledger.

Note: Platform receipts are shown net of charges.

C. Cash donations used directly: £930.00

Used to purchase hot meals for three distribution evenings from Momo's Diner, 5 Whitmore Road, Birmingham B10 0NR.

Project 6 - Income by Source				
		Project 6 - Ramadan (Homeless & Needy)		
Source	**Online Donations**	**Funding and Grants**	**Cash Donations**	**Total Income**
CROWDFUNDER LTD	£0.00	£10,044.52	£0.00	£10,044.52
Niamh Mellerick, Birmingham City Council	£0.00	£4,000.00	£0.00	£4,000.00
Dr Zain Kamron	£0.00	£0.00	£600.00	£600.00
Shazia Kalsoom	£500.00	£0.00	£0.00	£500.00
Dr Zarina Syed	£400.00	£0.00	£0.00	£400.00
BOF - Trustee Shahed Syed	£0.00	£0.00	£330.00	£330.00
Dr Usman Ahmed	£250.00	£0.00	£0.00	£250.00
Dr Naila Syed	£210.00	£0.00	£0.00	£210.00
Dr Awais Abdullah	£100.00	£0.00	£0.00	£100.00
MuchLoved	£0.00	£28.07	£0.00	£28.07
BOF website donations via Stripe	£0.00	£5.33	£0.00	£5.33
Grand Total	**£1,460.00**	**£14,077.92**	**£930.00**	**£16,467.92**

Outcomes and Impact

Project 6 raised £16,467.92, comprising £1,460.00 in online donations, £14,077.92 in funding, grants and platform receipts, and £930.00 in cash donations.

Project 6 delivered more than 1,080 recorded instances of support through hot meals and essential food items. The project benefited from the dedication of volunteers and the support of local businesses, including Momo's Restaurant and Morrisons, helping BOF to maximise its reach and impact. Entire expenditure on this project was £3,183.82.

The Trustees record their sincere thanks to every donor, volunteer and community partner who contributed to the success of Project 6.

Project 7 - The Old Square, Corporation Street (Homeless & Needy)

Project 7 provided food and practical support to homeless and vulnerable people throughout the year. Weekly distributions took place every Wednesday at 7.00 pm at The Old Square, Corporation Street, Birmingham B4 6TB, near the Tony Hancock sculpture. The project operated continuously from 1 February 2025 to 31 January 2026.

Expenditure Breakdown - Total Spend: £16,433.21 (A+B+C+D+E+F)

A. BOF NatWest Visa Debit Card: £1,963.35
Used for weekly purchases of food and essential supplies, primarily from Morrisons.

B. Cash withdrawals (C/L): £13,463.44
Cash withdrawn by BOF Trustee Shahed Syed was used primarily to purchase hot meals from Momo's Diner throughout the year.

C. **Cash donation - Shahed Syed: £168.17**
Used to purchase supplies from Chaudhry's Cash & Carry.

D. **Cash donation - Zaida: £200.00**
Used to purchase hot meals from Momo's Diner.

E. **Post Office cash withdrawal: £465.00**
Used to purchase plastic bags, spoons and cups from Chaudhry's Cash & Carry.

F. Point-of-sale payments: £173.25
Comprising BOF insurance of £145.60 and a Morrisons purchase of £27.65.

Project 7 - Expenditure by Payment Method

Payment method breakdown

Payment Method	Amount (£)
Cash withdrawals (C/L)	£13,463.44
BOF NatWest Visa Debit Card	£1,963.35
Post Office cash withdrawal	£465.00
Cash donations used directly	£368.17
Point-of-sale payments	£173.25
Grand Total	**£16,433.21**

Income and Opening Balance - Total Funds Available: £16,513.11 (A+B+C+D)

A. Funding and grants: £6,697.60

a. Birmingham City Council Winter Food Support Fund: £5,000.00

b. BOF website donations: £1,697.60
Receipts are shown net of any applicable platform charges.

B. Online donations via BOF NatWest account: £4,760.00

a. Dr Zarina Syed: £1,500.00
b. Dr Usman Ahmed: £1,250.00
c. Dr Awais Abdullah: £500.00
d. Omar Dokmak / Jaguar Land Rover donation: £500,00
e. Robert Stone: £500.00
f. Dr Noreena Y Syed: £330.00
g. Dr Naila Syed: £110.00
h. Asim M: £50.00
i. Unknown donor: £20.00

C. Cash donations: £368.17

a. Shahed Syed: £168.17
b. Zaida: £200.00

D. Opening balance brought forward: £4,687.34

Project 7 - Income by Source

Project 7 - The Old Square, Corporation Street (Homeless & Needy)

Source	Online Donations	Funding and Grants	Cash Donations	Total Income
Birmingham City Council Winter Food Support Fund	£0.00	£5,000.00	£0.00	£5,000.00
BOF website donations via Stripe	£0.00	£1,697.60	£0.00	£1,697.60
Dr Zarina Syed	£1,500.00	£0.00	£0.00	£1,500.00
Dr Usman Ahmed	£1,250.00	£0.00	£0.00	£1,250.00
Omar Dokmak (Volunteer)	£500.00	£0.00	£0.00	£500.00
Dr Awais Abdullah	£500.00	£0.00	£0.00	£500.00
Robert Stone	£500.00	£0.00	£0.00	£500.00
Dr Noreena Y Syed	£330.00	£0.00	£0.00	£330.00
Zaida	£0.00	£0.00	£200.00	£200.00
BOF - Trustee Shahed Syed	£0.00	£0.00	£168.17	£168.17
Dr Naila Syed	£110.00	£0.00	£0.00	£110.00
Asim M	£50.00	£0.00	£0.00	£50.00
Unknown donor	£20.00	£0.00	£0.00	£20.00
Grand Total	**£4,760.00**	**£6,697.60**	**£368.17**	**£11,825.77**

Outcomes and Impact

Project 7 received income of £11,825.77 during the year, comprising online donations of £4,760.00, funding and grants of £6,697.60, and cash donations of £368.17. Including the opening balance of £4,687.34, total funds available for the project were £16,513.11.

During the year, Project 7 delivered more than 5,720 recorded instances of support through hot meals, food packs and essential supplies.

The project's impact was made possible by donors, volunteers and strong partnerships with local businesses. BOF extends its sincere thanks to Momo's Restaurant, Morrisons, Chaudhry's Cash & Carry and every supporter who provided discounts or other assistance during the year.

The Trustees also acknowledge the commitment of the volunteers who ensured the smooth running of the weekly distributions. Their contribution continues to embody the Foundation's vision of an inclusive and caring community.

Project 9 - BOF Winter Project

Project 9 provided practical winter support to homeless and vulnerable people in Birmingham through the purchase and distribution of winter gloves, socks and hats.

Expenditure Breakdown - Total Spend: £480.00 (A)

Project 9 expenditure totalled £480.00 and comprised:

A. **Cash withdrawal (C/L): £480.00**
On 27 November 2025, the funds were used to purchase winter gloves, socks and hats from Apollo Accessories Ltd, 25 Bar Street, Hockley, Birmingham B19 3EH.

Income Breakdown - Project-specific Income: £0.00

No income was allocated directly to Project 9 in the Year 9 All Transactions ledger. The £480.00 expenditure is therefore reported separately from project-specific income.

Outcomes and Impact

Project 9 enabled BOF to provide essential winter items to homeless and vulnerable people, helping recipients manage colder conditions with greater warmth and dignity.

Project 10 - Boxing for Homelessness in Birmingham

The Boxing for Homelessness in Birmingham project was supported through a dedicated crowdfunding campaign. All funds received were used to provide hot meals, food and refreshments to homeless and vulnerable people in Birmingham.

Expenditure Breakdown - Total Spend: £957.97 (A+B)

Project 10 expenditure totalled £957.97 and comprised:

A. **Cash withdrawals (C/L): £800.00**

Six payments of £10.00, £110.00, £160.00, £160.00, £200.00 and £160.00 were used to purchase hot meals from Momo's Restaurant / Foodalicious Ltd, 5 Whitmore Road, Birmingham B10 0NR.

B. **BOF NatWest Visa Debit Card: £157.97**

Four purchases of £43.28, £60.39, £50.07 and £4.23 were made at Morrisons, 30 Hagley Road, Birmingham B15 1TR, for food and refreshments.

Income Breakdown - Total Income: £957.97 (A)

A. Crowdfunder Ltd: £957.97

Eight net crowdfunding receipts were credited to BOF's NatWest account between 21 May and 7 August 2025:

21 May £9.52; 26 June £97.48; 3 July £62.06; 10 July £178.11; 17 July £92.11; 24 July £77.20; 5 August £349.38; and 7 August £92.11.

Project 10 - Crowdfunder Donor Schedule	
Donor	**Amount (£)**
Platform donor schedule total	**£957.99**
Alison Impiazzi	£38.85
Ann Marie Whyte	£19.30
Capsize	£4.64
Catherine Bailey	£4.64
Charlie Geoghegan	£19.30
Conor Geoghegan	£77.94
Daniel Jenkins	£9.53
Daragh	£9.53
Ella Grace McKimm	£9.53
Emma Bull	£4.64
F3 Tackle	£9.53
Fiona Watkin	£38.85
Fitter	£48.62
Frederick Boon	£9.53
Hannah Mo	£4.64
James Edgington	£19.30

Project 10 - Crowdfunder Donor Schedule	
Donor	**Amount (£)**
Jane Fisher	£38.85
Jaws	£48.62
Jose Esmeraldo	£9.53
Julian Hickey	£19.30
Luciano Chirico	£9.53
Madeleine Campbell	£48.62
Mark Lewis	£48.62
Noreena Syed	£97.48
Oliver Cooper	£9.53
Peter Barnett	£9.53
Peter Wilkinson	£9.53
Richard	£19.30
Safari	£29.08
Sam Martin	£9.53
Simon Persin	£9.53
Sketch	£19.30
Stephen Perkins	£9.53
Stephen Rudd	£9.53
Victoria Lewis	£48.62
Wayne Downing	£14.41
Zainab Kauser	£9.53
Zarina Syed	£97.48
Zoe Devereux	£4.64

Note: The individual amounts in the Crowdfunder donor schedule total £957.99. The financial statements report £957.97, which is the net amount credited to BOF's bank account.

Outcomes and Impact

Project 10 converted all £957.97 of net crowdfunding income into direct support, providing 266 hot meals together with food and refreshments. No project balance remained at the year end.

Summary of the Year

Between 1 February 2025 and 31 January 2026, Birmingham Outreach Foundation delivered four projects with combined expenditure of £21,055.00. The charity received £29,251.66 in donations, funding and grants and carried forward £4,687.34 from the previous year, providing total funds of £33,939.00.

With the support of donors, volunteers and local partners, BOF delivered more than 7,000 recorded instances of food and practical support to homeless and vulnerable people across Birmingham. The projects addressed urgent needs while promoting dignity, care and a sense of belonging.

BOF maintained appropriate health and safety procedures throughout its activities. Volunteers used disposable gloves when serving food or assisting beneficiaries, helping to safeguard hygiene standards and protect both recipients and volunteers.

The Trustees are proud that BOF delivered practical and compassionate support throughout the year. The charity will continue to build partnerships, engage the community and direct its resources towards people most in need.

Communications and Community Engagement

BOF continued to strengthen its online presence through its website and social media channels. These platforms help the charity share project updates, raise awareness, engage volunteers and connect with existing and prospective supporters.

- Website: birminghamoutreachfoundation.com
- Facebook: facebook.com/birminghamoutreachfoundation
- Instagram: instagram.com/birmingham_outreach_foundation
- TikTok: tiktok.com/@bhamoutreachfoundation

Together, these channels support BOF's visibility, volunteer recruitment and fundraising activity.



Future Plans

Birmingham Outreach Foundation will continue to seek donations, grants and other funding to sustain and expand its charitable work. The Trustees intend to engage Birmingham City Council, Jaguar Land Rover and The Co-operative Group, while making further use of crowdfunding to support more frequent meal provision for homeless and vulnerable people in Birmingham.

The Foundation will also develop new partnerships with charities and community organisations. Stronger collaboration will help BOF respond to rising demand and deliver future projects in line with its charitable objectives.

Financial Summary for the Year Ended 31 January 2026

During the year, Birmingham Outreach Foundation received £6,220.00 in online donations through its NatWest account. Funding, grants and platform receipts totalled £21,733.49, including £9,000.00 from Birmingham City Council. Cash donations amounted to £1,298.17. The Foundation also brought forward £4,687.34 from the previous financial year.

Income Overview

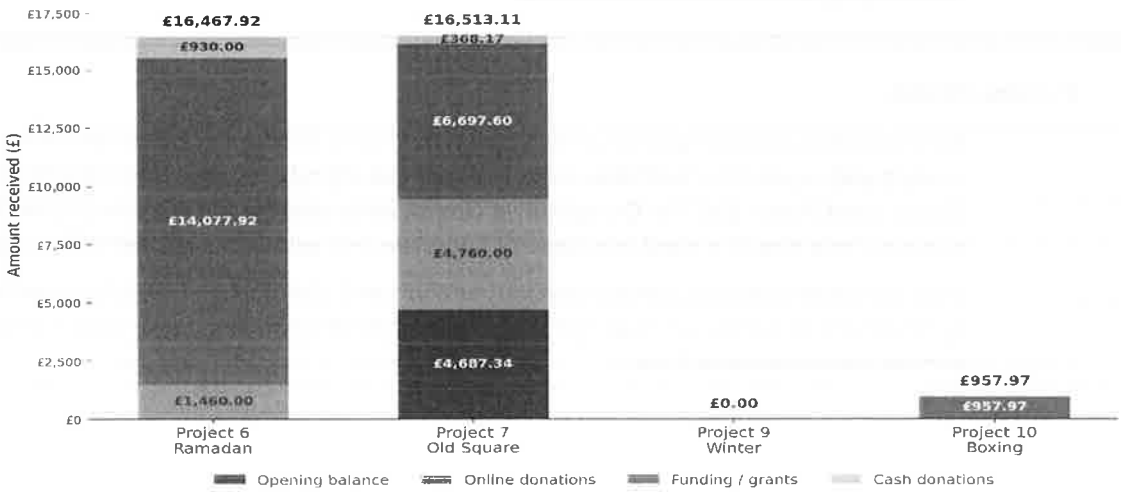
Source of Income	Amount (£)
Online Donations via BOF NatWest Account	£6,220.00
Cash Donations	£21,733.49
Money In Cash Donations	£1,298.17
Total Donations	**£29,251.66**
Balance carried over from previous year	£4,687.34
Grand Total	**£33,939.00**

Income by Project and Source

Year 9 Income and Opening Balance

Project	Opening balance	Online donations	Funding / grants	Cash donations	Total funds
Project 6 - Ramadan	£0.00	£1,460.00	£14,077.92	£930.00	£16,467.92
Project 7 - Old Square	£4,687.34	£4,760.00	£6,697.60	£368.17	£16,513.11
Project 9 - Winter	£0.00	£0.00	£0.00	£0.00	£0.00
Project 10 - Boxing	£0.00	£0.00	£957.97	£0.00	£957.97
Grand Total	**£4,687.34**	**£6,220.00**	**£21,733.49**	**£1,298.17**	**£33,939.00**

Year 9 Income and Opening Balance by Project



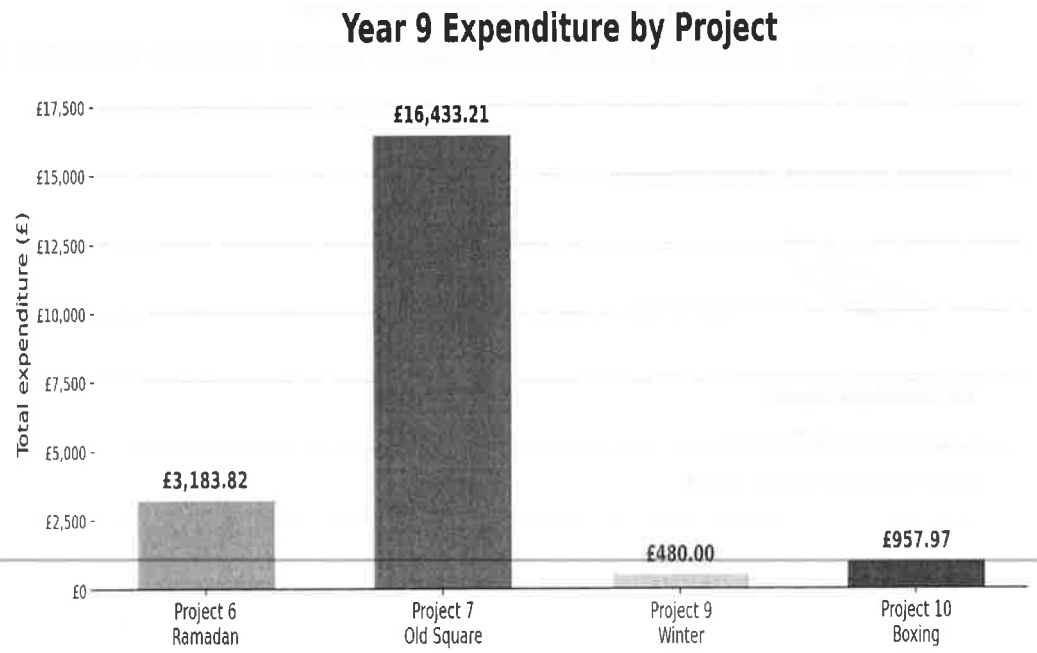
Expenditure Overview

Total expenditure for the year was £21,055.00. The project-level breakdown is shown below.

Expenditure by Project

Project / Expenditure Category	Amount (£)
Project 6 - Ramadan (Homeless & Needy)	£3,183.82
BOF NatWest Visa Debit Card	£403.82
Cash withdrawals (C/L)	£1,800.00
Cash donations used directly	£930.00
Point-of-sale payment	£50.00
Project 7 - The Old Square Corporation Street (Homeless & Needy)	£16,433.21
BOF NatWest Visa Debit Card	£1,963.35
Cash withdrawals (C/L)	£13,463.44
Cash donations used directly	£368.17
Post Office cash withdrawal	£465.00
Point-of-sale payments	£173.25
Project 9 - BOF Winter Project	£480.00
Project 10 - Boxing for Homelessness in Birmingham	£957.97
Grand Total	**£21,055.00**

Expenditure Chart



Surplus Funds

Birmingham Outreach Foundation will carry forward surplus funds of £12,884.00 into the next financial year. No expenditure during the year was allocated to administrative costs; the Trustees met these expenses personally so that donated funds could be directed towards charitable activity.

Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including United Kingdom Generally Accepted Accounting Practice.

The Charity Commission requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the charity's financial position and its income and expenditure for the period. In preparing these statements, the Trustees engaged LHK Chartered Accountants to prepare the accounts on their behalf.

The Trustees are responsible for maintaining accounting records that disclose the charity's financial position with reasonable accuracy at any time. They are also responsible for safeguarding the charity's assets and for taking reasonable steps to prevent and detect fraud and other irregularities.

So far as the Trustees are aware:

- There is no relevant information of which the charity's independent examiner is unaware; and
- The Trustees have taken all steps they ought to have taken to make themselves aware of relevant information and to ensure that the independent examiner is aware of it.

The Trustees are responsible for maintaining the integrity of the charity's financial information. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

These accounts have been prepared in accordance with the provisions applicable to the small charity regime.

Signed on behalf of the Trustees



Mr Shahed Syed
Chairperson & Trustee
Date: 30 September 2026