REGISTERED CHARITY NUMBER: 1168021

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2026

FOR

KETTERING AND DISTRICT SAMARITANS

Bewers Turner & Co LLP
Chartered Accountants
Portland House
11-13 Station Road
Kettering
Northamptonshire
NN15 7HH

KETTERING AND DISTRICT SAMARITANS

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KETTERING AND DISTRICT SAMARITANS

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2026

The trustees present their report with the financial statements of the charity for the year ended 31st March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are to enable people in Kettering and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide. We aim to promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional heath.

We collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objects.

Significant activities

Our branch provides a service primarily intended for the benefit of people of Kettering and the surrounding area, but it also works with all Samaritan branches to provide 24-hour availability of the service across the UK. The branch currently provides emotional support by telephone and email.
Samaritans do not charge for the services. We accept reverse charge calls and ring callers back and offer a free phone number 116123.
Our Listening volunteers aim to enable people who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
We aim to promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.

Public benefit

The Kettering and District Samaritans is a public benefit entity. Samaritans does not charge anyone for the service provided.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

We are a relatively small branch who are affiliated to the Samaritans Central Charity.
We have 62 listening volunteers, 4 of which are currently on probation after receiving training within the branch.

In the period between 1 April 2025 and 31 March 2026 we opened 876 three-hour shifts requiring 3 volunteers amounting to 2628 hours taking calls from people in distress. We also have 18 support staff who help run our shop and organism fundraising events to enable us to run our centre. The shop opened for 168 hours in the period.

The branch's financial position remains secure and we receive funds from a variety of sources so we are not reliant on a single income source. These include collections outside local shops, football clubs and theatres. During the year we ran swimathons, mudder run, fashion shows, barn dance, charity dance, as well as regular quizzes and 100 club. We also received £5,640 from donations.

The trustees attend regular branch committee meetings throughout the year to discuss the charity, its objectives, financial position and future projections.

FINANCIAL REVIEW

Financial position

With the assistance of generous donations the branch has maintained a heathy financial position. During the year the charity received income totalling £26,532 (2025: £52,792) and had expenses of £31,112 (2025: £46,428. This has resulted in net deficit of £4,580 (2025: (income) £6,364).

Reserves policy

The Trustees have reviewed the Charity's needs for reserves in line with the guidance issued by the Charity Commission and agreed to set aside 18 months running costs at any one time to safeguard the Charity's service commitment in the event of delays in receipt of Grants or long term staff sickness. This figure has been agreed as £50,000 for the upcoming financial year, the figure may need to increase for future years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The trustees attend regular branch committee meetings throughout the year to discuss the charity; its objectives; financial position and future projections.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168021

Principal address

111 Montagu Street
Kettering
Northamptonshire
NN16 8XJ

Trustees

Ms J J Egner Trustee
Ms S Morris Trustee
Ms M Kealy Trustee
Ms B Owen Trustee (resigned 31/3/2026)
Ms R Donegan Trustee (resigned 31/3/2026)
M J Payne
Ms L Coles
S P Williamson
Ms A Greenbank
R Hendry (appointed 21/9/2025)
R Newton (appointed 21/9/2025)
Ms C Searle (appointed 21/9/2025)

Independent Examiner

Bewers Turner & Co LLP
Chartered Accountants
Portland House
11-13 Station Road
Kettering
Northamptonshire
NN15 7HH

Approved by order of the board of trustees on 24th September 2026 and signed on its behalf by:

Ms J J Egner - Trustee



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KETTERING AND DISTRICT SAMARITANS

Independent examiner's report to the trustees of Kettering and District Samaritans
I report to the charity trustees on my examination of the accounts of Kettering and District Samaritans (the Trust) for the year ended 31st March 2026.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lorraine Sturdy ACA FCCA

Bewers Turner & Co LLP
Chartered Accountants
Portland House
11-13 Station Road
Kettering
Northamptonshire
NN15 7HH

24th September 2026

KETTERING AND DISTRICT SAMARITANS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	**9,652**	**-**	**9,652**	36,976
Other fundraising activities	3	**16,158**	**-**	**16,158**	15,075
Investment income	4	**722**	**-**	**722**	741
Total		**26,532**	**-**	**26,532**	52,792
EXPENDITURE ON					
Raising funds	5	**31,112**	**-**	**31,112**	46,428
NET INCOME/(EXPENDITURE)		**(4,580)**	**-**	**(4,580)**	6,364
RECONCILIATION OF FUNDS					
Total funds brought forward		**111,457**	**-**	**111,457**	105,093
TOTAL FUNDS CARRIED FORWARD		**106,877**	**-**	**106,877**	111,457

The notes form part of these financial statements

KETTERING AND DISTRICT SAMARITANS

BALANCE SHEET
31ST MARCH 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	8	**32,904**	**-**	**32,904**	34,889
CURRENT ASSETS					
Debtors	9	**999**	**-**	**999**	-
Cash at bank and in hand		**72,974**	**-**	**72,974**	76,568
		73,973	**-**	**73,973**	76,568
NET CURRENT ASSETS		**73,973**	**-**	**73,973**	76,568
TOTAL ASSETS LESS CURRENT LIABILITIES		**106,877**	**-**	**106,877**	111,457
NET ASSETS		**106,877**	**-**	**106,877**	111,457
FUNDS	10				
Unrestricted funds				**106,877**	111,457
TOTAL FUNDS				**106,877**	111,457

The financial statements were approved by the Board of Trustees and authorised for issue on 24th September 2026 and were signed on its behalf by:

J J Egner - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 20% on reducing balance

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

2. DONATIONS AND LEGACIES

	2026	2025
	£	£
Donations	8,813	21,226
Gift aid	839	2,750
Grants	-	13,000
	9,652	36,976

Grants received, included in the above, are as follows:

	2026	2025
	£	£
Kettering Town Council	-	2,500
Main Grants BGC	-	10,500
	-	13,000

3. OTHER FUNDRAISING ACTIVITIES

	2026	2025
	£	£
Shop income	5,551	4,861
Talks	-	75
100 Club	2,800	3,000
Quiz	1,291	1,585
Other fund raising events	6,516	5,554
	16,158	15,075

4. INVESTMENT INCOME

	2026	2025
	£	£
Deposit account interest	722	741

continued...

5. RAISING FUNDS

Raising donations and legacies

	2026	2025
	£	£
Other fundraising costs	952	1,015
Depreciation	1,984	2,179
Support costs	28,176	43,234
	31,112	46,428

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2026 nor for the year ended 31st March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2026 nor for the year ended 31st March 2025.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	36,976	-	36,976
Other fundraising activities	15,075	-	15,075
Investment income	741	-	741
Total	52,792	-	52,792
EXPENDITURE ON			
Raising funds	46,428	-	46,428
NET INCOME	6,364	-	6,364
RECONCILIATION OF FUNDS			
Total funds brought forward	105,093	-	105,093
TOTAL FUNDS CARRIED FORWARD	111,457	-	111,457

continued...

8. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1st April 2025 and 31st March 2026	**60,072**	**37,336**	**97,408**
DEPRECIATION			
At 1st April 2025	**29,095**	**33,424**	**62,519**
Charge for year	**1,202**	**783**	**1,985**
At 31st March 2026	**30,297**	**34,207**	**64,504**
NET BOOK VALUE			
At 31st March 2026	**29,775**	**3,129**	**32,904**
At 31st March 2025	30,977	3,912	34,889

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Prepayments	**999**	-

10. MOVEMENT IN FUNDS

	At 1/4/25 £	Net movement in funds £	At 31/3/26 £
Unrestricted funds			
General fund	**111,457**	**(4,580)**	**106,877**
TOTAL FUNDS	**111,457**	**(4,580)**	**106,877**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**26,532**	**(31,112)**	**(4,580)**
TOTAL FUNDS	**26,532**	**(31,112)**	**(4,580)**

continued...

10. MOVEMENT IN FUNDS - *continued*

Comparatives for movement in funds

	At 1/4/24	Net movement in funds	At 31/3/25
	£	£	£
Unrestricted fund	105,093	6,364	111,457
TOTAL FUNDS	105,093	6,364	111,457

Comparative net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	52,792	(46,428)	6,364
TOTAL FUNDS	52,792	(46,428)	6,364

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/24	Net movement in funds	At 31/3/26
	£	£	£
Unrestricted fund	105,093	1,784	106,877
TOTAL FUNDS	105,093	1,784	106,877

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted fund	79,324	(77,540)	1,784
TOTAL FUNDS	79,324	(77,540)	1,784

continued...

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2026.

KETTERING AND DISTRICT SAMARITANS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	**8,813**	21,226
Gift aid	**839**	2,750
Grants	**-**	13,000
	9,652	36,976
Other fundraising activities		
Shop income	**5,551**	4,861
Talks	**-**	75
100 Club	**2,800**	3,000
Quiz	**1,291**	1,585
Other fund raising events	**6,516**	5,554
	16,158	15,075
Investment income		
Deposit account interest	**722**	741
Total incoming resources	**26,532**	52,792
EXPENDITURE		
Raising donations and legacies		
Other fundraising costs	**952**	1,015
Depreciation of tangible fixed assets	**1,984**	2,179
	2,936	3,194
Support costs		
Management		
Volunteers expenses	**2,916**	2,277
Training	**32**	23
Central office support	**2,700**	5,867
	5,648	8,167
Finance		
Rates and water	**679**	679
Combined insurances	**876**	885
Light and heat	**2,762**	3,491
Telephone and broadband	**-**	2,889
Postage and stationery	**234**	444
Carried forward	**4,551**	8,388

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2026

	2026 £	2025 £
Finance		
Brought forward	**4,551**	8,388
Cleaning and sundries	**5,169**	5,089
Repairs and renewals	**1,234**	4,721
Bank charges	**31**	31
Health & safety costs	**11,543**	16,838
	22,528	35,067
Total resources expended	**31,112**	46,428
Net (expenditure)/income	**(4,580)**	6,364

This page does not form part of the statutory financial statements