REGISTERED CHARITY NUMBER: 1168725

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2026

for

Samaritans of Ipswich and East Suffolk

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Samaritans of Ipswich and East Suffolk

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Samaritans of Ipswich and East Suffolk

Report of the Trustees for the Year Ended 31 March 2026

The trustees present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity's structure was changed on 11 August 2016 to that of an association charitable incorporated organisation (CIO) and is controlled by its governing document, a constitution, filed on that date.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168725

Principal address

140 St Helens Street
Ipswich
Suffolk
IP4 2LE

Trustees

J Wright
A Reeder - Director
J Hulme (appointed 21.7.25)
T P Hammond (resigned 21.7.25)
Mrs J E Riley (resigned 21.7.25)
Mrs F A Simpson
S Palmer
Miss C S Smolarek - Treasurer
Mrs A Youngs
A Cadzow (appointed 21.7.25)
K Turner (appointed 23.2.26)

Independent Examiner

M J Mortimer FCA FCCA
Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

Approved by order of the board of trustees on 16 June 2026 and signed on its behalf by:

A Reeder - Trustee

Independent Examiner's Report to the Trustees of Samaritans of Ipswich and East Suffolk

Independent examiner's report to the trustees of Samaritans of Ipswich and East Suffolk
I report to the charity trustees on my examination of the accounts of Samaritans of Ipswich and East Suffolk (the Trust) for the year ended 31 March 2026.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M J Mortimer FCA FCCA

Knights Lowe Ltd
Chartered Accountants
Crane Court
302 London Road
Ipswich
Suffolk
IP2 0AJ

16 June 2026

Samaritans of Ipswich and East Suffolk

Statement of Financial Activities for the Year Ended 31 March 2026

	Notes	Unrestricted funds £	Restricted fund £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		**16,924**	-	**16,924**	29,594
Other trading activities	2	**75,986**	-	**75,986**	69,004
Total		**92,910**	-	**92,910**	98,598
EXPENDITURE ON					
Raising funds		**31,267**	-	**31,267**	48,510
Charitable activities					
Emergency support		**22,260**	-	**22,260**	24,968
Other		**17,226**	-	**17,226**	13,198
Total		**70,753**	-	**70,753**	86,676
NET INCOME		**22,157**	-	**22,157**	11,922
RECONCILIATION OF FUNDS					
Total funds brought forward		**152,762**	-	**152,762**	140,840
TOTAL FUNDS CARRIED FORWARD		**174,919**	-	**174,919**	152,762

The notes form part of these financial statements

Samaritans of Ipswich and East Suffolk

Statement of Financial Position
31 March 2026

	Notes	Unrestricted funds £	Restricted fund £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	6	**80,600**	-	**80,600**	84,597
CURRENT ASSETS					
Stocks	7	-	-	-	200
Debtors	8	**31**	-	**31**	97
Cash in hand		**95,897**	-	**95,897**	70,517
		95,928	-	**95,928**	70,814
CREDITORS					
Amounts falling due within one year	9	**(1,609)**	-	**(1,609)**	(2,649)
NET CURRENT ASSETS		**94,319**	-	**94,319**	68,165
TOTAL ASSETS LESS CURRENT LIABILITIES		**174,919**	-	**174,919**	152,762
NET ASSETS		**174,919**	-	**174,919**	152,762
FUNDS	10				
Unrestricted funds				**174,919**	152,762
TOTAL FUNDS				**174,919**	152,762

The financial statements were approved by the Board of Trustees and authorised for issue on 16 June 2026 and were signed on its behalf by:

CSmolarek.

C S Smolarek - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% straight line on buildings
Fixtures and fittings	- 33% on reducing balance and 25% on reducing balance
Motor vehicles	- 25% on reducing balance

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

2. OTHER TRADING ACTIVITIES

	2026	2025
	£	£
Fundraising events	**37,811**	23,261
Shop income	**33,961**	42,436
"100" Club	**690**	880
N.O.M.S	**3,524**	2,427
	75,986	69,004

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2026	2025
Shop manageress	**1**	1
Deputy shop manager	**-**	1
Cleaner	**1**	1
	2	3

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	29,594	-	29,594
Other trading activities	69,004	-	69,004
Total	98,598	-	98,598
EXPENDITURE ON			
Raising funds	48,510	-	48,510
Charitable activities			
Emergency support	24,968	-	24,968
Other	13,198	-	13,198

continued...

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
Total	86,676	-	86,676
NET INCOME	11,922	-	11,922
RECONCILIATION OF FUNDS			
Total funds brought forward	140,840	-	140,840
TOTAL FUNDS CARRIED FORWARD	152,762	-	152,762

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2025 and 31 March 2026	**186,883**	**48,365**	**17,851**	**253,099**
DEPRECIATION				
At 1 April 2025	**103,323**	**48,082**	**17,097**	**168,502**
Charge for year	**3,737**	**71**	**189**	**3,997**
At 31 March 2026	**107,060**	**48,153**	**17,286**	**172,499**
NET BOOK VALUE				
At 31 March 2026	**79,823**	**212**	**565**	**80,600**
At 31 March 2025	83,560	283	754	84,597

7. STOCKS

	2026 £	2025 £
Stocks	-	200

continued...

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
VAT	31	97

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade creditors	43	43
Taxation and social security	136	1,286
Other creditors	1,430	1,320
	1,609	2,649

10. MOVEMENT IN FUNDS

	At 1.4.25	Net movement in funds	At 31.3.26
	£	£	£
Unrestricted funds			
General fund	152,762	22,157	174,919
TOTAL FUNDS	152,762	22,157	174,919

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	92,910	(70,753)	22,157
TOTAL FUNDS	92,910	(70,753)	22,157

Comparatives for movement in funds

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	140,840	11,922	152,762
TOTAL FUNDS	140,840	11,922	152,762

continued...

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	98,598	(86,676)	11,922
TOTAL FUNDS	98,598	(86,676)	11,922

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.24 £	Net movement in funds £	At 31.3.26 £
Unrestricted funds			
General fund	140,840	34,079	174,919
TOTAL FUNDS	140,840	34,079	174,919

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	191,508	(157,429)	34,079
TOTAL FUNDS	191,508	(157,429)	34,079

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

Samaritans of Ipswich and East Suffolk

Detailed Statement of Financial Activities for the Year Ended 31 March 2026

	2026	2025
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations, grants and gifts	**16,924**	29,594
Other trading activities		
Fundraising events	**37,811**	23,261
Shop income	**33,961**	42,436
"100" Club	**690**	880
N.O.M.S	**3,524**	2,427
	75,986	69,004
Total incoming resources	**92,910**	98,598
EXPENDITURE		
Other trading activities		
Opening stock	**200**	1,112
Wages	**5,150**	16,406
Fundraising expenses	**12,630**	1,574
Other selling costs	**13,287**	29,618
Closing stock	**-**	(200)
	31,267	48,510
Charitable activities		
Business rates	**853**	778
Insurance	**1,679**	1,598
Water light and heat	**4,323**	4,319
Emergency telephone	**2,976**	3,457
Advertising and publicity	**633**	1,041
Repairs and renewals	**2,789**	3,043
Cleaning and housekeeping	**2,637**	3,275
Volunteer travel expenses	**2,747**	3,112
Director's expenses	**-**	152
Freehold property depreciation	**3,364**	3,364
Fixtures & fittings depreciation	**71**	94
Motor vehicle depreciation	**188**	251
	22,260	24,484
Support costs		
Management		
Business rates	**95**	86
Carried forward	**95**	86

Samaritans of Ipswich and East Suffolk

Detailed Statement of Financial Activities for the Year Ended 31 March 2026

	2026	2025
	£	£
Management		
Brought forward	**95**	86
Insurance	**187**	178
Water light and heat	**480**	480
Printing postage & stationery	**227**	678
Sundries	**10,013**	7,135
Professional fees	**2,821**	2,224
Vehicle expenses	**607**	1,003
Repairs and renewals	**310**	338
Cleaning and housekeeping	**293**	364
Conference expenses	**1,819**	822
Freehold property depreciation	**374**	374
	17,226	13,682
Total resources expended	**70,753**	86,676
Net income	**22,157**	11,922