Impact Report

2025-26



Registered Charity Number: 1167852

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"All I can say is WOW! What an amazing service... We have our little girl back".

A Message From Our CEO

KidsAid is a very special organisation...

That can be difficult to convey in an impact report because who we are is defined as much by how deeply we care as by what we deliver. KidsAid is a feeling - a genuine warmth and shared sense of purpose among everyone who contributes to our work, underpinned by considerable professional expertise. It is a privilege to lead a charity whose work makes such a profound difference to children and families.

As I look back on 2025–26, I am proud of what KidsAid has achieved and mindful of the trust placed in us by every child, young person and family we support.

During the year, KidsAid supported 440 children, young people, parents and caregivers, delivered 4,185 therapy sessions and worked with children from 137 schools. We maintained an average waiting time of nine weeks from enquiry to the start of therapy - an important achievement at a time when demand for mental health support continues to grow.

The figures presented in this report also demonstrate the complexity of the needs we encounter. Nine in ten of the children and young people we supported had experienced at least one adverse childhood experience, and more than half had experienced multiple adversities. Our role is to give each child the time, consistency and specialist support they need. We remain committed to providing therapy that is child-led, creative and tailored to the individual rather than limited by a standardised approach or fixed timescale.

This year marked the beginning of our 2025–28 strategy and an important stage in KidsAid's development. Our strategic direction is focused on three priorities: broadening our impact, enhancing professional expertise and building the financial sustainability needed to support our work over the long term.

We have already begun to make progress. During 2025–26, we expanded our work in Peterborough, strengthened relationships with schools, achieved CPCAB accreditation and secured funding to develop **Stronger Together**—our new whole-school, trauma-informed programme. We also continued to develop corporate partnerships, including our relationship with Barratt Homes, while strengthening the leadership and organisational foundations needed for sustainable growth.

In 2026–27, Stronger Together will bring therapeutic support for children together with support for parents and trauma-informed development for school staff.

We will also launch the KidsAid Training Academy, enabling us to share the knowledge developed through our frontline work, improve specialist practice and help increase the number of practitioners equipped to support children affected by trauma.

We are ambitious because we know how important this work is and the difference KidsAid makes. But our growth must be thoughtful. We will continue to be guided by evidence, capacity and our responsibility to protect the quality of our services. Our aim is not simply to increase activity, but to build strong partnerships around children and create change that can be sustained.

Children and young people are facing increasingly complex challenges, often while access to the right support remains limited. Responding to this cannot be the responsibility of any one organisation. It requires families, schools, businesses, funders and communities to come together and strengthen the support around children.

To everyone who has contributed to KidsAid's work this year, my sincere thanks. We are fortunate to have an exceptional team of staff, therapists, trainees, trustees and volunteers, alongside committed funders, partners and supporters. Each has played an important part in the difference we have made.

Above all, I want to thank the children, young people and families who continue to place their trust in KidsAid. It is for them that we will continue bringing people together and strengthening communities, so that more children have the support, stability and opportunities they need to shape their own futures.



Rebecca Caswell-Fox, CEO.

Chair's Introduction

I was delighted to take on the role of Chair of KidsAid in January 2026.

From my very first involvement with the charity, I was impressed by the strength of its governance and by the breadth of experience, expertise and commitment that my fellow Board members bring to their roles. It was also immediately clear that there is a highly productive and positive relationship between the Board and our CEO, Becca, which provides a strong foundation for the charity's continued success.

I would like to express my thanks to my predecessor, Tony Bates, for his leadership and dedication over recent years. Through his stewardship and focus on strong governance, he has helped place KidsAid in an excellent position from which to continue growing and delivering impact.

I would also like to extend my gratitude to our CEO, staff, therapists, partners and volunteers. It is through their skill, compassion and commitment that KidsAid is able to carry out its vital mission every day. Their contribution makes a meaningful difference to the lives of the children and young people we support.

As this report highlights, helping young people who have experienced complex adverse childhood experiences is both challenging and profoundly important. By providing timely and effective support, we can help create stronger foundations for better life opportunities, enabling children and young people to thrive in education and progress into productive, fulfilling and meaningful adulthood.

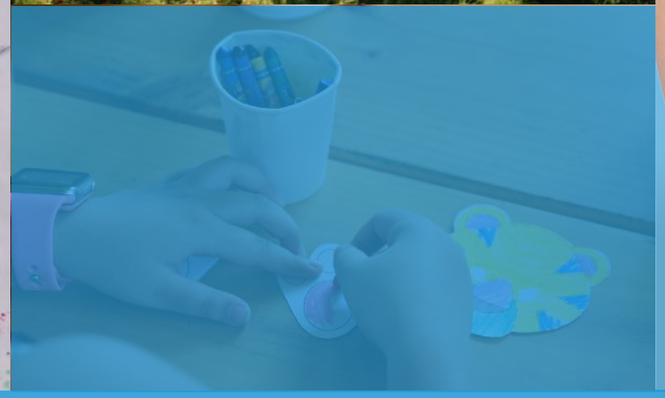
My thanks go to everyone involved with KidsAid for their continued dedication. Together, we will build on the charity's successes and ensure that even more young people and their families receive the support they need to achieve brighter futures.



Trevor Pearce CBE QPM.







About KidsAid

Our Vision

KidsAid envisions a world where every child affected by trauma has the opportunity to heal, grow, and thrive.

Our Mission

We provide tailored therapies to create lasting, positive change for children, young people and families navigating mental health challenges and adverse life experiences.

Our Values

- **Commitment** – We are dedicated to our mission to create lasting, positive change.
- **Accountability** – We act with integrity and take responsibility for our actions.
- **Respect** – We nurture an inclusive environment where every individual is valued.
- **Empathy** – We promote kindness, compassion, and understanding.



Our Services

KidsAid supports children and young people of all ages, helping them heal from the effects of trauma, emotional difficulties, poor mental health, and adverse childhood experiences.

Based in Northampton, we work across the county and the Midlands to make our services as accessible as possible.

Our Support For Children and Young People

Our work is rooted in early intervention. We believe that by addressing trauma as early as possible, we can prevent it from developing into more complex challenges later in life—empowering young people to lead healthier, happier, and more fulfilling lives.

Through creative, evidence-based, and tailored therapies, we provide a safe, nurturing space where young people can express themselves, build resilience, and move toward a brighter future.

Our work is grounded in three core principles:

- **Child-Led:** We empower children and young people to take the lead in their therapy.
- **Creative:** We use creative approaches to provide a safe and nurturing environment where children and young people can express themselves authentically, without relying on words. Through art, play, drama, dance and music therapies, we create a space that gently encourages creativity and self-expression.
- **Bespoke:** Every journey is unique. We take the time to build trust and tailor our approach to meet each individual's needs. Most young people are supported for 6–18 months, until they have safely explored their emotions, and feel ready to move forward with confidence and healthy coping strategies.

Our Support For Parents and Care Givers

In addition to therapy for children and young people, we offer support for parents, because when the whole family is supported, the impact of our work with children and young people can be more profound and longer lasting - ensuring the benefits of therapy continue long after children's time with us.

Our tailored services for parents and caregivers include:

- **Counselling** – A safe and confidential space to explore challenges, emotions, and lived experiences.
- **Attachment-based Interventions** – Therapeutic support designed to strengthen emotional bonds between children and their caregivers.
- **One-to-One Psychoeducation** – One-to-one sessions that helps caregivers understand trauma, child development, and how to support their child's unique needs.
- **Parent Support Groups** – A non-judgmental space where caregivers and individuals can learn, reflect, and connect with others who understand.

Our Work with Professionals and Organisations

We also provide trauma-informed CPD to professionals, equipping them to create safe and nurturing environments for the children and young people in their care.



Why KidsAid is Needed and How We're Different

The need for accessible, specialist mental health support remains urgent.

In 2023, NHS England reported that around one in five children and young people aged 8 to 25 had a probable mental health condition - compared with approximately one in nine in 2017.

In its 2025 Youth Matters report, the Government noted that monthly referrals to children and young people's mental health services almost tripled between 2016 and 2024.

Despite growing demand, too many children and families continue to face lengthy waits or struggle to access the right support. In 2025, the Children's Commissioner reported that children still waiting for support at the end of 2023–24 had waited an average of almost six months for treatment to begin, with nearly a third waiting for more than a year.

Behind these figures are children coping with experiences such as bereavement, abuse, neglect, domestic violence and family breakdown - often while already-stretched services struggle to meet increasingly complex needs.

This is where KidsAid makes a difference. We believe that investing in children's emotional wellbeing is one of the most powerful ways to build healthier and more compassionate communities. By providing support early, we can prevent difficulties from escalating and reduce the need for more intensive crisis intervention later.

KidsAid is one of the few organisations in the Midlands providing long-term, trauma-informed therapy tailored to each child or young person. While many services provide short-term counselling or general wellbeing programmes, a significant gap remains in specialist support for children affected by adverse childhood experiences and trauma.

KidsAid helps bridge that gap by providing a safe, supportive environment and sustained therapeutic intervention.

This gives children and young people the time and space to process their experiences, rebuild trust, strengthen their resilience and look towards the future with hope.



IMPACT HIGHLIGHTS 2025 - 2026







440
Children, Young People & Parents Supported

4,185
Total Therapy Sessions Delivered

9 weeks
Average Wait Time From Enquiry

137
Schools Worked From

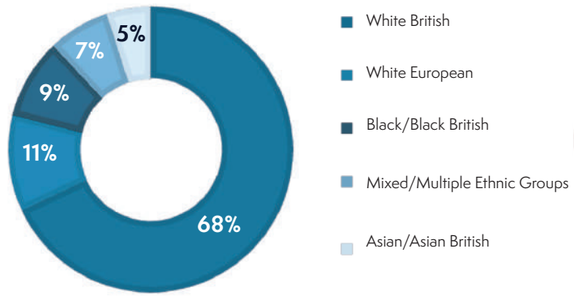
96%
Parent Satisfaction

Child Demographics & Referral Data

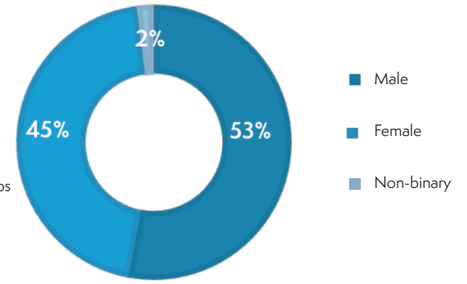
In **2025-26,** KidsAid delivered therapeutic interventions to **367** children and young people:

319 children and young people were supported with one-to-one therapies.
48 received group therapies.

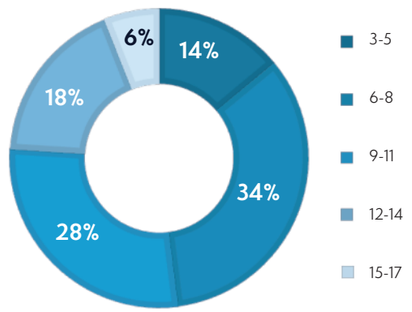
ETHNICITY OF CYP SUPPORTED



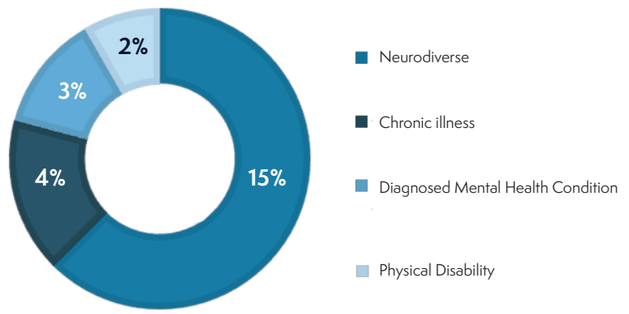
GENDER OF CYP SUPPORTED



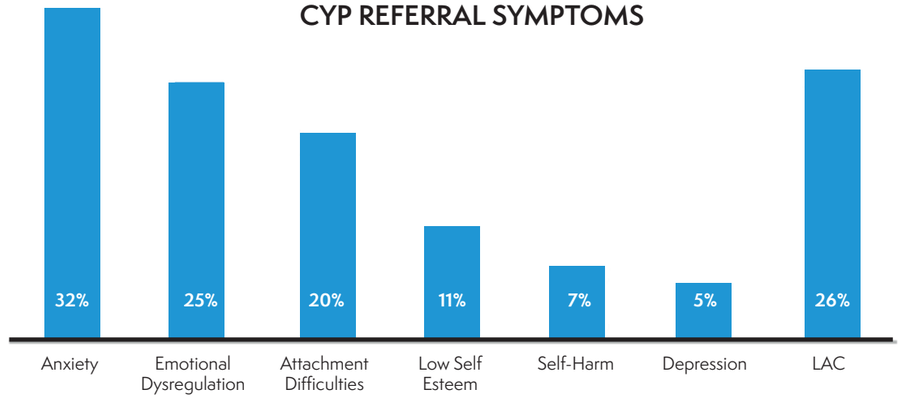
AGE OF CYP SUPPORTED



CYP'S WITH DISABILITY & ADDITIONAL NEEDS



CYP REFERRAL SYMPTOMS



The Reality Behind Every Referral:

Adversity & Its Impact on Children & Young People We Support

90% of the children and young people we support have experienced at least one **Adverse Childhood Experience (ACE).**

ACEs are traumatic or stressful events that occur during childhood, such as abuse, neglect, or environmental factors that undermine a young person's sense of safety, security, and attachment. These experiences can significantly affect brain development, emotional regulation, and behaviour.

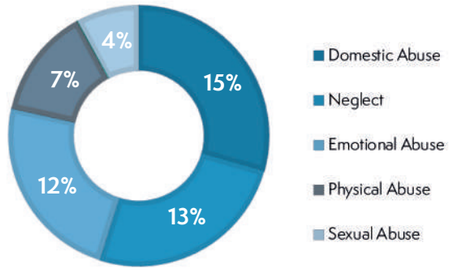
Children and young people who face multiple ACEs are at higher risk of mental health difficulties, poor academic performance, risky behaviours, and long-term health problems.

At KidsAid, we offer early intervention and trauma-informed therapeutic support for parents, aiming to mitigate these negative effects and empower families to thrive beyond their experiences.

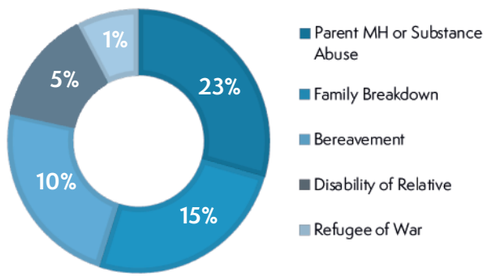
47%

The primary reason for 47% of referrals was children and young people being exposed to abuse, either as witnesses or direct victims.

CYP'S REASON FOR REFERRAL



CYP'S ENVIRONMENTAL FACTORS



Environmental conditions affecting the safety, stability, or attachment needs of children and young people accounted for 56% of referrals.

56%

55% of the children and young people supported have been exposed to multiple adverse childhood experiences.

32% of all children and young people worked with have experienced four or more ACES, including mental health issues, substance misuse, and chronic illnesses.

Supporting the Whole Family

A Hollistic Approach to Mental Well-being

Where there is a traumatised child, there is often a parent or caregiver navigating their own emotional challenges. At KidsAid, we recognise that a young person's progress is closely connected to the well-being of the adults around them. That's why we take a holistic approach—supporting not only children and young people but also the parents and caregivers who walk beside them.

We provide dedicated parent therapy to help caregivers explore and process their own lived experiences, equipping them with tools to manage their mental health. Alongside this, our trauma-informed parental guidance empowers parents to respond to their child's emotional needs with confidence, model healthy coping mechanisms, and foster safe, nurturing home environments.

By supporting both children and their caregivers, we help interrupt cycles of trauma and promote stronger, more emotionally connected families.

Positive Change
for children & families.

Children & Young People
Every CYP said they experienced better relationships after their therapy.

Parents & Carers
More than two thirds of parents & carers reported an improvement in their relationship with their child following therapy.



20%

Of parents & caregivers whose children accessed KidsAid Services also received support.

39

Parents and caregivers recieving one-to-one therapy.

34

Participating in trauma-informed psychoeducation session.

"To be offered support alongside the help you gave my daughter made a real difference to us both. From the bottom of my heart, **thank you**".

Impact Feedback

The Difference Therapy Made

By modelling healthy, trusting relationships, our therapists help children and young people learn how to build connections, communicate effectively, and navigate social situations. Every intervention is tailored to the individual's needs and developmental stage, ensuring support is relevant, compassionate, and empowering.

Most children and young people engage in therapy for **20-30 weeks** over a period of **6 to 12 months**, with some receiving support for **up to 18 months**—until they are ready to move forward with greater confidence.

Every Child

- Said they felt **listened to, understood and comfortable** with their therapist, and experienced the therapeutic relationship as non-judgemental.
- Said therapy made it **easier** to talk about their feelings.
- Said they **learned** something helpful through therapy.

Children & Young People

Over 90% of children and young people said they felt happier.

More than 8 in 10
child respondents reported improvements at school.

"My therapist helped me see who I really am."

"I could just be me. It felt calm."

Parents & Caregivers

"The therapist was extremely amazing and connected well with my daughter...it was like a perfect fit."

"My child really trusted their therapist and will miss the sessions."

"The therapist was very caring and supportive, which helped my child to relax and speak openly."

"I really liked the sessions and will miss my therapist—they made things easier."





Tailored Therapies, Built on Trust

Many of the children and young people we support have experienced trauma or attachment difficulties, which can make it hard for them to trust others or build meaningful relationships. That's why we prioritise creating a safe, supportive environment where trust can grow over time.

Our approach centres on developing strong, positive therapeutic relationships—characterised by empathy, respect, and non-judgement. These relationships often form the foundation for healing, helping children feel secure enough to explore their thoughts and experiences. For many, this may be the first time they've felt truly seen, heard, and safe.

26 weeks on average for one-to-one therapies with CYP: The equivalent to a full acedemic year!

10 weeks on average for group therapies with CYP

Parents and Caregivers

We also recognise that parents and caregivers need space and time to process their own experiences, build understanding, and develop effective strategies. That's why we offer a range of therapeutic and educational support tailored to the needs of caregivers, typically delivered over 6-18 weeks, within a 3 to 6-month period.

14 weeks on average for one-to-one therapeutic interventions with parents

8 weeks on average with support sessions in psychoeducation for parents & caregivers

Alicia's Story: Finding a Way Through Grief

Supporting Alicia through bereavement

Alicia came to our charity for therapeutic support after her brother died from cancer.

Her loss had changed everything. When people asked how she was coping, Alicia often said she was fine because explaining what was happening in her head felt too difficult. Her emotions could shift from deep sadness to numbness or anger, leaving her unsure how she was "supposed" to grieve.

Alicia was also conscious that other members of her family were hurting and did not want to make things harder for them. Talking about her brother felt overwhelming. She worried that if she started, she might not be able to stop—or that other people would not understand.

Creating a safe way to communicate

During therapy, Alicia was given the time and space to work at her own pace, without pressure to talk before she was ready.

Art became an important way for her to communicate. It gave Alicia something to focus on when words were difficult to find. Some of her artwork was clearly connected to her brother, while other pieces appeared less directly related. Even then, the creative process helped reveal thoughts and feelings she had not realised she was carrying.

Alicia's therapist did not tell her how she should feel or expect her to answer lots of questions. Alicia could discuss her artwork when she wanted to, while some sessions involved very little conversation. This flexible approach helped therapy feel safe and manageable.

The difference therapy made

Over time, Alicia became more comfortable expressing what was on her mind instead of keeping everything inside. She began to understand that there was no deadline for grief and that she did not have to pretend she had moved on simply because time had passed. Alicia also came to recognise that enjoying herself and laughing did not mean she had forgotten her brother. Art helped her move difficult thoughts out of her head and into something she could see and reflect on, making those thoughts feel more manageable.

Alicia still misses her brother and knows that grief will remain part of her life. Therapy was not about taking that grief away. It helped her understand her emotions, speak more openly and develop ways to cope when things become difficult.

"I don't think therapy was about 'fixing' anything. It gave me the space to work through something really hard, without feeling like I had to pretend I was okay before I actually was."



*To protect the child's identity, Alicia is not her real name.

Safeguarding

Safeguarding is fundamental to our work at KidsAid...

In 2025-26, we managed 75 safeguarding concerns, each handled in accordance with our internal protocols and those of our partner schools and organisations.

We are committed to ensuring that every child and family we support feels safe, respected, and heard. To uphold this commitment:

- All trustees, staff, therapists, students, and volunteers complete **safeguarding training** as part of their induction.
- Mandatory annual refresher training is provided for the Safeguarding Trustee, the staff, therapists, and any volunteers working directly with children and families to ensure knowledge and practice remain current.
- Our **Designated Safeguarding Lead** hosts monthly safeguarding drop-in sessions, offering a safe space for staff, therapists, and volunteers to raise concerns or ask questions about our safeguarding processes and procedures.
- **Enhanced DBS checks** are held by all individuals working with or on behalf of KidsAid to help safeguard those in our care.

We use **MyConcern**, a secure, specialist system for recording and managing safeguarding concerns, ensuring that all records are confidential, well documented, and actionable.

Our safeguarding policies are robust, regularly reviewed, and closely monitored by our Board of Trustees, who remain dedicated to maintaining the highest standards of safeguarding practice.

Safeguarding is reviewed at quarterly Subcommittee meetings and is a standing item at every Board meeting, where updates, reflections, and developments are shared to promote a culture of vigilance, accountability, and continuous learning.





Find out more

You can find out more about the work we do, including reading case studies about the lives we've impacted over at our website - kidsaid.org.uk

How Our Work is Funded

Our therapeutic services for children and families are made possible through a combination of community and corporate fundraising, grants from trusts, and spot commissioning from families and schools.

Despite the essential role we play in filling a critical gap in support for young people, we receive no statutory or public health funding. This means a large proportion of the cost of delivering our services is covered directly by KidsAid - made possible through the generosity of our supporters.

Funding Breakdown: 2025-2026

In the year 2025-26, 78% of all interventions were either subsidised or fully funded by KidsAid, ensuring that children and families received the help they needed, regardless of their ability to pay.

Here's how our funding supported families:

- 22% of interventions were fully commissioned by external sources.
- 33% were fully funded by KidsAid.
- 45% were part-funded or subsidised by KidsAid.

This funding model reflects our continued commitment to making therapy accessible. As KidsAid financially supports the majority of sessions, the future of this vital work depends on ongoing donations, strong partnerships and the continued support of our community.

In 2025-26, we were honoured to receive an incredible £283,022 from grant-making trusts, helping us expand our reach and impact. We are deeply grateful to the following organisations for their generous support:

- **Groundwork UK** - £1,000
- **Northamptonshire Community Foundation, Friends of the Foundation -** £4,000
- **The Access Foundation -** £4,980
- **Masonic Charitable Foundation -** £5,000
- **West Northamptonshire Council Discretionary Community Fund -** £7, 802
- **The James Tudor Foundation -** £10,000
- **The Postcode Community PCT -** £20,000
- **The Leathersellers Foundation -** £22,000
- **Forte Charitable Foundation (Trusthouse) -** £30,027
- **BBC Children in Need -** £35,952
- **National Lottery Reaching Communities Fund – Stronger Together Programme -** £44,956
- **National Lottery Reaching Communities Fund – Peterborough Therapies -** £47,804
- **National Lottery Reaching Communities Fund – Northants Therapies -** £49,501

To each and every one of our funders: thank you. Your support is truly transforming lives.



Fundraising and Donations

In 2025-26, our amazing charity partners, dedicated supporters, and wider community came together to raise an incredible £133,763 in support of KidsAid's vital services.

From sponsored challenges and community events to corporate fundraisers and individual acts of kindness, every contribution has made a real difference.
This overwhelming generosity helps us continue to provide life-changing therapeutic support to children, young people, and families across Northamptonshire and surrounding counties.

We are so grateful to everyone who stood with us this year - your support ensures we can reach even more children and young people who need us.










Images: (L-R Top to Bottom)

1. Kerry and Charlotte presenting Big Giraffe Events with their infographic for raising an incredible £7,228 for KidsAid.
2. HMP Five Wells made toy and craft donations for the children and for use in the therapy room and toolboxes.
3. Becca and Charlotte at the Barratt Homes annual golf day fundraiser.
4. Sip & Paint Fundraising Event at Zapato Lounge which was run by our amazing therapist Adele.
5. Charlotte presenting Timken Rail Services with their infographic for raising a wonderful £1,587 for KidsAid.
6. Charlotte meeting with Bluey at the Toddle About Christmas event with monies being raised for KidsAid.
7. Our amazing supporters taking on a brave fire walk to raise funds for KidsAid during Children's Mental Health Week.
8. Colworth Science Park presenting Charlotte with a cheque for £3,000 following being chosen as one of their charities of the year.



Find out more about how you can help to support the work that we do at our website:

kidsaid.org.uk/support-us

Looking Ahead: New Initiatives for 2026–27

While this report reflects on the difference KidsAid made during 2025–26, the year was also an important period of planning, partnership-building and investment in our future.

We secured funding and developed new initiatives that will enable us to extend our reach, share our expertise and strengthen support for children, young people, families and the professionals around them.

In 2026–27, we look forward to launching two significant areas of work: the Stronger Together Programme, which will embed trauma-informed support within school communities, and the KidsAid Training Academy, through which we will share specialist knowledge and help others develop more trauma-informed practice.

Together, these initiatives represent an important next step in KidsAid's development: building capacity within communities while ensuring more children affected by trauma have the opportunity to heal, grow and thrive.



Stronger Together Programme

Building trauma-informed school communities

At KidsAid, we see first-hand that children and young people experiencing mental health challenges are often waiting too long for statutory services. Meanwhile, schools face growing pressure to support pupils affected by trauma and emotional distress.

Funded by The National Lottery Community Fund through its Reaching Communities programme, our new three-year Stronger Together initiative will help bridge the gap between existing school-based support and overstretched statutory services. Beginning in 2026–27, the programme will initially work with six primary schools in disadvantaged and diverse communities across Northamptonshire and Peterborough. Its aim is to create school communities in which every child feels safe, understood and supported to heal, grow and thrive.

A whole-school approach

Stronger Together will combine therapeutic support for children with support for parents and carers and trauma-informed development for school staff. The programme will include child-led group therapy, individual therapy for children, support for parents and carers, and trauma-informed staff development. This tiered approach will complement the provision already available in schools and give children earlier access to help within a familiar environment.

It takes a village

Alongside the programme, KidsAid will launch the Stronger Together campaign. By connecting schools with local businesses, the campaign will encourage community sponsorship of therapeutic and wellbeing support, helping to sustain provision where school budgets are limited.

Our three-year ambition

Over three years, Stronger Together is expected to directly reach:

- **352** children and young people
- **48** parents and carers
- **96** pastoral staff and school leaders

Through this programme, we are excited to bring together schools, families, therapists and local partners to create earlier access to support and help embed lasting, trauma-informed change across school communities.



KidsAid Training Academy

Investing in the people who support children...

Through our work at KidsAid, we are seeing increasing numbers of children and young people presenting with complex trauma, attachment difficulties and adverse childhood experiences.

While many qualified counsellors want to support children and young people, they do not always feel confident or sufficiently equipped to work in a trauma-informed way. As a charity committed to improving outcomes for children and young people, we know that investing in the knowledge, confidence and competence of practitioners is one of the most effective ways to extend our impact.

The KidsAid Training Academy will help bridge the gap between counselling qualifications and specialist practice, combining current research and trauma-informed theory with practical application.

A unique specialist qualification

Beginning in October 2026, the Academy will deliver a CPCAB Level 5 Diploma in Trauma-Informed Counselling for Early Years, Children and Young People.

KidsAid's diploma is the only CPCAB-accredited programme in the UK specifically designed for therapists who want to specialise in trauma-informed counselling with children and young people aged 3–18.

Delivered through a blend of online and in-person teaching, the course will combine 120 taught hours with 60 hours of supervised client work. Participants will learn from experienced therapists, with teaching grounded in KidsAid's frontline practice with children and families.

The programme will equip practitioners with the knowledge, skills and professional judgement needed to work safely, ethically and effectively with children experiencing trauma and emotional or mental health challenges.

Raising standards, extending our impact

Through the Training Academy, we aim to raise standards in trauma-informed practice so that more children and young people can access safe, ethical and effective therapeutic support.

The Academy represents an exciting new chapter for KidsAid. By sharing the specialist knowledge developed through our frontline work, we can build a growing community of skilled and confident trauma-informed practitioners—and extend our impact far beyond the children and families we support directly.

Find out more about the CPCAB Level 5 Diploma at our website - **kidsaid.org.uk**

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The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Charitable Objects and Public Benefit

The Trustees have had due regard to the Charity Commission's guidance on public benefit in exercising their powers and duties. In particular, the Trustees ensure that KidsAid's activities are carried out to further its charitable purpose of advancing the mental health and wellbeing of children, young people, and families.

KidsAid delivers its charitable objectives by providing accessible, trauma-informed mental health and wellbeing support to children and young people, alongside guidance and support for their families and carers. The charity's services are designed to support those who have experienced trauma, adversity, or emotional distress, helping them to process experiences, build resilience, and develop healthy coping strategies.

The charity works to ensure its services are inclusive and responsive to need. Support is provided without discrimination and is targeted towards children and young people who would most benefit, including those affected by trauma, adverse childhood experiences, or mental health challenges that impact emotional and behavioural wellbeing. Where charges are applied, these are kept at a level that does not exclude individuals who are unable to pay, and concessions or alternative funding routes are made available where possible.

KidsAid's activities provide public benefit by improving emotional wellbeing, supporting recovery from trauma, and strengthening resilience among children and young people. By working with families alongside children, the charity also helps to improve family relationships and promote longer-term wellbeing within the wider community. The Trustees regularly review the charity's activities and impact to ensure they remain aligned with its charitable objectives and continue to deliver meaningful public benefit.

FINANCIAL REVIEW

Financial Review

During 2025-26, total income increased to £565,410, representing an 2% rise compared with 2024-25. Of this, £330,388 was unrestricted income, providing flexibility to support the charity's core activities, and £235,022 was received as restricted income from grant funders and donors, supporting specific projects and services.
Expenditure on charitable activities increased by 10% from the previous year, totalling £537,294. The charity ended the financial year with a surplus of £28,116.

At the balance sheet date, total funds carried forward were £309,906 of which £135,885 represents restricted funds and £174,021 represents unrestricted funds, which are considered to be free reserves in line with Charity Commission guidance.

THE KIDSAID FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

Reserves Policy

KidsAid maintains reserves to ensure financial resilience and stability in delivering its services to children and families. Reserves provide protection against unforeseen financial risks, income fluctuations, and unexpected expenditure, while also enabling the charity to respond to new opportunities and maintain the continuity of essential services.

In line with its Reserves Policy, KidsAid aims to hold unrestricted reserves equivalent to at least three months of running costs.

This target level is reviewed annually by the Board of Trustees, taking into account:

- The predictability and diversity of income streams.
- The proportion of fixed versus variable costs.
- Key risks identified in the charity's risk register.
- The estimated cost of an orderly closure if required.
- Strategic priorities and planned growth.

Reserves are held in cash or easily liquidated assets to ensure funds are available when needed.
The reserves position is calculated monthly by the CEO and reviewed quarterly by the Finance Subcommittee. The Board of Trustees receives regular reports on the reserves level, associated risks, and any deviations from the agreed target range.

FUTURE PLANS

Looking ahead to 2026/27, the Board is committed to further strengthening governance practices. The Board and Senior Leadership Team will lead delivery of our strategic plan, focused on broadening our reach across Northamptonshire and Peterborough, enhancing professional expertise, diversifying income, and strengthening resilience through effective risk management and clinical governance.

As part of this strategy, we will extend our reach and deepen our impact through initiatives such as the Stronger Together partnership programme with schools, which supports a whole-school trauma-informed approach through therapeutic support, parent engagement and professional CPD. We will also strengthen specialist clinical expertise through the delivery of our CPCAB Level 5 Diploma in Trauma-Informed Counselling for Early Years, Children & Young People, developing the therapeutic workforce's skills and confidence to provide high-quality trauma-informed support to children and young people aged 3-18.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governance

The KidsAid Foundation (KidsAid) was registered as a CIO on 24 June 2016, having previously been unregistered. KidsAid was founded in its original form in 2007.

The charity is governed by its Memorandum and Articles of Association, which dates from 24 June 2016 and was amended on 11 April 2026. It is registered as a charity with the Charity Commission for England and Wales (charity number: 1167852) and as a company with Companies House (company number CE007640).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Structure, Governance and Management

The Board of Trustees is responsible for the overall strategic direction, governance, and policy of the charity. Day-to-day management is delegated to the Chief Executive Officer (CEO) and the Senior Leadership Team (SLT), who implement the strategic plan and manage operations within the budgets and policies approved by the Board.

The Board meets quarterly and meetings are attended by the CEO. To maintain ongoing engagement and accountability between Board meetings, the following sub-committees are in place: Quality, Safeguarding & Risk, Finance, Fundraising, and Communications. Each committee operates under terms of reference approved by the Board and reports regularly on its activities. This structure ensures clear accountability while allowing the CEO and senior team to oversee the charity's operational delivery effectively.

All decisions, unless explicitly delegated, remain subject to full Board approval.

Appointment of Trustees and Key Personnel

KidsAid Trustees are recruited and appointed in accordance with the charity's Recruitment of Trustees Policy and Procedure and the regulations of the Charity Commission of England & Wales. The Board seeks to appoint Trustees who bring additional or specialist skills to complement existing expertise and support effective governance.

Appointments follow a structured process, which includes references, a Disclosure and Barring Service (DBS) check, and completion of a declaration of interests, a Trustee Code of Conduct, and an eligibility declaration. Trustees are formally appointed at Board meetings for an initial term of up to three years, with the possibility of extension by mutual agreement for a further three years.

New Trustees undertake a structured induction programme covering governance responsibilities, safeguarding, and the charity's key charitable aims to ensure they are fully equipped to carry out their duties effectively. In accordance with its governing document, KidsAid must maintain a minimum of three and a maximum of eight Trustees. The Board currently comprises a Chair, Vice-Chair, and Trustees responsible for key areas including Quality and Safeguarding, Finance, Fundraising, and PR & Media. Trustees are expected to adhere to their role description, comply with the Code of Conduct, and attend all Board meetings.

The remuneration of key management personnel, including the Chief Executive Officer and the Senior Leadership Team, is determined by the Trustees. Decisions are informed by external benchmarking data from comparable charities of similar size and complexity and are reviewed annually by the Board to ensure transparency and fairness.

Related Parties

The father of the CEO is employed by the charity in an operational role. He is not line-managed by the CEO, and his remuneration, responsibilities, and performance are reviewed independently to ensure transparency, fairness, and compliance with the charity's governance policies.

All trustees and key management personnel have declared any related party relationships, and these declarations are reviewed by the Board. Any transactions with related parties are conducted at arm's length and approved in accordance with the charity's policies on conflicts of interest.

No other related party transactions arose during the year that require disclosure under SORP 2019.

THE KIDSAID FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk Management

The Trustees have considered the major risks to which the charity is exposed and have established systems and procedures to manage them. During the financial year, the charity has not experienced any significant events with material financial impact.

A Risk Register is maintained and reviewed quarterly, with appropriate controls in place to mitigate key operational, financial, and reputation risks. The Trustees undertake regular risk assessments in consultation with the CEO to ensure emerging challenges are identified and addressed promptly.

The Board conducts a formal review of the Risk Register each quarter, providing ongoing oversight and governance. In response to increasing service demand, the primary operational risk for 2025-26 was maintaining sufficient capacity to deliver services effectively. To address this, KidsAid invested in recruitment and professional development, including providing trainee therapist placements to help develop the workforce of the future. These initiatives ensure the team is well-equipped to meet the growing demand for mental health services for children and young people and to respond to the evolving needs of beneficiaries.

Emerging risks are also monitored in relation to changes in the funding and market landscape. The CEO and Senior Leadership Team regularly review developments to assess potential implications and implement responsive mitigation strategies.

Supported by a robust reserves policy and careful planning, KidsAid remains focused on sustaining core service delivery while pursuing opportunities to address unmet need and strengthen long-term resilience and sustainability.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number (England and Wales)
Registered Charity number: 1167852

Registered office
Doddridge Centre
109 St James Road
Northampton
Northamptonshire
NN5 5LD

Trustees

- A Bates (resigned 23/7/26)
- D Robertson (resigned 24/5/25)
- N Scott
- T Pearce Chairman (appointed 23/1/26)
- D Appleton (appointed 24/5/25)
- R Beech
- TWelford

THE KIDSAID FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2026

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Nicola Fox FCA
Shaw Gibbs Limited
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 SAJ

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The KidsAid Foundation for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the Board of Trustees on 21 September 2026 and signed on its behalf by:

David Appleton

D Appleton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE KIDSAID FOUNDATION

Independent examiner's report to the trustees of The KidsAid Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2026.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006, ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination, I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000, your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

USE OF OUR REPORT

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are requested to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees, as a body, for our independent examination work, for this report, or for the opinions we have formed.

Nicola Fox FCA
The Institute of Chartered Accountants in England and Wales
Shaw Gibbs Limited
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 21 September 2026

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted Fund £	Restricted Funds £	2026 Total funds £	2025 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	132,023	-	132,023	129,545
Charitable activities	5				
Charitable Activities		193,876	235,022	428,898	423,087
Other trading activities	3	1,741	-	1,741	
Investment income	4	1,213	-	1,213	728
Other income		1,535	-	1,535	731
Total		330,388	235,022	565,410	554,091
EXPENDITURE ON					
Charitable activities	6				
Charitable Activities		361,592	175,702	537,294	488,312
NET INCOME/(EXPENDITURE)					
Transfers between funds		(31,204)	59,320	28,116	65,779
	14	(5,773)	5,773	-	-
Net movement in funds		(36,977)	65,093	28,116	65,779
RECONCILIATION OF FUNDS					
Total funds brought forward		210,998	70,792	281,790	216,011
TOTAL FUNDS CARRIED FORWARD		174,021	135,885	309,906	281,790

BALANCE SHEET 31 MARCH 2026

	Notes	Unrestricted fund £	Restricted funds £	2026 Total funds £	2025 Total funds £
FIXED ASSETS					
Tangible assets	11	1,945	-	1,945	2,738
CURRENT ASSETS					
Debtors	12	50,047	-	50,047	34,954
Cash at bank		173,931	135,885	309,816	287,049
		223,978	135,885	359,863	322,003
CREDITORS					
Amounts falling due within one year	13	(51,902)	-	(51,902)	(42,951)
NET CURRENT ASSETS		172,076	135,885	307,961	279,052
TOTAL ASSETS LESS CURRENT LIABILITIES		174,021	135,885	309,906	281,790
NET ASSETS		174,021	135,885	309,906	281,790
FUNDS	14				
Unrestricted funds				174,021	210,998
Restricted funds				135,885	70,792
TOTAL FUNDS				309,906	281,790

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2026.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2026 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 September 2026 and were signed on its behalf by:

David Appleton

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2026

	Notes	2026 £	2025 £
Cash flows from operating activities			
Cash generated from operations	1	22,256	77,712
Net cash provided by operating activities		22,256	77,712
Cash flows from investing activities Purchase of tangible fixed assets		(702)	-
Interest received		1,213	728
Net cash provided by investing activities		511	728
Change in cash and cash equivalents in the reporting period		22,767	78,440
Cash and cash equivalents at the beginning of the reporting period		287,049	208,609
Cash and cash equivalents at the end of the reporting period		309,816	287,049

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2026

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2026 £	2025 £
Net income for the reporting period (as per the Statement of Financial Activities)	28,116	65,779
Adjustments for:		
Depreciation charges	1,495	2,618
Interest received	(1,213)	(728)
Increase in debtors	(15,093)	(5,207)
Increase in creditors	8,951	15,250
Net cash provided by operations	22,256	77,712

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/25 £	Cash flow £	At 31/3/26 £
Net cash			
Cash at bank	287,049	22,767	309,816
	287,049	22,767	309,816
Total	287,049	22,767	309,816

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The Kidsaid Foundation is a registered Charitable Incorporated Organisation (CE007640) limited by guarantee, controlled and managed by the Management Committee/Trustees individually named in the Trustees' Report. There are no material uncertainties related to events or conditions that may cast significant doubt upon the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

- Donations income is accounted for when received.
- Therapy income is recognised when the therapy is agreed.
- Grants are accounted for as receivable in accordance with the grant contracts.

Intangible income, in the form of donated facilities and voluntary help etc., is not included in the financial statements since it is not considered practicable to quantify such income.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
All fixed assets are initially recorded at cost.

Depreciation is calculated to write down the cost of all tangible fixed assets by instalments over the expected useful lives.

Fixtures and Fittings - 25% on reducing balance
Short Life Assets - over 2 years

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

1. ACCOUNTING POLICIES - continued

Fund Accounting
Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments
Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

2. DONATIONS AND LEGACIES

	2026	2025
	£	£
Donations	132,023	129,545

3. OTHER TRADING ACTIVITIES

	2026 £	2025 £
Fundraising events	1,741	-

4. INVESTMENT INCOME

	2026 £	2025 £
Deposit account interest	1,213	728

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2026 £	2025 £
Grants	Charitable Activities	303,695	289,933
Unrestricted Therapy	Charitable Activities	121,953	131,674
Clinical Supervision	Charitable Activities	3,250	1,480
		428,898	423,087

Grants received, included in the above, are as follows:

Groundwork UK	1000	1,080
National Lottery Community Fund (Therapy Play Project)	-	16,663
The Michael Guest Charity Foundation	-	5,000
Trusthouse	30,027	30,027
Northamptonshire Community Foundation: Northamptonshire Young People's Fund	-	10,000
West Northants Discretionary Community Funding	7,802	10,185
Cambridgeshire Community Foundation - Harry Cureton Fund	-	8,000
National Lottery Awards 4 All	-	19,200
Northamptonshire Community Foundation: Queens Institute National	-	4,560
Lottery Reaching Communities - Northants Northamptonshire	49,501	45,952
Children's Trust	20,673	30,126
Charles Hayward Foundation	-	10,000
The Lords Group Foundation	-	5,000
Postcode Community PCT	20,000	20,000
Leathersellers	22,000	22,000
Masonic Charitable Foundation	5,000	5,000
Children in Need	35,952	-
The James Tudor Foundation	10,000	-
The Access Foundation	4,980	-
NCF- Friends of the Foundation	4,000	-
National Lottery Reaching Communities - Peterborough	47,804	47,140
National Lottery Reaching Communities - 'Stronger Together Project'	44,956	-
	303,695	289,933

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £
Charitable Activities	537,294

		2026 Restricted £	2026 Total £	2025 Total £
Employment costs	245,619	84,356	329,975	293,891
Therapists Materials	1,274	0	1,274	1,566
Therapists Fees	70,686	65,775	136,461	123,949
Rent	1,000	10,194	11,194	10,300
Printing, Postage, Stationery etc	14,185	1,000	15,185	14,487
Subscriptions	5,176	5,056	10,232	5,948
Telephone	1,498	896	2,394	2,227
DBS Checks	0	206	206	510
Repairs and Maintenance Insurance	175	0	175	1,779
Accountancy and Professional Fees	0	1,508	1,508	1,280
IT	5,480	0	5,480	3,808
Web Management	0	6,712	6,712	11,490
Cleaning	5,880	0	5,880	1,320
Depreciation	0	0	0	32
Other Expenditure	1,495	0	1,495	2,618
Consulting	6,162	0	6,162	5,909
Financial Charges	0	0	0	4,680
Independent Examination	1,521	0	1,521	1,077
	1,440	0	1,440	1,440
	361,591	175,703	537,294	488,312

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2026 £	2025 £
Depreciation - owned assets	1,495	2,618

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

The total expenses reimbursed to 2 (2025: 2) trustees amounting to £153 for training, development and welfare (2025: £110).

9. STAFF COSTS

	2026 £	2025 £
Wages and salaries	294,879	265,679
Social security costs	23,103	17,973
Other pension costs	11,993	10,237
	329,975	293,889

The average monthly number of employees during the year was as follows:

	2026	2025
Total	9	9

No employees received emoluments in excess of £60,000.

Key Management Personnel remuneration for the financial year was £57,015 (2025: £55,769).

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS			
FROM Donations and legacies	119,545	10,000	129,545
Charitable activities			
Charitable Activities	225,280	197,807	423,087
Investment income	728	-	728
Other income	731	-	731
Total	346,284	207,807	554,091
EXPENDITURE ON			
Charitable activities			
Charitable Activities	266,418	221,894	488,312
NET INCOME/(EXPENDITURE)	79,866	(14,087)	65,779

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2026

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	fund £	Unrestricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	131,132	84,879	216,011
TOTAL FUNDS CARRIED FORWARD	210,998	70,792	281,790

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2025	10,476
Additions	702
At 31 March 2026	11,178
DEPRECIATION	
At 1 April 2025	7,738
Charge for year	1,495
At 31 March 2026	9,233
NET BOOK VALUE	
At 31 March 2026	1,945
At 31 March 2025	2,738

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026 £	2025 £
Trade debtors	21,477	26,660
Other debtors	450	450
Prepayments and accrued income	28,120	7,844
	50,047	34,954

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2026	2025
	£	£
Trade creditors	19,749	19,422
Social security and other taxes	7,217	4,803
Other creditors	21,336	16,686
Accruals and deferred income	3,600	2,040
	51,902	42,951

14. MOVEMENT IN FUNDS

	At 1/4/25	Net movement in funds	Transfer between funds	At 31/3/26
	£	£	£	£
Unrestricted funds				
General reserve	210,998	(31,204)	(5,773)	174,021
Restricted funds				
KidsAid Funding Pot No,2	2,560	(2,441)	(119)	-
National Lottery Community Fund (Therapy Play Project)	20,067	(26,346)	6,279	-
The Michael Guest Charity Foundation	4,125	(3,976)	(149)	-
Trusthouse	-	20,921	-	20,921
Northamptonshire Community Foundation: Northamptonshire Young People's Fund	10,000	(9,881)	(119)	-
West Northants Discretionary Community Funding	4,365	878	-	5,243
Cambridgeshire Community Foundation - Harry Cureton Fund	8,000	(2,556)	-	5,444
National Lottery Awards 4 All	19,200	(9,871)	-	9,419
Artemis	2,475	(2,356)	(119)	-
National Lottery Reaching Communities - Northants	-	16,800	-	16,800
Children in Need	-	1,510	-	1,510
The James Tudor Foundation	-	4,570	-	4,570
The Access Foundation	-	3,214	-	3,214
NCF Friends of the Foundation	-	4,000	-	4,000
National Lottery Reaching Communities - Peterborough	-	25,178	-	25,178
National Lottery Reaching Communities -'Stronger Together Project'		39,586	-	39,586
	70,792	59,320	5,773	135,885
	281,790	28,116	-	309,906

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2026

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General reserve	330,388	(361,592)	(31,204)
Restricted funds			
KidsAid Funding Pot No,2	-	(2,441)	(2,441)
National Lottery Community Fund (Therapy Play Project)	-	(26,346)	(26,346)
The Michael Guest Charity Foundation	-	(3,976)	(3,976)
Trusthouse	30,027	(9,106)	20,921
Northamptonshire Community Foundation: Northamptonshire Young People's Fund	-	(9,881)	(9,881)
West Northants Discretionary Community Funding	7,802	(6,924)	878
Cambridgeshire Community Foundation – Harry Cureton Fund	-	(2,556)	(2,556)
National Lottery Awards 4 All	-	(9,781)	(9,781)
Artemis	-	(2,356)	(2,356)
National Lottery Reaching Communities – Northants	49,501	(32,701)	16,800
Children in Need	35,952	(34,442)	1,510
The James Tudor Foundation	10,000	(5,430)	4,570
The Access Foundation	4,980	(1,766)	3,214
NCF Friends of the Foundation	4,000	-	4,000
National Lottery Reaching Communities – Peterborough	47,804	(22,626)	25,178
National Lottery Reaching Communities – 'Stronger Together Project'	44,956	(5,370)	39,586
	235,022	(175,702)	59,320
TOTAL FUNDS	565,410	(537,294)	28,116

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/24 £	Net movement in funds £	At 31/3/25 £
Unrestricted fund	131,132	79,866	210,998
Restricted funds			
KidsAid Funding Pot No,2	4,240	(1,680)	2,560
National Lottery Community Fund (Therapy Play Project)	48,391	(28,324)	20,067
The Michael Guest Charity Foundation	-	4,125	4,125
Trusthouse	24,059	(24,059)	-
Northamptonshire Community Foundation: Northamptonshire Young Peoples Fund	-	10,000	10,000
The Pixel Fund	4,416	(4,416)	-
West Northants Discretionary Community Funding	-	4,365	4,365
Cambridgeshire Community Foundation - Harry Cureton Fund	3,773	4,227	8,000
National Lottery Awards 4 All	-	19,200	19,200
Artemis	-	2,475	2,475
	84,879	(14,087)	70,792
TOTAL FUNDS	216,011	65,779	281,790

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2026

14. MOVEMENT IN FUNDS - continued

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	346,284	(266,418)	79,866
Restricted funds			
Groundwork UK	1,080	(1,080)	-
KidsAid Funding Pot No,2	-	(1,680)	(1,680)
National Lottery Community Fund (Therapy Play Project)	109,755	(138,079)	(28,324)
The Michael Guest Charity Foundation	5,000	(875)	4,125
Trusthouse	30,027	(54,086)	(24,059)
Northamptonshire Community Foundation: Northamptonshire Young People's Fund	10,000	-	10,000
The Pixel Fund	-	(4,416)	(4,416)
West Northants Discretionary Community Funding	10,185	(5,820)	4,365
Cambridgeshire Community Foundation - Harry Cureton Fund	8,000	(3,773)	4,227
National Lottery Awards 4 All	19,200	-	19,200
Artemis	10,000	(7,525)	2,475
NCF - Wellbeing	4,560	(4,560)	-
	207,807	(221,894)	(14,087)
TOTAL FUNDS	554,091	(488,312)	65,779

National Lottery Reaching Communities - Northants: This grant was restricted to fund individual therapy sessions for children and young people across Northamptonshire, and was used for this purpose.

The Michael Guest Charity Foundation: This grant was restricted to deliver psychoeducation and well-being support sessions for parents of our child beneficiaries, and was used for this purpose.

National Lottery Community Fund (Therapy Play Project): This grant was restricted to fund individual therapy sessions for children and young people across Northamptonshire, and was used for this purpose.

National Lottery Reaching Communities - Peterborough: This grant was restricted to fund individual therapy sessions for children and young people across Peterborough, and was used for this purpose.

West Northants Discretionary Community Funding: This grant was restricted to fund early help and prevention therapies for disadvantaged children in Northampton, and was used for this purpose. :

KidsAid Funding Pot#2: Funding was transferred from our reserves account to extend therapy sessions for families in need of longer term intervention and/ or systemic support.

Cambridge Community Foundation - Harry Cureton Fund: This grant is restricted to fund group therapy to disadvantaged children in Peterborough and is being used for this purpose.

14. MOVEMENT IN FUNDS - continued

National Lottery Awards 4 All: This grant has been restricted to fund individual therapy sessions for children and young people across Northamptonshire and surrounding counties, and is being used for this purpose.:

BBC Children in Need: This grant has been restricted to fund individual therapy sessions for children and young people across Northamptonshire, and is being used for this purpose.

The James Tudor Foundation: This grant has been restricted to fund individual therapy sessions for children and young people across Northamptonshire and surrounding counties, and is being used for this purpose.

The Access Foundation: This grant has been restricted to fund individual therapy sessions for children and young people across Northamptonshire and surrounding counties, and is being used for this purpose.

The Trusthouse Foundation: This grant is restricted to funding a combination of individual therapy and family support sessions for children and parents/caregivers across Northamptonshire who have experienced trauma, and is being used for this purpose.

National Lottery Reaching Communities (Stronger Together): This grant has been restricted to fund trauma-informed therapy packages to schools across Northamptonshire and Peterborough, and is being used for this purpose.

Artemis: This donation was restricted to fund individual therapy sessions for children and young people across Northamptonshire and surrounding counties, and was used for this purpose.

Groundwork: This grant was restricted to provide a therapeutic space for traumatised children and young people, and it was used for this purpose.

The Pixel Fund: This grant is to fund group therapy to disadvantaged children and young people, and is being used for this purpose.

Transfers between funds

A transfer of £6,279 was made from Unrestricted Funds to National Lottery Community (Therapy Play Project) to cover overspend.

A transfer of £119 was made from KidsAid Fund Pot No.2 to Unrestricted Funds relating to excess funds.

A transfer of £149 was made from The Michael Guest Charity Foundation to Unrestricted Funds relating to excess funds.

A transfer of £119 was made from Northamptonshire Community Foundation: Northampthonshire Young People's Fund to Unrestricted Funds relating to excess funds.

A transfer of £119 was made from Artemis to Unrestricted Funds relating to excess funds.

15. RELATED PARTY DISCLOSURES

A leaving gift with the value of £153 was given to A Bates when they stepped down as Chairman.





The KidsAid Foundation

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